



Step Four:

Made a searching and fearless moral inventory of ourselves

What a gargantuan task this initially seems. Whenever I attempted introspection before recovery, I became anxious and full of self loathing, which led to heavy drinking and often suicidal thoughts. Throughout my life I generally thought of myself in negative terms. I knew that I had the capacity for love and kindness, but to mine own eyes that was always overshadowed by consistent acts of cruelty and self centeredness. Actions which I imagined would someday land me in prison. I hardly knew myself when I got sober, and to begin a fearless and moral inventory, which would later be discussed in its entirety with another person, seemed terrifying. This is one reason it took me a year to finish my first fourth step. That, and I'm lazy. It was suggested that I write at least a sentence or two every day until it was finished. A wise suggestion, which I didn't take.

I did my first fourth step as outlined in the book, which was read to me by a sponsor, who learned how to take his inventory from his sponsor. My first

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Central Office of Salt Lake City

(801) 484-7871

80 West Louise Avenue (2850 S.)
Salt Lake City Utah 84115-2860

Hours of Operation

Monday-Friday

10am to 5pm

Saturday 10am to 2pm

Call for Holiday Hours

From Your Chair... April 2017

I want to acknowledge and thank everyone who has made SL Central Office what it is today. From all those in the past (All 70 years!!) to those participating today. Except for our paid part time bookkeeper we are a totally volunteer operation. For those that may not be aware we are alone in accomplishing a volunteer operated Central Office, virtually every other Intergroup or Central Office that I know of has a paid Manager and usually another paid staff.

Our co-chair Gina has implemented a service orientation that will be presented before each of the monthly CO Rep meetings at 6:00, great work! She is also a liaison for the Newsletter Committee. Our Treasure Lorraine continues to show her dedication and committee as well by working with our bookkeeper and preparing the Financial Balance Sheet and Group contributions. We are in the process of replacing the old Point of Sales system with a new Cloud based system. Michelle, our Secretary is doing a wonderful job with the minutes, email communications and keeping things organized. Our Trustees are all stepping into their duties as liaisons to the various Committees and their assigned Districts. Speaking of stepping up, Bob C. stepped into the Trustee position that was

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Central Office Board of Trustees

board@saltlakeaa.org

Chair — Doug R

Co-Chair — Gina F

Secretary — Michelle Z

Treasurer — Lorraine R

Trustee — Sharon G

Trustee— Evan J

Trustee—Kevin D

Alt Trustee— Bob C

Alt Trustee—Bob G

Central Office Standing Committees

Activities — Suzi L

activities@saltlakeaa.org

Archives — Laura C

archives@saltlakeaa.org

By-laws — Linda B

Coins — Mike O

Cooperation with the Professional Community

— Charlie B

cpc@saltlakeaa.org

Corrections — Dan B

corrections@saltlakeaa.org

Hotline Telephone — John J

hotline@saltlakeaa.org

Literature — Charlie T

literature@saltlakeaa.org

Lifeline Newsletter — Wendy P

lifeline@saltlakeaa.org

Outreach — Nick R

outreach@saltlakeaa.org

Public Information - Melissa E

pi@saltlakeaa.org

Technical Support — Jonathan H

it@saltlakeaa.org

Treatment— Tim E

ctf@saltlakeaa.org

Twelfth Step — Mike S

12step@saltlakeaa.org

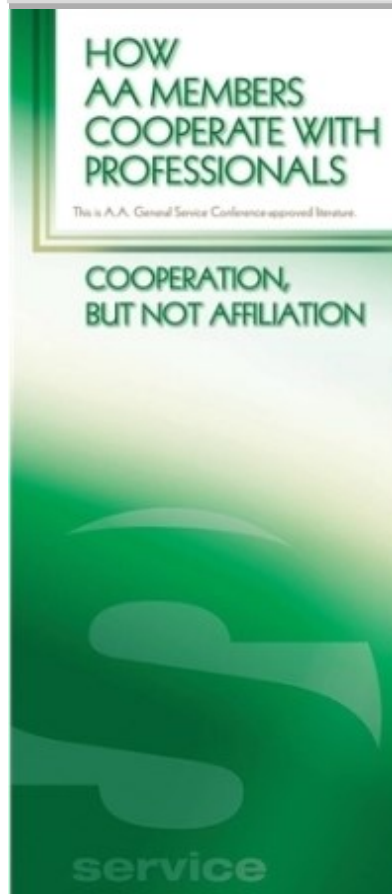
Volunteer — Jim C

volunteer@saltlakeaa.org

Website — Doug R

webservant@saltlakeaa.org

PAMPHLET OF THE MONTH:



In many countries, the alcoholism picture is changing rapidly. Even in A.A., the picture changes constantly. For example, some early A.A. members had to play amateur doctor for alcoholics in the D.T.s, because there was no one else to do it. Some A.A.s furnished food, shelter, and loans to indigent drunks. Today, these practices have virtually disappeared from A.A. Often, many professionals furnish alcoholics with the services that A.A. does not provide. The A.A. pamphlet "A Brief Guide to A.A." and the flyer "A.A. at a Glance" tell what A.A. does and does not do. By now, committees on Cooperation With the Professional Community (C.P.C.) have accumulated much experience cooperating with professionals in ways that preserve the letter and the spirit of A.A.'s Twelve Traditions

http://www.aa.org/assets/en_US/p-29_howAAmemCoopProf.pdf

7TH TRADITION CONTRIBUTION ADDRESSES

A.A. World Services
Box 459 Grand Central
Station
New York, NY 10163
[https://ctb.aaws.org/
Login.aspx](https://ctb.aaws.org/Login.aspx)

Area 69 Treasurer *
PO Box 6044
Clearfield, UT 84089
[http://utah.aa.org/
contributions.php](http://utah.aa.org/contributions.php)

***NEW ADDRESSES**

District 10 Treasurer
PO Box 57271
Murray, UT 84157

Salt Lake Central Office
80 West Louise Ave.
Salt Lake City, UT 84115

District 2 Treasurer
PO Box 615
Salt Lake City, UT 84110

District 11 Treasurer*
1721 N 1500 W Unit B
Layton, Utah 84025

**"WE ARE FULLY SELF SUPPORTING THROUGH OUR OWN
CONTRIBUTIONS."**

SALT LAKE CENTRAL OFFICE
Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

1. To carry the A.A. message and help those individuals who suffer from alcoholism
2. To maintain a 24-hour Twelve-Step phone list, and to answer phone inquiries as needed
3. To provide an A.A. listing in appropriate public sources
4. To function as a clearing house for the circulation and exchange of information among all of the A.A. Groups in the area
5. To compile, update and print meeting lists and other information about local A.A. services
6. To maintain A.A. approved literature for sale to members and the public
7. To print and distribute a newsletter
8. To be available to those in the community seeking information about alcoholism and A.A.
9. To maintain contact, refer inquiries and cooperate with General Service Committees and local groups
10. To arrange, delegate, or manage the details of all Central Office events or any other functions approved by the CO Committee
11. Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.
12. Such other activities that are consistent with the principles of the Twelve Traditions

MEETING

Updates

New Meetings:

Set Free Thursdays @7pm @City Church Office:
12215 S 900 E Draper

Trudgers Walk With Purpose Sundays@11:30
@Kafeneio Coffeehouse: 258 W 3300 S in Salt Lake

The Drunk Squad on Thursdays @noon @Los Garcia
Restaurant: 8745 S 700 E in Sandy

Richard's Street Lunch Mon-Fri @Fellowship Hall:
2060 W Windsor St (840 E) in Salt Lake

We Agnostics Mondays @ 8pm @ Fit To Recover:
789 W 1390 Salt Lake City

Sacred Healing Mondays @ 5pm Urban Indian
Center: 1230 W 1300 S in Salt Lake City

ESP Thursdays @ 6pm at St Vincent DePaul Church:
4925 S Kings Row Drive (1375 E) in Salt Lake City. This
is a **Closed** meeting

Warrior Women Tuesdays @7:30pm @ 272 E 12200 S
#200 Draper

Meeting Updates:

Millcreek Women's Meeting Wednesdays @Krishna
Temple of Salt Lake City is now @6:30

Goodfellas Wednesday @ 8:00pm @ Cutthroat
Barber Shop: 2851 S Redwood Road, SLC; BB & 12 x
12. *This meeting now ends at 9:00 instead of 9:15.*

Gay Men Stagg Big Book Study Mondays @7pm
(NOT 8) at the Utah Pride Center: 255 E 400 S in Salt
Lake

Cancelled Meetings:

Friends of Bill W Saturdays @9am @Alano Club:
5056 S 300 W in Murray

Sunday Night AA Sundays @ 6:30 pm @ Fit to
Recover: 789 W 1390 S, SLC.

7:30 Round Table Thursdays @7:30 @ Mt Tabor
Lutheran: 175 S 700 E

Central Office AA Founder's Day Breakfast

Where: Fairmont Park North Pavilion

1040 E. Sugarmon Drive (2225 S.)

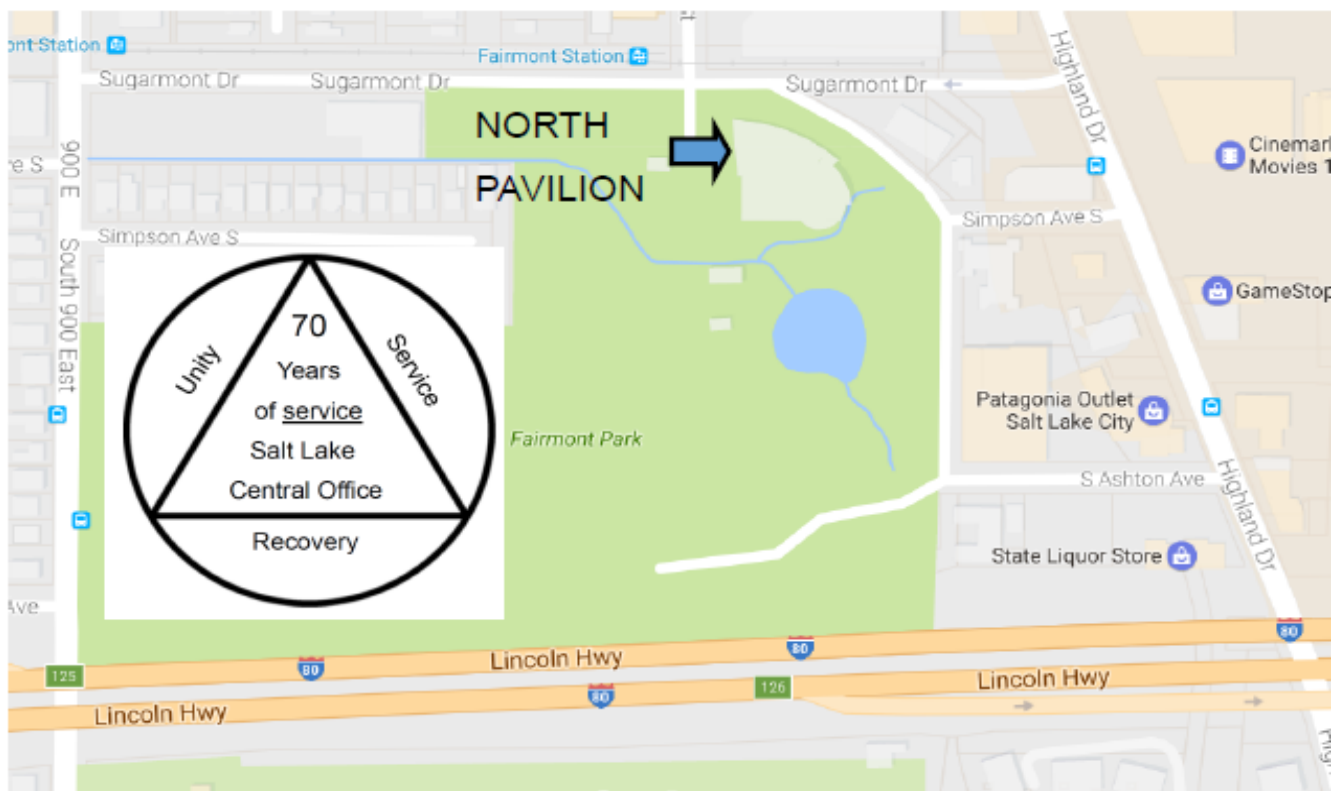
When: Sunday, June 11, 2017

Time: 10:30 AM - 1:30 PM

Central Office will provide an egg breakfast.

Please bring a breakfast side dish to share.

Questions? Call
Central Office
of Salt Lake
801-484-7871



Those Catchy AA Slogans

I was leaving a meeting the other day and asked a friend "Will I see you tomorrow?" He replied, "God willing." A little irritated, I said "Are you gonna be here or not? God is always willing". Then, I had that ahha moment: *what are other alcoholics favorite and not so favorite catchy AA slogans? ?*

My first interview took place at 6:30 am service with a smile, this gentlemen pointed out that there are only three actual AA slogans which can be found on page 135 of the Big Book: First Things First, Live and Let Live, and Easy Does It.

His favorite slogan was "*Live and Let Live*" because, "I can let *non-alcoholics* live their lives and I can live mine. My interaction with other *alcoholics* is similar—just because I have to work a rigorous, honest program for my alcoholism doesn't mean another alcoholic does. I can let them do what they need to do and not let that affect my serenity."

I asked "How long did it take to get to the point of live and let live?"

"Probably like 15-18 years - it used to be the worst, I used to hate it. It took a long time for it to sink in, a lot of work, agony, meetings and reading literature until i found out what AA was and what AA wasn't" he replied.

Onto his least favorite slogan, "It's no where in any AA literature but somehow it made into the rooms. I have heard over the last 15 years or so, big in South Florida, Atlanta, and even a few times here in Park City. "Meeting Makers Make It". He seemed disgusted: "I just think its a big dis-service to AA. My experience has been that meeting makers just make meetings. I just don't like that little saying at all."

I asked when you say dis- service what do you mean he replied " When people come to AA they

are searching for an answer they're desperate; there needs to be a sense of urgency. The "meeting makers make it" phrase kinda just falls on deaf ears and that moment of clarity can pass by. Bill Wilson said " Our chief responsibility was an appropriate definition of the program of AA to the newcomer".

My second interview also took place at 6:30 am service with a smile. I asked a friend her favorite AA slogan and she replied " Let Go and Let God because when I think that I am in control or when I think that I have the answers, it has only gotten me into trouble .This saying reels me back in. I went out after 10 years of sobriety . I couldn't let go of stuff, I took charge, and eventually I drank . When I remember to *let go and let god*, it's so much easier! As soon as I say I've got this, there's a problem . Learning to *let go and let god* at the right time is a process; *Progress not Perfection*.

My least favorite AA slogan was KISS. She said "A long time ago a old codger said to me 'just kiss' and I was like yuck! Then he explained to me what it meant , "Keep It Simple Stupid". Then of course I was resentful that he would call me stupid , but that was my ego. It was good for me to hear. I needed to learn every day that sometimes I can have an attitude—I'm not stupid, but I do stupid things. This is what it is and this is the reality: keep it simple, stay in the moment . I like it now, but it was a hard one for me at the time.

It's been a real honor to sit down with these two friends and share stories of sobriety together. It takes a lot of courage to do what we do...life is definitely better than it was!

Your Humble Trustee , Evan

Step Four ...Continued from page 1

fourth step was almost honest and complete, just as I was almost sober when abstaining from alcohol but continuing to abuse pain pills. There were a couple items that I wasn't willing to disclose at that time. I've since talked about them with my current sponsor, who to my satisfaction declared me "one of the sick ones who has to work this program harder than others".

My fourth steps have been divided into four sections. First was my grudge list; those people, principles, and institutions with which I had resentments. I took perverse delight in taking other's inventories, and have dozens of pages of people whom I was burned up against. I was taught that there were only two people who had to be on my resentment list. The first person on my resentment list was me. The second was God. The former was easy. I had more resentment towards myself than any other person on my list. The latter was more difficult. I hadn't spent much time lately thinking why I resented God, but upon closer inspection, with guidance from my sponsor, I realized I had plenty that I blamed and resented God for. God didn't give me this, God took that away from me, God made me bald! I've since learned God isn't Santa Claus and has given me more than I need in this life to be happy. I believe if I had always gotten what I wanted, I'd be dead.

After listing my resentments towards everyone and thing, I listed what was affected. Was it my finances, romances, pride, ambition, or personal relations? And then I looked at my part in it. I can't recall a single resentment where I didn't play a part in it, although I would still rather look at somebody else's part in it, which tells me I don't do this step often enough.

I then listed my fears, and realized that fear had been the predominant emotion behind most of my actions and emotions throughout my entire life. It compelled me to lie, cheat, still, harm, and violate everyone I came in contact with, subtly or overtly. I realized my laziness, lying, manipulation and selfishness were all forms of fear. I didn't even know what anxiety (fear of the future, real or imagined) was until I came into Alcoholics Anonymous, but as I listened to people share about it, I realized that was what I had felt for as long as I can remember. I now try and practice living in the present moment (I'm not good at this yet) rather than dwelling on tomorrow, which is the root of my anxiety, and living in the past, which is the root of my resentment. AA has given me the tools to do this.

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Finally on my list was my sexual relationships. I'm fortunate that my list wasn't as long as some people I know, as women were one of my fears. Every now and then my desires would conquer my fears and I'd find myself involved (usually briefly) in a relationship; then catastrophe commenced. My jealousy, dishonesty, and selfishness lead to a relationship bottom that prompted me to complete the twelve steps. Pain humbled me to ask another man to be my sponsor at 2 yrs and I soon realized that I was entirely incapable of having a healthy relationship with the skills that I brought to AA. Today, I am slowly developing the tools to one day have a happy, loving and successful relationship with a healthy partner.

In truth, step 4 should be continued for a lifetime, as more is discovered the more I work at my recovery. I know now that my demoralizing behaviors were desperate attempts for power, security, acceptance, and love; natural desires taken to ugly extremes. My fourth steps have mostly uncovered the negative about me, but there is an abundance of good in me as well. I have an amazing capacity for love and kindness, and have always had this. It is God given, and explains why I was in so much pain earlier in life. I ignored the quiet urgings of my soul, my conscience, and God, and instead would heed the screaming desires of my disease. The remaining steps have helped me to be more of the person I've always wanted to be, to seek God's will, and to see myself and others in a new light, when I work them. I am very grateful for Alcoholics Anonymous in helping me to grow into the man God wants me to be.

Patrick R



UPCOMING EVENTS:

APRIL 2017

Pre Conference Assembly hosted by District 5: April 7-9 in Price, UT

<http://www.utahaa.org/flyers/2017/preconf2017.pdf>

30th IAAMC (International AA Men's Conference): April 21-23 in St Louis MI

spymano787@gmail.com

AA General Service Conference: April 22-28 in New York, NY

MAY 2017

Post Conference Assembly Hosted by District 1: May 19-21 @The Comfort Suites in Ogden

<http://www.utahaa.org/flyers/2017/postconf2017.pdf>

JUNE 2017

Bridging the Gap Workshop hosted by District 11: June 10th in Layton

Central Office AA Founder's Day Breakfast: Sunday June 11th @Fairmont Park—North Pavilion: 1040 E. Sugarmont Drive from 10:30am-1:30pm

AUGUST 2017

Central Office Picnic: Sunday August 6 @ Murray Park Pavilion No 5 from 11am-4pm

Pre-Assembly Workshop hosted by District 10: August 19-20 Location TBD

SEPTEMBER 2017

27th Annual International Bridging the Gap Workshop: Sept 8-10 at the Hilton Minneapolis in Bloomington, MN

<http://www.btgwww.org/files/flyers/2017flyer.pdf>

From Your Chair....March 2017 ...Continued from page 1

vacated by Sharon's resignation. Thank you all for your dedication and commitment to not only the Fellowship of Alcoholics Anonymous, but to our local Central Office. An amazing part of the reason the doors are open and the hot line is staffed is because of the countless volunteers that either dedicate time to answering the phones after hours or are able to come in to the office during business hours. You are all so very appreciated. It's also been a pleasure to see the passion and dedication that the various Committee Chairs and their committees have shown over the past few months. Thank you all so much.

It has also been heartwarming to see so many Central Office Reps attending the monthly meetings! You are the link between your group and your Central Office. Thank

you all for being the vehicle that carries the message between us, it's a vital service for both parties! Central Office serves over 350 meetings in the Greater Salt Lake area. I would like to echo our current Outreach Committee chair's sentiment, "I hope we have to start renting a bigger meeting hall just for the CO Rep's meeting."

You are all an amazing part of my extended family. Thank you all so much for the opportunity you've given me to participate in this amazing adventure!

In the Fellowship of the Spirit, Doug R.
Chair of the Board of Directors
board@saltlakeaa.org

Central Office Representatives Meeting Minutes 3.14.17



6:00 – 6:30 New COR Welcome Orientation (Co-Chair: Gina)

6:30 – 6:45 Reports Board of Directors

Chair: Doug R – Welcome, Statement of Purpose, Intro of New Reps: Tesha U - Tooele Beginners; Chris L. - Salt Lake Group; Patrick M - Spiritual Quest; Maxfield W - South Enders. Recommend that each committee chair type up a brief report about what your committee does and is doing.

Co-Chair: Gina F (Newsletter) – Service Orientation meeting - Had an attendee - JB. All are welcome to attend at 6:00 before the COR meeting. Please make sure you sign in on the roster and write legibly

Secretary: Michelle Z (Activities & Bylaws) – Contact list of CO board/committee chairs updated with saltlakeaa.org address. Please make sure you are using/checking it on a regular basis.

Treasurer: Lorraine R (Volunteers) – Financial report

Trustee: Kevin D (Bylaws) – Nothing new to report. Plans to work with Linda on By Laws and Nick with Outreach

Trustee: Bob C (Liaison for district 2) - Attended the District 2 meeting

Trustee: Evan J (Newsletter) – Working on another article for the Lifeline - The Pros and Cons of all the cliché AA sayings.

Alt Trustee: Bob G (Corrections) – Nothing to report

Alt Trustee: OPEN

6:45 – 7:25 Reports Committee Chairs

Activities: Suzy L – Nothing new to report. Doug suggested looking into reserving pavilion 5 at Murray Park for the August event

Archives: Laura - Reviewed prepared report. Bob helping with the contacting some suppliers for the binders for the Grapevines. We might be able to share a large order with other AA Central Offices: Park City, Provo, Ogden, etc. Waiting until Spring weather to get some lovely photos of the Alano Club and Center Office.

By-Laws: Linda B – Currently working on reviewing the ByLaws
Coins: Mike O. Not Present - Jim read a prepared report that all coins are in stock and new stock has been ordered.

Cooperation with Professionals: Charlie B – Not Present - Has been out ill

Corrections: Dan B – Need help carrying the message in the jails - applications are in the front office on the wall.

Hotline: John J – Hotline is running well. There is an odd anomaly from time to time - However the calls always get returned in a timely manner.

Literature Chair: Charlie T – Pamphlet of the month How AA Members Cooperate with Professionals - Cooperation, But not

Affiliation. (last revised 1994) This pamphlet could be a great resource and tool for the Cooperating with Professional Committee. Most Pamphlets are .20 per each and are published through AA World services. We also have discounted Spanish Literature still available.

Newsletter Chair: Wendy P – Not Present. Lorraine reported for Wendy: We have a 1 month trial of the cloud based editing software for the Newsletter and Wendy is trying it out to see if it is worth the investment.

Outreach Chair: Nick R – Reviewed prepared report. Still looking for 4-5 more committee members. The folders and documents are in the works (ordered) for the committee members to take to the AA meetings that do not participate at or in Central Office to show them who we are and how we can help them.

Public Information: Melissa - Not Present. Doug reported that she is in contact with several local radio stations for running PSA
Tech Committee: Jonathan H: Everything is going well. Linda and Laura expressed need for setting up the saltlakeaa.org email and getting it up and going.

Treatment: OPEN: Gina mentioned Sandy would be happy to discuss the role she had as the committee chair prior to Tim. Please email Gina at cochair@saltlakeaa.org if you don't already have Sandy's number & Gina will help you contact her.

12th Step Committee: Mike S - Not Present, will be advised to seek out a co-chair when Mike is not able to attend.

Volunteer: Jim C – Reviewed prepared report. One volunteer had to step down, however 5 more volunteers stepped up. Reminded all COR's to stop in Central Office if you can any time - for a half hour, hour, half day... just come see what it's about. We usually have a good group of people and have a meeting too.

Web-servant: Doug R – Website is running smoothly. Nearly 7200 hit last month - and 70% of those were new users. More than 90% are accessing the meeting schedule. Please make sure to direct any meeting changes to the website: More about Alcoholism, then the tab - Central Office Operations.

7:25 – 7:30 Old Business

Election of Treatment Chair & 1 - Alt Trustee (Qualifications and Duties will be read for each position)

*Next Central Office Board meeting will
be held on Tuesday April 11th, 2017*

February 2017 Central Office Financial Summary



Income Statement

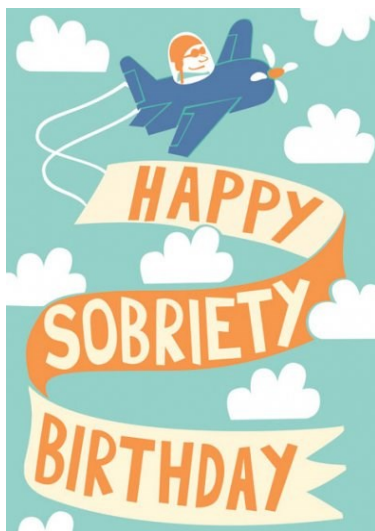
	<u>2017</u>	<u>2016</u>
Revenue		
Group Contributions	\$ 3,257.94	\$ 3,778.01
Copy/Newsletter donations	\$ 279.81	\$ 15.25
Individual Contributions	\$ 17.05	\$ 28.81
Sales - Literature	\$ 6,187.74	\$ 6,361.89
Sales - Coins	\$ 2,105.85	\$ 2,080.50
Interest Income	\$ -	
Total Revenue:	\$ 11,848.39	\$ 12,264.46
COGS - Literature	\$ 6,085.38	\$ 6,321.81
COGS - Coins	\$ 1,134.39	\$ 1,104.26
Total COGS	\$ 7,219.77	\$ 7,426.07
Gross Profit	\$ 4,628.62	\$ 4,838.39
Operating Expenses	\$ 3,819.80	\$ 3,632.30
Other Expenses:	\$ -	
Total Expenses	\$ 3,819.80	\$ 3,632.30
Net Income:	\$ 808.82	\$ 1,206.09

Bank Accounts

Checking & Petty Cash	\$ 31,351.81	\$ 14,065.58
Accounts Payable Due	\$ (18,431.35)	\$ -
Money Market - PR	\$ 24,190.39	\$ 24,156.91
Total	\$ 37,110.85	\$ 38,222.49

PLEASE NOTE THAT ACCORDING TO THE CENTRAL OFFICE BYLAWS IT IS REQUIRED TO HAVE 6 MONTHS OVERHEAD IN THE PRUDENT RESERVE. AVERAGE MONTHLY COSTS ARE \$4,000 PER MONTH, \$24,000 FOR 6 MONTHS.

A DETAIL OF GROUP CONTRIBUTIONS IS AVAILABLE AND WILL BE HANDED OUT QUARTERLY



Please send all sobriety milestones to :
lifeline@saltlakeaa.org by the 15th of each month for
 publication in the following month's LifeLine.

HOOR OF HOPE
WASATCH FACILITY
UTAH STATE PRISON

Edgar 6 yrs

NOMADIC LUNCH

Tammy T	30 days
Dino	60 days
Portia B	6 yrs
Allen	1 yr
Jeff F	7 yrs
John N	7 yrs
Bill	11 yrs
Debbie C	13 yrs
Kelly M	15 yrs
Jonnie S	24 yrs
Rusty J	25 yrs

SPEAK EASY LADIES

Betsy M	24 yrs
Carrie H	8 yrs
Donnie D	29 yrs
Jennifer K	4 yrs
Lindsay F	6 yrs
Tonya H	4 yrs

90TH & 32ND

Steven S	1 yr
Michelle Z	3 yrs
Tom F	16 yrs
Larry G	19 yrs

HOME GROUPS REPRESENTED AT MARCH 2017 CENTRAL OFFICE REP MEETING

- | | | |
|-------------------------------|-----------------------------------|-------------------------|
| • A Vision for You | • Red Eye | • Spiritual Quest |
| • Magna Friendly | • Murray Group | • SOTS |
| • 5:15 Happy Hour | • Bountiful Community Tuesday | • Nutbuckets |
| • South Jordan Big Book Study | • 90th & 32nd at 6:00 | • Happy Destiny |
| • Big Book Twelve & Twelve | • Midvale Lunch Bunch | • Bountiful Men's Group |
| • Draper Group | • Happy Destiny | • Primary Purpose |
| • Tooele Beginners | • Hillcrest | • By the Book |
| • Come Around Group | • Greater Kearns Group | • Friendship @ 10 a.m. |
| • Stonewall | • Grapevine | • Hot Topic |
| • Sharing & Caring | • 10th Step Group | • We Care Group |
| • Basic Young People | • Acceptance Group | • South Enders |
| • Nomadic Lunch | • 5:30 Non Smoking Sobriety Group | • Wake Up Call |
| • An A.A. Group | • Sunday Morning Breakfast | • South Davis Group |
| • Salt Lake Group | • Friday Night Young & Alive @ | • Rose Park Recovery |
| • Welcome Home | Alano Club | |

Central Office Picnic

Sunday, August 6th

11:00 AM - 4:00 PM

Murray Park Pavilion #5



*Little Cottonwood Creek
at Murray Park*

Central Office will supply hot dogs,
hamburgers & veggie burgers
Bring your family and a side dish to share with
the group and your own beverage
Questions: Call Central Office
801-484-7871

Central Office of Salt Lake Incorporated
80 West Louise Avenue
Salt Lake City, Utah 84115

NON-PROFIT
ORGANIZATION
U.S. Postage

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Permit No. 1970
Salt Lake City, UT

Electronic Service Requested



Your Donation Is Appreciated!

If you would like to receive LIFELINE through the mail, please fill out this form and send it to:

Central Office of Salt Lake Inc
80 West Louise Ave
Salt Lake City, UT 84115

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Amount donated: \$3.00 \$5.00 \$10.00 Other \$ _____

