

INSIDE THIS ISSUE:

From Your Chair -Wendy W.	1
My Spiritual Awakening Joseph A. (Los Angeles, CA)	3
Announcements	4
Calendar of Events	5
Group Contributions Nov 2014	6
Group Birthdays Nov/Dec 2014	7
Step 1 –Anonymous	8
Jung's Letter to Bill Wilson January 30, 1961	9
Central Office Financial Statement Nov 2014	10
Central Office Committee Highlights Dec 2014	11

Salt Lake Central Office



Hours of Operation

Monday-Friday 10am - 5pm

Sat 10 am - 2 pm

Closed Sundays

Open Select Holidays*

*Based on Volunteer Availability

From Your Chair...

Greetings Salt Lake Central Office! Happy winter, hope you're enjoying the freakishly warm weather. Probably by the time you read this we'll be buried under feet of snow, but for now, I'll enjoy not needing a winter coat.

Well, the elections for the Standing Committees are done, and we have a number of people who have stepped up to the plate to keep reaching out to those who suffer. Pam H. will continue with Cooperation with Professional Community, Dave R. will continue with Corrections, Danny R. will continue coordinating the Hotline, Randy C. will continue with Treatment Facilities, Allison F. will be our new Literature Chair, Tim E. will be our new 12th Step Coordinator and Laura C. will be our new Public Information Chair. Thank you to all seven of you trusted servants for being willing to serve our community for the next two years. I look forward to watching the good things you accomplish.

The six positions that remain open are:

Activities – Coordinates our fellowship events, picnics, pot lucks and plain old whoopee parties. "Everybody knows that those in bad health, and those who seldom play, do not laugh much. So let each family play together...we are sure God wants us to be happy, joyous and free."

Archives – Our historian. "Those who cannot remember the past are condemned to repeat it."

Newsletter - Creates and distributes a monthly newsletter containing information such as calendar of events, Treasurer's report, and other information.

Outreach – Helps keep communication flowing between groups that are not represented and the CO. Helps identify meetings that have gone dark, keeping the meeting schedule current. Facilitates the monthly All Groups meeting.

Volunteer - Recruits and schedules volunteers to staff the CO during operating hours and maintains a meeting schedule for the website and print distribution.

Website – Maintains CO's website for members and individuals seeking information about A.A.

All of these positions have provided a vital, vibrant Central Office. The positions were created because the groups that make up the Central Office think they are necessary. It will be up to you how the future of the Central Office evolves. What's important to you?

In loving service,

Wendy

December 15, 2014

CENTRAL OFFICE BOARD OF TRUSTEES

board@saltlakeaa.org

Chair Wendy W.

Co-Chair Chris H.

Secretary Beverly A.

Treasurer Martin C.

Trustee at Large Doug C.

Trustee at Large Ray J.

CENTRAL OFFICE STANDING COMMITTEES

Activities OPEN

activities@saltlakeaa.org

Archives OPEN

archives@saltlakeaa.org

Cooperation w/Professional Community.. Pam H.
cpc@saltlakeaa.orgCooperation w Treatment Facilities Randy C.
ctf@saltlakeaa.orgCorrections David R.
corrections@saltlakeaa.orgHotline Telephone Danny R.
hotline@saltlakeaa.orgLiterature Allison F.
literature@saltlakeaa.orgNewsletter OPEN
lifeline@saltlakeaa.orgOutreach OPEN
outreach@saltlakeaa.orgPublic Information Committee Laura C.
pi@saltlakeaa.orgTwelfth Step Tim E.
12step@saltlakeaa.orgVolunteer OPEN
volunteer@saltlakeaa.orgWebsite OPEN
webservant@saltlakeaa.org**SALT LAKE CENTRAL OFFICE****Statement of Purpose**

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

1. To carry the A.A. message and help those individuals who suffer from alcoholism
2. To maintain a 24-hour Twelve-Step phone list, and to answer phone inquiries as needed
3. To provide an A.A. listing in appropriate public sources
4. To function as a clearing house for the circulation and exchange of information among all of the A.A. Groups in the area
5. To compile, update and print meeting lists and other information about local A.A. services
6. To maintain A.A. approved literature for sale to members and the public
7. To print and distribute a newsletter
8. To be available to those in the community seeking information about alcoholism and A.A.
9. To maintain contact, refer inquiries and cooperate with General Service Committees and local groups
10. To arrange, delegate, or manage the details of all Central Office events or any other functions approved by the CO Committee
11. Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.
12. Such other activities that are consistent with the principles of the Twelve Traditions

7TH TRADITION CONTRIBUTION ADDRESSES**A.A. World Services**

Box 459
Grand Central Station
New York, NY 10163
[https://ctb.aaws.org/
Login.aspx](https://ctb.aaws.org/Login.aspx)

Area 69 Treasurer

Area 69 Treasurer
P.O. Box 286
Hyde Park, UT 84318
[http://utah.aa.org/
contributions.php](http://utah.aa.org/contributions.php)

District 10 Treasurer

PO Box 57271
Murray, UT 84157
District 2 Treasurer
PO Box 615
Salt Lake City, UT 84110

District 11 Treasurer

1065 N 500 W
Bountiful, UT 84140

Salt Lake Central Office

80 West Louise Ave.
Salt Lake City, UT 84115

MY SPIRITUAL AWAKENING

By Joseph A. (Los Angeles, CA)

"You need to know, you are in sudden danger of dying at any moment." Not necessarily the words one wants to hear from his doctor, but there they were. The next thing I knew I was being rushed to Cedar Siani Medical Center in Los Angeles and promptly landed in their Cardiac Critical Care Unit. The feeling was surreal. There were all these specialists running around, poking and prodding me with various tubes, hooking me up to several monitors, taking countless blood samples, rushing things to the lab, and it was all so serious. The intake nurse came to my bedside and began to ask the basic questions: my name, where I lived, phone numbers, insurance, and then she asked me my birthday. I simply said, well if you do a really good job, I'll be 43 next month. December 12th to be exact.

Then the attending doctor came in. He was quiet and pensive. He looked me right in the eye and said, "You need a heart transplant. And you need to get your affairs in order, as we don't know if we can do the protocol in time to get you one." Then turned and walked away.

Upon hearing those words, something extraordinary happened. I had a spiritual awakening. No big flash of light or burning bush mind you. It was clear, visceral and quiet. I became acutely aware that I was not my body. It's important to note, this was not an intellectual assessment, it was simply my knowing. I distinctly thought, well if it's time to go I am perfectly OK with it. I got that I was not this physical apparatus, with arms and legs and organs and skin and bones. I had this keen sense of knowing that I was an eternal spirit, that I was simply inhabiting those things temporarily.

And at the same time I recall thinking, well if I was to stay here on planet earth, I was OK with that too. I honestly wasn't attached to either way. It's like I became an observer of this drama that was playing out in the emergency room. I was filled with peace, a peace that was beyond anything I had ever felt before. It's like when our book talks about being rocketed into the fourth dimension. Talk about freedom from bondage! My conscious contact was as though I had become one with this Infinite Intelligence, with my Higher Power. I don't know how long I was in this euphoric state, but it lasted quite a while. And then I made a decision, that I was going to find a way to heal my heart.

It's like when I walked into the rooms of AA and made a decision to get sober. I didn't know how that was going to happen, but you told me all I had to be was willing, open and most importantly, honest.

So if it worked for one fatal disease, I decided to approach this in the exact, same way. The fact that it was my heart told me that something was off with my personal integrity. That I was not in alignment with my core values and therefore God. And in hind sight, I clearly had not been for a long, long time.

After 30 days in the hospital, with my trial medications and a pacemaker /defibrillator firmly implanted, they sent me home to wait for my new heart. Over the next several months I began another rigorous moral inventory, one that rivaled my cardiac rehabilitation. I had to dig deep and see where I was not being honest with myself. I was in a relationship for over a year and a half which was very unhealthy, where I compromised my values. And my body was trying to get my attention. The anxiety, loss of energy, stress, unhappiness, frustration, etc. were all early signs that I had ignored. The irony that it was my heart that became sick had not escaped me.

This is a much bigger story than can be told in 650 words, but I will tell you this. Through the 4th Step inventory, I became very clear about my part. I realized I was not a victim of the circumstances. I took full responsibility for my actions, cleaned house (sound familiar), trusted God and kept going to my morning meetings.

Fast forward to my 9-month cardiac check up. The doctor sat me down and said the following: "In my 28 years of being a cardiologist, I've never seen this. Not only do you not need a new heart, you no longer need your pacemaker. And quite frankly, I've never taken one out!"

Well, to the point, I did end up healing my heart. But I am under no illusion. I believe just like with recovery from alcoholism, it is a daily reprieve, based on my spiritual condition. I must continue to clean house, trust God and help others.

What an amazing and powerful program we have. It truly is a way of life. For Real!

Love, Joe :)

ANNOUNCEMENTS



Draper Group 14th Anniversary Celebration



January 10, 2015

- Lone Peak Indoor Pavilion
10140 S. 700 E. in Sandy
- Potluck Dinner: 6-7 pm
- Speaker Meeting: 7-8 pm
Becky R. (Sandy, UT)
Damon S. (Yorba Linda, CA)



**2015 International Convention
of Alcoholics Anonymous**
July 2-5, Atlanta, Georgia



**18th Annual Dixie
Winterfest**
February 6, 7, and 8, 2015

"Come and experience the most intense, enthusiastic service event you may have ever encountered!"

UTAH
AREA 6g
WELCOMES
YOU!!

**PRAASA
2015**
March 6-8, 2015
LAYTON, UTAH



CALLING ALL VOLUNTEERS!!

Open Committee Chair Positions:

ACTIVITIES
ARCHIVES
NEWSLETTER
OUTREACH
VOLUNTEER COORDINATOR
WEBSITE

THE NEW 12 STEP COMMITTEE NEEDS YOUR HELP!



I need your suggestions, input, and ideas for ways to better serve the alcoholic who still suffers. If you think your idea is hokey and lacks merit... I need it anyway! Some of the best ideas come from the hokiest suggestions.

Email: contrailAl@gmail.com
C:801-641-8401 O:801-819-7277

CALENDAR OF EVENTS



January 2015.....

- Jan 10** Draper Group 14th Anniversary Celebration: Lone Peak Indoor Pavilion (10140 S 700 E in Sandy). Potluck dinner from 6-7pm, speaker meeting from 7-8pm. For more info, call Colin A: 801-641-2300 or email: colin.s2t@gmail.com
- Jan 15-18** The Joy of Living -25th Anniversary River Roundup: Don Laughlin's Riverside Resort & Casino in Bullhead City, AZ 86439. More info at: www.rcco-aa.org

February 2015.....

- February 6-8** 18th Annual Dixie Winterfest: Lexington Hotel—850 S. Bluff St. in St. George. Website registration and more info available on: www.dixiewinterfest.org
- February 28** Area 69 Committee Meeting hosted by District 11: Clearfield Community Church (525 E 200 S) at 8am until finished

March 2015.....

- March 6-8** PRAASA 2015 at the Davis Conference Center in Layton. More info at: 2015.praasa.org

May 2015.....

- May 15-17** 5th Annual 4 Corners Summit: Navajo Lake State Park, New Mexico at the Davis Conference Center in Layton. For more info: www.4cornerssummitypaa.com

July 2015.....

- July 2-5** International Convention of Alcoholics Anonymous in Atlanta, GA

YESTERDAY IS **history**,
 TOMORROW IS A *mystery*,
 BUT TODAY IS A **gift**.
 THAT'S WHY WE CALL IT
THE PRESENT.

-A.A. MILNE

2014 GROUP CONTRIBUTIONS—YTD THROUGH NOVEMBER

Contributions GROUPS	Nov 14	Jan - Nov 14
11th Step Meditation	0.00	25.00
12 O'Clock High	100.00	400.00
1444 Group	0.00	81.00
17th x 17th	0.00	535.77
213 Group	62.00	62.00
5-15 Happy Hour	0.00	775.91
90th and 32nd @ 600	0.00	390.00
974 Group	0.00	351.49
A Vision for You	0.00	326.00
A Way Out	30.00	138.80
Acceptance	70.00	342.67
An AA Group	0.00	421.60
Area 69	0.00	33.00
Basic Young Peoples	0.00	172.50
BBT&T	0.00	100.00
Bog Irish	119.46	246.55
Bountiful Community	0.00	60.00
Bountiful Mens	118.09	118.09
By the Book	0.00	425.00
Came to Believe	0.00	271.00
Closed Meeting of Alcoholics	0.00	529.21
Coalville Care Group	250.00	310.00
Coffee and A Big Book	0.00	128.20
Come Around	0.00	38.95
Come As You Are	0.00	237.00
District 2	0.00	3.35
DNS Group	439.00	1,409.54
Early Bird Special	0.00	1,613.00
Early Friendship	0.00	793.41
Elevator's Broken	0.00	27.50
Every Night Firelight Group	0.00	225.00
Fresh Air 12 & 12	0.00	185.00
Fresh Air Serenity Seekers	0.00	295.00
Friday Night Young and Alive	0.00	75.00
Friendship Group	0.00	48.13
G/C Women	0.00	29.00
Garden Variety	0.00	378.00
Granger Group	0.00	282.59
Grapevine	0.00	148.15
Greater Kearns	0.00	100.00
Growing Pains	0.00	255.00
Grub Lunch Bunch	73.00	790.00
Happy Destiny	0.00	80.00
Happy Group	150.00	450.00
High & Dry	0.00	225.00
High on a Hill	0.00	480.00
Higher Ground	0.00	9.00
Highland Group	53.00	196.00
Hillcrest	0.00	342.00
Honey's Breakfast Club	0.00	300.00
Hot Topics	0.00	78.00
How It Works	0.00	300.00
Into Action	0.00	93.62
It's in the Book	29.00	86.82
Live and Let Live	0.00	60.00
Magna Friendly Bunch	25.00	625.00
Midvale Lunch	0.00	325.00
Murray Group	50.00	200.00

Contributions GROUPS	Nov 14	Jan - Nov 14
New Life	212.00	524.00
New Way	0.00	8.04
New Yorkers	0.00	44.25
No Nonsense	0.00	150.86
Nomadic Lunches	0.00	755.94
Non Smoking Sobriety Hour	0.00	558.50
Not A Glum Lot	0.00	146.00
Not So Secret Service	0.00	17.50
Nut Buckets	78.00	279.00
Off the Cuff	0.00	443.47
Park City Attitude Adjustment	0.00	338.00
Park City Group	0.00	200.00
Park City Men's Group	0.00	750.00
Park City Step Study	0.00	400.00
Prassa Committee	0.00	13.00
Primary Purpose	0.00	220.00
Recovery Way	10.00	90.00
Red Eye Group	0.00	152.66
Richard Street Lunch	0.00	180.11
Right Stuff	41.00	154.00
Salt Lake Group	0.00	118.00
Salt Lake Men's	0.00	330.00
Saturday Beginners	0.00	475.00
Saturday Morning SOTS	143.00	282.75
Serenity	50.00	50.00
Sharing N Caring	0.00	185.00
South Davis AA	0.00	50.00
South Enders	0.00	100.00
South Jordan Big Book Study	0.00	27.00
South Valley Lunch	0.00	220.00
Speak Easy Women	0.00	465.98
Starting The Day	20.00	140.00
Stonewall Group	0.00	108.25
Sugarhouse at Seven	0.00	289.05
Sugarhouse Men's Group	0.00	184.50
Sunday Morning Breakfast	90.00	355.00
Survive & Serve	141.00	218.00
Tenth Step Group	0.00	63.21
Thunder Heart AA	0.00	70.00
Thursday Night Book Study	0.00	100.00
Tooele Beginners	0.00	307.38
Tuesday Tribe	0.00	50.00
Unity Lunch Bunch	0.00	120.00
Up Group	0.00	75.00
Utah Valley Central Office	0.00	0.00
Valley View Group	0.00	100.00
Wake Up Call	0.00	2,325.00
We Are One.	0.00	30.00
We Care	0.00	35.00
Welcome Home Group	0.00	25.00
West Valley Group	0.00	44.00
Women In Sobriety	0.00	115.89
Women Stepping Up	0.00	195.00
Women's 12X12	0.00	412.50
Women's Reflections	0.00	105.00
Young People's Meeting	0.00	80.96
Total Contributions GROUPS	1,568.55	17,027.85

2014 GROUP BIRTHDAYS— NOVEMBER & DECEMBER

City at Seven

Quin	1 yr
Matt	1 yr
Karen	1 yr
Toby	18 mos
J.K.	18 mos
Kim	3 yrs
Aaron	4 yrs
Thomas	8 yrs
Jason	17 yrs
Shaun	18 yrs

Life Elevated Group: Lone Peak, Utah State Prison

Drew	30 days
Casey	30 days

Nomadic Lunch Bunch

Shawn	2 yrs
Derik	3 yrs
Kim	3 yrs
Karen	5 yrs
Sara L	14 yrs
Tim	19 yrs

Sugarhouse Men's Group (Dec)

Jonathan W	2 yrs
Eric V	3 yrs
Mark A	3
Alan M	3
Hanley S	4
Chris H	5
Rob B	6
Ken B	8
Nick M	8
Ryan B	10
Jim P	11
Clark R	14

All Utah districts are welcome to submit your Group's birthdays to:
lifeline@saltlakeaa.org
or drop them by Central Office by the 20th of each month.

90th and 32nd

Brooke E	2 yrs
Clyde M	3 yrs
Amy W	5 yrs

Visit www.saltlakeaa.org to :

- * Sign up to receive the Lifeline via email
- * Sign up to volunteer at Central Office
- * Check meeting schedules and updates
- * Access events calendar
- * Access past issues of the Lifeline
- * And more...!

I wish I didn't have to
be sober to celebrate
my sobriety.

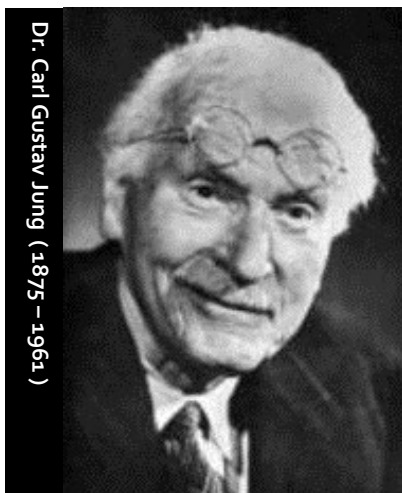
someecards



HOME GROUPS REPRESENTED @ DEC 2014 CENTRAL OFFICE REP MEETING

- 90th and 32nd
- A Vision for You
- A Way Out
- Bountiful Men's Group
- City at Seven
- A Closed Meeting of Alcoholics
- Fresh Air 12x12 Study Group
- Garden Variety
- Happy Destiny
- Happy Group
- High on the Hills
- Highland Group
- Life Elevated Group
- Magna Friendly Bunch
- Nomadic Lunch Bunch
- N/S Sobriety Hour
- Park City Men's Stag
- Salt Lake Group
- Speak Easy Ladies
- Spiritual Quest
- Sugarhouse Men's Group
- Survive and Serve
- Tooele Beginners Group

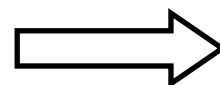
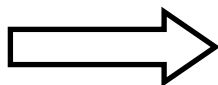
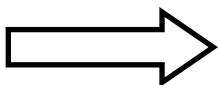
Spiritus Contra Spiritum



Dr. Carl Gustav Jung (1875 – 1961)

On January 23, 1961, Bill sent a letter of appreciation to Dr. Jung thanking him for his contribution to A.A.'s solution for alcoholism through his work with Rowland H. The Big Book refers to part of the story on pages 26 & 27. This letter on the following page, dated January 30, 1961, was Dr. Jung's immediate reply.

"Spiritus contra spiritum" literally translates to "spirit against spirit". Loosely translated, it refers to "a spiritual experience to counter addiction to the spirits (alcoholism)." Spiritus in Latin means both alcoholic beverages, i.e., spirits, and the highest religious experience. In relating this simple phrase, Jung confirmed for Bill that the A.A. program aimed at spiritual development and a spiritual awakening, as treatment for alcoholism, was the correct direction.



STEP ONE

We admitted we were powerless over alcohol - that our lives had become unmanageable

In my experience Step 1 was the hardest for me to come to terms with. Even before I started drinking it was necessary for me to perpetuate the illusion that I could control and handle my environment. Alcohol assisted me in following this delusion and had warped into my only solution to life's problems. The idea that I could no longer control the one thing that had brought me so much relief or that I could not handle what my life had become was beyond frightening.

I hadn't suffered many of the external consequences of drinking that I heard of in my first AA meeting. I excelled in my career, had my own place and hadn't ever been arrested. I never considered that my bottom could be an emotional one. I rebelled against the notion that I couldn't handle this and chose to go at it on my own. I'd hit a wall, pick myself up, then carry on as if nothing had happened. I lived in this cycle for many dark and pain filled years.

My alcoholism lead me to believe that my only problem was you and the rest of the world. If only I could manage this well *then* I could be happy. The more unbridled my drinking became and the more chaotic my life was the harder I tried to exert my will upon things. Still operating on old ideas, I was defiant to seek help. The only solution I could see was to make my world smaller. I took a position that allowed me to work from home and began to recede from any real contact with the people I cared

about most. Slowly the gravity of not being able to master the world, you or even my own drinking sank in. Alcoholism had annihilated all the things I had once found pleasure in.

I was gifted a moment of clarity one night while crying alone in bed. I could see my life playing on the same way for the next 10 years as it had been for the last 10. The image of continuing on this path was bleak at best. Thoughts of ending my life were the strongest they had been in a long while. What struck me with fear most was that the will to fight them was no longer there. A voice of a friend, who had taken me to my first meeting, popped into my head and asked two simple questions: Are you still having fun? How much more do you want to dig?

At this time of desperation I was able to be a little more honest with myself as to the true state of my life. I was now willing to concede that I what I had been attempting to do wasn't working and that perhaps those AA's might be able to help. I am forever grateful to the fellow alcoholic who answered my call. In the past, I would have never imagined that an act of surrendering would be so empowering. I now see that a seed of hope was planted that night. The hope that what had worked for you could, just perhaps, work for me too.

-Anonymous

PROF. DR. C. G. JUNG

KÖSNACHT-ZÜRICH
SEESTRASSE 22B

January 30, 1961

Mr. William G. Wilson
 Alcoholics Anonymous
 Box 459 Grand Central Station
 New York 17, N.Y.
 =====

Dear Mr. Wilson,
 your letter has been very welcome indeed.
 I had no news from Roland H. anymore and often wondered what has been his fate. Our conversation which he has adequately reported to you had an aspect of which he did not know. The reason ~~was~~, that I could not tell him everything, *was that* those days I had to be exceedingly careful of what I said. I had found out that I was misunderstood in every possible way. Thus I ~~was~~ very careful when I talked to Roland H. But what I really thought about, was the result of many experiences with men of his kind.
 His craving for alcohol was the equivalent on a low level of the spiritual thirst of our being for wholeness, expressed in mediaeval language: the union with God.¹⁾
 How could one formulate such an insight in a language that is not misunderstood in our days?
 The only right and legitimate way to such an experience is, that it happens to you in reality and it can only happen to you when you walk on a path, which leads you to higher understanding. You might be led to that goal by an act of grace or through a personal and honest contact with friends, ~~or~~ through a ~~higher~~ education of the mind beyond the confines of mere rationalism. I see from your letter that Roland H. has chosen the second way, which was, under the circumstances, obviously the best one.
 I am strongly convinced that the evil principle prevailing in this world, leads the unrecognized spiritual need into perdition, if it is not counteracted either by a ~~real~~ religious insight or by the protective wall of human community. An ordinary man, not protected by an action from above and isolated in society cannot resist the power of evil, which is called very aptly the Devil. But the use of such words arouse so many mistakes that one can only keep aloof from them as much as possible.
 These are the reasons why I could not give a full and sufficient explanation to Roland H. but I am risking it with you, because I conclude from your very decent and honest letter, that you have acquired a point of view above the misleading platitudes, one usually hears about alcoholism.
 You see, Alcohol in Latin is "spiritus" and you use the same word for the highest religious experience as well as for the most depraving poison. The helpful formula therefore is: spiritus contra spiritum.

Thanking you again for your kind letter

I remain

yours sincerely

C.G. Jung.

¹⁾ "As the hart panteth after the water brooks, so
 panteth my soul after thee, O God." (Psalm 42,1)

NOVEMBER 2014 COMPARATIVE FINANCIAL SUMMARY



Income Statement

	<u>2014</u>	<u>2013</u>
Revenue		
Group Contributions	\$ 2,353.55	\$ 3,381.49
Copy, Individual, Newsletter Donations, & Interest Income	\$ 1,559.16	\$ 246.73
Sales - Literature	\$ 6,292.19	\$ 6,215.90
Sales - Awards & Misc.	\$ 1,696.50	\$ 1,854.00
Total Revenue:	\$ 11,901.40	\$ 11,698.12
COGS - Literature	\$ 5,583.62	\$ 6,314.31
COGS - Awards & Misc.	\$ 843.18	\$ 932.72
Total COGS	\$ 6,426.80	\$ 7,247.03
Gross Profit	\$ 5,474.60	\$ 4,451.09
Operating Expenses (Rent, Wages, Utilities, Office Supplies, Printing & Copies)	\$ 4,313.94	\$ 3,458.01
Leasehold Improvements (New Floor)	\$ 2,531.15	
Other Expenses (Chili Cook Off)	\$ 133.58	<div style="border: 1px solid black; padding: 2px; display: inline-block;"> Inventory Adj. & Chili Cookoff </div> \$ 735.74
Total Expenses	\$ 6,978.67	\$ 4,193.75
Net Income:	\$ (1,504.07)	\$ 257.34

Bank Accounts

Checking	\$ 7,866.91	\$ 13,385.93
Money Market - PR	\$ 24,075.67	\$ 24,031.47
Total	\$ 31,942.58	\$ 37,417.40

CENTRAL OFFICE COMMITTEE MEETING MINUTES - DEC 11, 2014

Financial Report – Martin C. presented the November financial report. New carpet installation invoice has been applied to November financial report.

Committee Meeting Minutes - Beverly A. as new secretary is learning the ropes – no report at this time.

Activities Committee – Joel R. no report but encouraged anyone to run for the next term of Activities Chair.

Archives Committee – John N. mentioned that C.O. is accepting previous Grapevines for jails, institutions, or home groups.

Cooperation with Professional Community (CPC) Committee – CPC Chair, Pam H. said volunteers are needed for her committee. She is meeting with DEX online and medical doctors.

Corrections Committee – Dave R. announced the need for additional volunteers. It is a one year commitment.

Hotline Telephone Committee – Danny R. stated Thanksgiving weekend went well. All slots are filled for service volunteers but email him if interested in any future openings. Danny restated the number for anyone calling the “Hotline” is Central Office phone number: 801-484-7871.

Literature Committee – Chris H. presented the “Pamphlet of the Month - The Many Paths to Spirituality” packet for group distribution. We are well stocked in literature. Contact him for any large orders. 2015 Calendars available

Newsletter Committee – Jennie S. declared C.O. needs volunteers to help mail monthly “Lifeline.” Her term is up so she is willing to help the next Newsletter chair get started. Please submit group birthdays and events by the 15th of the preceding month for Lifeline publication.

Outreach Committee - Charlie T. announced no committee meeting in December. All Groups meeting on December 20th to be hosted by C.O. Board.

Public Information (PI) Committee – no report at this time.

Treatment Committee – committee meeting on Thursday of every month at C.O. for anyone interested in service.

Twelfth Step Committee – Allison F. All is going well. She has updated 12th step list. If interested in being on 12th step list please email her at 12step@aa.org

Volunteer Committee – volunteers needed at C.O. on Fridays 10am-5pm.

Website Committee - Jonathan H. Website up and current. Area 69 is in better sync with ours. Has list of internet traffic sources available for anyone interested

District/ Area Updates – January 6, 2015 Central Office Annual Board Meeting. Board members only.

Old Business – Proposed Budget Ratification passed. Tabled motion regarding \$500 purchase of new chairs for C.O. meeting room also passed.

Elections for 2015-16:

Newly elected/re-elected Chairs are:

CPC – Pam H.

Corrections – Dave R.

Hotline – Danny R.

Literature – Allison F.

Public Information – Laura C.

Treatment – Randy C.

12 Step – Tim E.

Open Chair positions are:

Activities

Archives

Newsletter

Outreach

Volunteer

Website

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Comments or suggestions for Lifeline?