



8 Hours On The Road

Funny how miracles are hard to recognize as they are unfolding. At least that has been the case for me since I opened my mind to the possibility of their existence a while back. At about nine months sober, heading back to Salt Lake City one day, an interesting thought came into my head. I realized when I stopped for gas that I could buy a 24oz. or two, drink them during the remaining six hour drive, and no one would ever know about it. My next thought was of the people at the noon meeting I had been attending regularly for five months. I didn't want to let anyone down or lie to anyone. Then a truly remarkable thought entered, *I would know about it*. It didn't matter whether or not I could deceive other people when it came to my drinking, I realized that I could not deceive myself, and that is what mattered. I further realized that I didn't want to drink a 24oz because I genuinely cared about myself and my life. *That* is a miracle.

Then at some point during the next six hours, a talk show about sight caught my attention. Someone explained that humans have four cones which enable us to see colors, dogs only have two cones, and are only

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AA GRAPEVINE

The International Journal of Alcoholics Anonymous

Atheists, agnostics, nonbelievers and secular alcoholics have been members of the AA Fellowship since its earliest days, making significant contributions to the development of the program, helping to swing the doors of AA ever-wider. But finding their path has not always been easy. One Big Tent is a collection of stories, originally published in Grapevine, which represent the shared experience of secular AA members who have struggled with alcoholism, yet ultimately found a common solution in AA. These members share how they found their place in AA, work the program, do service and sponsor others.

<https://grapevine.espstores.com/one-big-tent>



**CENTRAL OFFICE
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BOARD@SALTlakeAA.ORG

Chair — Doug R. **Trustee**— Kevin D.
Co-Chair — Julian G. **Trustee**—Evan J.
Secretary — Rob C. **Alt Trustee**— Paul
Treasurer — Arty **Alt Trustee**-vacant
Trustee — David G.

**7TH TRADITION
CONTRIBUTION ADDRESSES**

A.A. World Services

Box 459 Grand Central Station
New York, NY 10163
<https://ctb.aaws.org/Login.aspx>

Area 69 Treasurer

PO Box 6044 Clearfield, UT 84089
<http://utah.aa.org/contributions.php>

District 10 Treasurer

PO Box 57271
Murray, UT 84157

Salt Lake Central Office

80 West Louise Ave.
Salt Lake City, UT 84115

District 2 Treasurer

PO Box 615
Salt Lake City, UT 84110

District 11 Treasurer

9 S 1300 W
Clearfield, UT 84015

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Twelfth Step — Skip M.
12step@saltlakeaa.org
Volunteer — Jim C. volunteer@saltlakeaa.org
Website — Doug R.
webservant@saltlakeaa.org



NEWS & UPDATES



NEW MEETINGS:

We Agnostics Step Study - Fri @8:00pm @ Fellowship Hall
2060 S. Windsor St. SLC

Love Life Hiking Group - Mon through Fri - Meet at the
mouth of Big Cottonwood @ 5:30 Text (801)792-4292 for
more information & time changes

Fill The Pot - Open Discussion Meeting

Wed @5:30pm - 501 W. 300 S. SLC

Women in Recovery

Tues @8:15pm - Alano Club: 5056 S. 300 W. SLC

We Keep it Simple Big Book Study

Thurs @7:00pm - Life Church UT: 4700 S. Bangerter Hwy.

Conscious Contact - Meditation Meeting

Tue 7:-8:30 pm - Hilltop United Methodist Church: 985 E.
10600 S. Sandy

Last Run w/ Bill W

Fri @4:30 pm @10351 E. Highway 210 Alta, UT

Back Alley A.A. Beginners Meeting

Tue @7:00 pm - 5689 S. Redwood Rd. Ste 30.(S.E. entrance
downstairs)

Hope Group

Sat @8:00 pm - Inspirio Recovery: 8029 S. 700 E.,Sandy

Practice These Principles

Fridays@7:00am - Unitarian Church: 569 S. 1300 E. SLC

Carpet Slippers

Sundays @7:00pm - Fit to Recover: 789 W. 1390 S. SLC

Draper Lunchtime Step Study

Mondays @12:00 - Wasatch Grind and Pulp: 1194 E.
Draper Parkway, Draper

Six in the City -

Saturdays @ 6pm - 273 E. 800 S. Disabled Am. Vets Bld.

We Admitted We Were Powerless

Saturdays @7pm, Elevation Church: 375 S State Street, Ste
B, Clearfield

Sacred Healing

Mondays @5pm, Urban Indian Center:1230 W 1300 S, SLC

MEETING UPDATES:

Southenderes - Moving to 12411 S. 265 W. Draper, UT.

The Rising Church - Tue @ 7:00

Homeless Warriors - Mon @ 6:00pm, Weigand Center. 347
W. 200 S. SLC. Enter through the locked gate.

BBT & T - Thur @ 7:00pm 9757 S. 1700 E. Blessed
Sacrament Church

7th Street Group - Is now named "Seventh Heaven"
Dropping Monday. (Tue-Fri) @12:00pm

Greater Kearns - Moving to Trinity United Methodist
Church: 3600 S 4400 W

Women Supporting Women - Moved to Tuesdays @
6:30pm St. Lawrence Church, Heber.

Nomadic Lunch Bunch - Now Wednesdays Only!

12:15pm @Fat Cats Bowling: 3739 S 900 E in Salt Lake

By the Book - A.A. & Al-Anon Tue @7:30pm - 2100 S. State

Hope Group - location change - Inspirio to Red Eye Coffee:
7301 S. 900 E. Sandy. Weekly Sat@ 7:00 pm

Trudgers Walk with Purpose - Re-Started Sun @11:30am
258 W. 3300 S. Salt Lake City

Wasatch Group - Sat @ 5:30 pm - Wasatch Crest 425
Moulton Ln. Heber

A Way In for Beginners - Wed @7:15 pm - Fellowship Hall

CANCELED MEETINGS:

Came to Believe - 8:00pm Sat @ St. Marks Hospital, SLC

A Way Out - Fri @ 6:00pm - 2100 S. State St. SL county bld

Red Barn Group - Sun @7:00pm - Farmington

Women Warrior - Sat @7:00 - Draper

Tooele Women's Meeting - Sun 1:15 @ the Oasis
Clubhouse

Homeless Warriors - Fri @6:30 475 W. 100 S.

An AA Group - Wed @5:30 4th St Clinic: 400 S 400 W, SLC

Millcreek Womens Group - Wed @ 6:30 -Krishna Temple

Lighten Up Group - Tue@8:00pm Lighthouse Recovery

Free Rider Group - Tue @6:30pm Alano West

Free Rider Group - Fri @7:00 Red Eye Coffee

Our Primary Purpose - Sun @7:00pm

Draper Lunchtime Step Study - Mon @ 12:00

Gay Men Stagg Big Book Study

Experience Strength & Hope - Tues @7:00pm @Creekside
Christian Fellowship:1400 Bitner Rd, Park City

CENTRAL OFFICE REPS: MEETING MINUTES



9/11/2018 – 6:30 pm



Chair Doug R. - "Warranties & Statement Of Purpose." Discussed the motion to donate money to area 69 at the last board meeting, is urging everyone to talk to thier groups about their contribution practices.

Co-Chair Julian G. - Welcomes new C.O. Reps.

Secretary Rob C. - Explained that Central Office will not be doing Jazz tickets this year.

Treasure Arty K. - The motion to sell chips at cost passed.

Trustee Evan J. - "District 10" Will be hosting area elections at the Karen Huntsman Education Center nest to the LDS Hospital on Sept. 21,22,23rd.

Trustee David R. - All is well in District 2

Activities Rob C & Doug R. - Chili Cook Off Sat Oct 6th @ 6:00pm 1385 Spring Ln. (5100 S)

Bring your famous chili and enter befor 5:30pm for prizes!

Archives Laura - Looking for Grapevine binders, waiting for the display case for the archives room to arrive.

By-Laws Jon F. - By-laws are available at Central Office.

Hotline John J. - Everything is running smoothly - 328 Total Calls this month.

Newsletter Shurone - Please submit Poetry, Stories & Artwork to the lifeline.

Public Information Melissa E. - Recovery Days went very well, was a huge success. Project Homeless Connect is coming up Fri. Oct. 12th 9:00am-3:00pm at The Salt Palace.

Volunteers Jim C. - Need Volunteers For Monday Mornings, Tuesday Afternoons, And Friday Mornings..

Treatment Rusty - District 2 and 10 are very active with treatment right now.

Corrections Dave R. was elected to become the new Corrections Chair at C.O. Congrats Dave!

Webservant Doug R. - Aug Stats 7,748 Sessions, 3,434 New Users, 72.6% Accessed Using Mobile Devices "Most Popular Page Was Meeting Schedule"



Next Central Office Representatives meeting will be held on Tuesday
October 9th 2018 @ 6:30pm





CITY AT SEVEN:

Liz - 12 years



HOUR OF HOPE

Wasatch Facility
Utah State Prison

Shane. 2 yrs

Chris. 9 mo

Mike. 9 mo

Jeremy. 90 days

NOMADIC LUNCH BUNCH

Melissa - 30 days

Tom - 6 mos

Joanne - 1 yr

Pat H - 28 yrs

Tony - 39 yrs

Joke of the Month



An Irishman walks into a bar in Dublin, orders three pints of Guinness and sits in the back of the room, drinking a sip out of each one in turn. When he finishes them, he comes back to the bar and orders three more. The bartender approaches and tells him, "You know, a pint goes flat after I draw it, and it would taste better if you bought one at a time." The Irishman replies, Well, you see, I have two brothers. One is in America, the other is in Australia, and I'm in Dublin. When we all left home, we promised that we'd drink this way

to remember the days we drank together. So I drink one for each o'me brothers and one for me self." The bartender admits that this is a nice custom, and leaves it there. The Irishman becomes a regular in the bar, and always drinks the same way: He orders three pints and drinks them in turn. One day, he comes in and orders two pints. All the other regulars take notice and fall silent. When he comes back to the bar for the second round, the bartender says, "I don't want to intrude on your grief, but I wanted to offer my condolences on your loss." The Irishman looks quite puzzled for a moment, then a light dawns and he laughs. "Oh, no, everybody's just fine," he explains, "It's just that me wife had us join that Baptist Church and I had to quit drinking. But it hasn't affected me brothers though."

It was a nice warm day a few clouds in the sky. Today was like any other day in Salt Lake City Utah. I was relaxing alone with my thoughts. In the grass and the sun shining down on my face. I was finally truly at the end of my rope. Lost 4 family members I truly absolutely loved and cared about.

I know that every hair on our head is numbered. And when God calls our number we can try to fight, but we all know God always wins. So here I am, sad like always, just sitting down thinking about my mom. Thinking I truly have nothing to live for. Except my son Kota. Thinking what a life I'm living being sad 24-7 so I got to the point. I don't want to live anymore. Thinking best way to go - suicide by cop.

Looking up. We all know if you watch a cloud they most likly don't just disappear. They most likly hang around even a few minutes. So - not sure if I was seeing things or I was seeing the unbelievable. It's hard to tell my story because it brings tears to my eyes. I was looking in the sky. God creates words or

things we understand. Everyone's different. That's why our lord shows us different on how he does things.

As I was looking up, I was seeing people. Angels playing soccer in the sky. At first I was thinking, "am

I losing my mind?" God showed myself in words/vision that I could understand. I love soccer just like my son does. So I'm looking at these clouds/angels forming people. I start to form a smile. For the first time in almost 9 years of not understanding why God does things. I still don't to this day, but you know, when we take our children to their soccer games, football games etc. we just sit back and watch them happily. Well here I was looking up in the sky watchintg these angels playing soccer, and in

the bottom corner I saw my lord and Savior smiling watching his children playing. Since that day I realize I do have a personal Savior and his name is Jesus Christ. This is my testimony,

-Anthony B.



I am RESPONSIBLE

Service: The Third Legacy of Alcoholics Anonymous

2018

EVENTS CALENDAR



The Annual Utah 2018

Al-Anon/A.A./Alteen

Fall Fellowship Weekend

October 26th, 27th & 28th

"Together We Recover"

Comfort Suites, 2250 S. 1200 W. Ogden, UT
(1-15 to exit 343)

*Speakers from Alateen, Al-Anon, & AA

*Soup Cook-Off

*Drawing including a 65" TV

for more info go to WWW.eventbrite.com

Fellowship of the Spirit

Conference - Park City Utah 2018

October 5th-7th

Speakers:

Friday - Chuck Rankin

Saturday - Larry Thomas

Sunday - Debbie Davis

for more information visit:

www.fotsutah.org

Salt Lake Central Office

Chili Cook Off

October 6th

6:00pm - 9:00pm

3 awards for chili

3 wonderful speakers

St. Vincent DePaul church

1385 Spring Lane (5600 S.)



October 12th-14th 2018

Holiday Inn Portland South

25425 SW 95th Ave.

Wilsonville, OR 97070

**Bringing women together through love,
laughter and service.**

For more information & online registration
visit: WWW.rosecitygirlstock.com

Area 69 Fall Workshop

November 3rd & 4th

*Join Us for an AA Grapevine
Workshop!*

Hosted by district 1

Willow Park Rotary Event Center

599 W. 700 S. Logan, UT

For more information please call
central office (801) 484-7871

AA BEHIND BARS

Dear Alcoholic,

Greetings from Promontory C.F. I'd like to share a memory from 20 years ago when I first joined A.A. I'm 42 now, in prison and in a program that is designed to give men and women courage and strength to be humble and honest. So, here is my memory...

I was in the Army stationed at the 812th Military Police Co. near my hometown in the NYC area. I was in my early 20's when my company commander ordered me to A.A. "What did he know?" I thought. My first speaker meeting as a member (I attended years before with my alcoholic mother) was while overseas. Here's what I heard and saw. Picture a handsome middle aged sophisticated banker, whose countenance was strong. He told us that he recently went to see his wife and daughter who he deeply missed and loved unimaginably. He told us solemnly that he hadn't been to "their place" in a while and had been avoiding talking to them for a long time. He said it gives him incredible anxiety to speak to them "on their turf" and he always fumbles with words. Upon entering

their place he noticed the grass was high and the flowers were dead. The place looked in disarray. Having a burst of energy he cleaned up and felt good after. Then, reluctantly he decided it was again time to tell them both how much he loved them and how sad it makes him everyday to know his drinking was so destructive, and that he can't sleep or eat sometimes. The banker told his family he was sorry.

So sorry. He cried his eyes out, poured his soul upon them. They were silent. And my alcoholic friends, they always will be.

They were silent because he killed them in a DWI accident. He was drunk. He lived. They

did not. "Their place" is a small quaint cemetery with no caretaker. They originally had a pauper's funeral, for he was in jail at the time awaiting a 10 year sentence in prison. He did his time. When I heard this story I cried like he did that day, along with everyone there, but guess what? I still had 16 years of off and on drinking to do. This disease is cunning, is it not? While I do my time for identity fraud I remember that man. That story. I still mourn for them as well. As well as what I was, a drunk.



If you would like to volunteer to bring A.A. meetings to the Utah State Prison or the Utah County Jail, please contact Central Office @ (801) 484-7871. or text (801) 450-5600

Fall ELECTIONS

For All Available Service Positions

District 10



October 1st

7:00pm

@ The Alano Club

5056 S. 300 W. SLC

District 2



October 23rd

7:00pm

@ Fellowship Hall

2060 Windsor St. SLC

8 Hours On The Road ...cont from page 1

able to see yellow and blue. Butterflies on the other hand have sixteen cones, and the ability to see colors that we are blind to. As someone who lived with a mind closed off from God completely for 25 years, I suddenly realized that powers greater than myself were all around me, just waiting to be discovered. I felt overwhelmed with respect for all living things, for my life, and for all of the things I have yet to learn. I'm pretty sure that I found the sunset that evening to be quite miraculous, as I attempted to extract every possible shade of purple and turquoise from the sky, but I didn't know how important that trip would be in re-shaping my thinking, or the depth of meaning it would hold for later. Little decisions can become huge assets, especially when they build self-worth, and that thought, that critical realization that I wanted positive things for my life, is a major turning point, and looking back, an absolute miracle.

-Grateful AA member





SALT LAKE CENTRAL OFFICE AUGUST FINANCIALS



Income Statement

	2018	2017
<u>Revenue</u>		
Group Contributions	\$3,129.52	\$2,622.36
Copy/Newsletter donations	\$21.05	\$109.60
Individual Contributions	\$15.00	\$152.15
Sales - Literature	\$7,947.30	\$4,938.17
Sales - Coins	\$1,464.70	\$997.00
Sales - Other	\$ -	\$ -
Interest Income -	\$	\$ -51.00
Total Revenue:	\$13,637.80	\$10,259.58
COGS - Literature	\$7,767.32	\$5,668.55
COGS - Coins	\$855.82	\$547.36
Total COGS	\$8,623.14	\$6,215.91
Gross Profit	\$3,954.43	\$2,654.37
Operating Expenses	\$3,909.69	\$3,419.50
Other Expenses:	\$	\$-
Total Expenses:	\$3,909.69	\$3,419.50
Net Income:	\$44.74	\$(765.13)

Bank Accounts

Checking & Petty Cash	\$26,669.82	\$7,735.62
Accounts Payable Due	\$(11,444.61)	\$(2,608.41)
Money Market - PR	\$24,232.11	\$24,208.41
Total:	\$39,457.32	\$29,335.52

Group Contributions -

Acceptance -	\$47.74
Alpha Alpha -	\$169.50
BB/T&T -	\$259.50
By The Book -	\$188.85
Chapter 5 -	\$200.00
Conscious Contact -	\$41.50
Counter donations -	\$95.24
DNS Group -	\$586.00
Draper Group -	\$109.64
Friendship Group -	\$69.00
Grub Lunch Bunch Cowboy -	\$68.00
Highland Group -	\$43.25
Holladay Group -	\$50.00
Hot Topics -	\$52.77
Live and Let Live -	\$19.00
Magna Friendly Bunch -	\$250.00
Not a Glum Lot -	\$50.00
Paypal-Various Groups -	\$148.75
Red Eye Meeting -	\$150.00
Serenity Now -	\$15.00
South Davis A.A. -	\$50.00
Stonewall Group -	\$325.78
Unity Lunch Bunch -	\$20.00
Women Stepping Up -	\$120.00
Total	\$3,129.52

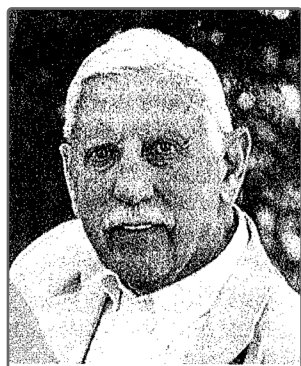
- Please note that according to the central office bylaws it is required to have 6 mos overhead in the prudent reserve. Average monthly costs are \$4000/mo, \$24,000 for 6 mos
- A detail of group contributions is available and will be handed out quarterly.
- On-line contributions made in January will be reflected on the February Statement

"WE ARE SELF
SUPPORTING
THROUGH OUR OWN
CONTRIBUTIONS..."





IN MEMORY OF *Mike O.*



Michael Eric Ohlson was born in Salt Lake City on Dec 29, 1943 to Eric Alfred Lorenzo Ohlson and Bessie

Marie Rodberg. He was the older brother to two sisters. Mike left this world on Aug 31, 2018 on his own timetable. He spent 3 days on life support before briefly awaking to give kisses, hugs, and say, "I love you and goodbye" to all of his

children, family, and many of his friends. We will miss this honorable man with a great sense of humor, charm, and generosity.

Mike was a recovered alcoholic and for over 33 years he served as a sponsor and mentor to many men and women in recovery. He was also very active in serving those in search of recovery. Most recently he was serving as Coins Chair at Central Office, and will be missed as a volunteer there on Tuesdays.

We love you Mike!

Suffering occurs when you clash with reality.

When your illusions clash with reality,

when your falsehoods clash with the truth,

then you have suffering.

Otherwise there is no suffering.



Step 3 poem

Giving my will over

I have created misery and pain, from which I only have myself to blame.

Injecting the drugs planted demon seeds to Bud deep inside my brain.

This life of Sorrow for every tomorrow is of my own creation,

so what I'm about to say took much contemplation.

there is one way out to contain the spout of my odd behavior.

That is the one I call God, energy, source or creator.

Finally I have hope that helps me to cope with a past life of what I've known.

This may sound corny or cheesy but this faith has helped me to grow.

This is a contract explaining what I must do to have a better now and later.

I must give my life over to something I understand to be my Savior.

-Brandon R.

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Salt Lake City, Utah 84115



SALT LAKE CENTRAL OFFICE
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Saturday: 10-2
CALL FOR HOLIDAY HOURS