



**"Letter to Al" Written by Bill W. May 13, 1953**

Dear Al,

I think that we oldsters who have put the A.A. booze sure to such severe tests, yet still find we lack emotional sobriety, are probably the spearhead for the next major development in A.A. – the development of something like real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God.

Those adolescent urges for top approval, perfect security, and the perfect romance, urges quite appropriate to age 17, prove to be an impossible way of life at 47 or 57.

Since A.A. began I've taken immense wallops in all these departments because of my failure to grow up, emotionally and spiritually. My God, how painful it is to keep insisting on the impossible, and how painful to discover that we have the cart before the horse. Then comes the final agony of seeing how damned wrong we are but still finding ourselves unable, seemingly to get off the merry-go-round.

How to translate right intellectual conviction into right emotional results and so into easy, happy, active and good living – well that's not only the neurotic's problem, it's the problem of life itself for all who have got to the point of willingness to hew to right principles. Even then, as we hew away peace and joy still eludes us. That's the place so many of us A.A. oldsters have come to. And it's a hell of a spot, literally. How shall the unconscious, from which our fears, compulsions, and phony aspirations still stream be brought into line with what we actually believe, know and want – how to convince our dumb, raging, and hidden "Mr. Hyde", becomes the final task.

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I've recently come to believe this can be done. I believe so because I begin to see many benighted ones, folks like you and me, commencing to get results.

Last fall, depression, having no really rational cause at all, took me to the cleaners. I began to be scared that I was in for another five year chronic spell. Considering the grief I've had with depression, it wasn't a bright prospect.

I kept asking myself, "Why can't the twelve steps work to release depression? By the hour I stared at the Francis Prayer – "It's better to understand than to be understood – it's better to comfort than be comforted – it's better to love than to be loved...". Here was the formula, all right. But why didn't it work?

Suddenly, I realized what the matter was. My basic flaw had always been dependence – absolute dependence – on people or circumstances to supply me with prestige, security and romance. Failing to get them according to my still childish dreams and specifications, I had fought for

# CENTRAL OFFICE

## board of trustees

BOARD@SALTLAKEAA.ORG

<b>Chair</b> — Julian G.	<b>Trustee</b> — Brad
<b>Co-Chair</b> — Dave V.	<b>Trustee</b> —Doug R.
<b>Secretary</b> — Rob C.	<b>Alt Trustee</b> — Mike
<b>Treasurer</b> — Arty K.	<b>Alt Trustee</b> - Mitchell
<b>Trustee</b> — Paul M.	

## 7th Tradition

## Contribution Addresses

### A.A. World Services

Box 459 Grand Central Station  
New York, NY 10163  
<https://ctb.aaws.org/Login.aspx>

### Area 69 Treasurer

P.O. Box 471  
Fillmore, UT 84631

### District 10 Treasurer

PO Box 57271  
Murray, UT 84157

### Salt Lake Central Office

80 West Louise Ave.  
Salt Lake City, UT 84115

### District 2 Treasurer

PO Box 615  
Salt Lake City, UT 84110

### District 11 Treasurer

2320 Wood Hollow Way  
Bountiful, UT 84010

# CENTRAL OFFICE standing committee chairs

**Activities** — Rob C  
activities@saltlakeaa.org

**Archives** — Laura C.  
archives@saltlakeaa.org

**By-laws** — Julian G.

**Coins** — Jim C.  
coins@saltlakeaa.org

**Co-op Professional Community** — Joe B.  
cpc@saltlakeaa.org

**Corrections** — David R.  
corrections@saltlakeaa.org

**Events Calendar** — Jeremy C.  
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**Hotline** — Danny R.  
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**Literature** — Charlie T.  
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**Lifeline Newsletter** — Shurone H.  
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**Twelfth Step** — Skip M.  
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**Volunteer** — Doug R.  
volunteer@saltlakeaa.org

**Website** —  
webservant@saltlakeaa.org

# NEWS & UPDATES

## NEW MEETINGS:

Get Right, Late Night -

Sat @ 11:30pm @ Fellowship Hall 2060 S. Windsor St.

Women on Wednesday -

Wed@7:30pm 777 S. 1300 E. 1st Baptist Church

Midday Light -

Thur@11:00am 1270 E. 8600 S. @ Firefly Addiction

9th Street -

Wed @ 7:30pm 6771 S. 900 E. SLC @ Next Level Recovery. Parking in front & back

Love Life Hiking Group -

Mon-Fri meet at the park n ride at the mouth of Big Cottonwood @5:30pm

Despertar Espiritual -

Everyday @ Alano West. 8:15pm to 9:45pm. 9087 W. Magna Main St. Magna

7th St. Men's Meeting -

Tuesday @ 7:00pm to 8:00pm. 2487 S. 700 E.

Get Right, Late Night-

Fridays 11:15 PM- 12:15 AM at Fellowship Hall

Magna Friendly Bunch -

Mon-Thur 9:00am @ the Alano West Club - 9087 W Main St. Magna.

The Coven -

Tuesdays 7:00pm @ Fellowship Hall 2060 S. Windsor 840 E. SLC. Women's Meeting.

## MEETING UPDATES:

Park City A.A. Group -

Moving from Valley Behavioral to St. Mary's Chapel, 121 Park Ave. Tue @ 7:00pm

Trudgers -

Location change on Sept 1st to Anna's Restaurant 4700 S. 900 E. Sun @11:30-12:30pm

Free at Last -

Changing from Wed @ 8:00pm to Fri @ 9:00pm

"Acceptance is the Answer" -

is now named "Women on Wednesday"

Rose Park Recovery

Now in the Northwest Community Center: 1300 W. 300 N. Salt Lake

Park City Speakers Group

Same building, new room, different entrance St Marys: 1505 White Pine Canyon Rd. Park City

Carpet Slippers

Changed meeting start time from 7:15 to 7:00pm

Last Run w/Bill W.

Last run with Bill W (ski season only) on Fri@4:30pm changing to summer hours: Sat@1pm

Red Eye Coffee-

is now "Rise and Grind"

Tooele Beginners -

Meets every day from **7-8** am (not 7-8:30)

"Foothill Group" -

is now "Salt Lake Young People"

Acceptance is the answer -

Moving from Mon to Wed. @7:30. 777 S. 1300 E. Baptist Church

Southenders -

Location change to Jims Family restaurant, 1728 W. Park Ave. Riverton. Tue 7pm

## CANCELED MEETINGS

ESP -

Thur @ 6:00pm St, Vincent Church

Coffee & a Big Book -

Sun @ 10:30am Suncrest Community Center

Sugarhouse at 7 (garage meeting) -

Sat @ 7:00pm 2100 S. 1500 E.

Back Alley Beginners Group

Alpha Alpha -

Tue @ 5:30pm @ the U of U law school

A Way In For Beginners -

Wed @7:15pm Fellowship

Nomadic Lunch Bunch -

Wed @ noon - Fat Cats Bowling Alley

Monday Night into Action Step Study -

Mon @ 7 pm 2015 E. Newcastle, Sandy

# CENTRAL OFFICE REPRESENTATIVES: 8/9/19 MEETING MINUTES

## Board of Directors Reports:

**Chair:** Julian G- Warranties And Statement Purpose.  
Welcomed All CO Reps

**Co-Chair:** Dave V- Welcome to new Central Office Reps. See me for information packets and questions about C.O.

**Secretary:** Rob C- All Is Going Well. Keep Smiling and Thank You For Your Service.

**Treasurer:** Arty K. - We no longer have excess funds. Please discuss how to allocate money with your groups.

**Trustee District 2:** Paul M.- Another Bridging The Gap Workshop is being held in CA

**Trustee District 10:** Brad M. - We need Bridging The Gap volunteers.

**Trustee District 11:** Doug R- A volunteer that has been doing corrections for district 11 for 29 years is retiring.

## Committee Chair Reports:

**Activities:** Rob C- Founders Day Breakfast held Sunday June 16th@ Fairmont Park was a HUGE Success; Thanks to all the Folks who helped out. Salt Lake Bees Tickets are available for \$11/ticket at Central Office. Excellent seats behind first base. All Firework Games. We have tickets/game; 2 more games left! August 17th, and August 30th.

**Archives:** Laura- Archives Room Is Available To All. Utah AA History.. Come Down To Central Office During Normal Operating Hours And Check It Out..

**Events:** Jeremy C- If Anyone Has Any Coming Up Events They Would Like To Add To The Calendar And Website At Central Office Please Email: events@saltlakeaa.org.

**Literature:** Charlie T.- Newest book is "Our Great Responsibility" Talks from Bill W.

**Corrections:** David R- Asked For Volunteers To Take Meetings Into The Jail.. Requirements Are 1-Year Sobriety, Off Paper 1-Year. And Have NO Warrants Out For Arrest.

**Lifeline:** Shurone- Please Ask Your Groups If Anyone Has Stories, Poetry, Artwork, Etc Please Submit To Lifeline@saltlakeaa.org

**Treatment:** Rusty J- We need people to volunteer to take meetings into new rehab centers everywhere. C.O. has prayer cards and meeting in a pockets for .10

**Public Information:** Melissa E.- Has created a facebook page for Central Office. We will have a booth at Recovery Days again this year (Sept 14th) @ the Galavan Center.

**Tech:** Asch - We are looking into computer updates.

**Volunteers:** Doug R- Proposed donating a box of 12&12s to Medicare recipients, voted against due to low funds. Encourages people to stop in and see what we do here at Central Office.

**Coins:** Jim C- Inventory Is Conducted Each Week. Inventory is Always In Stock And Available To All @ COST...

**Hotline:** Danny R.- All of the hotline information has been lost. Will be stepping down as Hotline chair.

**Webservant:** Doug R.-Total Of 2,969 Users. 5,637 Sessions, 2,489 New Users, 81% Accessed Central Office Website Through A Mobile Device. Most Popular Page Accessed Was Schedule Of Meetings Page.

## NEW BUSINESS

Open Positions:

- Outreach
- Hotline
- Webservant
- Alt Trustee



**Next Central Office Rep. meeting will be held on Tuesday 8/13/19 @ 6:30pm**

## BRYCE CANYON UCYPAA CONFERENCE REVIEW

The Utah Conference of young people in AA began on June 28th in Bryce Canyon. The theme for this year's conference was "We will not regret the past...nor wish to shut the door on it." The conference began with everyone arriving at the Ruby's Inn and Campground and preparing for a weekend of Speaker Meetings, Panel Discussions and of course camping and hiking!

The first night we had the privilege of hearing from Finn A. who was visiting us from Arizona. We heard Finns story of growing up on the South Side of Chicago and learned about his experiences with his first introduction into AA at just fifteen years old! It was a riveting story proving that you can achieve sobriety no matter what your age.

Following the speaker, an AA meeting commenced around a campfire located on the Camping Grounds. It was a great meeting with some great shares from our fellow young people in AA.

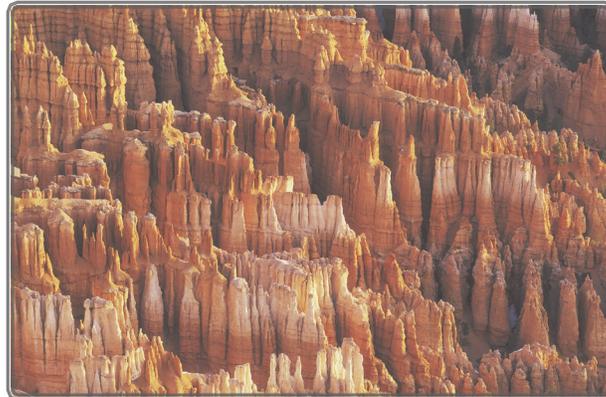
The next morning we prepared for a hike through beautiful Bryce Canyon. One of the highlights was the view from Inspiration Point at the beginning of the

trek. We hiked down through the canyon, enjoying all of the breathtaking views of red rock and the perfect weather. After the journey through the canyon we returned to the campground and enjoyed a barbecue with hamburgers and hot dogs, followed by an inspiring message from Tina A. Besides the wonderful message from the speaker, one of the most notable

events of the evening was a hug between the person with the most time and the person with the least amount of time. it was very inspiring and a good reminder that we can't do this alone! The person with the most time just happened to be our speaker Tina A; it was a great way to end the night.

The uplifting weekend concluded Sunday morning with the speaker Wade J, It was so neat to be able to experience all this in such a beautiful destination, surrounded by the breathtaking red rock ! I had an inspiring and spiritual experience. Thank you for letting me share!

-Amanda B



"Each night, I think of the 10th Step and ask myself,  
'Have I, this day, helped more than I've harmed?  
Given more than I've taken?  
Created more than I've destroyed?'"



# SALT LAKE CENTRAL OFFICE JULY FINANCIALS



## Income Statement

	2019	2018
<b>Revenue</b>		
Group Contributions	\$4,743.35	\$4,093.16
Copy/Newsletter donations	\$38.50	\$7.05
Individual Contributions	\$-	\$-
Sales - Literature	\$6,023.29	\$7,755.20
Sales - Coins	\$2,151.20	\$1,775.19
Interest Income	\$-	\$7.20
<b>Total Revenue:</b>	<b>\$12,956.34</b>	<b>\$13,637.80</b>
<b>COGS - Literature</b>		
	\$5,839.25	\$7,697.04
<b>COGS - Coins</b>	\$1,905.66	\$992.13
<b>Total COGS</b>	<b>\$7,744.91</b>	<b>\$8,689.17</b>
<b>Gross Profit</b>	<b>\$5,211.43</b>	<b>\$4,948.63</b>
<b>Operating Expenses</b>		
	\$3,166.00	\$3,672.96
<b>Other Expenses:</b>	\$-	\$1,000.00
<b>Total Expenses</b>	<b>\$3,166.00</b>	<b>\$4,672.96</b>
<b>Net Income:</b>	<b>\$2,045.43</b>	<b>\$275.67</b>

## Bank Accounts

Checking & Petty Cash	\$14,801.89	\$17,914.70
Accounts Payable Due	\$(7,115.33)	\$(542.82)
Money Market - PR	\$19,343.47	\$24,224.90
<b>Total</b>	<b>\$27,030.03</b>	<b>\$41,596.78</b>

- Please note that according to the central office bylaws it is required to have 6 mos overhead in the prudent reserve. Average monthly costs are \$4000/mo, \$24,000 for 6 mos
- A detail of group contributions is available and will be handed out quarterly.

## Group Contributions - June

90th & 32nd @ 6:00	\$294.32
An AA Group_1	\$100.00
Basic Young Peoples	\$195.16
Bountiful Community	\$25.00
Early Friendship	\$599.59
ESP	\$32.00
Grub Lunch Bunch	\$57.50
Happy Group	\$1,387.21
Holladay Group	\$150.00
Live & Let Live	\$36.75
Murray Group	\$54.00
No Laurels AA	\$110.35
Not a Glum Lot	\$70.00
Off the Cuff	\$23.25
Old Timers Speakers	\$351.19
Sat Morning SOTS	\$55.45
Speak Easy Ladies	\$180.15
Sun Morning Breakfast	\$6.00
Tooele Beginners	\$36.85
Unity Lunch Bunch	\$8.93
Wake Up Call	\$165.20
We Are One	\$17.75
Women's 12x12 & BB Study	\$103.50
<b>Total</b>	<b>\$4,743.35</b>

**"WE ARE SELF SUPPORTING  
THROUGH OUR OWN  
CONTRIBUTIONS..."**

# UPcoming EVENTS



## Volunteers Needed for Recovery Day

### What is Recovery Day?

An event during September, which is Recovery Month, that celebrates recovery from alcohol and substance abuse. The event will have many booths from volunteer recovery programs, treatment centers, and health professionals. This event is free and open to the public.

### What will we do there?

Central Office volunteers will sit at a table stocked with literature, including meeting schedules, pamphlets, Lifelines, and a limited number of little Big Books.

### When is it?

September 14 from 9 AM to 3 PM

### Where is it?

Gallivan Center 239 Main St, Salt Lake City, UT 84111

### To volunteer your time:

Please contact PI Chair Melissa E at 801.915.3573 via text or call, or email [pi@saltlakeaa.org](mailto:pi@saltlakeaa.org)

## Area 69 Fall Assembly

September 27-29, 2019

Legacy Events Center

151 S.100 W. Farmington, UT 84052

for more info contact Mike F.  
(650)333-6078



# PROJECT HOMELESS CONNECT

*Salt Lake City* Oct 25, 2019

### What is it?

A one-day, one-stop event in SLC that brings together community volunteers to offer services to individuals and families experiencing homelessness.

### Why is Central Office participating?

To offer the hand of AA to any who may be interested.

### What will we do there?

Central Office volunteers will sit at a table stocked with literature, including meeting schedules, pamphlets, Lifelines, and a limited number of little Big Books. Volunteers will offer experience, strength, and hope to those inquiring about the AA recovery program.

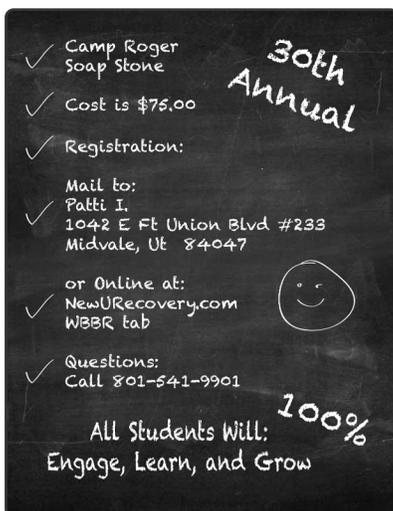
### Date and location of the event:

October 25, 2019 9am-3pm

Salt Palace Convention Center Hall 5

### To volunteer your time:

Please contact PI Chair Melissa E at 801.915.3573 via text or call, or email [pi@saltlakeaa.org](mailto:pi@saltlakeaa.org)



**\*Please send events to:**  
[lifeline@saltlakeaa.org](mailto:lifeline@saltlakeaa.org)

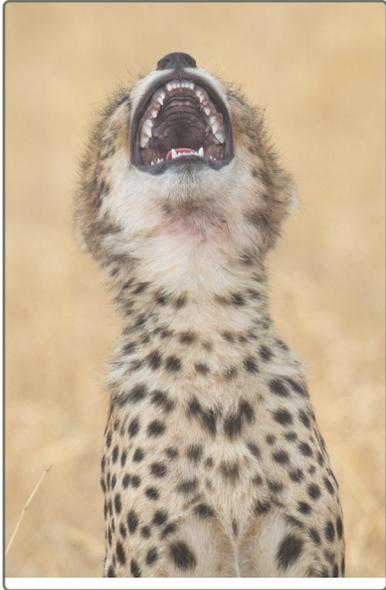


Hour of Hope Group  
Wasatch Facility  
Utah State Prison  
  
Marcos. 6 Yrs  
Roland 3 Yrs  
Edison. 1 Yr  
Chris. 9 Mo  
Jesse. 90 Days



"This is what an alcoholic liver looks like!"-Anonymous

<http://www.aagrapevine.org/cartoon-winners>



### **Redneck Solution:**

Two rednecks, Bubba and Earl, were driving down the road drinking alcohol when all of a sudden, the passenger, Bubba, said, "Lookey thar up ahead, Earl. It's a po-lice roadblock!! We're gonna get busted fer drinkin' these here beers!!"

"Don't worry, Bubba," Earl said. "We'll just pull over and finish drinkin' these beers, peel off the [label](#) and stick it on our foreheads, and throw the bottles under the seat."

"What fer?" asked Bubba.

"Just let me do the talkin,' OK?" said Earl. Well, they finished their beers, threw the empty bottles under the seat, and each stuck a label on their forehead.

When they reached the roadblock, the sheriff asked, "You boys been drinkin'?"

"No, sir," said Earl. "We's on the patch!"



<http://www.joke-db.com/c/alcohol/clean#ixzz5xwnZK2K3>

**"Letter to Al" Written by Bill W. May 13, 1953** *continued from page 1...*

these things. And when defeat came, so did depression. There wasn't a chance of making the outgoing love of Francis a workable and joyous way of life until these fatal and really absolute dependencies were cut away.

Because I had undergone a little spiritual development, the absolute quality of these frightful liabilities had never before been so starkly revealed. Therefore, reinforced by what Grace I could secure in prayer, I found that I must exert every ounce of will and action to cut off these emotional dependencies upon people, upon A.A. – indeed, upon any set of circumstances whatever. Then, only then, would I be free to love as Francis could. Emotional and instinctual satisfactions, I saw, were really the extra dividends of having love, offering love and expressing love appropriate to each relation of life. Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as he would have me. And I couldn't possibly do that so long as I was victimized by my dependencies.

For dependency meant demand; demand of possession and control of people and conditions.

While the words "absolute dependency" may look like a gimmick, they were the ones that triggered my release into my present stability and quietness of mind which I'm now trying to consolidate by having love and offering love, regardless of the return.

This is, Al, the primary healing circuit: our outgoing love of God's creation and his people, by which we avail ourselves of His love for us. But the real current can't flow until our dependencies are broken – broken at depth. Only then can we have a glimmer of what adult love really is.

Spiritual calculus you say? Not a bit of it. Watch any

A.A. of six months working on a new 12th step case. If the case says "the hell with you" the 12th stepper smiles and turns to another case. He doesn't feel frustrated or rejected. If his case responds and starts to give love and attention to other alcoholics, but returns none to the sponsor, then the sponsor is happy anyway. He still doesn't feel rejected. And when his case turns out in later time to be his best friend (or romance) then the sponsor is joyful. But his happiness and joy were by-products, nothing more.

The really stabilizing thing was the having and offering of love to that strange drunk on his doorstep. That was Francis at work, powerful and practical, minus dependency and minus demand.

In my first six months of sobriety, I worked hard with many alcoholics. Not one responded but that kept me sober. It wasn't a question of their giving me anything. Stability came out of giving, not of receiving.

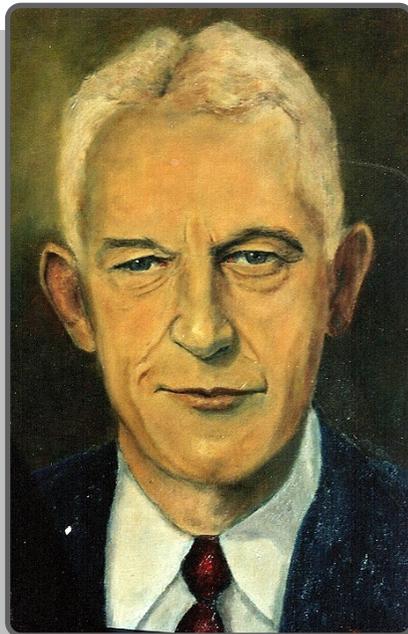
Thus I think it will work out with emotional sobriety. If we examine every disturbance we have, great or small, we can find at the root of it some sort of unhealthy dependency and consequent demand. Let us hack away at these chains, begging God's help. Then we shall be set free to live and to love. We shall then be able to 12th step ourselves and others into emotional sobriety.

Well, Al, I haven't offered you a single new idea – just a gimmick that has started to unhook my several "hexes" at depth. My brain no longer races compulsively in either elation, grandiosity or depression. I have been given a quiet place in bright sunshine.

Top best to Hazel and yourself.

Affectionately,

Bill



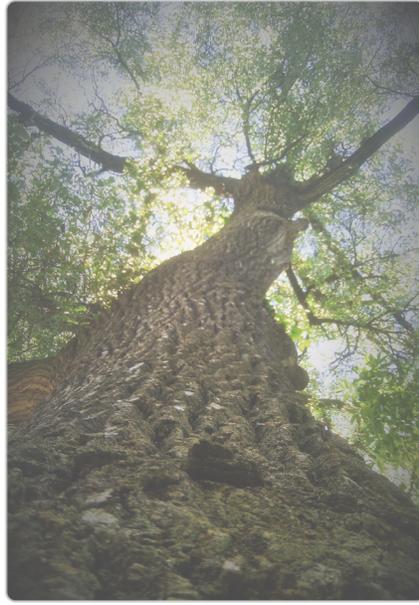
## A Unique Creature of Nature

I was released from Federal Prison in August of 2013 and shortly after met the love of my life. It didn't take long before I was using again and soon discovered that my job was getting in the way of my drug use and had to go. Me being self-supporting, or the sole supporter in our relationship I did whatever I could to make money for rent, food, but most importantly for drugs, mainly heroin. Low and behold our whole world started to crumble around us. We first lost the apartment, and therefore became a burden on our friends staying at their houses or needing to shower there when we just lived in our jeep. Things kept spiraling out of control until finally we had reached rock bottom, we had lost everything we had, and were living on the street. I had no self-worth and no self-esteem. I was allowing the woman I loved to risk her freedom by shop lifting for food and for merchandise to trade for our out of control heroin habit. We continued this way for quite some time with me committing crimes like forgery and dealing drugs to make sure we had our fix everyday so we didn't get sick. We both caught numerous charges and were racking up more and more, in and out of jail constantly, but since our charges were just petty things, we were never locked up for more than just a few days. We were now both on the run and looking at some time when we got caught. We had exhausted all of our resources, we had no where left to go, we were hungry, on the street and had spent the only money from a lick I had pulled earlier on some heroin to keep us going. We had finally hit the end of the road. I can't remember if it was her or I that made the suggestion that we end our lives together by doing, by that I mean injecting a large quantity of heroin, enough to overdose on. We both injected the drug holding on to each other and saying goodbye as we

both faded into the deep, dark, oblivion. When I next opened my eyes, I was in the hospital. I was informed that a good samaritan had witnessed what we had done and called the paramedics. I immediately asked about my girl and nobody would give me any information at all. So, as I lay there in total anguish, hating myself, hating my life, hating the person that couldn't mind their own business, I wondered if she was alive. What if she was dead, I wasn't, how would she feel if I died and she didn't, all of this raced through my mind over and over. As it turned out, we both survived, however shortly after we were both arrested and had to face the numerous charges that we had accumulated. She was sentenced to drug court where she is clean and safer today and set to graduate in a few months. Myself, I was sentenced to the Utah State Prison on numerous charges where I am today. I am in the Con-Quest program, thankful that I am alive. I have been working on my self-esteem and my self-worth, and have discovered that I am a unique creature of nature. Nobody that ever came before or that will ever come after will have my hair, my eyes, my nose, my ears, my hands or my feet. Nobody will ever walk like me, talk like me, or feel the way and things that I feel. I am a rarity and there is always value in anything that is rare. Therefore, I am valuable. I wasn't put on this earth to shrivel into a grain of sand, rather to become a mountain. I was given a second chance for reasons I don't understand. I can't predict the future, I can only learn from my past, and my past has shown me that I can not ever allow myself to use again. To do so would be to disrespect the woman I love, my higher power, and most importantly myself, because with me one time is two many and a thousand times is not enough. - R

# My Cottonwood Tree

I would very much like to be like my cottonwood tree. Right now the air is cold the elements are harsh. But it stands strong and resolute. It even has a few leaves still attached to its limbs. A reminder that it is still very much alive. During this time, it will withstand all types of demands. If I could only hear its thoughts, its whispers right now. I have no doubt they would be reassuring. Because it knows there are warm morning suns, the touch of a robin, a gentle graze of a butterfly, a flutter of life and rebirth on the horizon. My tree then provides me the chance to open up to, expand my chest, breathe a bit deeper, inhale the coolness of its roots, assist me in staying grounded. This morning sun then begins to increase in intensity, but my cottonwood tree provides me a shady patch of earth, a place of refuge from the heat. I lay back and allow its roots to support me, allow me to gaze up at its grandness. As the summer breeze blows the leaves sing to me. Every leaf not quite the same, each



its own unique pattern but when combined it creates the most beautiful melody. Taking me out of myself, letting me know its secrets its simple way of just being. And then the morning sun begins to cool once more its buds burst open releasing an immense amount of dust. It covers the earth not only in its vicinity but all throughout. It feels as if it is shouting to all that will listen I am here, I am alive, and I am well. It's a type of release, a letting go, showing it can even be strong in its vulnerability. My cottonwood tree knows fear, it knows joy. My cottonwood tree knows trust and knows patience. In the face of it all it stands. It stands knowing nothing is for certain. It will experience great loss but also great wealth. It will feel cold harsh winds but also feel the kiss of morning dew. It stands with its branches reaching up and out ready to really receive whatever may come. For things are ever changing, just accepting whatever it may be with grace and love.

-Karly L.



## Do you Believe?

I believe in the Dawn even when in the darkness,  
I believe in Love even when rejected,  
I believe in Recovery even when struggling,  
I believe in a Higher Power even when dispirited.  
I believe in Hope and a life with meaning.

-Linda G

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**Salt Lake City, Utah 84115**

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Monday-Friday: 10-5  
Saturday: 10-2  
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