

February
2021

Salt Lake
Central
Office

lifeline



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Mickey Hardesty
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Randall P.



“My Recovery
And Commitment
To LOVE Myself
Must Come First
So That
Everything Else
I LOVE
Doesn't come last”



CENTRAL OFFICE Board of Trustees

Chair — Brad M.

Co-Chair — Open

Secretary — Mike L.

Treasurer — Lenny B.

Trustee — Rusty J.

Trustee — Open

Trustee — Open

Alt Trustee — Open

Alt Trustee — Open

BOARD@SALTlakeAA.ORG



7th Tradition Contribution Addresses

A.A. World Services

Box 459 Grand Central Station
New York, NY 10163

Area 69 Treasurer

P.O. Box 601
Springville, UT 84663

District 10 Treasurer

PO Box 57271
Murray, UT 84157

Salt Lake Central Office

80 West Louise Ave.
Salt Lake City, UT 84115

District 2 Treasurer

PO Box 615
Salt Lake City, UT 84110

District 11 Treasurer

2320 Wood Hollow Way
Bountiful, UT 84010



CENTRAL OFFICE Standing committee chairs

Activities — Open

activities@saltlakeaa.org

Archives — Rob C.

archives@saltlakeaa.org

By-laws — Open

Coins — Open

coins@saltlakeaa.org

Co-op Professional Community — John S.

cpc@saltlakeaa.org

Corrections — Open

corrections@saltlakeaa.org

Events Calendar — Open

events@saltlakeaa.org

Hotline — Open

hotline@saltlakeaa.org

Literature — Doug R.

literature@saltlakeaa.org

Lifeline Newsletter — Open

lifeline@saltlakeaa.org

Outreach — Melissa E.

outreach@saltlakeaa.org

Public Information — Open

pi@saltlakeaa.org

Technical Support — Sonya

it@saltlakeaa.org

Treatment — Brian C.

treatment@saltlakeaa.org

Twelfth Step — Open

12step@saltlakeaa.org

Volunteer — Open

volunteer@saltlakeaa.org

Website — Sonya

webservant@saltlakeaa.org



C.O. Meeting Minutes January 12th 2020

Reports Board of Directors -

Chair: Brad - Welcome everyone

Co-Chair: Open

Secretary: Mike- Thanks to everyone who volunteers at Central Office. Welcome new C.O. reps; Dan, Gina & Steve

Treasurer: Leonard B- We had a \$900 net loss due to low group contributions. Still waiting for points rewards from the bank.

Trustee: Open - (District 2)

Trustee: Open - (District 10)

Reports Committee Chairs -

Outreach - Melissa -

1st committee meeting tonight, to discuss what C.O. does and how we operate.

Webservant: Sonya -

Made changes to the website to simplify the meeting section. Would like to add a section for closed captioned Zoom meetings. Please ask your groups if this is something they are interested in.

Old Business :

Elections and open positions.

Board positions -

- **Chairperson - Brad**
- **District 2 Trustee - Open**
- **District 10 Trustee - Open**
- **Alternate(s) Trustee(s) - Open**

Committee Chair Positions -

- **Activities - Open**
- **Events Calendar - Open**
- **Archives - Rob C.**
- **Bi-laws - Open**
- **Coins - Open**
- **Cooperation w Professionals - John S.**
- **Corrections - Open**

- **Literature - Doug R.**
- **Hotline - Open**
- **Newsletter - Open**
- **Outreach - Melissa E.**
- **Public Information - Open**
- **Tech Committee - Open**
- **Treatment Centers - Brian C.**
- **12th Step Coordination - Open**
- **Volunteers - Open**
- **Webservant - Sonya**

New Business:

1 - Vote to move Brad from Co-Chair to Chair. The group voted a unanimous YES. Thanks Brad!

2 - Discussed getting a list of previous reps/committee chairs to see if they would be interested in filling vacant positions. Mike and Rob will work on this.

3 - Looking for an electrician to install lights near the archives room at Central Office.

Adjourn and Close with the Serenity Prayer

Keep Smiling And Have A Wonderful Safe Month!

*The next Central Office Board meeting will be held on Tues February 2nd 2021 @ 6:30-pm

*Central Office Rep. meeting will be held on Tuesday February 9th 2021 @ 6:30-pm

**"Only 10% of those in A.A.
get involved with service.
Out of those 10%,
90% stay sober."**

Can we get some help here?



In 2012 a group at Central Office of Salt Lake put together a display of the Big Book of Alcoholics Anonymous in languages from all over the world. A map of the world has been started with the holes drilled into place to light up the areas of the world where these languages are spoken. When we were building this display someone commented that it would be neat if we could push a button and see where they speak Urdu or any of the lesser known

languages represented on display. ***We need help!*** Someone with the skills to help create code so we can complete this project, someone who can help us wire the lights, and someone to email all over the world to get information on these countries. We would like to learn the history of how each country was introduced to A.A. and how the Big Book was translated. If anyone out there is ready to have fun adding to this “once in a lifetime” project, please call Central Office (801) 484-7871 or come in Saturday between 10:00-2:00 and meet Charlie.



Looking for A.A. meetings that are held in-person?

Go to our website: www.saltlakeaa.org

- ▶ select 'Meetings' from the drop down menu
- ▶ then select 'Schedule of Meetings'
- ▶ In the search box, type “Meeting in Person” then press the Enter key.
- ▶ From there, you can refine your search by location, day, time and/or meeting type.

zoom



Please check on the Central Office website for up-to- date virtual meeting schedules. Most meetings have been moved to the Zoom app.

<http://www.saltlakeaa.org>

NEWS & EVENTS

24th National A.A. Archives Workshop

"Today is Tomorrow's History"

September 30th - October 3rd, 2021

San Antonio, TX

for more information, contact:

Tami S., Chair: (210)316-0147

Paul B., Co-Chair: (210)885-5848

2021ArchivesWorkshop@gmail.com

website: 2021NAAAW.org

57th International Women's Conference

February 18th - 21st, 2021



HOSTED BY CHARLOTTE NC

REGISTRATION IS FREE BUT REQUIRED.

CONTRIBUTIONS ARE WELCOME.

<https://internationalwomensconference.org/>

Area Committee Meeting

Hosted by District 3

Saturday February 27th, 2021

8:00 am - 5:00 pm

**JOIN THE EXCITEMENT
BE INFORMED
MEET NEW PEOPLE**

Veterans Memorial Building

380 N Main St. Spanish Fork, UT

and on Zoom

Meeting ID - 87931983200

Password - 109417

C.O. FINANCIALS JANUARY 2021

<u>Income Statement</u>	2020	2019
<u>Revenue</u>		
Group Contributions	\$1,286.87	\$2,499.85
Copy/Newsletter donations	\$11.40	\$65.95
Individual Contributions	\$581.50	-
Sales - Literature	\$6,228.25	\$8,647.25
Sales - Coins	\$1,074.50	\$1,655.50
Sales - Other	\$518.80	\$142.30
Total Revenue:	\$9,701.32	\$13,010.85
COGS - Literature	\$5,535.86	\$8,434.00
COGS - Coins	\$903.37	\$1,596.86
COGS - Other	\$400.50	\$113.21
Total COGS	\$6,839.73	\$10,144.07
Gross Profit	\$2,861.59	\$2,866.78
Operating Expenses	\$3,841.65	\$4,404.76
Other Expenses:	\$	\$
Total Expenses:	\$3,841.65	\$4,404.76
Net Income:	\$(980.06)	\$(1,537.98)
<u>Bank Accounts</u>		
Checking & Petty Cash	\$27,682.66	\$13,804.07
Accounts Payable Due	\$(16,468.85)	\$(8,916.50)
Money Market - PR	\$22,424.91	\$24,387.23
Total:	\$33,638.72	\$29,274.80

In Memory

Of...

Mickey Hardesty

Micky was the "original young person" in Alcoholics Anonymous. Part of her story was that she never had a legal drink in her life. She passed on January 14, 2021 with 56 years of sobriety. She was a past delegate for Utah and spread the message of recovery, hope, strength and joy to *thousands*.

Big Book Quote

“

Yes, there is a substitute

and it is vastly more than that.

It is a fellowship in Alcoholics Anonymous.

There you will find release from care, boredom and worry.

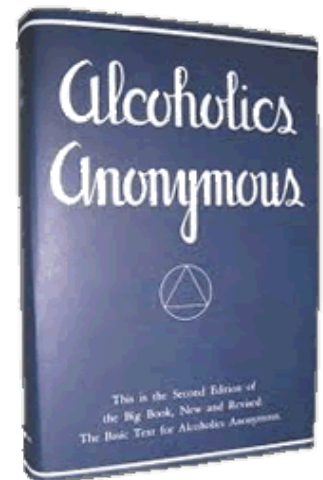
Your imagination will be fired.

Life will mean something at last.

The most satisfactory years of your existence lie ahead.

”

~Alcoholics Anonymous, 4th Edition, A Vision For You, pg. 152



Come Volunteer at Central Office!!



Many positions still remain open at Central Office.

They are:

- Three Trustees
- Two alternate Trustees
- Hotline
- 12th Step Coordinator
- Activities
- Newsletter
- Outreach
- Website
- By-Laws
- Volunteer Coordinator
- Public Information
- Treatment Facilities
- Corrections
- Co-operation w/ Professionals
- Coins

"Volunteering at Central Office has been one of the highlights of my sobriety. Having a service position has kept me involved with the A.A. community, deepening my desire to improve my life and remain alcohol free. I have made amazing friends with people I otherwise wouldn't interact with or get to know. These priceless relationships continue to grow, and have enhanced my life in ways I couldn't have imagined. Come see what gifts volunteering will bring into your life!"

For more information on these service positions, please visit -
<https://www.saltlakeaa.org/download/SL-Central-Office-By-Laws.pdf>

JOIN OUR



Joke of the Month



A lady walks into a bar and sees a really cute guy sitting at the counter. She goes over and asks him what he is drinking. "Magic Beer", he says. She thinks he's a little crazy, so she walks around the bar, but after that there is no one else worth talking to, goes back to the man sitting at the bar and says, "That isn't really Magic Beer, is it?"

"Yes, I'll show you." He takes a drink of the beer, jumps out the window, flies around the building 3 times and comes back in the window. The lady can't believe it: "I bet you can't do that again." He takes another drink of beer, jumps out the window, flies around the building three times, and comes back in the window. She is so amazed that she says she wants a Magic Beer, so the guy says to the bartender, "Give her one of what I'm having." She gets her drink, takes a gulp of the beer, jumps out the window, plummets 30 stories, breaks every bone in her body, and dies. The bartender looks up at the guy and says, "You know, you're a real asshole when you're drunk, Superman!"



"We are called to unity,
not uniformity."

*~Grapevine: Oak Harbor, Washington,
January 1984*

News Update from the Alano Board Members:

We thought we would take this opportunity to bring the local recovery community up to date on Alano Club news. The Club is open and meetings are happening, there will be an election in January to fill 4 Board of Trustee spots. There are ways to maintain your membership status even though the kitchen is closed and hours are reduced.

First, the Club is open and meetings are happening on a reduced schedule. We make a concerted effort to keep the online schedule up to date. It can be found at alanoclubslc.org. If anyone needs to contact the club to notify us of an outdated schedule item, a new meeting, or any other business, we can be reached at support@alanoclubslc.org. Due to COVID-19, the downstairs is completely off limits, so the kitchen is closed. We are operating on a day to day basis so please check the website for updated news. The board has been doing as much as we can to stay open and support the recovery community.

We will be having our required general membership meeting at the end of January. It is unclear how that will happen due to restrictions on occupancy in the building so there may be some online options. More will be revealed on this, check the website. We do need to vote in 4 new board members and are looking for eligible people interested in helping keep this valuable resource alive. To be eligible for the

board you currently must have paid your club dues for the last 2 consecutive years. We are hoping to get some of the younger community involved to help us with new, creative and enthusiastic ways to reach out to potential members.

With kitchen operations curtailed and hours reduced, the club finances are even more precarious than usual. It is important for current members to maintain their membership dues and we'd really appreciate adding new members to our roles. This is the lifeblood of the organization. Dues can be paid by sending a check to the club (5056 South 300 West, Murray UT 84107). Be sure to include your name, address, phone and email so we can be sure to credit the correct account or create a new one. Dues are \$10/month or \$100/year. We have a "Go Fund Me Account" where contributions can also be made. Dues give you a voice in membership decisions, eligibility for the board of trustees and serve as a vital role in keeping our club operational.

2020 was a difficult year for all of us. We do know that we can get through this together. Your support is greatly appreciated and we hope that this club can support you in your daily efforts to live a life of recovery. As the book says, We hope to see you along the way as we "trudge the road to happy destiny"!



Remember The Time

Remember the time we walked for hours
not to get very far

Remember the time we became lovers
love from the bottom of our hearts

Remember the time you told me
you were my best friend

Remember the time I told you
I wished this would never end

Remember the time I was in prison
and you wrote me on the regular

Remember the time on the phone
when we planned our next big adventure

Remember the time you took that medicine
to help with your depression

Remember the time it made it worse
made you lose all your affection

Remember the time I held you tight
keeping away your demons

Remember the time I turned my back
all up in my feelings

Remember the time you jumped down the rope
and fell into the sky

Remember the time I wished it was me
the one who died

Remember the time I layed there screaming
Couldn't breath through my cries

Remember the time I changed my life
like you would have liked

Remember the time I was forced to live
because my best friend died

-Randall P.

Central Office of Salt Lake Incorporated
80 West Louise Avenue
Salt Lake City, Utah 84115



SALT LAKE CENTRAL OFFICE

801.484.7871

80 West Louise Avenue (2850 S)
Salt Lake City, Utah 84115

HOURS:

Monday-Friday: 10-5

Saturday: 10-2

CALL FOR HOLIDAY HOURS