

Lifeline

JULY 2023



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FROM CONFUSION INTO AWAKENING

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When I came into AA I was very confused. None of the strategies I'd relied on to cope with life were working anymore. My drinking was out of control of course, but I found that my emotions were also out of control and my thoughts were no longer my own.

Everything in my life seemed unmanageable, and I was as confused and miserable as I could imagine. I had reached that state of "pitiful and incomprehensible demoralization" that I would later encounter in Chapter Three "More About Alcoholism" in the Big Book.

At one of those early meetings I met a man who claimed to be "a happy alcoholic." He said he was grateful to be an alcoholic because it led him into our Fellowship and eventually, to his spiritual awakening.

To my newcomer's ears this sounded totally crazy. I was definitely not happy about being an alcoholic, and I wasn't feeling gratitude about anything related to my problems. But something about the look in that happy alcoholic's eyes made me want whatever he had.

I approached him after the meeting and told him how I was feeling. He said, "If you're confused, that's a good sign, it's a step in the process toward recovery."

I would like to say that I instantly understood what he meant, but I didn't. His remark just confirmed to me that he was either crazy or lying. Nevertheless, I took his advice to "keep coming back." Eventually, as I found a sponsor and worked through the Steps, I began to understand what he was talking about.

Now, more than four years later, I can agree completely with my Happy Alcoholic friend, and I feel grateful for my confusion of those days.

Today I see how my complete confusion was necessary for me to let go of my old ways of thinking and open my mind to the possibility of recovery. I understand that my confusion was the beginning of my awakening in disguise.

- Guy L.

CENTRAL OFFICE Board of Trustees

Chair - Wade J. board@saltlakeaa.org .
Co-Chair - Shannon M. cochair@saltlakeaa.org
Secretary - Jake S. secretary@saltlakeaa.org
Treasurer - Mark C. treasurer@saltlakeaa.org
Trustee (2) - John S. trustee02@saltlakeaa.org
Trustee (10) - Sonya M. trustee10@saltlakeaa.org
Trustee (13) - Alan B. trustee13@saltlakeaa.org
Trustee (11) - Philip W. trustee11@saltlakeaa.org
Alt Trustee - Diane B.

7th Tradition Contribution Addresses

General Service Office

Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 69 Treasurer

PO Box 18134
Kearns, UT 84118

District 10 Treasurer

P.O. Box 57271
Murray, UT 84157

Salt Lake Central Office

80 West Louise Ave.
Salt Lake City, UT 84115
(Please include group name)

District 2 Treasurer

P.O. Box 615
Salt Lake City, UT 84110

District 11 Treasurer

P.O. Box 461
Bountiful, UT 84011

District 13 Treasurer

P.O. Box 95383
South Jordan, UT 84095

CENTRAL OFFICE Standing Committee Chairs

Activities – Kim B. activities@saltlakeaa.org
Archives – Ben H. archives@saltlakeaa.org
By-laws – OPEN bylaws@saltlakeaa.org
Literature – Jim S. literature@saltlakeaa.org
Coins – Kathy M. coins@saltlakeaa.org
Public Info - Allison S. pi@saltlakeaa.org
Cooperation with Professionals – Karmina B. cpc@saltlakeaa.org
Corrections - Serena C. corrections@saltlakeaa.org
Outreach – Open outreach@saltlakeaa.org
Hotline – Max M. hotline@saltlakeaa.org
Newsletter – Danny B. lifeline@saltlakeaa.org
Technology – Elan B. it@saltlakeaa.org
Treatment & Accessibility - Charlie T. treatment@saltlakeaa.org
Twelfth Step – Charlie C. 12step@saltlakeaa.org
Volunteers – Bob C. volunteer@saltlakeaa.org
Website – Jeff P. webservant@saltlakeaa.org
Immediate Past Chair – Brad M.

DECLARATION OF UNITY

This we owe to A.A.'s future; To
place our common welfare first;
to keep our fellowship united. For
on A.A. unity depend our lives
and the lives of those to come.

C.O. MEETING MINUTES – JUNE 2023

Reports – Board of Trustees

Chair: Wade J. – Introductions.

CO-Chair: Shannon M. – Welcome and Preamble reading.

Secretary: Jake S. – July Board of Trustees meeting moved to July 5.

Treasurer: Mark C. – May Profit and Loss Sheet: All expenses were in line this month. Solid month for sales. Not much margin of error, so please have your groups continue to donate. Group Donations: 3 new groups contributed in May. District 10 contributed \$2,000.

Trustee: John S. – Attends District 2 meeting and communicates between CO. The meeting June 12 and was attended by Area 69 Delegate David R. who gave a report on the General Service Conference. Full report can be found on the Area 2 website.

Trustee: Sonya M. – Not present.

Trustee: Phillip W. - Not present. Meeting held on May 10. Attendance of 18 Groups reported higher attendance across the board. Announced that checks to Central Office to be made to “SLC AA Central Office.” The CPC chair is actively promoting to IHC, etc. Big news is there is a dedicated District 11 post office box. This was facilitated due to turnover of the financial chair. So all donations as well as any other correspondence are to be sent to: **District 11, P.O. Box 461, Bountiful, UT 84011.**

Trustee: Alan B. – First, I would like to thank District 13 and all our great districts for your generous contributions to Central Office. District 13 is active and doing well. Attendance is down slightly at several meetings but due to seasonal and summer vacation time. For anyone interested, Bryan in District 13 provides a fantastic newsletter called “New Brew” which provides a lot of detailed District 13 information.

Our District 13 CPC chair had to resign leaving the following chairs open and ready for you or your AA friends.; Alternate DCMC, Corrections, CPC, and Literature. District 13 is excited to host the Fall Assembly September 22-24. The next GSR meeting is Thursday, June 22nd, 6PM, Jim’s Restaurant, 9236 Village Shop Dr., Sandy, UT, 84070. Feel free to contact me any time. My email is “trustee13@saltlakeaa.org” Thanks for your service!.

Alternate Trustee: at Large: Diane B. – Not present. I did attend District 10 GSR meeting for Sonya. I took schedules, lifelines, and flyers about Founders Day breakfast to take back to their groups. Meeting was shorter than usual. Open positions are Grapevine Chair, Corrections Chair for Oxbow and Metro Jail, Bridging the Gap Coordinator, Treatment Chair, and Alternate DCMs. Jail/prison are now using pink can money again.

Alternate Trustee at Large : OPEN – Please take this back to your groups.

Immediate Past Chair: Brad M. - Some groups have a picture of the QR code from the basket. People can take a picture and bring it back to their individual home groups.

Reports – Committee Chairs

Hotline: Max D. – Hotline Assessment flyer passed out and discussed. Openings are listed in real time for the slots available needing to be filled. The Board would like to suggest a six-month minimum sobriety requirement.

12th Step Coordinator: Charlie C. – 12-step list has been updated. Those covering the Hotline have access to the list to bridge the gap.”

Activities: Kim B. - Kim reports around 150 people at Founders day breakfast. Special thanks to the cooks.

Newsletter: Danny B. – Please send in your “Recovery and Sobriety” stories to lifeline@saltlakeaa.org. Submit your group birthdays before the 20th of the month. And thanks to our Newsletter committee for your diligence and on-time delivery.

Outreach – OPEN – Please take this back to your groups.

Website: Jeff P. - 78% of visitors to the website are looking at the meeting schedule. Small amount of traffic going to events, announcements, and Lifeline newsletter. Would like to increase traffic to other portions of the site. Would like to do this with the newsletter specifically. The email system has approximately 1,800 subscribers. Would like to start removing old addresses that have not interacted with those emails. Would also like the Reps to make an announcement in their meetings regarding signing up to get a digital copy of the lifeline each month.

By-Laws – OPEN – Please take this back to your groups.

Volunteer: Bob C. – Things are going well, have been able to cover those who have been unable to show up. Volunteer Appreciation on July 15. A few bilingual volunteers have been wanting to participate, invited to email “board@saltlakeaa.org” if wanting to provide bilingual support..

Literature: Jim S. – Inventory completed. Review new pricing due to increase from suppliers.

Archives: Ben H. - The new display case is about “can you tell who or which place this photo is in A.A?” Archives event: “Let’s not forget our past” on Saturday, October 28, 2023, from 5-8 pm.

Public Information: Allison S. - PI email is regularly checked, and we have yet to receive any requests for service. This month, I will take a play from Max (with Hotline) and make a flier with information about PI to distribute to the group CO reps. Hopefully, this will start to create interest in PI.

Accessibility: Charlie T –The purple can is doing well. Crossed \$3,000 in five months. Still contacting treatment facilities.

Corrections: Serena C. – District 10 is still working on filling the vacant corrections chair. Staffing shortages are an ongoing issue at the SLC Metro Jail/State Prison. AA volunteers are frequently unable to bring meetings to inmates. But we’re not giving up, and we have plenty of people who are still interested in carrying the message behind the walls.

Cooperation with Professionals: Karmina B. – Dropped off literature and pamphlets at three different psychiatrist offices. Scheduled upcoming appointment with therapist office.

Technology: Elan B. – Unanimously approved for slowly updating office PCs with new ones. Cost is about \$250.00.

Coins: Kathy M. – Not present.

Old Business – Spanish Language Intergroup is in process of moving into the office.

New Business – Discussion regarding payment for interpreters for the deaf.

Next CO Board meeting will be Wed 7/5/23 @ 6:30 pm

Next CO Rep meeting will be Tues 7/11/23 @ 6:30 pm

Please note meeting change due to the holiday

PAMPHLET OF THE MONTH

Understanding Anonymity



"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."

This is A.A. General Service Conference-approved literature.

The Spiritual Significance of Anonymity

Back in 1948 Bill W., our co-founder, wrote: " One may say that anonymity is the spiritual base, the sure key to the rest of our Traditions. It has come to stand for prudence and, most importantly, for self-effacement. True consideration for the newcomer if he desires to be nameless; vital protection against misuse of the name Alcoholics Anonymous at the public level; and to each of us a constant reminder that principles come before personal interest. Such is the wide scope of this all-embracing principle. In it we see the cornerstone of our security as a movement; at a deeper spiritual level it points us to still greater self-renunciation"

JOKE OF THE MONTH

A drunk guy in Alaska decides to go ice fishing. So he packs up his stuff and goes



out onto the ice. He starts sawing a hole in the ice, and a

loud booming voice says, "YOU WILL FIND NO FISH

UNDER THAT ICE!" The drunk looks up, ignores it, and

continues on. The voice repeats, "YOU WILL FIND NO FISH UNDER THE ICE."

The drunk looks up and says, God? " Is God trying to warn me?"

The voice says, "NO, I'M THE MANAGER OF THIS ICE RINK."

STEPS SIX AND SEVEN: A GOOD START

After relating Step Four information with my sponsor, I had a much better understanding of my defects and shortcomings.

I began to realize what aspects had been blocking me from sobriety for all those years. "Quitting forever" just landed me back in the drunk tank!

Steps Four and Five afforded a much better understanding of the "bondage of self" I had asked to be removed in Step Three.

There they were—but was I willing to ask God to remove them? Well, for me that was a no-brainer because I was rightfully terrified.

Just two weeks before I had marched into a bar room with gin and tonic on my lips. Thank God I didn't order but I was terrified!

Yes, I was willing to ask God to remove whatever my sponsor suggested! I haven't been tossed into a drunk tank since. My sponsor followed the "AA 12-Step timetable" which allowed no time to think it over.

Too much time may have diminished my fear of drinking along with my Six Step willingness! The Big Book tells us to do Step Four at once, Step Five at first opportunity and Step Six "then" (Not later).

The Big Book tells us to pray Step Seven "when ready" and of course I was. Although I had learned a good bit about my bondage of self, I still asked God to take away what was not useful to Him and my fellows.

The Big Book Page 77 tells us: "Our real purpose is to is to "fit ourselves to be of maximum service to God and the people about us."

This quest was/is for me certainly progress, not perfection. As my sobriety continues, I will always be grateful to Steps Six and Seven for getting me off to a good start.

– Bob S.

CONTINUAL GROWTH

Humans, like trees, are afforded forgiveness with the change of each season.

From the leaves that fall every winter.

The mistakes made, lessons learned the hard way, goals not accomplished, actions that cannot be undone, words spoken and remain with regret.

All to fall, untethered, unattached, caught by the wind, blown into the past and nevermore.

To rest, stay still, to feel bare, to heal, and to begin again.

Blossoming into bigger, brand new, brighter, vibrant version of ourselves to once again be weathered, toughened, and taught until the season again sends us into our next renewal.

Once all seasons have ceased, we stand as big, bare, bold versions of the best we had once been.

The legacy left but a whisper of what we had become.

Through all those beautiful seasons of growth but a story left for our loved ones to carry on.

Grow on my fellow warriors, our seasons have not ceased.

– Brooke S

FINANCIALS – MAY

<u>Income Statement</u>	2023	2022
<u>Revenue</u>		
Group Contributions	\$3,995.23	\$4,709.50
Contributions - Other	\$937.24	\$10.00
Purple Can Contributions	\$621.15	\$ -
Sales of Product Income	6,993.65	\$8,584.33
Total Income:	\$12,247.27	\$12,769.05
Total Cost of Goods Sold	\$5,149.09	\$6,741.55
GROSS PROFIT	\$7,089.18	\$6,027.50
<u>Expenses</u>		
Accountant	\$630.00	\$ -
Bank Charges & Interest	\$161.20	\$ -
Cash Over Short	\$(184.00)	\$ -
Cleaning, Supplies, & Snacks	\$387.43	\$ -
Freight, Shipping & Postage	\$10.00	\$ -
Phone & Internet	\$243.90	\$ -
Printing, Paper & Reproduction	\$303.88	\$ -
Rent	\$1,500.00	\$ -
Software, Hardware, Website,	\$412.72	\$ -
Subscriptions	\$19.99	\$ -
Utilities	\$554.82	\$ -
Total Expenses:	\$4,502.04	\$3,998.96
NET OPERATING INCOME	\$2,596.14	\$3,998.96
Interest Income	\$36.82	\$ -
Net Income:	\$2,632.96	\$2,028.54

Please Note: According to the Central Office Bylaws it is required to have 6 months overhead in the prudent reserve. Average monthly costs are \$4,000 per month, or \$24,000 for 6 months.

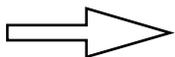
Thank you everyone for your donations!! We appreciate you!

GROUP CONTRIBUTIONS FOR MAY

An AA Group	\$187.00
Basic AA	\$92.00
Big Book Babes	\$66.00
Chapter 5	\$110.00
District 10	\$2,000.00
Early Beginnings	\$90.00
Eye Opener	\$120.00
Every Night Firelight	\$300.00
Happy Group	\$161.50
Hillcrest Group	\$300.00
Hillcrest Zoom	\$40.00
Magna Friendly Bunch	\$250.00
No Laurels	\$35.00
Not Glum Lot	\$179.40
Right Stuff	\$100.00
South Valley Bunch	\$240.00
Southenders	\$134.28
Top of the Morning	\$172.23
Monthly Total:	\$4,577.41

Thank you so much for all the groups and individuals who donated this month.

Donate here



HOUR OF HOPE
Utah State Prison
 Joseph R. - 50 Years

MIDVALE LUNCH BUNCH
 Debbie N. - 5 Years
 Rod G. - 27 Years

UNITY LUNCH BUNCH
 Jake A. - 9 Months
 Ella - 1 Year
 Keith G. - 18 Months

AND TO ALL WHO WE MISSED !



Submit picture or scan group birthdays to:
lifeline@saltlakeaa.org. Or drop off at C.O. -
 80 West Louise Ave (2860 S.) Thanks!

CALENDAR OF EVENTS AND MEETING UPDATE

UPCOMING EVENTS

41st Great Outdoors (G.O.D.) Camp-out

July 7 – 9th 2023

(See page 10 for details)

2023 K.I.S.S Camp Out

Hathorne Group Camp Ground

Rockport Reservoir

Wanship, UT

September 01 – 03 2023

(See page 11 of details)

30th Annual - CC + H2O

Conscious Contact and Water

Men's Spiritual Retreat

September 15 – 17 2023

(See page 11 for details)

Clean and Sober Karaoke

Fellowship Hall

First Saturday of Every Month

9 PM to 12 AM

2060 S. Windsor Street SLC, UT 84105

All donations go directly to Fellowship Hall

Children are welcome but must be supervised!

The "Lifeline" needs your Story. Be heard!

Share your experience, strength, and hope in the Lifeline. Any topic related to Alcoholism, here are some ideas; Sponsorship, Higher Power, Coming to Believe, Service, Your Home Group, Emotional Sobriety, or Your Story

Email submissions to lifeline@saltlakeaa.org



NEW MEETINGS UPDATE

The New Way Group (Open)

Huntsman Mental Health Institute

(formerly UNI)

501 Chipeta Way

2nd Floor (Cafe)

Salt Lake City, UT Sunday

Sundays Time: 9:45 am - 11 am.

Out from Under Book Study (Open)

Fellowship Hall

2060 South Windsor St.

Salt Lake City, UT 84105

Monday & Friday Time 2 pm - 3 pm

Our Common Welfare

Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward. –

Tradition One. (Long Form)

It is hoped that our common suffering as alcoholics and our common solution in A.A. will transcend most issues and curtail negative behaviors that could jeopardize the safety of anyone attending an A.A. meeting. Nevertheless, Alcoholics Anonymous is a microcosm of the larger society we exist in. As such, problems found in the outside world can also make their way into the rooms of A.A. For this reason, groups and members discuss the topic of safety – to raise awareness in the Fellowship and to seek through sponsorship, workshops and meeting, to create as safe an environment as possible to carry A.A.'s message of hope and recovery to the still-suffering alcoholic.

CELEBRATION BECAME RELAPSE

Losing control and hold on
My original and better self
Living deep in denial
I no longer knew myself
After abandoning the steps
And the Traditions
A decision of my own volition
An attraction became distraction
Boredom, depression and the blues
were the enticements to abuse
And engage in a celebratory vacation
And lubricate with libations
Embarking upon this social cruise
Only the best booze I did consume
Soon after binging with spirits
Impinging to raise the spirit
Libations fouled my spirit
I hadn't the courage to protest
And confront the source
of my soul's unrest
And each day with a promise
I confessed to try sobriety again
And eliminate the torture of stress
Cruising, binging and impinging
upon the principles of sobriety
Delirium Tremens followed

DAs the spirits of the bottle
whispered, hissed, yelled, and hollered
Calling my name - calling me names
Encouraging my surging thirst
Re-urging the social curse
A double libation made life worse
Belligerent rebuking Demons
surfaced from within
Assuring that they were friends
And all would be alright
That this was celebration's last night
only one more double for the nights
would take the edge off fright
The Demons saying while preying
This will surely cure your boredom
And offer adventure and excitement
for only you can accept and participate
In such pleasant enticement
After all you've created a totally
Unnecessary caustic-toxic creation
As libations aren't necessary for Celebration:
Celebrate sobriety!

- Sam K.





**Come Join us at Defa's Ranch
41st Annual G.O.D. Camp-Out
Hanna, UT
July 7, 8, 9 2023**

SATURDAY NIGHT SPEAKER: TBA

Friday: Registration, open meetings, Friday night follies, music and dancing. Alateen and Al Anon speakers.

Saturday: Children's activities, adult activities, 5k run, fishing derby, horseshoe tournament, arm wrestling cook-off competition, trinkets and trash, **HUGE RAFFLE**, speaker's meeting, Boozeville Bombers, music, Karaoke and dancing.

Sunday: Good morning Spiritual meeting and Committee meeting.

- New committee is chosen
- All are invited

Registration includes: All meetings, Coffee, Kids activities, Teen activities and most Adult activities.

Three days of sober fun. Dancing, Bands and more!

Registration Fees:

Single \$10

Family \$20

Treatment Centers: \$50 (Limit 20)

Camping Fees: FIRST COME FIRST SERVE

Tent Site (up to two tents)

FIRST COME FIRST SERVE

Weekend \$10

Register online at www.godcampout.org

Activity Sign-Up godcampout@gmail.com

NO PETS ALLOWED: (if you bring a pet - your pet will be asked to leave)



CAMP-OUT RULES (They exist for our common welfare)

Campfire restrictions may apply on and off the ranch. Please check with the ranch, camp-out committee, local forest service, campsite or other authorities BEFORE starting your campfire. Bring your own firewood. Quiet time is 12:00 am - 7:00 am. Your consideration is appreciated.

No ATVs, Trail Bikes, or Bicycles allowed in camp area.

Parking in designated area only. **NO firearms/fireworks allowed on the Ranch.**



The Seventh Tradition

"Every A.A. group ought to be fully self-supporting, declining outside contributions."

While contributions cover each group's rent and other expenses, the Seventh Tradition is essential at every level of A.A. service.

It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting.

This keeps A.A. free of outside influences that might divert us from our primary purpose - to help the alcoholic who still suffers.

Although the amount of our contribution is secondary to the spiritual connection that unites all groups around the world, we may want to remember that a dollar does not support as many services as it used to.

Some facts:

Currently about 40% of groups contribute to the General Service Office.

Costs of Services provided by G.S.O (as of 2016) are approximately \$7.15 per member per year.

Gross profit from A.A. literature sales account for over 50% of G.S.O.'s income.

Your contributions help ensure the future of our Fellowship worldwide.

Personal thoughts:

What is the value of your sobriety?

Does your group know that contributions may be made online at AA.org?

Gratitude, expressed through contributions, reaches the still-suffering alcoholic.

- AA General Service Office

2023 K.I.S.S. CAMP OUT AT ROCKPORT RESERVOIR

Come join your friends from Alano West at our Annual Camp Out. Enjoy the fine scenery and have a great time with friends and family.

Registration Fees*:

\$45.00 full weekend per family (Your spouse and children)

\$25.00 full weekend per single camper

\$10.00 per person Saturday only (Pays for food and parking, no overnight camping)

*Registration fees include camp site access for Friday and Saturday nights and access to Rockport Reservoir and their facilities. Showers are available for \$2.00 per person at Rockport State Park.

Weekend Highlights

- Fireside Meetings
- 50/50 Horseshoe Tournament
- Saturday Potluck Dinner**
- Saturday Drawing For Prizes~~~~
- Grand Prize - Camp Chef and a TV
- Sunday Potluck Breakfast**

~~~~Please bring a prize for the drawing and a dish for Saturday and Sunday potluck~~~~

\*\*Food for the Dinner and Breakfast Potluck must be store bought and sealed. Plates, utensils and cups will be provided by the club

Make your payment before the campout at the club during scheduled meetings or pay at the campout. NO CHECKS ACCEPTED

**Alano West Club**  
9087 W. 2700 S.  
Magna UT 84044

**Casey P. 801-243-5139**  
**Dave V. 801-931-8518**  
**Ruth D. 801-759-2063**

**Hawthorn Group Camp Ground at Rockport Reservoir** in Wanship, Utah. Via I-80 East to Cheyenne Exit 155 for Ut-32 towards Wanship / Kamas, 4.2 miles to UT 302 Rock Port state Park. .

### Alano West Annual K.I.S.S. Camp Out Registration Form

Event Date: Sept 1 - Sept 3 2022

NAME: \_\_\_\_\_

# of Family Members: \_\_\_\_\_ Date of Registration \_\_\_\_\_

Registration: Family Rate \$45.00 \_\_\_\_\_ Single Rate \$25.00 \_\_\_\_\_

Registration for Saturday Events Only (no overnight camping): \$10.00 \_\_\_\_\_

Total Amount paid: \_\_\_\_\_

Payment Received By: \_\_\_\_\_

## 30<sup>th</sup> Annual - CC + H2O Conscious Contact and Water

### Mens Spiritual Retreat

Food – Fun – Fellowship – Meetings – Recovery Workshop – Meditation  
Hot Pools – Tubing – Poker – Disc Golf – Connection – Spiritual Growth

### The Spiritual Life Is Not a Theory. We Have to Live It

Workshop by Tom U. from Santa Fe, NM, with 37 years of sobriety

**September 15<sup>th</sup>, 16<sup>th</sup> and 17<sup>th</sup> 2023**

**The Lava Hotel - 196 E Main St, Lava Hot Springs, ID 83246**



Cost \$30 Early - \$40 day of – Please Pre-Register

Venmo: @chronicbeard Include name and phone number

Send Check; To: "CC + H2O" - 131 J St SLC, Ut 84103

If planning to stay at Conference Center, please call/text **Jeremy C. 801-916-9529**  
**Limited Beds Available – First Come First Serve**

- Queen \$200
- Twin \$75
- Bring Own Sleeping Bag and Pad \$25
- You can also reserve lodging at The Lava Hotel (208) 776 - 5800

**Please bring a Big Book, a newcomer, and a swimming suit.**

Questions? Call or Text *Christopher L.* 801-836-3373 or *Jeremy C.* 801-916-9529

I want the hand of A.A. always to be there. And for that: I am responsible."

**Central Office of Salt Lake Incorporated**  
**80 West Louise Avenue**  
**Salt Lake City, Utah 84115**



**SALT LAKE CENTRAL OFFICE**

801.484.7871

80 West Louise Avenue (2850 S)

Salt Lake City, Utah 84115

**HOURS:**

Monday-Friday: 10-5

Saturday: 10-2

**CALL FOR HOLIDAY HOURS**