

March  
2021

Salt Lake  
Central  
Office

# lifeline



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- In remembrance of Micky Hardesly
- New Book "A Visual History of A.A."



## STEP THREE

(A Decision and a Prayer)

For some years I assumed the decision of turning my will and life over to "God as I understood Him" took place when I prayed the well-known prayer on page 63. But in retrospect, I discovered that my **decision** had already been made! The bottom paragraph of page 62 reminded me: "*next we **decided** in this drama of life that God was going to be our director. **The decision was made before the prayer!***" The Big Book states that the astounding promises on page 63 begin to happen right away (*before the prayer*). My sponsor allowed near-zero time between the decision and the prayer. Immediately following Step Two we prayed the Third step prayer together. Those promises began to manifest shortly thereafter and have continued to this day! I especially appreciate the promise of being reborn. This means to me that I can now see and act on the truth in drink. I have not had to drink alcohol since!

I like the saying: "*I can't. God can! I'll ask Him to help me.*" And I would like to add: NOW.

The Third Step decision, followed by a prayer-of-askance, does not provide a comprehensive assurance of continuing sobriety. A decision minus action is only an intention. Half measures availed us nothing. Someone said: "*God will help you with the steps, but He won't do them for you.*" We are told: "*This was only a beginning.*" Then we are told to *launch out* on a course of vigorous action. This, of course, would be to follow the clear-cut Twelve Step directions from our basic text. My sponsor was adamant concerning the Big Book timetable, not only with for first three, but as prescribed throughout all the steps. I was so lucky to be afforded a Big Book sponsor. Thank you, God!

-Bob S, Richmond, IN



## CENTRAL OFFICE Board of Trustees

**Chair** — Brad M.

**Co-Chair** — Open

**Secretary** — Mike L.

**Treasurer** — Lenny B.

**Trustee** — Rusty J.

**Trustee** — Jake S.

**Trustee** — Open

**Alt Trustee** — Open

**Alt Trustee** — Open

[BOARD@SALTlakeAA.ORG](mailto:BOARD@SALTlakeAA.ORG)

## 7th Tradition Contribution Addresses

### **A.A. World Services**

Box 459 Grand Central Station  
New York, NY 10163



### **Area 69 Treasurer**

P.O. Box 601  
Springville, UT 84663

### **District 10 Treasurer**

PO Box 57271  
Murray, UT 84157

### **Salt Lake Central Office**

80 West Louise Ave.  
Salt Lake City, UT 84115

### **District 2 Treasurer**

PO Box 615  
Salt Lake City, UT 84110

### **District 11 Treasurer**

2320 Wood Hollow Way  
Bountiful, UT 84010



## CENTRAL OFFICE Standing committee chairs

**Activities** — Open

[activities@saltlakeaa.org](mailto:activities@saltlakeaa.org)

**Archives** — Rob C.

[archives@saltlakeaa.org](mailto:archives@saltlakeaa.org)

**By-laws** — Open

**Coins** — Gina H.

[coins@saltlakeaa.org](mailto:coins@saltlakeaa.org)

**Co-op Professional Community** — John S.

[cpc@saltlakeaa.org](mailto:cpc@saltlakeaa.org)

**Corrections** — Open

[corrections@saltlakeaa.org](mailto:corrections@saltlakeaa.org)

**Events Calendar** — Open

[events@saltlakeaa.org](mailto:events@saltlakeaa.org)

**Hotline** — Open

[hotline@saltlakeaa.org](mailto:hotline@saltlakeaa.org)

**Literature** — Doug R.

[literature@saltlakeaa.org](mailto:literature@saltlakeaa.org)

**Lifeline Newsletter** — Open

[lifeline@saltlakeaa.org](mailto:lifeline@saltlakeaa.org)

**Outreach** — Melissa E.

[outreach@saltlakeaa.org](mailto:outreach@saltlakeaa.org)

**Public Information**—Open

[pi@saltlakeaa.org](mailto:pi@saltlakeaa.org)

**Technical Support** — Sonya

[it@saltlakeaa.org](mailto:it@saltlakeaa.org)

**Treatment**— Brian C.

[treatment@saltlakeaa.org](mailto:treatment@saltlakeaa.org)

**Twelfth Step** — Zach B.

[12step@saltlakeaa.org](mailto:12step@saltlakeaa.org)

**Volunteer** — Kim B.

[volunteer@saltlakeaa.org](mailto:volunteer@saltlakeaa.org)

**Website** — Sonya

[webservant@saltlakeaa.org](mailto:webservant@saltlakeaa.org)



# C.O. Meeting Minutes February 9th 2020

## ***Reports Board of Directors -***

**Chair: Brad** - Welcome everyone

**Co-Chair: Open**

**Secretary: Mike-**

Welcome new C.O. reps; Debbie, Forest, Lance, Steve, Christina, Zach, Dave

**Treasurer: Leonard B-**

Group contributions are low. Lenny suggested slowing down on purchases for the time being.

**Trustee: Open** - (District 2)

Several service positions are available in district 2. They are also suffering financially.

**Trustee: Open** - (District 10)

- **Bi-laws** - Open
- **Coins** - THANK YOU GINA H.
- **Corrections** - Open
- **Hotline** - Open
- **Newsletter** - Open
- **Public Information** - Open
- **Tech Committee** - Open
- **12th Step Coordination** - THANK YOU ZACH B
- **Volunteers** - THANK YOU KIM B.

\*Mike has found an electrician willing to do the work and donate the time. Still need to discuss the cost of materials.

\*Mike and Rob are compiling a list of former C.O. reps in hopes of filling open positions at C.O.

## **New Business:**

No new business this month

## ***Reports Committee Chairs -***

**Literature - Doug R.** - Doug talked to Charlie about staying on the committee and Charlie agreed. They are working on upgrading the inventory and creating a system with better accuracy.

**Treatment Chair - Brian C** - Made contact with the area district chair to collaborate with treatment centers in the area.

**Webservant: Sonya** -

Everything is going well with the website. Getting lots of 12 step requests.

## **Old Business :**

### ***Elections and open positions.***

#### **Board positions -**

- **Co-chair** - Open
- **District 2 Trustee** - Open
- **District 10 Trustee** - THANK YOU JAKE S.
- **Alternate(s) Trustee(s)** - Open

#### **Committee Chair Positions -**

- **Activities** - Open
- **Events Calendar** - Open

## **Adjourn and Close with the Serenity Prayer**

## **Keep Smiling And Have A Wonderful Safe Month!**

\*The next Central Office Board meeting will be held on Tues March 2nd 2021 @ 6:30-pm

\*Central Office Rep. meeting will be held on Tuesday March 9th 2021 @ 6:30-pm



# Can we get some help here?



In 2012 a group at Central Office of Salt Lake put together a display of the Big Book of Alcoholics Anonymous in languages from all over the world. A map of the world has been started with the holes drilled into place to light up the areas of the world where these languages are spoken. When we were building this display someone commented that it would be neat if we could push a button and see where they speak Urdu or any of the lesser known

languages represented on display. **We need help!** Someone with the skills to help create code so we can complete this project, someone who can help us wire the lights, and someone to email all over the world to get information on these countries. We would like to learn the history of how each country was introduced to A.A. and how the Big Book was translated. If anyone out there is ready to have fun adding to this “once in a lifetime” project, please call Central Office (801) 484-7871 or come in Saturday between 10:00-2:00 and meet Charlie.



## Looking for A.A. meetings that are held in-person?

Go to our website: [www.saltlakeaa.org](http://www.saltlakeaa.org)

- ▶ select 'Meetings' from the drop down menu
- ▶ then select 'Schedule of Meetings'
- ▶ In the search box, type “Meeting in Person” then press the Enter key.
- ▶ From there, you can refine your search by location, day, time and/or meeting type.

zoom



Please check on the Central Office website for up-to- date virtual meeting schedules. Most meetings have been moved to the Zoom app.

<http://www.saltlakeaa.org>

# NEWS & EVENTS

## 24th National A.A. Archives Workshop

*"Today is Tomorrow's History"*

**September 30th - October 3rd, 2021**

San Antonio, TX

for more information, contact:

Tami S., Chair: (210)316-0147

Paul B., Co-Chair: (210)885-5848

2021ArchivesWorkshop@gmail.com

website: 2021NAAAW.org

## Pre-Conference Assembly

**March 26th-28th 2021**

45 W Center St. Fillmore UT

Registration \$12 per person

Lunch - Pulled Pork Sandwich \$8 per person

Dinner - Roast Beef \$11 per person

Attend on Zoom - 879 3198 3200 / 109417



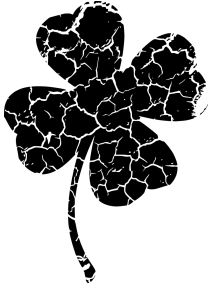
### *What comes out when you squeeze an orange?*

Orange juice of course, and why's that? Because that's what's inside. When we act out in anger and rage and frustration during the course of the day it's because that's what's inside. If we meet a person who is at peace and calm, accepting things as they are regardless of what happens, it's because that's what's inside.

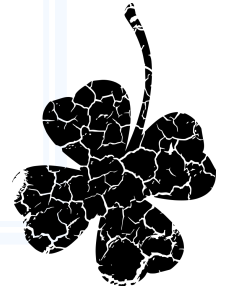
So the question becomes how do we get good stuff inside? The answer is - we put it there. And how do we put it there? We read spiritual material, pray, meditate, go to meetings, meet with our sponsor or sponsees, and put positive thoughts and data into our minds - so that when something happens we respond in a positive way. We do not listen to negative things, be around overly negative people, read or watch violence. Good data in, good data out. Bad data in, bad data out. ~Unknown



# C.O. FINANCIALS JANUARY 2021



<b><u>Income Statement</u></b>	<b>2020</b>	<b>2019</b>
<b><u>Revenue</u></b>		
Group Contributions	\$2,907.76	\$3,881.37
Copy/Newsletter donations	\$3.84	\$28.40
Individual Contributions	\$663.00	-
Sales - Literature	\$5,320.39	\$9,637.20
Sales - Coins	\$1,336.30	\$1,697.75
Sales - Other	\$1,218.20	\$1,602.85
<b>Total Revenue:</b>	<b>\$11,449.49</b>	<b>\$16,847.57</b>
COGS - Literature	\$5,388.54	\$9,343.36
COGS - Coins	\$1,105.76	\$1,638.77
COGS - Other	\$923.15	\$110.26
<b>Total COGS</b>	<b>\$7,417.45</b>	<b>\$11,092.39</b>
<b>Gross Profit</b>	<b>\$4,032.04</b>	<b>\$5,755.18</b>
Operating Expenses	\$2,916.01	\$2,308.04
Other Expenses:	\$	\$
<b>Total Expenses:</b>	<b>\$2,916.01</b>	<b>\$2,308.04</b>
<b>Net Income:</b>	<b>\$1,116.03</b>	<b>\$3,447.14</b>
<b><u>Bank Accounts</u></b>		
Checking & Petty Cash	\$13,088.89	\$(263.15)
Accounts Payable Due	\$(15,406.34)	\$(756.33)
Money Market - PR	\$22,424.91	\$24,396.56
<b>Total:</b>	<b>\$20,107.46</b>	<b>\$23,377.08</b>





In Memory

Of...

## Mickey Hardesty

Micky was the "original young person" in Alcoholics Anonymous. Part of her story was that she never had a legal drink in her life. She passed on January 14, 2021 with 56 years of sobriety. She was a past delegate for Utah and spread the message of recovery, hope, strength and joy to *thousands*.

“

It is a difficult discipline  
to constantly reclaim my whole past  
as the concrete way in which  
God has led me to this moment  
and is sending me into the future.

It is hard precisely because it challenges me  
to face the painful moments,  
experiences of rejection and abandonment,  
feelings of loss and failure –  
and gradually to discover in them  
the pruning hands of God  
purifying my heart for deeper love,  
stronger hope, and broader faith.

”

~Henri Nouwen

# Come Volunteer at Central Office!!



## Many positions still remain open at Central Office.

They are:

- One Trustee (District 2)
- Two alternate Trustees
- Hotline
- Activities
- Newsletter
- By-Laws
- Public Information
- Corrections
- Co-Chair
- Events Calendar

"Volunteering at Central Office has been one of the highlights of my sobriety. Having a service position has kept me involved with the A.A. community, deepening my desire to improve my life and remain alcohol free. I have made amazing friends with people I otherwise wouldn't interact with or get to know. These priceless relationships continue to grow, and have enhanced my life in ways I couldn't have imagined. Come see what gifts volunteering will bring into your life!"

For more information on these service positions, please visit -  
<https://www.saltlakeaa.org/download/SL-Central-Office-By-Laws.pdf>

## JOIN OUR





# Joke of the Month

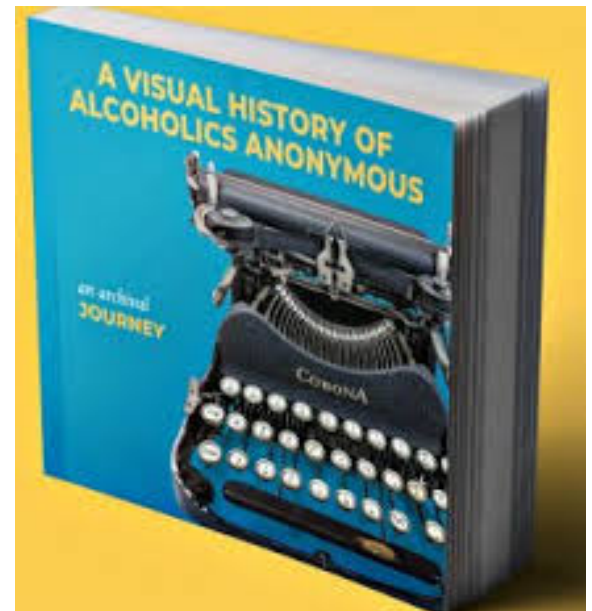


A cowboy rode into town and stopped at a saloon for a drink. Unfortunately, the locals always had a habit of picking on strangers, which he was. When he finished his drink, he found his horse had been stolen. He went back into the bar, handily flipped his gun into the air, caught it above his head without even looking and fired a shot into the ceiling. "Which one of you sidewinders stole my horse?!" he yelled with surprising forcefulness. No one answered. "Alright, I'm gonna have another beer, and if my horse ain't back outside by the time I

finish, I'm gonna do what I dun in Texas! And I don't like to have to do what I dun in Texas!" Some of the locals shifted restlessly. The man, true to his word, had another beer, walked outside, and his horse has been returned to the post. He saddled up and started to ride out of town. The bartender wandered out of the bar and asked, "Say partner, before you go... what happened in Texas?" The cowboy turned back and said, "I had to walk home."

## NEW BOOK RELEASES Hot Off The Press

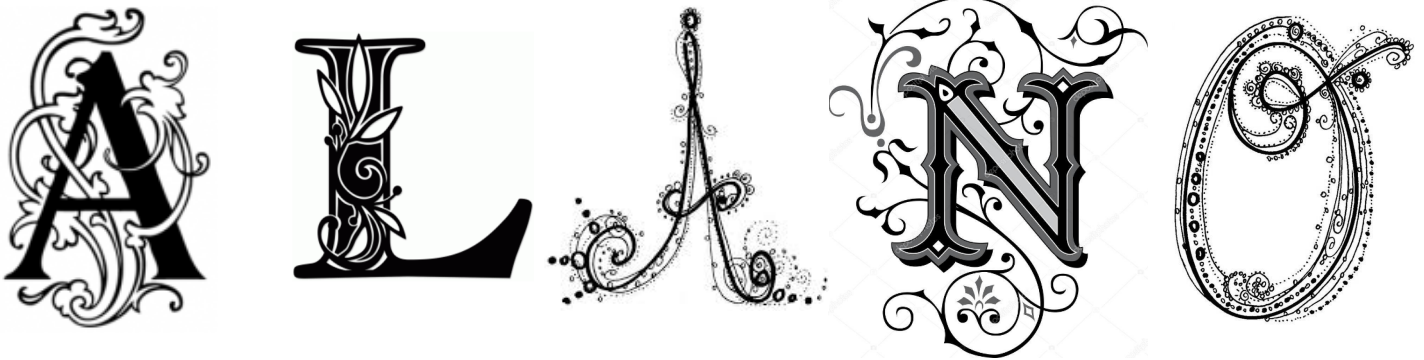
"Lavishly illustrated, this lively tour through A.A.'s history is told in hundreds of iconic images never before published in one volume. Illuminating descriptions walk us through powerful moments in our shared history - from the people, places and things integral to A.A.'s early growth, and forward to today's vibrant, international Fellowship."



## News Update from the Alano Board Members:

The Alano Club had its elections for the new 2021 Board of Trustees. The board President is Marsha S, the Vice President is Cathy M, our Secretary is Tara M, and the Treasurer is John S. Our membership fundraising position is held by John C. The Fundraising and Grants position is held by Pine J and Eric S. We are excited to serve the Club this year and all share the goal of doing what is best for it. The Club is open and meetings are happening on a reduced schedule. The meeting schedule can be found at [alanoclubslc.org](http://alanoclubslc.org) . If anyone needs to contact the club to notify us of an outdated schedule item, a new meeting or any other business, we can be reached at [support@alanoclubslc.org](mailto:support@alanoclubslc.org). While our kitchen continues to be closed due to Covid-19, the board remains working to stay open and support the recovery community. We are looking for some of our younger community to get involved and help us with

new, creative and enthusiastic ways to reach out to potential members. Join the club if you have not already, this also allows you to vote on club issues once you have 3 consecutive months of membership. We are currently offering a "Keep the Club Alive Special" on membership. **Buy 1 membership at \$100, get a 2nd membership for \$80.** Give it to a sponsee, it's up to you! Membership is the lifeblood of our organization. We are not accepting credit cards at the club right now to reduce costs. In the coming months, you will be able to pay your membership with a credit card on our site [alanoclubslc.org](http://alanoclubslc.org). Dues can be paid by sending a check or money order to the Club at 5056 South 300 West, Murray, UT, 84107. Be sure to include your name, address, phone and email so we can credit the correct account or create a new one. You can also attend a meeting at the Club and give a check, money order or cash to the secretary for



membership. They will get it to our manager and give you back a receipt. Members have access to the internet at the Club and have a vote in decisions after 3 consecutive months. We are looking to increase value in our club membership and hope to offer Sponsorship areas in our restaurant space and coordinate some discounts at local businesses. We will keep you up to date on these benefits. There is still a "Go Fund Me Account" for the Club. <https://www.gofundme.com/f/alano-club-salt-lake-city-recovery-for-our-club>. Please contribute if you can. We want the Club to be here for all in need in the future.



## Alcohol comes dressed for the dance

Looking beautiful  
with fruit accessories  
in a fancy glass  
It has a full wardrobe  
of stylish clothing  
an outfit to please everyone  
The 1st time I took some  
it had on tiny pieces of gold  
It's no wonder so many of us  
are seduced  
by this well dressed substance



It slowly sucked the life out of me  
as I fell deeper and deeper  
into the lies it tells  
But the mask it puts on emotions  
is a temporary illusion  
and the loss of time is massive  
Especially for my husband  
who doesn't get to live  
the 2nd half of his life  
Alcohol comes dressed for the dance  
Ready and willing to kill



**Central Office of Salt Lake Incorporated**  
**80 West Louise Avenue**  
**Salt Lake City, Utah 84115**



**SALT LAKE CENTRAL OFFICE**

801.484.7871

80 West Louise Avenue (2850 S)  
Salt Lake City, Utah 84115

**HOURS:**

Monday-Friday: 10-5

Saturday: 10-2

**CALL FOR HOLIDAY HOURS**