

THE MONTHLY NEWSLETTER OF CENTRAL OFFICE OF SALT LAKE CITY, INC.

Salt Lake Central Office | 80 W Louise Ave. Salt Lake City, UT 84115 | 801.484.7871 | www.saltlakeaa.org

**INSIDE THIS ISSUE:**

Step 8 - Rod G.	3
Announcements	4
Calendar of Events	5
Group Contributions (June)	6
Group Birthdays (June/July)	7
Speak Easy Ladies Anniversary	8
Chapter 8: To Wives - Sandra D.	9
Central Office Financial Statement (June)	10
Central Office Committee Highlights (July)	11

**Salt Lake Central Office, Inc.**

80 West Louise Avenue  
(2850 South)  
Salt Lake City, Utah 84115-2860  
801.484.7871

**Hours of Operation**

Monday-Friday 10am to 5pm  
Sat 10 am–2 pm  
Closed Sundays  
Open Holidays  
(depending on volunteer  
availability)

**The Chair in the Corner**

Greetings, Salt Lake Central Office! I hope everyone's summer is going well, but enough with the heat already. I'm always ready for some warmth, but this is a little over the top. Oh well, the snow will be here soon enough.

The big news around here is the ratification of the new Bylaws, after 6 months of ad hoc-ing and 3 months of deliberation, the body approved the proposed version, which can be found on the home page at [www.saltlakeaa.org](http://www.saltlakeaa.org). This document has been through a few changes since its creation and continues to be a living document that will continually be modified in order to be more effective at doing what we do best, helping drunks get sober. If you or your group has a suggested change, we meet the second Tuesday of every month at 6:30 pm where you can present your suggestion. I have a tendency to use my conventional thinking and want to impose rules from the real world on what we do here at the CO. Fortunately, the

beauty of our program shines through in the principles, and I'm reminded that we are not a business, a school, a government or authority, we are a "spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers."

I cannot stress strongly enough that this is YOUR Central Office. Those holding positions are but trusted servants, they do not govern. Which brings me to my next topic, elections! It's never too early to begin thinking about your next service position in AA, maybe it will be at the Central Office. The Chair, Co-Chair and one Trustee will be elected in November, and all 13 Committee Chairs will be rotating in December. That should generate some heat. And hopefully some filled positions. There's plenty of work to do in our efforts to reach those who need us, what can you do to help?

In loving service, Wendy

July 21, 2014

**VOLUNTEERS!  
NEEDED!**

Your **wholly volunteer-run** CENTRAL OFFICE is in DIRE need of volunteers to keep our office open. Call today to find out how **YOU** can **HELP!**

Susan L. 801-647-4091

*I am Responsible.  
When Anyone, Anywhere  
Reaches Out For Help,  
I Want The Hand Of A.A.  
Always To Be There.*

*And For That,  
I Am Responsible !*

**Central Office Board of Trustees**

board@saltlakeaa.org

- Chair ..... Wendy W.
- Co-Chair ..... Chris H.
- Immediate Past Chair..... Nick R.
- Secretary ..... Shelly G.
- Treasurer..... Martin C.
- Trustee at Large ..... Doug C.
- Trustee at Large ..... Ray J.
- Trustee at Large ..... OPEN
- Alternate Trustee at Large ..... Jason R.
- Alternate Trustee at Large ..... Mike O.

**Central Office Standing Committees**

- Activities ..... Joel R.  
activities@saltlakeaa.org
- Archives ..... John N.  
archives@saltlakeaa.org
- Bylaws ..... OPEN  
bylaws@saltlakeaa.org
- Cooperation w/Professional Community .. OPEN  
cpc@saltlakeaa.org
- Cooperation w Treatment Facilities ..... Gary S.  
ctf@saltlakeaa.org
- Corrections..... David R.  
corrections@saltlakeaa.org
- Hotline Telephone ..... Danny R.  
hotline@saltlakeaa.org
- Literature ..... Chris H.  
literature@saltlakeaa.org
- Lifeline Newsletter ..... Jennie S.  
lifeline@saltlakeaa.org
- Outreach ..... Charlie T.  
outreach@saltlakeaa.org
- Public Information Committee ..... OPEN  
pi@saltlakeaa.org
- Twelfth Step ..... Allison P.  
12step@saltlakeaa.org
- Volunteer ..... Susan L.  
volunteer@saltlakeaa.org
- Website ..... Jonathan H.  
webservant@saltlakeaa.org

**SALT LAKE CENTRAL OFFICE**

**Statement of Purpose**

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

1. To carry the A.A. message and help those individuals who suffer from alcoholism
2. To maintain a 24-hour Twelve-Step phone list, and to answer phone inquiries as needed
3. To provide an A.A. listing in appropriate public sources
4. To function as a clearing house for the circulation and exchange of information among all of the A.A. Groups in the area
5. To compile, update and print meeting lists and other information about local A.A. services
6. To maintain A.A. approved literature for sale to members and the public
7. To print and distribute a newsletter
8. To be available to those in the community seeking information about alcoholism and A.A.
9. To maintain contact, refer inquiries and cooperate with General Service Committees and local groups
10. To arrange, delegate, or manage the details of all Central Office events or any other functions approved by the CO Committee
11. Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.
12. Such other activities that are consistent with the principles of the Twelve Traditions

**Local Clubhouses**

**Fellowship Hall**

2060 S Windsor St.  
Salt Lake City  
[www.fellowshipputah.org](http://www.fellowshipputah.org)

**Alano Club**

5056 S. 300 W.  
Murray  
[www.alanoclubslc.org](http://www.alanoclubslc.org)

**7th Tradition Contribution Addresses**

**A.A. World Services**

Box 459  
Grand Central Station  
New York, NY 10163  
<https://ctb.aaws.org/Login.aspx>

**District 10 Treasurer**

PO Box 57271  
Murray, UT 84157

**District 2 Treasurer**

PO Box 615  
Salt Lake City, UT 84110

**Area 69 Treasurer**

PO Box 433  
Salt Lake City, UT 84020  
<http://utah.aa.org/contributions.php>

**District 11 Treasurer**

1065 N 500 W  
Bountiful, UT 84140

## STEP EIGHT, SOME THOUGHTS TO CONSIDER

by Rod G.

**B**y now on step 8, we are well on our way in a spiritual and healing journey. I believe that each step should be taken individually, I believe especially step 8 and step 4 should be done, without forward looking to the next step to come. Because if not done that way, it is easy to get into fear in my head, of what I “may think” lies ahead, in the step to follow. “First Things First”

I feel this step is about taking the most honest look at ourselves than we’ve ever taken in our whole lives, over the years and decades of self deception, denial, self centeredness, pride and over inflated ego.

It is important to look at and “list” the people “I” have harmed, however little or small, I may think the harm was, even if I think I may never see that person again. This is an examination of ones self, and no one else. Some examples of the people that were on my list are family, mine, yours, theirs, friends, neighbors, co-workers, pets, ect... the list goes on.

I’ve said to myself and to others over the years that, the step 8 list is mostly finished, from what I had listed on my 4<sup>th</sup> step list. I’ve said this mainly because, that is what I had been told by my sponsor when doing my steps for the first time. But over the years and with more thorough examination of what the step say’s, and means, I believe step 4 is about me, and my morals, and step 8 is about other’s and who my lack of morals and bad actions have affected, and more importantly hurt. It was easy to say when I was drinking that I was hurting no one other than myself. I told myself, after all I was paying the bills, and I was the one who had to deal with the hangovers, tardiness, missed appointments and engagements, crazy behavior and the embarrassment and humiliation of the next morning, and day or two until I could mask the memory with another bender. I was the one who felt like crap about my self more than anyone else could. It was all about me, me, me..... I do have to say, I feel this is a place where step 4 and step 8 do have their common denominators, because by step 8, the pattern of self manifested in so many different ways, has started to be revealed to myself. This is a eye opening and humbling step (as they all are) if done with all the honesty one is capable of at the time, it will change the way you view the world and the people in it, and add so much more mortar to the foundation we are building, for freedom from self, and oddly enough, help build self respect, and self esteem.

Step 8  
*“Made a list of all persons we had harmed, and became willing to make amends to them all.”*

I am starting to get busy at work right now, and thinking to much in my brain rather than my heart.

So in closing I would like to thank the person who asked me to write my thoughts on step 8 and am honored to be of service. I can’t help but to take this opportunity to pass on a couple of things that were said to me early on in my sobriety.

Our goal is to wear sobriety like a loose garment.

Don’t take life so darn seriously, it is short. So lighten the \*\*\*\* up !

# # #

# ANNOUNCEMENTS

- **Male volunteers needed** to help take a Friday night Big Book study/Speaker meeting into the Promontory wing of the Utah State Prison in Draper. The Promontory facility houses male offenders actively participating in the Substance Abuse Treatment Program called "ConQuest." Volunteers will need to obtain clearance with the Utah Dept. of Corrections. Contact Clark S. at [dr.stern@gmail.com](mailto:dr.stern@gmail.com) for details.
- **New Meeting:** An AA Group, Wednesdays@5:30 pm@ the 4th Street Clinic: 409 W 400 S in Salt Lake City
- **Corrections Committee Meetings** held on the 3rd Tuesday each month from 7-8pm at Central Office. All are welcome! Please contact Dave R. at [corrections@saltlakeaa.org](mailto:corrections@saltlakeaa.org) or call Central Office for more details.
- **Outreach Committee Meetings** held on the 4th Tuesday of each month from 6-7pm at Central Office All are welcome! Please contact Charlie T. at [outreach@saltlakeaa.org](mailto:outreach@saltlakeaa.org) for more details.
- **Newsletter Committee Meetings** held on the 4th Saturday of each month from 10-11am at Central Office. All are welcome! Please Jennie S. at [lifeline@saltlakeaa.org](mailto:lifeline@saltlakeaa.org) or call Central Office for more details.

## CENTRAL OFFICE ANNUAL PICNIC

This year's Central Office Picnic is coming soon!



We will again be serving roast pig, roast chicken, hamburgers and hot dogs. Please bring a potluck side dish or dessert to share.

**Where:** Germana Park  
5243 S Murray Pky Ave (1070 W)

**When:** August 10, 2014, 11:00–2:30pm

**Cost:** Free Admission, families welcome

**Speaker:** TBA

**Raffle:** Free tickets will be distributed as attendees arrive

## ALL GROUP MEETING

Saturday, August 16, 6-8 pm

Hosted by:  
**THE SPEAK EASY LADIES GROUP**  
In honor of their 40<sup>th</sup> anniversary year

We will meet at CENTRAL OFFICE  
80 W Louise Ave (2850 S)  
Salt Lake City, Utah 84115  
801-484-7871

Please bring a dish to share as we will eat and visit from 6-7, followed by a meeting from 7-8

COME AND CELEBRATE  
WITH US!



**NEW MEETING ALERT!**

~ROSE PARK RECOVERY~

**WHEN:** Thursdays@7:00 pm

**WHERE:** Unity Baptist Church  
1170 W 1000 N. in Salt Lake

**AUGUST 15-16**



**RED LION HOTEL**

**PRAASA 2015**



UTAH AREA 69 WELCOMES YOU

# CALENDAR OF EVENTS

## August 2014 .....

- Aug 10**            Central Office Annual Picnic: Germania Park, from 11–3 pm.
- Aug 15–17**        Utah Rainbow Roundup Conference: the Red Lion Hotel (161 W 600 S, Salt Lake City).
- Aug 15–17**        Maple Grove Camp Out 2014: Maple Grove Campground just outside of Richfield, UT.  
Contact Ralph: 801.598.0732 for details.
- Aug 16**            All-Groups Meeting hosted by Speak Easy Ladies: Central Office from 6–8 pm.
- Aug 16-17**        Area 69 Pre-Assembly Workshop: Bountiful Elks Lodge (544 W 400 N). Call 801.726.1536  
for details
- Aug 21–24**        ICYPAA in San Antonio, Texas: the Grand Hyatt ([www.56thicypaa.org](http://www.56thicypaa.org)).
- Aug 29-1**         K.I.S.S. Campout at Rockport Dam, Magna. Call Scottie H. for details.

## September 2014 .....

- Sept 6**            3 Legacies BBQ hosted by District 2: Fairmont Park. Check back for more details.
- Sept 12–14**       Women’s 25th Annual Big Book Retreat: Trefoil Girl Scout Camp, Provo Canyon. Call  
Heather at 801.687.7644 for details.
- Sept 12–14**       CC + H<sub>2</sub>O (Conscious Contact and Water): Men’s Spiritual Retreat @Lava Hot Springs, ID.  
Contact the Committee Chair, Ben S: 801.913.5360 / [chronicbeard@gmail.com](mailto:chronicbeard@gmail.com) for details
- Sept 20**            All-Groups Meeting hosted by Survive and Serve: Central Office from 6–8 pm.
- Sept 26–28**       Area 69 Fall Assembly hosted by District 10: Salt Lake City Hampton Inn (425 S. 300 W.)  
Call 801.651.1480 or 801.706.7025 for details.

## October 2014.....

- Oct 3-5**            The Fellowship of the Spirit Utah 2014: The Lodge @ Mountain Village in Park City, UT.  
Register online at: [www.fotsutah.com](http://www.fotsutah.com)
- Oct 10–12**        OcSoberFest 2014: Pueblo Convention Center, Pueblo, Colorado. Call Kevin W  
719.242.5235 or Cyndi M 719.250.5286 for more information.
- Oct 16-19**        1st Annual Okt-Sober Fest Fundraiser hosted by Dixie Central Office: Lexington Hotel/  
Convention Center in St. George
- Oct 18**            Chili Cook-Off : St. Ambrose Catholic Church from 7–9:30 pm (tentative)

## 2014 GROUP CONTRIBUTIONS—YTD THROUGH JUNE

Contributions GROUPS	Jun 14	Jan - Jun 14	Contributions GROUPS	Jun 14	Jan - Jun 14
11th Step Meditation	25.00	25.00	Magna Friendly Bunch	50.00	425.00
12 O"Clock High	40.00	200.00	Midvale Lunch	0.00	225.00
1444 Group	0.00	81.00	Murray Group	0.00	100.00
17th x 17th	0.00	256.27	New Life	0.00	222.00
5-15 Happy Hour	50.95	648.60	New Way	0.90	0.90
90th and 32nd @ 600	0.00	200.00	No Nonsense	0.00	87.30
974 Group	0.00	224.49	Nomadic Lunches	0.00	393.45
A Vision for You	0.00	116.00	Non Smoking Sobriety Hour	398.00	398.50
A Way Out	0.00	71.50	Not So Secret Service	0.00	17.50
Acceptance	0.00	192.17	Nut Buckets	0.00	121.00
An AA Group	0.00	34.01	Off the Cuff	0.00	180.32
Area 69	0.00	33.00	Park City Men's Group	79.00	652.00
Basic Young Peoples	0.00	172.50	Park City Step Study	0.00	400.00
BBT&T	0.00	100.00	Prassa Committee	0.00	13.00
Bog Irish	0.00	127.09	Recovery Way	20.00	40.00
Bountiful Community	20.00	40.00	Red Eye Group	0.00	76.97
By the Book	0.00	275.00	Richard Street Lunch	0.00	148.86
Came to Believe	0.00	171.00	Right Stuff	0.00	84.00
Closed Meeting of Alcoholics	0.00	405.26	Salt Lake Group	0.00	59.00
Come Around	0.00	20.00	Salt Lake Men's	0.00	155.00
Come As You Are	13.00	185.00	Saturday Beginners	0.00	350.00
District 2	3.35	3.35	Saturday Morning SOTS	0.00	139.75
DNS Group	0.00	662.54	Sharing N Caring	0.00	85.00
Early Bird Special	0.00	779.00	South Davis AA	0.00	50.00
Early Friendship	0.00	410.05	South Enders	0.00	100.00
Every Night Firelight Group	0.00	225.00	South Valley Lunch	0.00	220.00
Fresh Air 12 & 12	0.00	110.00	Speak Easy Women	157.60	315.76
Fresh Air Serenity Seekers	0.00	295.00	Starting The Day	10.00	40.00
Friday Night Young and Alive	25.00	50.00	Sunday Morning Breakfast	0.00	120.00
Friendship Group	0.00	48.13	Survive & Serve	0.00	77.00
G/C Women	0.00	29.00	Tenth Step Group	0.00	28.95
Garden Variety	0.00	177.00	Thunder Heart AA	0.00	50.00
Granger Group	0.00	282.59	Thursday Night Book Study	0.00	100.00
Grapevine	0.00	113.47	Tooele Beginners	0.00	118.42
Greater Kearns	0.00	25.00	Tuesday Tribe	0.00	50.00
Growing Pains	0.00	125.00	Unity Lunch Bunch	20.00	95.00
Grub Lunch Bunch	110.00	398.00	Up Group	0.00	40.00
Happy Destiny	0.00	36.30	Wake Up Call	0.00	1,150.00
Happy Group	0.00	300.00	We Care	35.00	35.00
High on a Hill	0.00	480.00	West Valley Group	0.00	9.00
Highland Group	0.00	97.00	Women In Sobriety	0.00	95.39
Hilcrest	0.00	342.00	Women Stepping Up	0.00	80.00
Honey's Breakfast Club	0.00	300.00	Women's 12X12	91.00	315.00
Hot Topics	0.00	78.00	Women's Reflections	0.00	105.00
How It Works	0.00	200.00	Young People's Meeting	0.00	80.96
Into Action	0.00	55.00	Total Contributions GROUPS	287.30	9,257.14
It's in the Book	0.00	57.82			

## GROUP BIRTHDAYS— JUNE & JULY

### Living in Sobriety

90 days:  
Lacey  
Clay  
Brecka  
Cody  
60 days:  
Brody  
Jeff  
Jake  
Jake  
Melissa  
Ryan  
90 days:  
Jake  
Aleisha  
Jeff  
4 yrs: Keith  
11 yrs: Donna

### NS Sobriety Hour

90 days:  
Cory  
Eric  
1 yr:  
Angie  
Todd T.  
18 mos: Rick  
2 yrs:  
Tyler  
Lori K.  
3 yrs: Dave  
9 yrs: Kelly  
10 yrs: Patricia N.  
12 yrs: Gina  
22 yrs: Wendy  
24 yrs: Al

### Speak Easy

**Ladies Group**  
90 days: Sonny  
2 yrs: Corrine  
17 yrs: Alie  
28 yrs: Margaret

### Basic Young People's

9 mos: Kayla  
1 yr: Jennifer  
4 yrs: Rich  
5 yrs: Jonathan  
7 yrs: Erin

### Life Elevated Lone Peak/Utah State Prison

9 mos: Pete  
1 yr: Kenny

### City At Seven

18 mos: Felicia  
1 yr: Paul  
3 yrs: Alley  
3 yrs: Avery  
8 yrs: Christian

### An AA Group

1 yr: Matt

### Nomadic Lunch Bunch

9 mos: Bill  
18 mos: Sean  
9 yrs: John  
10 yrs: Mike  
15 yrs: Morris  
18 yrs: Bob  
18 yrs: Carol  
27 yrs: Mark

## TRADITION EIGHT

*“Alcoholics Anonymous should remain forever nonprofessional,  
but our service centers may employ special workers”*

- Is my own behavior accurately described by the Traditions? If not, what needs changing?
- When I chafe about any particular Tradition, do I realize how it affects others?
- Do I sometimes try to get some reward – even if not money – for my personal AA efforts?
- Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
- In my own AA life, have I any experiences which illustrate the wisdom of this Tradition.
- Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition – How It Developed?

*These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.*

## THE SPEAK EASY LADIES GROUP: 40TH ANNIVERSARY

"This ladies AA group began in 1974 with a group of women alcoholics who wanted to meet regularly and listen to recordings made by alcoholics who shared their experience, strength and hope with other alcoholics. The ladies found it useful to have a discussion following the recordings...and to identify the Speak Easy Ladies Group as a closed group...limited to persons who have a desire to stop drinking."

Thus begins each meeting of the S.E.L.G., held each Thursday from 12:00 noon til 1:30 p.m., at All Saints Episcopal Church on the corner of 17th South and Foothill Blvd. The meeting is known for the amount of sobriety in the room, as well as for its warm welcome to newcomers and returnees alike. Now in this 40th anniversary year we would like to pay tribute to some of the women who set the tone and inspired so many of us to carry on the tradition they established.

PAT, an outsize Texas personality, gave us the tradition of telling our sobriety dates when we speak. She used to say that in Texas if you don't give your sobriety date, it's probably because you don't have one. PAT's date is 6/19/64. She tells of going to her first meeting and thought AA was the cat's meow, so she went all over Texas telling people about AA while still drinking, and never got anyone sober.

BEVERLY (8/4/74) was one of the Grand Dames of the SELG, a constant presence with her wisdom and compassion for the newcomer. Donnie (3/27/88) remembers how she stayed after every meeting to talk with any woman who was in need. Kim recalls her saying in the meeting "I'd like to hear from the newcomers", thus giving those too shy to volunteer a chance to share and become a part of the group. Toni tells of the coaching Beverly gave her when she was in the middle of some high drama: get into the observatory and step back and just observe, not participate. To sit with her fear until it passed. "Here I am, still alive and much more free. She added so much to my early sobriety."

KAYE (1/1/75) said: "I came here to learn to drink like a Lady." And then she went out for 10 years and came back to learn how not to drink. Peggy (6/6/86) said, "I can still see and hear Kaye's knitting needles. I miss her every day."

There were many others also who gave so much to this group (BETTY, CAROLYN, GWEN, DEB, to name just a few). Margaret-Peggy summed it up for us in saying, "it was there in the SELG with those women that I learned how to do the life/living part of sobriety. I would not have survived those first sober Mother's Days without the amazing support and love from those early women. And thoughts of all of you will get me through today."

### HOME GROUPS REPRESENTED @ CO REP MEETING JULY 8, 2014

90th and 32nd	Happy Destiny	Red Eye Coffee
Basic Young Peoples	Hot Topic	Spiritual Quest
Bountiful Men's Meeting	Life Elevated Group	Stepping Stones
A Closed Meeting of Alcoholics	Midvale Lunch Bunch	Sugarhouse Men's
Garden Variety	Murray Group	Sunday Breakfast
Grapevine Group	No Nonsense	Survive and Serve
	Nutbuckets	Tooele Beginners

## THE “BIG BOOK” CLUB: CHAPTER EIGHT

### *To wives . . .*

**A**n alcoholic reading through the Big Book of Alcoholics Anonymous for the first time might be tempted to skip over Chapter 8 since it is titled “To Wives” but on further examination, will find that it was actually written by Bill W. Skipping this chapter for any reason would be a serious oversight and one that might hinder, rather than help, the soon-to-be-recovering alcoholic.

Why would that be the case? One constant among alcoholics is the tendency to believe that their problem, even after they admit there is one, is theirs and not anyone else’s. Unfortunately this is not completely true. As Chapter 8 points out, “...for every man who drinks others are involved—the wife who trembles in fear of the next debauch, the mother and father who see their son wasting away.” (p. 104) This does not even include the children, friends, coworkers, neighbors, community members, doctors, police officers and others who are also suffering in some way from the effects of someone else’s drinking. Chapter 8 can be helpful in revealing the impact someone else’s drinking can have and every alcoholic needs to be aware, in the process of recovery, that they are not the only ones affected.

**“ONLY THE ALCOHOLIC, WITH THE AID OF A HIGHER POWER AND THE STRENGTH OF ALCOHOLICS ANONYMOUS, CAN FIND THE SOLUTION.”**

What, then, should these other people do? “To Wives” suggests many changes in the non-drinking person affected, but most of them boil down to not trying to solve another person’s drinking problems for them, since this will never work and may cause resentment from the alcoholic who sees other people “interfering” in his or her problem.

The ultimate solution is a spiritual awakening for these other people, use of the 12 Steps for themselves, and realization that they are dealing with someone who is seriously ill with a condition which may very well kill them if not controlled. Chapter 8 suggests, in fact, that the non-drinking spouse or other remember “He (the alcoholic) is just another sick, unreasonable person. Treat him, when you can, as though he had pneumonia.” (p. 108)

That this is a difficult thing to do is obvious from the content of Chapter 8. These women have suffered along with their drinking spouse, have become angry, resentful, frightened, and desperate, just as the alcoholic has! They may have made multiple attempts to control the disease for the drinker, may have enlisted others in the fight, even divorced or separated from the alcoholic, only to find that even extreme measures have not cured the problem.

Reason: it is NOT their problem. Only the alcoholic, with the aid of a Higher Power and the strength of Alcoholics Anonymous, can find the solution. The affected others can only see to their own spiritual health, follow the precepts of the 12 Steps themselves, “Let go and let God” take care of the problem drinker and, perhaps, as is suggested on page 121, find an Al-Anon group of their own to support them through the struggle.

—Sandra D.

## JUNE 2014 COMPARATIVE FINANCIAL SUMMARY

### Income Statement

	<u>2014</u>	<u>2013</u>
<b>Revenue</b>		
Group Contributions	\$ 1,148.80	\$ 2,527.90
Copy, Individual & Newsletter Donations	\$ 104.83	\$ 298.42
Sales - Literature	\$ 6,017.60	\$ 3,586.80
Sales - Awards & Misc	\$ 1,760.00	\$ 1,823.50
<b>Total Revenue:</b>	<b>\$ 9,031.23</b>	<b>\$ 8,236.62</b>
COGS - Literature	\$ 6,046.34	\$ 3,559.81
COGS - Awards & Misc	\$ 886.77	\$ 879.28
	<b>\$ 6,933.11</b>	<b>\$ 4,439.09</b>
<b>Gross Profit</b>	<b>\$ 2,098.12</b>	<b>\$ 3,797.53</b>
Operating Expenses	\$ 3,235.28	\$ 3,384.19
(Rent, Wages, Utilities, Office Supplies, Printing & Copies)		
Other Expenses	\$ 232.58	\$ 409.14
(Event Expense - Breakfast)		
<b>Total Expenses</b>	<b>\$ 3,467.86</b>	<b>\$ 3,793.33</b>
<b>Net Income:</b>	<b>\$ (1,369.74)</b>	<b>\$ 4.20</b>

### Bank Accounts

Checking	\$ 13,196.79	\$ 20,250.05
Money Market - PR	\$ 24,059.44	\$ 24,011.32
<b>Total</b>	<b>\$ 37,256.23</b>	<b>\$ 44,261.37</b>
Inventory Balance As Of 05/31/14	\$ 46,392.88	\$ 29,089.17
Inventory Balance As Of 06/30/14	\$ 39,079.15	\$ 29,601.07
<b>Change in Inventory</b>	<b>\$ (7,313.73)</b>	<b>\$ 511.90</b>

## CENTRAL OFFICE COMMITTEE MEETING HIGHLIGHTS FROM JULY 8, 2014

### Financial Report – Martin C.

Average monthly group contributions \$3100

June C.O. meeting minutes approved with 1 correction: Wendy did not make a motion-Committee Reports

Activities Committee – Joel R.: C.O. Picnic (flyer); *ask your groups if they want to take collection specifically for raffle prize*

Corrections - Dave R.: *volunteers needed, 1year continuous sobriety required; Pink Cans available*

Hotline – Danny R.: phones are being answered; contact him the day before you need the line forwarded to you especially if forwarding over the weekend

Literature – Mike filled in for Chris: Pamphlet of the Month “ Q&A on Sponsorship”; CO has literature if needed

Newsletter – Jennie S. – Lifeline Committee has grown to 6; the committee meeting is listed on saltlakeaa.org, 4<sup>th</sup> Saturday of month 10am; experimenting with number of printed copies, trying to save trees; collecting birthdays; accepting stories, 2 in prison interested in writing stories

Outreach – Charlie: volunteers needed; All Groups Meeting hosted by 5:15 Happy Hour 7/19 @ Central Office 6PM

12<sup>th</sup> Step – Allison F.: sign up sheets distributed; working with Hotline chair

Volunteer Committee – Susan L.: *Central office needs volunteers (flyer), 10 volunteers have moved on, need 2 people in office at a time and they are working alone sometimes, can volunteer for any amount of time; volunteer coordinators are rotating out, no length of continuous sobriety required*

### District 10 Report – Martin:

*-District has surplus of \$3000, what does your group want them to do with it?*

*-Next meeting is August 4<sup>th</sup> @ Alano Club 6PM*

*-Service positions open: DCM, 5 Alternate DCMs, Public Information, Coop w/Professionals*

Void at District and Central Office levels

Diane: New floor for Central Office; Doug and Chris are working on it

Area Report – Mike: General Service Office presenting a Forum in Boise

### Old Business:

*-Elections for Alt. Trustee, By Laws, Treatment, Public Information and Coop w/Professional Community – ALL REMAIN UNFILLED*

*-By Laws Ratification: Dave made motion to approve, Scott seconded, 26 for/3 opposed; Bring all corrections/ideas for the By Laws of C.O. to the Central Office Rep meeting*

No New Business

Central Office of Salt Lake City, Inc.  
80 West Louise Avenue  
Salt Lake City, Utah 84115-3514

NON-PROFIT  
ORGANIZATION

U.S. Postage

**PAID**

Permit No. 1970  
Salt Lake City, UT

Return Service Requested



If you would like to receive the LIFELINE through the mail please fill out this form and send it to

Salt Lake Central Office at 80 West Louise Ave, Salt Lake City, UT 84115. Your donation is appreciated!

You may also access /sign up to receive the LIFELINE via email on the Salt Lake Central Office website: [saltlakeaa.org](http://saltlakeaa.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Amount donated: c \$3.00      c \$5.00      c \$10.00      c Other \$ \_\_\_\_\_

Comments or suggestions for Lifeline?