

LIFELINE

Salt Lake
Central
Office
Newsletter

March 2025



"Made a decision to turn our will and our lives over to the care of God as we understood him"

In This Issue:

- **A God of My Understanding**
- **One Issue at a Time**
- **Blast from the Past**
- **Meeting Minutes**
- **Step 3 - Made A Decision**
- **Joke of the Month**
- **Financial Information**
- **Group Contributions**
- **Group Birthdays**
- **Upcoming Events**



A GOD OF MY UNDERSTANDING

In high school I was socially awkward and thin as a rake. I didn't fit in with my peers. One school weekend I had my first drink of alcohol. I felt this calmness and peace come over me, I thought it must be the elixir of the Gods. That first drink magically removed my fears and insecurities. It made me good looking, hip, slick, and cool. Because of this effect produced, I drank whenever I could.

After High School I married my childhood sweetheart. I worked hard during the week and drank excessively on weekends. One day my wife told me I was drinking too much and that I need to slow down. This was disturbing, I thought I hid the excessive part so well. Soon, my weekends started to include adjacent weekdays.

My wife's wish to slow down was challenging because I struggled to control my drinking. Once I started drinking I couldn't stop, I kept drinking until I passed out. When I tried to control my drinking I didn't enjoy it, and when I enjoyed my drinking, I couldn't control it.

I promised my ever so patient wife over and over that I was "going on the wagon for keeps." I tried everything I could think of. I switched from beer to wine, counting my drinks, only drinking with meals, drinking only at our home, not drinking alone, and having a glass of water between drinks. I tried new hobbies, sports, and exercise. My grandiose plans always failed me.

My insanity continued for many years until I got sick and tired of chasing that "original high" from my first drink.

After my last drunk on New Years Eve 2013, I decided I was done for good.

I didn't know how I was going to find the strength to *stay* sober. Then I attended a family rehab meeting and the instructor said, "You don't ever have to drink again, even if you want to." They said Alcoholics Anonymous is a good place to start. I was ready to investigate, so I went to the nearby AA meeting and heard members share stories similar to mine. I continued to go to meetings to learn how to live life without drinking. I was given a Big Book of Alcoholics Anonymous and while reading it, I felt like I was reading parts of my own story.

The "God thing" written in the 12 Steps really bothered me because of my past experience with organized religion.

After comprehending "A God of my own understanding," it became acceptable for me to turn my life over to the care of a higher power. Little by little, my higher power had changed from this punishing God to a merciful and loving God. My earlier conception of God was that he found drunks disgusting and not worth saving.

I believe God or my higher power inspired this AA organization, established in 1935. It's still going strong after 90 years. I love that AA is a simple program, with only one requirement for membership, "A desire to stop drinking."

And as for the "God part," I don't fully understand it, but it's comforting for me to know I only need is to be open-minded and willing. It takes affirmative action for me to turn my will and my life over to a higher power on a daily basis. Today my life is amazing, without drinking. I have found this calmness and peace that I had looked for all those years ago.

- Danny B.

ONE ISSUE AT A TIME

Alcoholism is an incurable disease contracted by you might say, 10% of the population. It is an incurable disease, but it can be arrested. It is no respecter of age, gender, intelligence, religion, or economic status. Why, you might say, 90% of the population can drink with impunity is hard to understand but we who have been in the AA program for a while, know that you can adopt a way of life that removes the obsession to drink without the white knuckling side effects and you will be comfortable in your own skin without the use of medicine.

The symptoms of alcoholism are a combination of mental, physical, emotional, and spiritual in nature. The alcoholic awakes every morning to face, "The hideous four horsemen, Terror, Bewilderment, Frustration, Despair." (pg. 151 BB.) Doctors, Counselors, Priests, and Ministers, when afflicted, come to AA to get relief from this horrible disease. When our desperation outweighs our denial we show up at the doors of Alcoholics Anonymous and discover a road map to a life of peace and happiness that we believed did not exist.

Alcoholism is a progressive disease and Alcoholics Anonymous is a progressive solution and not a quick fix. These desperate alcoholics find a degree of hope and comfort when first exposed to the AA group and the laughter and lighthearted banter going on between the members before the meeting even starts. They hear members sharing about Guilt, Shame, Fear and Insecurity and they identified with these symptoms. They hear laughter when a person describes a horrible incident in their life and they think they are laughing at the horror but, in fact, they discover that the laughter was focused on the absurdity of our alcoholic thinking, at the time, and they all identify with it.

They begin to understand that guilt, shame, fear, and insecurity were the core issues that could quickly be put to rest by alcohol and halfway through their second drink everything seemed right with the world. The world had not changed but their perception of it had.

To compensate for the fears and insecurities they had to protect their turf, so they learned how to rationalize those established behavioral patterns they were not proud of. Family responsibilities took a backseat to the boozing and their family let them know about it, so, back to the bar they went. The guilt and shame weighed heavy on their mind and to drink would take care of that temporarily.

In the program they come to learn how to admit their mistakes and make restitution for all those faulty behaviors and get on the positive side of the ledger. "---Selfishness---Self-Centeredness! That we think is the root of our troubles. Driven by a hundred forms of fear, self-delusion self-seeking and self-pity we step on the toes of our fellows and they retaliate". (BB pg.62) Can you blame them?

There are 12 steps in the program of Alcoholics Anonymous and each step is preparatory to the next. If we give due diligence to every one of those 12 Steps, we evolve into the person we always wished we could become.

We can't stop drinking if we can't stop the alcoholic thinking. Again, In the program, each day seems better than the day before. One day at a time. One issue at a time. One solution at a time. I can't explain my AA experience any better than that.

- Reprinted from the Jan 2021 Salt River Intergroup newsletter

Rick R.

BLAST FROM THE PAST



This small, craftsman house, tucked away on a quiet street in Akron, Ohio, was the life-long home of Dr. Bob Smith and his wife, Anne Ripley Smith. Built in 1915, the house was where Dr. Smith brought his bride in 1916 and where they lived

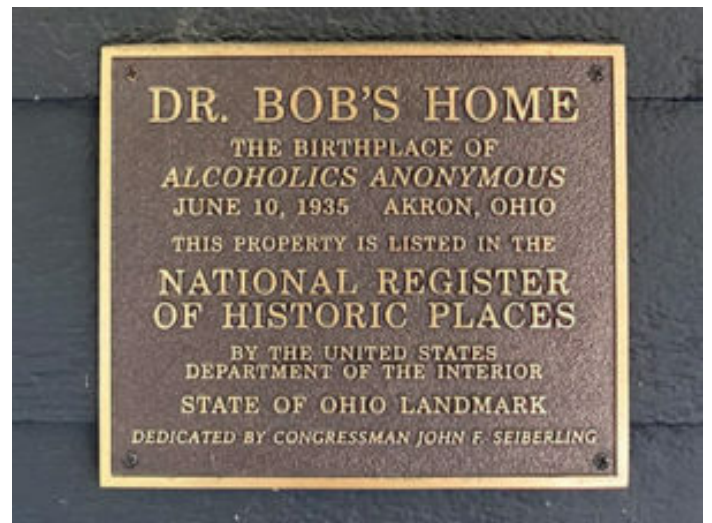
for the next 34 years until their deaths: Anne in 1949 and Dr. Bob in 1950.

It was here, in this humble home, that Dr. Smith was to take his incredible journey through the twelve steps and into history as the Founder of Alcoholics Anonymous. It was in this house and surrounding neighborhood where the miracle of recovery began for many hundreds of men and women; individuals who went on to spread this welcome message of recovery around the world.

Many visitors have spoken of a feeling of oneness with the spirit of AA as soon as they climbed the front steps and crossed the threshold. It is our hope and belief that you will too. Many once- hopeless alcoholics, Dr. Bob among them, made their first shaky steps toward recovery in this place.

Walking through these rooms, we may reflect on those days in the 1930s and 1940s when the Smiths and their visitors spoke of spiritual matters, and reflected in gratitude, on how dramatically their lives had changed because of them.

The Home was named a National Historic Landmark on Oct. 31, 1985, Dr. Bob's Home was named a State Historical Site by Governor Richard Celeste. On October 17, 2012, Dr. Bob's Home was named a National Historic Landmark. Dr. Bob's Home is one of only two National Historic Landmarks in Summit County and one of 73 in the state of Ohio.



CENTRAL OFFICE Board of Trustees

Chairperson — Brad C. board@saltlakeaa.org
Co-Chair — Alan B. cochair@saltlakeaa.org
Secretary — Jennie S. secretary@saltlakeaa.org
Treasurer — Chris G. treasurer@saltlakeaa.org
Trustee (2) — Jeremy L. trustee02@saltlakeaa.org
Trustee (10) — Declan trustee10@saltlakeaa.org
Trustee (13) — Julia M. trustee13@saltlakeaa.org
Trustee (11) — "OPEN" trustee11@saltlakeaa.org
Alt Trustee — 2 Positions "OPEN"

SEVENTH TRADITION Contribution Addresses

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 69 Treasurer
PO Box 18134
Kearns, UT 84118

District 10 Treasurer
P.O. Box 57271
Murray, UT 84157

Salt Lake Central Office
80 West Louise Ave.
Salt Lake City, UT 84115
(Please include group name)

District 2 Treasurer
P.O. Box 615
Salt Lake City, UT 84110

District 11 Treasurer
P.O. Box 461
Bountiful, UT 84011

District 13 Treasurer
P.O. Box 95383
South Jordan, UT 84095

CENTRAL OFFICE Standing Committee Chairs

Activities — Vince activities@saltlakeaa.org
Archives — Jose archives@saltlakeaa.org
By-laws — Max D. bylaws@saltlakeaa.org
Literature — Charlie T. literature@saltlakeaa.org
Coins — Jaime K. coins@saltlakeaa.org
Public Info — Melissa E. pi@saltlakeaa.org
Cooperation with Professionals — "OPEN"
pc@saltlakeaa.org
Corrections - "OPEN" corrections@saltlakeaa.org
Outreach — Brian W. outreach@saltlakeaa.org
Hotline — Blake S. hotline@saltlakeaa.org
Newsletter — Danny B. lifeline@saltlakeaa.org
Technology — Nick C. it@saltlakeaa.org
Alternate Technology - "OPEN" it@saltlakeaa.org
Treatment & Accessibility — "OPEN"
treatment@saltlakeaa.org
Twelfth Step — Jerry E. 12step@saltlakeaa.org
Volunteer — Kim B. volunteer@saltlakeaa.org
Website — Mark webservant@saltlakeaa.org



Do you have a local AA event or a new meeting you would like to add to the Central Office Website? Please contact webservant@saltlakeaa.org

Subscribe to Lifeline via email or USPS at www.saltlakeaa.org

Central Office Meeting Minutes - February 2025

"Serving Our Community for Over 76 years"

February Rep Meeting Minutes

Co- Chair: Alan B. — Call to order and roll call. Samantha read the Central Office Preamble.

Attendees - Positions and/or Homegroup Representation

Roll Call:

Brad C. - Chair
Allen B. - Valley View/Co-Chair
Jennie S. - Speak Easy Ladies/Secretary
Nick C. - Sugarhouse Mens/Technology
Jose G. - Sunday Morning BB/Archives
Mark O. - Bog Irish BB Study
Liz M. - Up Group
Ben S. - Murray Group
LeeAnn P. - An AA Group
Avery L. - 5:15 Happy Hour
Melissa E. - Stonewall/PI Chair
Kevin W. - West Jordan AA
Sean L. - Balker BB Study
James P. - City At Seven
Linsey B. - South Davis Group
Diane B. - Grapevine
Blake S. - Sugarhouse Mens/Hotline Chair
Jeremy L. - District 2 Liaison
Dan - 11th Step Meditation
Julia M. - Hillcrest/Trustee Dist 13
Max - By-Laws Chair
Kim B. - Volunteer Chair
Danny B. - Primary Purpose/Lifeline
Declan O'F. - Across the Room/Dist 10 Liaison
Jerry E. - 12th Step Chair
Jeff P. - Outgoing Webservant Chair
Jeff D. - Across the Room
Brian L. - Southenders
Samantha S. - Hope on 90th
Clark - Visitor
Jay - Visitor
Amber A - Early Beginnings
Jamie K. - Every Night Firelight
Chaz - Original Way Group
Rylee N. - Midvale Lunch Bunch
Charlie T. - Literature Chair
Mark O. - Irish Bog

Approval of Jan 2025 Central Office Rep Meeting Minutes.
Motion to approve made by Ben, seconded by Declan.

Board of Trustees

Chairperson: Brad C.

Secretary: Jennie S. New Central Office Reps: Please make sure you give me your contact info before you leave tonight so I can put you on the email list for all Central Office correspondence.

Treasurer: Chris G. - excused. Approval of Jan 2025 Financials tabled until next month.

Trustee at Large (District 2 liaison): Jeremy L.

District 2 has a couple new GSRs; still trying to fill 4 alternate DCM positions. Open Central Office positions have been announced. Please see District 2 newsletter.

Trustee at Large (District 10 liaison): Declan The District 10 meeting was held on February 3rd and well-attended with 21 GSRs and a total of 27 participants. The district made a generous contribution to Central Office for which we are very grateful. Time was primarily given to GSRs for introduction to the newly-formed board and to bring questions to the floor. Next month, floor time will be given over to an area visitor who has been invited to make a presentation. The district's dispatch is attached. During last week's board meeting, I presented three motions aimed at enhancing transparency, financial management, and the effective fulfillment of our primary mission. The first motion focuses on identifying and addressing issues related to excess funds. The second motion proposes conducting a group inventory of Central Office. The third motion seeks to amend our bylaws to improve financial transparency. These motions will come up later in the meeting in new business. Declan listed the responsibilities of a Trustee and referred to the inverted pyramid. Brought up corporate poverty in Tradition 7 - Central Office has ceased making 7th tradition contributions to GSO. Alan said we would be talking about solutions at the March board meeting.

Trustee at Large (District 13 liaison): Julia M. District 13 is quite strong. They filled the critical treasurer position and one DCMC spot. They're still needing to fill two service positions. I was able to visit a couple new-to-me groups. Both are doing exceptionally well. I'd like to highlight the Thursday night, 8pm, Herriman High School meeting. It meets in the media center just inside and to the right of the main entrance. It has about 30 people consistently attending. They're well-bonded and talk steps and sponsorship. Check it out!

Standing Committee Chairs

Hotline: Blake S. - Getting acquainted with the Hotline technology and software. Sunday night position (last spot) was filled by the Wed night Young Peoples group. Planning on reaching out and introducing himself to the current volunteers.

Twelfth Step: Jerry E. 17 percent of the 12 Step list has been confirmed and he recently added Tooele and Utah Counties. Would like to connect with any homegroup 12 step coordinators. Hasn't received any inquiries so far, so wanting to coordinate with the Volunteers and Hotline. Diane mentioned that she needs a new 12 step call list.

Activities: Vince S. n/a

Outreach: Brian W. n/a

Coins: Kathy (outgoing) Elections: Jaime K. stood. Her Home Group is Every Night Firelight and her sobriety date is 11/7/2022. Voted in by unanimous accord.

Cont on page 6

CENTRAL OFFICE MEETING MINUTES - FEB 2025

Continued from page 5

Newsletter: Danny B. The Lifeline committee is working hard to deliver the Lifeline. Things are going well. To help reduce costs, we encourage you to sign up for Lifeline delivery by email, rather than USPS delivery. If you choose email delivery, please send your name, street address and your email address to lifeline@saltlakeaa.org

Mail delivery and printed copies will continue to be available. Remember Lifeline is also available on our CO website at www.saltlakeaa.org Reps, please take this information back to your groups. Please send in your group birthdays and written articles by the 20th of the month.

Website: Jeff P. (outgoing) There have been several event submissions. Web traffic is holding steady at about 4500-5000 visits/mo, primarily to the meeting schedule page. Julia had a question on updating last minute meeting changes - the link is on the website but an easy way to do it would be to email him directly.

Elections: Mark stood - His Home Group is the Bog Irish Big Book Study and his sobriety date is 5/15/2023. He is currently a software engineer. Max made a motion to waive sobriety requirement, Melissa seconded. Voted in by unanimous accord.

By-Laws: Max D. Created a plain language version of the By-laws. Would like to enter a motion proposing an ad-hoc committee to address by-Law changes from Declan (see new business) and Brad's AI-adjusted version of the By-Laws that came up in 2024 (motions need to be officially proposed at least a week in advance per our current By-Laws).

Volunteer: Kim B. Volunteer party held January 8th was a huge success. We've got 3-4 new people volunteering at Central Office. Could use a few more. Keep getting the word out. Call the office or email me at volunteer@saltlakeaa.org.

Literature: Charlie T. We have plain language Big Books now. Central Office discounted the Alcoholics Anonymous Facsimile First Printing of the First Edition in Hardcover to \$5. Come get them while they're hot!

Archives: Jose has taken these Steps: Step 1: Admitted this is an exciting opportunity and surrendered to fact he is the Archives chair. Step 2: He needs help and can't do this alone! Reached out to Janet, the Archivist at Area 69 and she suggested that he initially work with Charlie and help with our Central Office literature inventory. Step 3: He is open to taking guidance!

Public Information: Melissa E. - Reached out to several PI folks at the District level, including Andy and Tim, as well as the Area PI chair. Please look at the circulating example of a GSO business card printed from a template on their website that has our Central Office information with QR code linking to our website. Wanted to assess demand so she knows how many to print. Declan suggested leaving a space to write our names.

Technology: Nick C. Brought up the possibility of purchasing new equipment, specifically a camera with a built in boom mic to streamline the Zoom process. Will do research and come back with pricing - his budget

should cover this.

OLD BUSINESS: Elections - Open Positions

District 11 Trustee - NO ONE STOOD Description: 2- way communication link/liaison between your District and Central Office. Requirement to attend the monthly GSR meeting and the Central Office Board Meeting/Rep meeting (1st and 2nd Tues of each mo.). Please see Alan B. for any questions.

Alternate Trustee (2 positions available) - NO ONE STOOD

Description: Fill in at meetings and activities when the regular Trustee at Large is unable to attend and to accept the position of Trustee at Large when that person is unable to complete their term.

Corrections - NO ONE STOOD Description: The Corrections Committee will function in cooperation with the similar committees in Districts 2, 10, 11, and 13 as well as Area 69.

Cooperation with Professionals - NO ONE STOOD Description: The Cooperation with Professionals Committee will function in cooperation with the similar committees in Districts 2, 10, 11 and 13 as well as Area 69.

Alternate Technology - NO ONE STOOD but Nick has interested candidates Description: Fill in and perform the duties of the regular Technology Chair when the Chair is unable to do so, including the maintenance of Central Office computer hardware/software, network infrastructure, cloud services, and all software licensing compliance. Assists the hotline and website committees with the maintenance of their systems.

Treatment Facilities/Accessibilities - OPEN

NEW BUSINESS: Putting three motions to the body that were presented by Declan to the board last week. Please see Declan's document "Regarding Finances". 1. Motion To Resume Publication of Bank Accounts Reports. (Bylaws change proposed.) 2. Motion To Utilize Excess Funds. (Formation of subcommittee to this end.) 3. Motion To Conduct Group Inventory. (Formation of subcommittee to this end. Declan formally presented these earlier (see Trustee report section above). Tabled for next month but it will be discussed at the board meeting. Cathy from the Tooele area needed advice. They are short on money because they give their Big Books and coins away for free, and several treatment centers attend their meetings. Additionally, there have been 3 thefts from their money box and their newly-elected officials aren't keen to address this issue. Max mentioned that each AA group is autonomous and gets to vote on what procedures they want. Melissa suggested talking to the Treatment Chair for District 2. Jennie suggested she talk to the District 2 Trustee, Jeremy since Central Office gave them a budget last year.

Adjourned with Responsibility Statement

Next Central Office Rep meeting 3/11/2025 @ 6:30pm

STEP 3 - MADE A DECISION

"Made a decision to turn our will and our lives over to the care of God as we understand Him." Practicing Step Three is like the opening of a door which to all appearances is still closed and locked. All we really need is a key and the decision to swing the door open.

There is only one key, and it is called willingness. Once unlocked by willingness, the door opens almost of itself, and looking through it, we shall see a pathway beside which is an inscription. It reads: "This is the way to faith that works."

In the first two steps we were engaged in reflection. We saw that we were powerless over alcohol, but we also perceived that faith of some kind, if only in AA itself, is possible to anyone. These conclusions did not require action: they required only acceptance.

Step three calls for affirmative action, for it is only by action that we can cut away the self-will which has always blocked the entry of God - or, if you like, a Higher Power - into our lives. Faith, to be sure, is necessary, but faith alone can avail nothing. We can have faith, yet keep God out of our lives. Therefore our problem now becomes just how and by what specific means shall we be able to let Him in? Step Three represents our first attempt to do this. In fact, the effectiveness of the whole AA program will rest upon how well and earnestly we have tried to come to "a decision to turn our will and our lives over to the care of God as we understood Him,"

- *Twelve Steps and Twelve Traditions*

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JOKE OF THE MONTH

Popping the Question

The widower and a widow have been friends for years and one day the widower decides it's time to pop the question. He takes the widow to dinner and finally gather up the courage to say, "Will you marry me?" The widow answers, "Yes. Yes I will." The meal ends and they go to their respective homes. Next morning, the widower has a problem, he knew he asked the question but did she say yes, or no? With trepidation he calls her on the phone. "This is kind of embarrassing," he says. "But when I asked you would you marry me, what did you say? The widow answers, "Why, I said, 'Yes, yes I will and I meant it with all of my heart.'" She continues, "I'm so glad you called, because I couldn't remember who'd asked me."



A Priest and a Cab Driver

In Heaven a recently deceased priest and a cab driver are shown their reward for their earthly endeavors. To the priest's disappointment he's given the keys to a small shed in a vegetable patch, while the cab driver is presented with a huge mansion in its own grounds. "What's going on?" complains the priest. "I devoted all my life to the church and all I get is a shed?" "We pay depending on the performance." says Saint Peter. "When you preached people fell asleep, but while the cab driver drove people prayed like crazy."



WHAT'S NEW AT CENTRAL OFFICE ?

- The January 2025, Salt Lake Central Office Financial Statements (Profit and Loss and Balance Sheets) will be distributed by the Treasurer to the GSRs at our monthly Rep Meeting to share with the groups. You may also request Financial Statements by email at treasurer@saltlakeaa.org
- All interested AA members are encouraged to attend. The Rep meeting is held on the second Tuesday of each month at 6:30 pm at Salt Lake Central Office 80 W. Louise Ave Salt Lake City, UT 84115.
- If you'd like to volunteer for a service position at Central Office, email Kim at volunteer@saltlakeaa.org. We are in need of office volunteers for a few hours a day, half-day, or all day. Open service positions at Central Office include; District 11 Trustee, 2 Alternate Trustees, Corrections, Cooperation with Professionals, Treatment, and Alternate Technology. If you have questions on requirements for open positions please refer to the By-Laws found at saltlakeaa.org or visit us at the Central Office Rep Meeting.
- We've had several inquiries on how groups should best divide their excess funds. Individual groups decide based on their group conscience. The following figure has some examples of group contributions to AA Service Entities.

- AA Guidelines on Finance M-15

Save the Date.....
Area 69
Pre-Conference Assembly
April 4th, 5th, 6th 2025
Brigham City, UT

The Lifeline may be sent to your email or mailed to your home.
Please confirm your choice at Lifeline@saltlakeaa.org
Please include your email, name and street address for changes.

Samples of Group Contributions to A.A. Service Entities*

Distribution Plan of _____
(YOUR GROUP NAME)

Your Group Service # _____
(Be sure to write group name and service # on all contributions.)

To be determined by YOUR group

___ % to district

___ % to area committee

___ % to G.S.O.

___ % to intergroup or central office

___ % other A.A. service entities

___ % other A.A. service entities

OR

10% to district

10% to area committee

30% to G.S.O.

50% to intergroup or central office

OR

If you have no intergroup/central office.

40% to district

30% to area

30% to G.S.O.

GROUP CONTRIBUTIONS – JANUARY

| | | | |
|------------------------|------------|-------------------------------|-------------|
| 7th Up Group | \$25.00 | South Valley Bunch | \$105.93 |
| 17th and 17th | \$90.00 | Speak Easy Ladies | \$208.61 |
| Ashley's Angels | \$94.00 | Spreading the Message | \$452.20 |
| A Vision for You | \$579.00 | Starting the Day | \$20.00 |
| Balkers BB Study | \$180.00 | Stonewall Group | \$146.97 |
| Basic Young People | \$98.00 | Sugarhouse Step Study | \$400.00 |
| BBT and T | \$150.00 | Sunday Morning Big Book Study | \$95.01 |
| Bog Irish | \$123.40 | Sunday Morning Breakfast | \$285.00 |
| Bountiful Mens Group | \$280.00 | The Original Way | \$50.00 |
| Come As You Are | \$410.85 | Thunder Heart | \$100.00 |
| Early Beginnings | \$100.00 | Top of the Morning | \$229.46 |
| Early Friendship Group | \$319.20 | Unknown | \$223.50 |
| Eye Opener | \$.90 | Valley View | \$40.00 |
| Every Night Firelight | \$150.00 | Monthly Total | \$11,104.73 |
| Grapevine Group | \$250.85 | 2024 | \$5,705.51 |
| Greater Kearns | \$90.00 | Year Over Year Change | 94.63% |
| Happy Group | \$150.00 | | |
| HillCrest Group | \$438.00 | | |
| HillCrest Zoom | \$50.00 | | |
| Magna Friendly Bunch | \$150.00 | | |
| Midvale Lunch Bunch | \$354.50 | | |
| No Nonsense Group | \$420.00 | | |
| Not A Glum Lot | \$40.00 | | |
| Off the Cuff | \$100.10 | | |
| Park City Nooners | \$3,000.00 | | |
| Park City Wake Up Call | \$733.95 | | |
| Rise N Grind | \$1.00 | | |
| Rule 62 | \$80.40 | | |
| Salt Lake Group | \$169.00 | | |
| South Davis | \$119.00 | | |

Thank you so much for all the groups and individuals who donated.

Tradition Seven
"Every A.A. group ought to be fully self-supporting, declining outside contributions."

Donate here



BIRTHDAYS/ UPCOMING EVENTS

THUNDER HEART

Bill R. - 11 Yrs Casey W. - 2 Yrs
 Grant K. - 8 Yrs Rob D. - 22 Yrs
 Tony W. - 5 Yr

VALLEY VIEW GROUP

Steve 24 Hrs James - 1 Mo
 Bryant - 3 Mos Emelie - 2 Yrs
 Lissa - 10 Yrs Giovanni - 10 Yrs
 Karen - 15 Yrs Jenny 35 Yrs
 Alan - 37 Yrs

GRAPEVINE

Tony - 1 Mo Scott - 1 Mo
 Lanny - 1 Mo Tyson - 1 Mo
 Brooke - 2 Mos Stan - 2 Mos
 Halley - 3 Mos Eric - 3 Mos
 Morgan - 2 Yrs Brandy - 7 Yrs
 Eugene - 8 Yrs Tony - 15 Yrs
 Laura - 21 Yrs Kurt - 18 Yrs
 Renae - 27 Yrs Sarah - 29 Yrs
 Den - 18 Yrs Dustin - 24 Yrs
 Shar - 24 Yrs

PRIMARY PURPOSE

Eliza A. - 2 Yrs Josh D. - 28 Yrs
 Sharon E. - 36 Yrs Ted R. - 10 Yrs
 Tom C. - 8 Yrs Zach - 5 Yrs

SPEAK EASY LADIES GROUP

(Nov - Feb)

Kelly - 2 Mos Karen D. - 34 Yrs
 Shan T. - 2 Yrs Karen B. - 5 Yrs
 Anna - 2 Yrs Amy W 35 Yrs

UTAH STATE PRISON HOUR OF HOPE

Christopher - 3 Mos
 Troy K. - 9 Mos
 Bob J. - 29 Yrs

AND TO THOSE WE MISSED!

Email group birthdays to lifeline@saltlakeaa.org or bring them to Central Office at 80 W Louise Ave (2860 S.) SLC, UT 84115. Need by the 20th of each month.

COME
JOIN
US!

CENTRAL
OFFICE
SALT LAKE CITY
ESTD 1947



OPEN POSITIONS

Trustee District 11 Liaison

Alternate Trustee

Cooperation with Professionals

Treatment and Accessibilites

Alternate Technology

Corrections

WWW.SALTLAKEAA.ORG/SERVICE/#BYLAWS

(801) 484-7871



UPCOMING EVENTS



Dixie Winterfest 2025 March 14-16

"Cling to the thought that, in God's hands, the dark past is the greatest possession you have – the key to life and happiness for others. With it you can avert death and misery for them."

pg.124 AA Big Book - The Family Afterwards

[Home](#) [Support/Volunteer](#) [Activities](#) [Tickets](#) [Speakers](#) [2025 Workshop Series](#)

Home

Winterfest 2025 Theme: The Dark Past – Greatest Asset

* From Big Book – Chapter 9, 'The Family Afterward.' – page 124

"The dark past is your greatest possession – the key to life and happiness for others."

Dixie Winterfest is the annual AA conference hosted in St. George, Utah, offering a mid-winter weekend of recovery, fellowship and "Fun in the Sun". This year will be the 27th consecutive year of Dixie Winterfest.

Aspiring Writers

Please share your Step 4 story (1 page) "Made a searching and fearless inventory of ourselves " Please submit to lifeline@saltlakeaa.org by Mar 20 for our April newsletter.

Central Office
"Volunteers" are always welcome.

Contact Kim
volunteer@saltlakeaa.org
or call (801) 484-7871

UCYPAA 2025

Our Roots Grasped a New Soil.

May 16-18 2025

Camp Kiesel
15510 East Causey Drive
Huntsville, UT 84317

For questions contact:
ucypaahost@gmail.com
meganr102723@gmail.com

Register at: UCYPAA.ORG
\$25 PRE-REGISTRATION



Area 69 (Utah)



Plain Language Big Book Read-Through

Hybrid Meeting
Saturdays at 9:00 AM
Starting January 25th



In Person:
Salt Lake Central Office
80 W Louise Ave
South Salt Lake City, UT 84115



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Please send questions to Area Literature Standing Chairperson:
area69literature@aaofutah.org

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SALT LAKE CENTRAL OFFICE

801.484.7871

80 West Louise Avenue (2850 S)
Salt Lake City, Utah 84115

HOURS:

Monday-Friday: 10-5

Saturday: 10-2

CALL FOR HOLIDAY HOURS