

NOVEMBER 2016

## THE LIFELINE



### Group Inventory in Action

The only thing an alcoholic may find more boring than a group business meeting is reading about a group business meeting. With that in mind, I will try to make this as painless as possible and stick to my experience and the experiences of the groups I have belong to.

During my first years of sobriety, I could have cared less about how my group was functioning. I just wanted to stay sober and I was glad that my sponsor and the group were there. Then, after a couple of years I became more interested in what was going on in my group. It was then that I realized that my group had its own shortcomings just like an alcoholic.

After switching groups around 4 years sober, I got involved with a group that was conducting regular business meetings and group inventories. Once a quarter, they would hold a group inventory and ask the group inventory questions from the pamphlet "The AA Group ... Where it All Begins". The pamphlet suggests holding group inventories and periodically asking questions such as "What is the basic purpose of our group?" and "Do new members stick with us or does the turnover seem excessive?"

I found these group inventories to be a little boring, yes but also comforting. It was nice to know that there was a place for our group to explore our short-

*Continued on page 6*

### In This Issue

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### "Step 3"

Step #3...my experience with step 3 goes something like this, there is a God (HP) and its not me - Never has been! I might have believed it once or twice but today I'm convinced it is in no way shape or form me! I've been sober for 31 years and believe me I have spent mucho time in what my sponsor calls "Spiritual Wilderness" where I had no feeling of my God's presence.... a very lonely - dark kinda place!

Today I know that my God never leaves me, it's my defects that separate me from God, you and eventually myself.

OK....This is not to everyone's liking but has worked fabulously for me! My sponsor told me that in the 3rd step we enter into a partnership with our higher power. That God has his (or Her) responsibilities and I have mine! Also that God is ALWAYS bringing it! The rub is me! See its easy for me when things are going well to feel grateful, participate in recovery, etc. It's when my defects - yes they have been greatly reduced over the years but they still can raise their ugly head - arise that I can have problems participating in my partnership. Fear - self pity - anger... Those self absorbing traits that still lay deep inside can take me out of a shared experience with my God, then I'm back to that very lonely - dark kinda place. I find through practice, prayer and sharing that this gets better.

I have a routine that I am getting really good at in the morning of consciously communicating with God about the days events about to unfold. I ask to be relieved "Of The Bondage of Self", that I live this day according to what He would have me do! I ask for help with accepting what transpires today, that its all happening just the way it's supposed to. Even if I don't like it! That I am loved beyond my mortal thinking by that same God. A wise man in AA once said "It's in the constant seeking" that life changes for the better.

-Gregory

## Central Office of Salt Lake City

**(801) 484-7871**

80 West Louise Avenue (2850 S.)  
Salt Lake City Utah 84115-2860

### Hours of Operation

Monday-Friday  
10am to 5pm  
Saturday 10am to 2pm

**Call for Holiday Hours**

## Central Office Board of Trustees

[board@saltlakeaa.org](mailto:board@saltlakeaa.org)

**Chair — Nick R**

**Co-Chair — Doug R**

**Secretary — Gina F**

**Treasurer — Lorraine R**

**Trustee — OPEN**

**Trustee — Sharon G**

**Alt Trustee— OPEN**

**Alt Trustee— Bob C**

## Central Office Standing Committees

**Activities — Joel R**

[activities@saltlakeaa.org](mailto:activities@saltlakeaa.org)

**Archives — Josh D**

[archives@saltlakeaa.org](mailto:archives@saltlakeaa.org)

**By-laws — OPEN**

**Coins — Sandy A**

**Cooperation with the Professional  
Community — Charlie B**

[cpc@saltlakeaa.org](mailto:cpc@saltlakeaa.org)

**Corrections — Dan B**

[corrections@saltlakeaa.org](mailto:corrections@saltlakeaa.org)

**Hotline Telephone — John J**

[hotline@saltlakeaa.org](mailto:hotline@saltlakeaa.org)

**Literature — Charlie T**

[literature@saltlakeaa.org](mailto:literature@saltlakeaa.org)

**Lifeline Newsletter — Wendy P**

[lifeline@saltlakeaa.org](mailto:lifeline@saltlakeaa.org)

**Outreach — Sharon G**

[outreach@saltlakeaa.org](mailto:outreach@saltlakeaa.org)

**Public Information - Beverly A**

[pi@saltlakeaa.org](mailto:pi@saltlakeaa.org)

**Technical Support — Shayne F**

[it@saltlakeaa.org](mailto:it@saltlakeaa.org)

**Treatment— Sandy B**

[ctf@saltlakeaa.org](mailto:ctf@saltlakeaa.org)

**Twelfth Step — Tim E**

[12step@saltlakeaa.org](mailto:12step@saltlakeaa.org)

**Volunteer — Jim C**

[volunteer@saltlakeaa.org](mailto:volunteer@saltlakeaa.org)

**Website — Doug R**

## PAMPHLET OF THE MONTH:



“Most present members of Alcoholics Anonymous owe their sobriety to the fact that someone else took a special interest in them and was willing to share a great gift with them.

Sponsorship is merely another way of describing the continuing special interest of a seasoned member that can mean so much to a newcomer turning to A.A. for help.

Individuals and groups cannot afford to lose sight of the importance of sponsorship, the importance of taking a special interest in a confused alcoholic who wants to stop drinking. Experience shows clearly that the members getting the most out of the A.A. program, and the groups doing the best job of carrying the A.A. message to still suffering alcoholics, are those for whom sponsorship is too important to be left to chance.

By these members and groups, sponsorship responsibilities are welcomed and accepted as opportunities to enrich personal A.A. experience and to deepen the satisfactions that come from working with others.”

[http://www.aa.org/assets/en\\_US/p-15\\_Q&AonSpon.pdf](http://www.aa.org/assets/en_US/p-15_Q&AonSpon.pdf)

## 7th Tradition Contribution Addresses

### A.A. World Services

Box 459 Grand Central  
Station

New York, NY 10163

<https://ctb.aaws.org/Login.aspx>

### Salt Lake Central Office

80 West Louise Ave.

Salt Lake City, UT 84115

### Area 69 Treasurer

PO Box 286

Hyde Park, UT 84318

[http://utah.aa.org/  
contributions.php](http://utah.aa.org/contributions.php)

### District 2 Treasurer

PO Box 615

Salt Lake City, UT 84110

### District 10 Treasurer

PO Box 57271

Murray, UT 84157

### District 11 Treasurer

1157 Shannon Avenue

Farmington, Utah 84025

“We Are Fully Self Supporting through Our  
Own Contributions.”

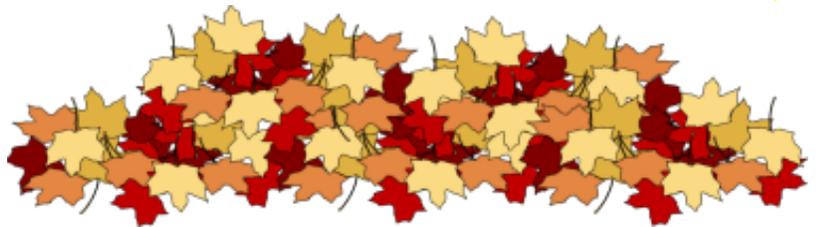
**SALT LAKE CENTRAL OFFICE**  
**Statement of Purpose**

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

1. To carry the A.A. message and help those individuals who suffer from alcoholism
2. To maintain a 24-hour Twelve-Step phone list, and to answer phone inquiries as needed
3. To provide an A.A. listing in appropriate public sources
4. To function as a clearing house for the circulation and exchange of information among all of the A.A. Groups in the area
5. To compile, update and print meeting lists and other information about local A.A. services
6. To maintain A.A. approved literature for sale to members and the public
7. To print and distribute a newsletter
8. To be available to those in the community seeking information about alcoholism and A.A.
9. To maintain contact, refer inquiries and cooperate with General Service Committees and local groups
10. To arrange, delegate, or manage the details of all Central Office events or any other functions approved by the CO Committee
11. Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.
12. Such other activities that are consistent with the principles of the Twelve Traditions

***Without Unity, the  
heart of A.A.  
would cease to  
beat;...***

**-AS BILL SEES IT, P. 25**



## **UPCOMING EVENTS:**

### **NOVEMBER 2016**

**November 24-27: 50th ANNUAL LAS VEGAS ROUND UP** in Las Vegas, NV.  
Visit [www.lasvegasroundup.org](http://www.lasvegasroundup.org) for more information and to register.

### **DECEMBER 2016**

**December 8-11: STATELINE RETREAT** at the Tuscany Hotel and Casino in Las Vegas.  
Visit <http://www.statelineretreat.org> for more information and to register.

# COMMITTEE CHAIR ELECTIONS



## *Get involved with SLC Central Office: A Whole New Level of Service*

### **December Elections:**

At the December CO Committee meeting on **December 13, 2016** all of the Standing Committee Chairs will be elected to take office in January of the following year.

- All Standing Committee Chairs shall serve a two year term.
- All Standing Committee Chairs shall have two years of continuous sobriety.
- All Standing Committee Chairs shall have one vote at the CO Committee meeting.
- To insure communication and proper action, a member of the Board of Trustees will be assigned to serve as liaison to all active Standing and ad hoc Committees, request progress and information reports and assist in all of the Standing and ad hoc Committee's affairs.
- Standing and ad hoc Committee members may be volunteers, appointed by the Board of Trustees.
- Each Standing Committee shall be required to maintain current procedural guidelines for its functions. All guidelines need approval of the Board of Trustees and will be on file at the Central Office.
- Each Standing Committee shall submit an annual committee budget to the Treasurer before the October CO Committee for inclusion in the annual CO budget report.
- Each Standing Committee Chair may attend the monthly Board of Trustees meeting and shall attend the monthly CO Committee meeting and shall present a report of the previous month's activities to the Board of CO Committee.

### **Committee Meetings**

- Meetings of the Standing and ad hoc Committees may be held at such time and place as may be determined by a majority of such committee, by the Chairperson, or by the Board of Trustees.
- Notice of meetings shall be given to each Standing and ad hoc Committee's members at least five (5) working days in advance of the meeting unless all members agree to a shorter notification. A majority of such committee's membership shall constitute a quorum.
- Any Standing or ad hoc Committee decision shall be made by a majority of those in attendance to vote on any matter within the scope of such committee's responsibility.

### **Standing Committees**

#### *Hotline Telephone Committee:*

The Hotline Telephone Committee's purpose is to ensure individuals or A.A. members looking for information or specific help are assisted by an A.A. member in a timely and personal manner. The committee is responsible to recruit individuals and groups willing to answer the phone during closed office hours. Maintains a calendar of committed members and groups for publication in the Newsletter, on the Website and for office reference. Establish and maintain an information packet to assist groups and individuals answering the phones.

#### *Twelfth Step Committee*

The Twelfth Step Committee's primary function is to have willing A.A. members available to respond to requests for help. All participating groups will identify their Twelfth Step Coordinator and submit names and contact information to the Twelfth Step Committee. Central Office refers all requests for visits to the Twelfth Step Committee. The Committee contacts Twelfth Step Coordinators and/or members from the participating groups. In addition, the Twelfth Step Committee will inform members and groups of this service opportunity.

#### *Activities Committee*

The Activities Committee is responsible to plan, organize and implement all fellowship activities in an effort to provide opportunities for area groups to gather. The annual picnic, spring event and other events as needed are among the committee's responsibilities.

#### *Newsletter Committee*

The Newsletter Committee creates and distributes a monthly newsletter containing information such as, calendar of events, group news, member's writings, Central Office financial information, Board of Trustees and CO Committee meeting minutes and other information relevant to the members and groups served by Central Office.

#### *Outreach Committee*

The Outreach Committee maintains contact with A.A. groups in the SLC Metro Area in order to inform the groups of Central Office's function of service to the groups, to promote general cooperation between Central Office and individual A.A. groups, to strengthen and encourage effective individual participation in service to alcoholics and A.A., and to maintain and update Central Office records.

#### *Website Committee*

The Website Committee's general purpose is to create and maintain Central Office's website for members and individuals seeking information about A.A. The website will include an accurate meeting schedule by all areas served by Central Office as well as current news and events.

#### *By-Laws Committee*

The By-Laws Committee reviews, updates and recommends changes as needed to these By-Laws for approval by the CO Committee.

#### *Volunteer Committee*

The volunteer Committee recruits and posts opportunities for service at Central Office with the intent that the routine work, services and activities of Central Office be carried out through the voluntary services of A.A. members. The Volunteer Committee shall keep an up-to-date list of CO Reps and their Groups or meetings, and shall carry out such other functions as directed by the Board of Trustees or CO Committee.

#### *Literature Committee*

The literature committee's general purpose is to maintain Central Office's supply of literature and other materials available from Alcoholic's Anonymous World Services, Inc. and The AA Grapevine, Inc. The Literature Committee's duties include: 1) provide a biannual physical inventory of books and materials, quantity and purchased dollar value. 2) submit request for purchases to the Treasurer for purchases above pre-approved limit (\$5,000 per month). 3) order materials as needed.

#### *Archives Committee*

The Archive Committee will be entrusted with the safe keeping, organization, assembly and storage of all Central Office records as directed by the Board of Trustees and C.O. Committee.

#### *Public Information Committee*

The Public Information Committee will function in cooperation with the similar committees in Districts 2, 10 and 11 and Area 69. The Committee, in carrying out its duties, will refer to the GSO A.A. Guidelines and Kit for direction and guidance.

#### *Treatment Facilities Committee*

The Treatment Facilities Committee will function in cooperation with the similar committees in Districts 2, 10 and 11 and Area 69. The Committee, in carrying out its duties, will refer to the GSO A.A. Guidelines and Kit for direction and guidance.

#### *Corrections Committee*

The Corrections Committee will function in cooperation with the similar committees in Districts 2, 10 and 11 and Area 69. The Committee, in carrying out its duties, will refer to the GSO A.A. Guidelines and Kit for direction and guidance.

#### *Cooperation with Professionals Committee*

The Cooperation with Professionals Committee will function in cooperation with the similar committees in Districts 2, 10 and 11 and Area 69. The Committee, in carrying out its duties, will refer to the GSO A.A. Guidelines and Kit for direction and guidance.

## Group Inventory in Action ...Continued from page 1

comings together. If I don't continue to take a personal inventory, my defects are not going to do away. And the same is for the group.

Of course, now I had found the "right way" to hold business meetings and how to conduct a group. I moved to a couple of different states over the next few years and I learned that groups that had been around for 10 - 20 years were not so interested in learning about the "right way" to do Alcoholics Anonymous. There were a few painful business meetings where I voiced my minority opinion with self righteous fervor. Luckily, most of the other members just listed patiently.

As I learned I could not completely change a homegroup, I could positively influence by acting in a positive way and voicing my opinion when appropriate. I also learned that I did not need to change every group I belonged to. I also learned that if I did not really like the group, I could always change homegroups.

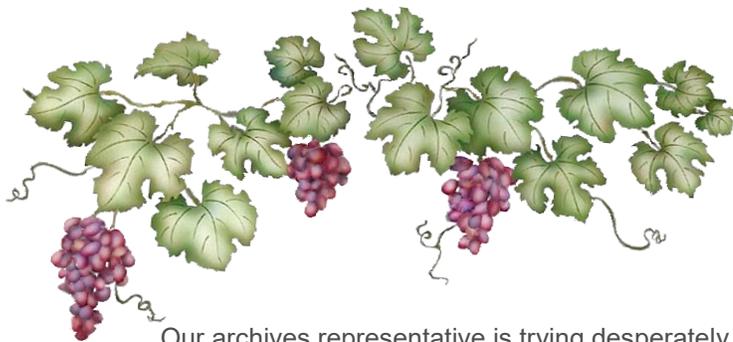
Today, I am part of a homegroup that also has regular business meetings. We have business meetings once a month where we elect for coffee, greater, set-up, and take-down positions. And then once a quarter, we meet at a members house to go over our group inventory. We typically make it a fellowship event that last for about 2 hours. The first hour is spent socializing and eating. And then the second hour we have the meeting.

During the first half hour of the meeting, we go over minutes from the last group conscious meeting and any group business. And then for about 20 minutes we will ask the questions from the AA Group pamphlet or from The Traditions Checklist from the AA Grapevine. It is an open group format and everyone is encouraged to participate. It is the chair-person's responsibility to keep the meeting on topic. We have recently transitioned to using the Traditions Checklist from the AA Grapevine and only going over one tradition at a time.

In this way, our group as a channel for members to voice their frustrations and hopes for the group. It is also a great way for the group to reflect how we are doing on meeting the checklist.

That is the way my group does it today. I did not invent this system. I am just lucky enough to be a part of it. And I am also luck enough to remember most of the time that this is not the only right way to conduct a group business meeting and inventory

- Mark



*Are you a Grapevine Hoarder?*

*(we hope so!)*

Our archives representative is trying desperately to fill in the gaps! If you have any of the issues listed below, please reach out to Josh at [archives@saltlakeaa.org](mailto:archives@saltlakeaa.org)

1953 Jan Feb Mar Apr May June July Aug  
Sept Dec

1954 May Nov Dec

1955 Jan Apr

1956 Jan

1957 Apr June July Sept Oct Nov Dec

1958 Jan Mar Apr May June July Aug

1959 Feb Apr June Aug Oct

1960 May June July Nov Dec

1961 All 12 months needed

1962 Nov

1963 Nov

1964 Feb Apr Oct

1965 May June July Aug Oct Nov

1966 June July Oct Dec

1967 July Oct

1968 Mar June July Oct Nov Dec

1969 All 12 months needed

1970 July Nov

1980 Dec

1991 **Complete!**

2000 Feb Apr May June July Dec

2001 Feb Mar Nov Dec

2004 May

2010 Mar

2011 Jan Feb Aug Sept

# Central Office Representatives Meeting Minutes 10.11.16

- Chair: Nick R – Welcome, introduction of new COR's: Frank-We Care Group, Amanda-New Ways Group, Mike 5:15 Happy Hour, Beverly-Saturday Morning Sots
- Co-Chair: Doug R – month has been busy, contact request for info, volunteers to answer hotline, he'll find out should be contacted for help, reminder to update meeting changes on the web. Reported 7,320 hit on website for the month of which 43% were new and 72% connected through their mobiles.
- Secretary: Gina F – Excused
- Treasurer: Lorraine R – Went over Financial Report
- Trustee: OPEN
- Trustee: Sharon G – nothing new to report
- Alt Trustee: OPEN
- Alt Trustee: Bob C – Serves as Friday Volunteer Coordinator, Group is registered with AA World Services. Reminder when mailing in group contributions to include the proper group name and number. He will update point of sale data base when necessary
- Activities Chair: Joel R – Emphasized FREE Chili Cook-off. Volunteers needed to arrive at 4:30 for set-up, doors open at 6:30. Judges and Entertainment to be determined. Suggested that attendees please bring side dishes and desserts to share.
- Archives: Josh D – Everything is good. Still looking for some Grapevines. Is putting together a new list for publication in the Lifeline newsletter. Nick suggested that a request be made of the jails to see if they might have any missing dates in their collection.
- By-Laws: OPEN
- Coins: Sandy A – Jim reported that Sandy is gone for the month.
- Cooperation with Professionals: Charlie B – In contact with state Agency w/Mental Health to get AA info out
- Corrections Chair: Dan B – Did not attend
- Hotline Chair: John J - Running great. Clearing out emails.
- Literature Chair: Charlie T – Plenty of Literature, pamphlet of the month is Questions and Answers on Sponsorship.
- Newsletter Chair: Wendy P – Needs groups to report birthdays by the 15<sup>th</sup> of each month, needs articles so see her after the meeting
- Outreach Chair: Sharon G – Needs volunteers to help with the Chili Cook-Off, call Central Office to sign up. Outreach kick-off is Friday night, November 18<sup>th</sup> Pizza party, Location to be determined.
- Public Information: Beverly A – LDS Hospital is taking accepting AA literature, has refilled info at the Homeless Shelter.
- Tech Committee Chair: Shayne F – Excused
- Treatment Chair: Sandy Barlow – District 2 & 10 now have chairs, still need a chair for District 11. Committee meeting is on Tuesday, October 18, 6:30 at Central Office.
- 12th Step Committee Chair: Tim E – Volunteer list is current. Members can sign up on the website. He is emailing that list to all Board and Committee Chairs
- Volunteer Chair: Jim C – Attended a CPC conference and learned about providing Grapevines to doctor's offices. Suggested members check with their medical providers. Invited all members to come and check out Central Office, and opportunities to volunteer.
- Website Chair: Doug R – Reminder that meeting changes can be updated on the web. Reported 7,320 hits on website for the month of which 43% were new and 72% connected through their mobiles
- Rotations for November:**
- According to our By-Laws, the following positions are always voted on during the even years in November:**
- Board Chair, Board Co-Chair, 2 Trustees and 1 Alt Trustee.**
- Those currently filling these posts, and qualify to stand again, may do so at this time.**
- Rotations for December:**
- According to our By-Laws, the following positions are always voted on during the even years in December:**
- Committee Chairs.**
- Those currently filling these posts, and qualify to stand again, may do so at this time.**

Next Central Office Board meeting will be held on Tuesday November 8, 2016

# September 2016 Central Office Financial Summary



## Income Statement

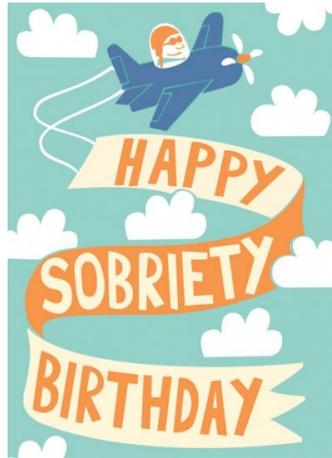
	<u>2016</u>	<u>2015</u>
<b>Revenue</b>		
Group Contributions	\$ 3,440.83	\$ 1,044.18
Copy/Newsletter donations	\$ 105.94	\$ 27.69
Individual Contributions	\$ 11.05	\$ 98.71
Sales - Literature	\$ 6,617.61	\$ 4,780.90
Sales - Coins	\$ 2,644.50	\$ 1,380.30
Interest Income	\$ -	
<b>Total Revenue:</b>	<b>\$ 12,819.93</b>	<b>\$ 7,331.78</b>
COGS - Literature	\$ 6,669.41	\$ 4,762.61
COGS - Coins	\$ 1,489.95	\$ 721.69
<b>Total COGS</b>	<b>\$ 8,159.36</b>	<b>\$ 5,484.30</b>
<b>Gross Profit</b>	<b>\$ 4,660.57</b>	<b>\$ 1,847.48</b>
Operating Expenses	\$ 4,823.25	\$ 3,818.74
Other Expenses:	\$ -	
<b>Total Expenses</b>	<b>\$ 4,823.25</b>	<b>\$ 3,818.74</b>
<b>Net Income:</b>	<b>\$ (162.68)</b>	<b>\$ (1,971.26)</b>

## Bank Accounts

Checking & Petty Cash	\$ 32,396.25	\$ 10,380.02
Accounts Payable Due	\$ (17,030.06)	\$ -
Money Market - PR	\$ 24,150.19	\$ 24,116.81
<b>Total:</b>	<b>\$ 39,516.38</b>	<b>\$ 34,496.83</b>

\*\*PLEASE NOTE THAT ACCORDING TO THE CENTRAL OFFICE BYLAWS IT IS REQUIRED TO HAVE 6 MONTHS OVER-HEAD IN THE PRUDENT RESERVE. AVERAGE MONTHLY COSTS ARE \$4,000 PER MONTH, \$24,000 FOR 6 MONTHS.

\*\*A DETAIL OF GROUP CONTRIBUTIONS IS AVAILABLE AND WILL BE HANDED OUT QUARTERLY



Please send all sobriety milestones to : [lifeline@saltlakeaa.org](mailto:lifeline@saltlakeaa.org) by the 15th of each month for publication in the following month's LifeLine.

SUNDAY BREAKFAST

Rob C	1 y	Pam	27 y
Carl B	30 y	Dustin	9 m
Bud	31 y	Shady	6 m
Julian	18 m	Madeline	60 d
Ron	16 y	Rob	30 d
Lindsay	2 y	John R	10 y
Lorna	18 m	Kathy	6 y
Nicole	18 m	Matt	9 m
Aaron	6 m	Joe	6 m
Cody	6 m		
Leslie	60 d		

SPEAK EASY LADIES

Beth W	2 yrs
Carol B	9 yrs
Cindy B	23 yrs
Katie B	14 yrs
Michelle H	2 yrs
Sarah S	12 yrs

# SOBRIETY SEARCH

P E L P J K N A E Q E I L S R  
 R C T S B U L M D R V A K O B  
 A N J A K F O I A O S U J B Y  
 C A T L R T A P M I X Z M E D  
 T L F P I U E N A P K L B R B  
 I A U O I R C R P U R P O S E  
 C B N F P N P C E A O B I B N  
 A A T Y M P V Q A N S N L Y C  
 L L C E A F F E Z V E S Z P P  
 Z E I F A U T G N J W Z E G H  
 Q K L I A B I L I T I E S T B  
 D E T T I M D A Z P O N W H S  
 S H Q V C P W A H W S R T L U  
 M I J F U V S Y Q K T P Y L X  
 U X K S Q A H R I J C R F O M

- ACCURATE
- ADMITTED
- ASSETS
- BALANCE
- EMOTIONAL
- FAITH
- INVENTORY
- LIABILITIES
- PRACTICAL
- PREPARE
- PURPOSE
- SELFAPPRAISAL
- SOBER

# Meeting Updates!

## THIS MEETING IS NOT CANCELLED:

**Women's 12 x 12 Book Study** on Thursdays @ 7:00 pm: Health South Building, 8074 S 1300 E, Sandy

## CANCELED MEETINGS:

**Lighten Up** on Tuesdays @ 8:00 pm: Lighthouse Recovery Center, 7602 S. Main, Midvale

**Night Owls on Friday and Saturday nights @ 10:45 at Fellowship Hall**

**The Road West** on Tuesdays @ 6:15pm at U of U Hospital Psych Unit

**The Educational Variety** on Thursdays at 7:30 pm: Westminster College

## NEW MEETING:

**Volver a Fundamental** on Tues. & Thurs @ 7:30 pm to 9:00 pm: 1060 S 900 W, Salt Lake City (basement)

## MEETING UPDATE:

**West Jordan Big Book Study** is now on Mondays @ 7:00 pm: Sister Fabian Hall, 7405 Redwood Road

**City at Seven** on Saturday nights at 7:00 pm: NEW LOCATION at Fit to Recover, 789 W 1390 S, Salt Lake City

HELP US MAINTAIN AN ACCURATE AN UP-TO-DATE LIST OF ALL AA MEETINGS  
HELD WITHIN OUR SERVICE AREA!

**MEETING UPDATES SUBMISSIONS CAN BE MADE ON OUR  
WEBSITE AT [WWW.SALTLAKEAA.ORG](http://WWW.SALTLAKEAA.ORG)**

**OR CALL US AT 801-484-7871**

- 1) Go to our website: <http://www.saltlakeaa.org>
- 2) Find 'Schedule of Meetings' from the options along the top and select "Meeting Changes"
- 3) Scroll down to find the form, which begins with 'Group Name'
- 4) Fill out the form; in the 'Meeting details or Special Instructions' section, please indicate if meeting is new or existing and **WHAT CHANGES ARE BEING MADE**
- 5) Press 'Submit' ... and you are done!

# YTD Group Contributions to Central Office



	Sep 16	Jan - Sep 16			
SA Step Stucky	0.00	4.00	Flying High	50.00	50.00
Wasatch Group	0.00	5.00	Foothill	0.00	152.10
Grupo Serenidad	0.00	0.50	Fresh Air 12 & 12	0.00	65.00
Vincent Friends	40.00	226.60	Garden Variety	0.00	203.00
No Laurels AA	0.00	171.05	Grapevine	0.00	336.48
Weekend Warriors	0.00	116.12	Greater Kearns	0.00	90.00
Sugarhouse Men's Group	0.00	448.73	Grub Lunch Bunch	71.00	572.00
We Are One.	15.00	40.00	Happy Destiny	0.00	60.60
Recovery Way	10.00	159.00	High & Dry	0.00	125.00
High on a Hill	0.00	249.94	Highland Group	73.00	188.55
Hot Topics	0.00	176.16	Hilcrest	0.00	1,560.00
6 40 New Yorkers	0.00	104.09	Holladay	0.00	479.09
Friday Night Young and Alive	0.00	212.50	Magna Friendly Bunch	200.00	600.00
4th Dimension Young Peoples Group	101.66	175.72	Midvale Lunch	0.00	414.20
Area 69	0.00	34.90	Murray Group	0.00	208.00
District 10	1,666.66	1,676.66	New Life	100.00	176.00
11th Step Meditation	0.00	40.00	New Way	0.00	500.00
Thursday Night Women's Reflections	0.00	90.00	No Nonsense	0.00	198.00
90th and 32nd @ 600	0.00	509.18	Nomadic Lunches	0.00	611.06
Every Night Firelight Group	0.00	797.88	Non Smoking Sobriety Hour	0.00	320.00
Saturday Morning Hot Topics	0.00	45.00	Not A Glum Lot	0.00	97.21
Saturday Morning SOTS	0.00	138.00	Off the Cuff	0.00	141.15
Nut Buckets	0.00	54.31	Old Timers Speakers	0.00	145.00
Early Beginnings	0.00	850.00	Park City Attitude Adjustment	0.00	218.00
How It Works	0.00	200.00	Park City Group	0.00	700.00
G/C Women	30.00	174.39	Park City Men's Group	0.00	231.00
Salt Lake Group	0.00	109.00	Park City Nooners	0.00	2,000.00
Keep It Simple	0.00	33.50	Park City Step Study	0.00	100.00
Women's 12X12	0.00	185.00	Primary Purpose	0.00	110.00
12 O"Clock High	100.00	300.00	Right Stuff	0.00	80.65
17th x 17th	0.00	375.00	Salt Lake Men's	0.00	225.00
5-15 Happy Hour	0.00	4.00	Saturday Beginners	100.00	401.00
974 Group	0.00	301.55	Sharing N Caring	0.00	270.00
A Vision for You	417.00	562.35	South Davis AA	0.00	85.00
A Way Out	0.00	117.90	South Enders	0.00	375.00
AA Saturday Night Speakers Meet	200.00	200.00	Speak Easy Women	0.00	399.04
Acceptance	0.00	326.29	Spiritual Quest	0.00	200.00
An AA Group	0.00	377.50	Starting The Day	20.00	140.00
Basic Young Peoples	0.00	383.10	Stepping Stones	0.00	25.00
Bog Irish	0.00	109.21	Stonewall Group	50.00	71.00
Bountiful Community	0.00	50.00	Sunday Morning Breakfast	70.00	437.50
Bountiful Mens	0.00	127.97	Survive & Serve	0.00	80.30
By the Book	25.00	246.30	Tenth Step Group	6.51	90.49
Came to Believe	0.00	75.00	Thunder Heart AA	0.00	5.00
Come As You Are	0.00	85.00	Unity Lunch Bunch	20.00	90.00
DNS Group	0.00	950.39	Up Group	0.00	55.00
Early Bird Special	0.00	989.50	Valley View Group	0.00	50.00
Early Friendship	0.00	517.26	Wake Up Call	0.00	1,483.00
Eye Opener	0.00	450.20	Weekend Get AA	75.00	75.00
			Welcome Home Group	0.00	55.00
			West Jordan Big Book Study	0.00	70.00
			Women In Sobriety	0.00	44.15
			Women Stepping Up	0.00	220.00
			<b>TOTAL CONTRIBUTIONS</b>	<b>3,440.83</b>	<b>29,254.32</b>

**Central Office of Salt Lake Incorporated**  
**80 West Louise Avenue**  
**Salt Lake City, Utah 84115**

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Salt Lake Central Office  
80 West Louise Avenue  
SLC, UT 84115  
(801) 484-7871

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