



LIFELINE—

SALT LAKE CENTRAL OFFICE NEWSLETTER

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Dealing with Illness in Sobriety *Betsy M Salt Lake Resident*

All of us in recovery have to deal with various levels of sickness, from the common cold to life-threatening illnesses. One gift of sobriety is having a choice in how we deal with loss of our physical health. Our story began a few years ago when my husband was diagnosed with a very rare cancer. After a whirlwind of tests and some difficult decision-making, he had surgery and a long, rough regimen of chemo. Throughout our ordeal, we were often overwhelmed with a gamut of feelings, from fear and anger to sheer defeat. I imagine most cancer patients and their families feel the same.

On Tradition One *Editorial by Bill W. A.A. Grapevine, December 1947*

“Our common welfare should come first; personal recovery depends upon A.A. unity.” “Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.”

(Continued on page 6)

48th Annual Pacific Region Alcoholics Anonymous Service Assembly *Keeley M. Salt Lake Resident*

PRAASA is held in Utah only once every 15 years and this past March was our year! 1,243 members attended! My name is Keeley, I'm an Alcoholic and the GSR for Sunday Morning Breakfast Meeting. I'm so grateful to have had the opportunity to go to PRAASA. I learned so much and met new friends from all over the pacific region.

(Continued on page 7)

Central Office of Salt
Lake City

(801) 484-7871

80 West Louise Avenue (2850 S.)
Salt Lake City Utah 84115-2860

Hours of operation

Monday-Friday
10am to 5pm
Saturday 10am to 2pm

Call for Holiday Hours

ATTENTION: The District 11 Treasurer Address has Changed. New Address is:

1157 Shannon Avenue Farmington, Utah 84025

Central Office Board of Trustees

board@saltlakeaa.org

Chair – Wendy W

Co-Chair – Chris H

Secretary – Beverly A

Treasurer – Martin C

Trustee at Large – Doug C

Trustee at Large – Ray J

Central Office Standing Committees

Activities – Danielle A

activities@saltlakeaa.org

Archives – Josh D

archives@saltlakeaa.org

**Cooperation with the Professional
Community – Mike S**

cpc@saltlakeaa.org

**Cooperation with Treatment Facilities
– Randy C**

ctf@saltlakeaa.org

Corrections – David R

corrections@saltlakeaa.org

Hotline Telephone – Danny R

hotline@saltlakeaa.org

Literature – Chris H

literature@saltlakeaa.org

Lifeline Newsletter – Hailey S

lifeline@saltlakeaa.org

Outreach – James S

outreach@saltlakeaa.org

Public Information – Laura C

pi@saltlakeaa.org

Technical Support – Shayne F

tech@saltlakeaa.org

Twelfth Step – Allison P

12step@saltlakeaa.org

Volunteer – Cody S

volunteer@saltlakeaa.org

Website – Doug R

webservant@saltlakeaa.org



Salt Lake City Central Office

Greetings from the new Newsletter Committee, I'm Hailey.

It's been a whirlwind experience getting this issue out in time. Perhaps you've noticed some changes. The committee is working feverishly behind the scenes to bring you a modern design, one that we hope will make the Lifeline engaging and easy on the eyes.

We welcome your correspondence and will publish your material, space permitting and if it meets editorial criteria. Share your experience, strength and hope with another alcoholic. To request a free subscription or to submit AA related content please do so by sending an email to: lifeline@saltlakeaa.org

SALT LAKE CENTRAL OFFICE

Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

1. To carry the A.A. message and help those individuals who suffer from alcoholism
2. To maintain a 24-hour Twelve-Step phone list, and to answer phone inquiries as needed
3. To provide an A.A. listing in appropriate public sources
4. To function as a clearing house for the circulation and exchange of information among all of the A.A. Groups in the area
5. To compile, update and print meeting lists and other information about local A.A. services
6. To maintain A.A. approved literature for sale to members and the public
7. To print and distribute a newsletter
8. To be available to those in the community seeking information about alcoholism and A.A.
9. To maintain contact, refer inquiries and cooperate with General Service Committees and local groups
10. To arrange, delegate, or manage the details of all Central Office events or any other functions approved by the CO Committee
11. Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.
12. Such other activities that are consistent with the principles of the Twelve

7th Tradition Contribution Addresses

A.A. World Services

Box 459 Grand Central Station
New York, NY 10163
<https://ctb.aaws.org/Login.aspx>

Area 69 Treasurer

PO Box 433
Salt Lake City, UT 84020
<http://utah.aa.org/contributions.php>

District 10 Treasurer

PO Box 57271
Murray, UT 84157

Salt Lake Central Office

80 West Louise Ave.
Salt Lake City, UT 84115

District 2 Treasurer

PO Box 615
Salt Lake City, UT 84110

District 11 Treasurer

1157 Shannon Avenue
Farmington, Utah 84025

“We Are Fully Self Supporting through Our Own Contributions.”



Step 1... A Brief Outline

"Admitted we were powerless over alcohol that our lives had become unmanageable."

1. Every "natural" instinct cries out against the idea of a personal powerlessness (defects of the thinking mind).
2. We perceive that only through utter defeat are we able to take our first step toward liberation and strength (making the admission we are unmanageable by us).
3. Until we have humbled ourselves (accepting the devastating weakness and all its consequences) our sobriety if any will be precarious.
4. The principle: We shall find no enduring strength until we first admit complete defeat (that probably no human power could have relieved our alcoholism).
5. We are the victims of a mental obsession, thinking (droning is only a symptom) so subtly powerful that no amount of human will-power could have relived our alcoholism).

6. By going back in our own drinking histories, we could show that years before we realized it, we were out of control, that our drinking even then was no mere habit, that it was indeed the beginning of a fatal progression.

7. Few people will sincerely try to practice the AA program until they have hit their bottom in utter defeat.

8. In order to practice AA's remaining eleven steps WE MUST ADOPT NEW ATTITUDES AND TAKE NEW ACTIONS.

9. We must become as open minded to conviction and as willing to listen as the dying can be.

Walsh, Brian. "Step 1 A Brief Outline."

"You Don't have to see the whole staircase, just take the first step."

-Anonymous

Step 2...How It Works

"Came to believe that a power greater than ourselves could restore us to sanity."

"When, therefore, we speak to you of God, we mean your own conception of God. This applies, too, to other spiritual expressions which you find in this book. Do not let any prejudice you may have against spiritual terms deter you from honestly asking yourself what they mean to you. At the start, this was all we needed to commence spiritual growth, to effect our first conscious relation with God as we understood Him. Afterward,

we found ourselves accepting many things which then seemed entirely out of reach. That was growth, but if we wished to grow we had to begin somewhere. So we used our own conception, however limited it was. We needed to ask ourselves but one short question. "Do I now believe, or am I even willing to believe, that there is a Power greater than myself?" As soon as a man can say that he does believe, or is willing to believe, we emphatically assure him that he is on his way. It has been repeatedly proven among us that upon this simple cornerstone a wonderfully effective spiritual structure can be built.

Alcoholics Anonymous p.47



**2015 INTERNATIONAL CONVENTION
ALCOHOLICS ANONYMOUS**

July 2-5, 2015 • Atlanta, Georgia

Coordinated by A.A. World Services, Inc.

80 YEARS - HAPPY, JOYOUS AND FREE

Calendar of Events

April 5th

Central Office Easter Brunch and Speaker Meeting 11am-2pm @ Alano Club

May 15-17

5th Annual 4 Corners Summit: Navajo Lake State Park, New Mexico. www.4cornerssummitypaa.com

June 5-7

Price Alano Club Campout at Utah Power and Light Campground in Huntington Canyon.
For more information call Robert: 435-630-1847

July 2-5

International Convention of Alcoholics Anonymous in Atlanta, GA

Aug 15-16

District 2 Pre-Assembly Workshop. Information coming soon

Sept 11-13

National Bridging The Gap Workshop in Park City, UT .
Information coming soon

Sept 25-27

District 11 Fall Assembly. Information coming soon

October 3-5

Fellowship of the Spirit at The Lodge @Mountain Village in Park City, UT For more info: www.fotsutah.com

October 16-19

Dixie Central Office Oktoberfest in St. George, UT

November 7-8

District 1 Fall Workshop

December 5

District 11 Area Committee Meeting (Area Inventory)



MIDVALE LUNCH BUNCH

Tired of having lunch alone? Join the Midvale Lunch Bunch for a FIESTA!

Mon-Fri @12:00pm

El Farol Mexican
Restaurant
115 W. 7200 S.
Midvale, UT 84147

NOMADIC LUNCH BUNCH

Monday through Friday

12:15-1:15pm

Tuesdays: 12 X 12 Study

Wednesdays: Birthday
Acknowledgements

Thursdays: Big Book
Study

Rose Park Recovery



Thursdays @7:00PM

Unity Baptist Church
1170 W 1000 N. in Salt Lake

A Study of Tradition Two

“For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”

In Alcoholics Anonymous there is no such thing as individual authority. No one member "directs" or "controls" the actions of the other members of the group. Group decisions are just that, group decisions. After a discussion of all aspects of a given situation, including the

minority opinion, the group votes on the issue and an agreement is reached with the majority vote. This vote is called a “group conscience.” Each group is a fellowship of equals. No matter what an individual member's background, education, or professional expertise, no member has authority "over" the group. In this way, the fellowship reaches out to all who would seek its comfort and provides the

atmosphere of a sense of "belonging" to all members.

Buddy T. “About alcoholism.com”

On Tradition One Continued...

Those words of old time, “Judge not”, we observe most literally. “But”, some will argue, “if A.A. has no authority to govern its individual members or groups, how shall it ever be sure that the common welfare comes first? How is it possible to be governed without a government? If everyone can do as he pleases, how can you have naught but anarchy”? The Answer seems to be that we A.A.s cannot really do as we please, though there is no constituted human authority to restrain us. Actually, our common welfare is protected by powerful safeguards. The moment any action seriously threatens the common welfare, group opinion mobilizes to remind us; our conscience begins to

A.A. Birthdays...

Midvale Lunch Bunch

December

- Eric 30 Days
- Karen 30 Days
- Phil 30 Days
- Gordon 60 Days
- Beth 6 Months
- Amy 1 Year
- Randy E. 1 Year
- Madelene 3 Years
- Carol 11 Year

January

- Annie 1 Year
- Wendy 1 Year
- Doug 32 Years

February

- Karen 30 Days
- TJ 30 Days
- Phil 90 Days
- Kenny 6 Months

- Marty 6 Months
- Diane 18 months
- Parker 1 year
- Gillian 5 Years
- Chris 6 years
- Linda 25 Years
- Judy 26 Years

Speak Easy Ladies

March

- Marci 30 Days
- Anne 60 Days
- Michelle 90 Days
- Jenny 10 Years
- Amy 25 Years
- Lisa 27 Years

complain. If one persists, he may become so disturbed as to get drunk; alcohol gives him a beating. Group opinion shows him that he is off the beam, his own conscience tells him that he is dead wrong, and, if he goes too far, Barleycorn brings him real conviction. So it is we learn that in matters deeply affecting the group as a whole, "our common welfare comes first." Rebellion ceases and cooperation begins because it must; we have disciplined ourselves. Eventually, of course, we operate because we really wish to; we see that without substantial unity there can be no A.A., and without that, without A.A., there can be little lasting recovery for anyone. We gladly set aside personal ambitions whenever these might

Illness In Recovery Continued

We are, after all, human beings with a finite life here on this earth. Thankfully, though, we had tools we received in the rooms of Alcoholics Anonymous. We placed the outcome in our Higher Power's hands, worked the steps, and relied on our friends in the rooms. As my husband said, "we've beaten one life threatening disease so far, we can handle this one too!" We are so grateful for our recovery and the rooms of AA. Without them we are not sure how we would have gotten through his illness. My husband is NED- "No Evidence of Disease." Well, cancer anyway. He still has the disease of alcoholism, but that is another story for another day.

Betsy M

A.A. Trivia

1. What is Alcoholics Anonymous' Birthday?
2. What is the birth place of Alcoholics Anonymous

Answers on page 9

PRAASA 2015 Continued

I was asked to moderate the Young People's Round Table Friday Night. WOW! What an amazing opportunity it was for me to get out of my comfort zone and be of service. We discussed topics such as, How to encourage Young People to get involved in General Service, Teaching responsibility and being consistent in General Service instead of just showing up to get a letter to host a PAA convention. Some of the main items I heard from the round table was about Mutual communication, bridging the gap between young people & General service, Young people in general service sharing our experience strength and hope regarding general service, also explaining and emphasizing the spiritual experience we get while participating and being a part of general service. That's just a little, there was so much we discussed. PRAASA had a lot of different panels throughout the weekend and dis-

"I'm so grateful to AA so I want to do my part in carrying the message. making sure AA is available to any alcoholic that wants it."

cussed topics such as, AA celebrates 80 years of recovery from alcoholism, How is our solution still relevant?, and how could AA better use technology to improve communication? Overall I left the weekend asking myself " am I doing my part in carrying the message to the still suffering alcoholic? What can I do better?" It starts with each member and each group. I want the message to be available to anyone who wants it. Because when I was ready to hear it, the message was here for me. Today I have a new chance at life. I no longer feel that loneliness, that only alcoholics feel. I can walk with purpose and look the world in the eye. I'm so grateful to AA so I want to do my part in carrying the message and making sure AA is available to any alcoholic that wants it. Thank you so much to everyone on the PRAASA hosting committee. It was a spiritual and incredible weekend!

Keeley M.

C.O. Income Statement

	<u>2015</u>	<u>2014</u>
Revenue		
Group Contributions	\$ 3,272.22	\$ 1,127.27
Copy/Newsletter donations	\$ 70.42	\$ 328.60
Sales - Literature	\$ 6,222.32	\$ 5,668.59
Sales - Awards & Misc.	\$ 2,082.00	\$ 2,426.80
Total Revenue:	\$ 11,646.96	\$ 9,551.26
COGS - Literature	\$ 6,047.36	\$ 5,655.10
COGS - Awards & Misc.	\$ 1,048.93	\$ 1,188.20
Total COGS	\$ 7,096.29	\$ 6,843.30
Gross Profit	\$ 4,550.67	\$ 2,707.96
Operating Expenses	\$ 3,212.21	\$ 3,803.32
(Rent, Bookkeeper, Utilities, Printing & Copies)		
Other Expenses (QuickBooks Renewal)	\$ 299.95	\$ 256.10
Total Expenses	\$ 3,512.16	\$ 4,059.42
Net Income:	\$ 1,038.51	\$ (1,351.46)
<u>Bank Accounts</u>		
Checking	\$ 18,476.48	\$ 11,243.53
Money Market - PR	\$ 24,091.53	\$ 24,043.34
Total	\$ 42,568.01	\$ 35,286.87

Salt Lake Central Office Chair...

Greetings, Salt Lake Central Office! Spring comes again, and life quickens. The good thing about controversy is what it does to attendance at the business meeting. We were over 50 in March compared to 30 in February. The bad thing about controversy is that people get frightened, and frightened people do dangerous things.

I'll begin by addressing the motion to change the Annual Board Meeting to a Monthly Board Meeting. The Monthly Board meeting was disbanded largely because of lack of interest. There was no reason to be at the meeting, no business was performed, and no power was delegated. The CO Meeting agenda is largely the same format each month, the only difference is the old business that gets carried over, and any new business that comes up. That new business is added as it is received. The Chair has the duty of assembling the agenda, an entire meeting is not needed to set an agenda, nor does it require a committee. The Board meeting is seen by many as a burden to attend, especially when there is no reason to attend it. The Board members are available to any one of the members served, at any time. The right to call a special meeting is available to a majority of the CO Committee.

I was elected to serve this community in accordance with our Bylaws, which are built around our 36 principles, the 12 Steps, the 12 Traditions and the 12 Concepts. I try to keep them front of mind as I go about my duties. In regard to the issue of selling coins at the Central Office, I've been called rigid and too much in the letter of the law rather than the spirit. I am proud to be rigid when it comes to the Traditions, proud that our Bylaws are built on them. I am an alcoholic, I suffer from a disease of the body, mind and spirit that can only be kept in check by a spiritual experience. I cannot afford to deter from the Steps and Traditions, which lead to that spiritual experience. I can't choose which ones I want to observe, I can't say which ones are trivial or unimportant. I won't risk my life by consciously ignoring any part of

the program, Steps or Traditions. When I drank, I would rationalize and say that one little drink won't hurt. I will not rationalize or sidestep the 6th Tradition and think it's ok to sell coins at the Central Office.

We have another tradition about autonomy, each group has the right to be wrong. No one can dictate to a group what they can do with their money, format or membership. SLCO is not just a group, but representative of all the groups it serves. We are the face of AA to the public here in Salt Lake City. What we do affects AA as a whole. The Grapevine article that was brought to our last meeting was most revealing about the conclusion that the Conference came to about selling coins in 1993. As an outside issue, they have no opinion about coins, and it's not appropriate for AA to engage in producing or selling them. As the smaller, local version of GSO, our practices should be in line with GSO. After all, we are the Conference.

We spend money to pay for rent which allows us to have a space for our services. We pay for the upkeep of the building and for supplies to keep our office running. In order to function, we have to be habitable and hospitable. We make Twelfth Step work possible, a service proposition pure and simple. When we start selling anybody else's anything, we cross a line, we endorse and affiliate with an outside enterprise. It doesn't matter what it is, coins, self-help books, incense, jewelry or t-shirts.

I pose the question again, are the coins from an outside enterprise? It's a yes or no question, with one answer. Are you willing to risk your sobriety over a coin? Let's trudge this road of happy destiny, it's already laid out for us, don't wander off in the weeds.

In loving service,

Wendy W

Groups Represented at CO Committee Meeting-March

5:15 Happy Hour
10th Step Group
90th And 32nd
A Way Out
Acceptance Is The Answer
Back To Basics
BYPA
By the Book
City At Seven
A Closed Meeting Of
Alcoholics
Fresh Air 12x12 Study Group
Garden Variety
Happy Destiny
High On The Hills
Highland Group
Hot Topic
Keep It Simple
Life Elevated Group
Midvale Lunch Bunch
Murray Group
New Way
Nomadic Lunch Bunch
Not A Glum Lot
N/S Sobriety Hour
Park City Men's Stag
Salt Lake Group
Saturday Morning SOTS
Sharing And Caring
Speak Easy Ladies
Southenders
Stepping Stones
Wake Up Call
Weekend Get AA Too
Women In Sobriety
Young And Alive

A.A. Trivia Answers

1. June 10, 1935
2. Akron, Ohio

Meeting Minutes – March 10, 2015 Central Office Committee

Financial Report – Martin C. presented the February financial report.

CO Committee Meeting Minutes – Jordan M. for Beverly A., January-March minutes will be ratified at the April CO Committee meeting.

Activities – Dani A. 15 activities planned, Cosmic Bowling 3/26, 6-10pm, Fat Cats. Looking for other ideas.

Archives – Josh D. Archiving Grapevines, will have a list of missing issues.

Cooperation with Professional Community (CPC) – Rodney for Mike S. Committee of 10, meeting the 2nd Sunday 7:45 pm at the Seminary by the high school in Sugar House.

Corrections – Dave R. Need for additional volunteers, 1 year commitment.

Hotline Telephone – Danny R. Going well, all slots filled, has a waiting list.

Literature – Alison F. “Pamphlet of the Month – Is there an Alcoholic in the Workplace?”

Newsletter – Wendy W. for Hailey S. Going well, leave articles in the Newsletter box in the kitchen.

Outreach – James S. Meeting on 3rd Monday of the month, 7pm at C.O. All Groups meeting schedule has openings for interested groups.

Public Information (PI) – Laura C. Meeting Thursday at 6pm at the Central Office

Treatment – Randy C. Meeting on 3rd Thursday at Central Office for anyone interested in service.

Twelfth Step – Tim E. All is going well. If interested in being on 12th step list please let him know.

Volunteer – open position

Website – Doug R. Website up and current.

Old Business

Keys are available for Board members, Committee Chairs and Volunteer Coordinators. See Wendy to get a key.

Volunteer Chair election – Cody S. is the new Volunteer Chair

Ad Hoc Committee Report – Wendy W. reported that the Committee is about halfway through composing a Volunteer Guidelines document, should have a recommendation at the next CO Committee Meeting.

Motion from Jonathan H. – Creation of a Technical Support Committee to be added to the current list of Standing Committees. Motion passed.

Technical Support Chair election – Shayne F. is the new Tech Chair

New Business

Motion from Chris H. –

That the Salt Lake Central Office sell only materials available from Alcoholics Anonymous World Services, Inc. and Grapevine, Inc.

Current Practice: The Salt Lake Central Office sells goods and materials from private companies outside of Alcoholics Anonymous to the general public.

Purpose and Intent:

To align our practices with the spirit and intent of the 12 Traditions of Alcoholics Anonymous. Our Bylaws state that: Article 1.1 “In all its proceedings, the CO Committee shall observe the spirit of Alcoholics Anonymous Traditions and take great care that the CO Committee never becomes the seat of perilous power.” Also: Article 2.1.6 “To maintain materials available from Alcoholics Anonymous World Services, Inc. and the AA Grapevine, Inc.” Also: Article 5.4.1 “Oversee the operation of Central Office and its functions in accordance with 1) *The AA Guidelines-Central or Intergroup Offices* published by the General Service Office (GSO) of Alcoholics Anonymous; and 2) the Twelve Traditions of Alcoholics Anonymous.”

The Central Office sells coins which are purchased from an outside commercial business. This action is in conflict with our 1st Tradition of Unity, many groups do not provide or endorse coins, our 5th Tradition of Primary Purpose and the 6th Tradition of Alcoholics Anonymous which in the short form states: “An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.” The Long form

states “While an AA group may cooperate with anyone, such cooperation ought never to go so far as affiliation or endorsement actual or implied. An AA group can bind itself to no one”.

The coin company is an outside enterprise, and by selling coins purchased from them, we are endorsing their product. Unity is being disrupted by the controversy, and we are being diverted from our primary purpose of carrying our message to the alcoholic who suffers. The time we spend talking about this is time taken away from an alcoholic in need.

While we used to sell other outside materials, bumper stickers, greeting cards and jewelry, etc., we discontinued that practice. Selling of coins at the Central Office indeed has a long history. The length of time that a practice has been in place doesn’t make it more legitimate. We’ve just been in conflict with the 6th Tradition for a long time. To continue this practice puts us in a position of losing the integrity of our program.

The intent of this motion is to further our singleness of purpose and protect our legacy for ourselves and those yet to come.

Financial Impact: The practice of selling coins returns a profit on average of \$1000.00/month.

The motion was tabled until the April CO Committee Meeting

Motion from Charlie T. –

BYLAWS OF CENTRAL OFFICE OF SALT LAKE CITY, INC.

Article 3. Committee Composition

CHANGE FROM

.23 Annual Meeting

An Annual Board of Trustees meeting will be held on the first Tuesday of each year.

CHANGE TO

.23 Monthly Meeting

A Monthly Board of Trustees meeting will be held on the first Tuesday of each month.

Change

The Chair will:

.5.1 Preside at regular and special CO Committee meetings, prepare meeting agendas, and preside at the Annual Board of Trustee meetings.

TO

.5.1 Preside at regular and special CO Committee meetings, present meeting agendas, and preside at the Monthly Board of Trustee meetings.

The change from Annual Board of Trustees Meeting to Monthly Board of Trustees Meeting will be needed in:

.6.1

.7.1

.8.1

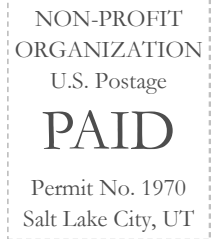
.9.1

In order to oversee the routine operations of Central Office the Board of Trustees as a whole need to meet monthly to address issues as they come up.

Motion was tabled until the April CO Committee Meeting.

Motion to close at 8:07pm.

Salt Lake Central Office Inc.
80 West Louise Avenue
Salt Lake City, Utah 84115



Return Service Requested



Your Donation Is Appreciated!

If you would like to receive *LIFELINE* through the mail please fill out
this form and send it to:

Salt Lake Central Office
80 West Louise Ave
Salt Lake City, UT 84115

You may also access /sign up to receive *LIFELINE* via email.

Visit the **Salt Lake Central Office website:** saltlakeaa.org

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Amount donated: \$3.00 \$5.00 \$10.00 Other \$ _____

Contact Us

**Give us a call for more
information about our
Newsletter, Meeting
Schedules and events.**

Salt Lake Central Office
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lifeline@saltlakeaa.org

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www.saltlakeaa.org**