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Alcoholics Anonymous  
Salt Lake Central Office



**Hours of Operation**

Monday-Friday 10am - 5pm

Sat 10 am - 2 pm

Closed Sundays

Open Select Holidays\*

\*Based on Volunteer Availability

**From Your Chair...**

Greetings, Salt Lake Central Office! Isn't it amazing how quickly a month flies by? Especially when you're having fun at the Central Office annual picnic. If you missed this, I feel sorry for you. Thanks to Nick R, Doug C and Mike, an entire pig was stuffed with potatoes, onions and other good things and slow roasted through the night with each of the three taking sentry duty to ward off wolves. Joel and Penny and a slew of volunteers worked tirelessly to prepare for the hungry hordes and kept the place in order so we could all have a good time. And it was a blast. The great thing about this event is that if you did manage to miss it, it will happen again next year. It's not too early to start thinking about what side dish you might bring and what goes best with sweet, succulent, tender, delicious pork? (A fork!)

And while you're dreaming about food and picnics, keep in mind that there are opportunities to serve in our fellowship. The only constant is change, and it will be changing here soon. In fact, it's already begun. With the ratification of the new Bylaws, the structure of the Board has become sleeker so that we can be more effective in our 12<sup>th</sup> Step work. Everything we do is to make the hand of AA available to those who need us, whether they know it or not. And we all take part in that. I want to thank Nick R, Mike O and Jason R for serving as Immediate Past Chair and Alternate Trustees.

I hope you will join me in recognizing their efforts to show up and participate, bringing experience, strength and hope to our common purpose. Thank you for jobs well done. And thank you to Shelly, our brief Secretary, good luck in your educational adventure. Come back when you're done!

“There is a widely held belief in A.A. that if a newcomer will simply continue to attend meetings, “Something will finally rub off on you.” And the implication, of course, is that the something which rubs off will be this so-called miracle of A.A. Now, there is no doubt in my mind that many people in A.A. accept this statement quite literally. I have observed them over the years. They faithfully attend meetings, faithfully waiting for “something to rub off.” The funny part about it is that “something” is rubbing off on them. Death. They sit there — week after month after year — while mental, spiritual, and physical *rigor mortis* slowly sets in. I believe the real “miracle of A.A.,” the “something” that will rub off, we hope, is simply the alcoholic's willingness to *act.*” *A Member's Eye View of Alcoholics Anonymous*

What action will you take?

In loving service, Wendy

August 14, 2014

## Central Office Board of Trustees

board@saltlakeaa.org

Chair ..... Wendy W.

Co-Chair ..... Chris H.

Secretary ..... Open

Treasurer ..... Martin C.

Trustee at Large ..... Doug C.

Trustee at Large ..... Ray J.

## Central Office Standing Committees

Activities ..... Joel R.

activities@saltlakeaa.org

Archives ..... John N.

archives@saltlakeaa.org

Cooperation w/Professional Community OPEN

cpc@saltlakeaa.org

Cooperation w Treatment Facilities ..... Gary S.

ctf@saltlakeaa.org

Corrections ..... David R.

corrections@saltlakeaa.org

Hotline Telephone ..... Danny R.

hotline@saltlakeaa.org

Literature ..... Chris H.

literature@saltlakeaa.org

Lifeline Newsletter ..... Jennie S.

lifeline@saltlakeaa.org

Outreach ..... Charlie T.

outreach@saltlakeaa.org

Public Information Committee ..... OPEN

pi@saltlakeaa.org

Twelfth Step ..... Allison P.

12step@saltlakeaa.org

Volunteer ..... Susan L.

volunteer@saltlakeaa.org

Website ..... Jonathan H.

webservant@saltlakeaa.org

## SALT LAKE CENTRAL OFFICE

### Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

1. To carry the A.A. message and help those individuals who suffer from alcoholism
2. To maintain a 24-hour Twelve-Step phone list, and to answer phone inquiries as needed
3. To provide an A.A. listing in appropriate public sources
4. To function as a clearing house for the circulation and exchange of information among all of the A.A. Groups in the area
5. To compile, update and print meeting lists and other information about local A.A. services
6. To maintain A.A. approved literature for sale to members and the public
7. To print and distribute a newsletter
8. To be available to those in the community seeking information about alcoholism and A.A.
9. To maintain contact, refer inquiries and cooperate with General Service Committees and local groups
10. To arrange, delegate, or manage the details of all Central Office events or any other functions approved by the CO Committee
11. Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.
12. Such other activities that are consistent with the principles of the Twelve Traditions

### 7th Tradition Contribution Addresses

#### A.A. World Services

Box 459  
Grand Central Station  
New York, NY 10163

[https://ctb.aaws.org/  
Login.aspx](https://ctb.aaws.org/Login.aspx)

#### Area 69 Treasurer

PO Box 433  
Salt Lake City, UT 84020

[http://utah.aa.org/  
contributions.php](http://utah.aa.org/contributions.php)

#### District 10 Treasurer

PO Box 57271  
Murray, UT 84157

#### District 2 Treasurer

PO Box 615  
Salt Lake City, UT 84110

#### District 11 Treasurer

1065 N 500 W  
Bountiful, UT 84140

#### Salt Lake Central Office

80 West Louise Ave.  
Salt Lake City, UT 84115

## MY SEARCH FOR HIGHER POWER AND SPIRITUALITY

*By: Alan L.*

I have searched all my life for my place in the universe with regard to God and religion. I gave up on religion many years ago because I couldn't stand the hypocrisy I witnessed from those who practiced most religions. I still continued my search for belief in God because I simply couldn't understand why it seemed I was the only person who could not believe or understand in the concept of God. As it turns out I am not.

The image I have of God is that of a supreme master who is in some sort of human form and manipulates the earth and all its living and non-living things as a puppeteer would. God is referred to as Father or Lord and by the pronoun He and sometimes She. This God is very powerful and a lot like us with emotions. He can be angry, loving, or jealous.

The AA program and Alcoholics Anonymous places a huge importance on the fact that in order to recover from alcoholism one needs to include God, or God of their understanding, a spiritual experience, or a Higher Power in their program of recovery. My desire to remove my self from the dark depths of alcoholism, to which I had plunged, was overwhelming. I was truly ready to go to any lengths including believing in my feeble conception of a higher Power. Had it not been for AA's teachings, I would have given up the God concept long ago.

On page 12 of the Big Book, it asks: "Why don't you choose your own conception of God?" I have always had a huge problem accepting the intangible that most people referred to as God. To my knowledge, no one has ever seen God, some have said they heard God, and then there were others who said they had spoken with God. To me, listening to them was like hunting for Sasquatch or the Loch Ness Monster. All three were equally far fetched as far as I was concerned. However, I continued to feel pressure for the need to have a Higher Power in my life, so I chose the doorknob in my room during treatment and subsequently changed it to the chair because I thought it would be more plausible. Both were equally ridiculous to me, but at least I had a Higher Power, even if I really didn't believe in it. The main thing is the fact I was able to acknowledge that I knew I was not God. But I also felt there was the possibility that somewhere out in the great universe there just might be something that fits the bill. However, the void still remained within me

**"WHY DON'T YOU  
CHOOSE YOUR  
OWN CONCEPTION  
OF GOD?"**

So in spite of my skeptical thoughts, I was able to remain sober for well over thirty years. I proved to myself that one could stay sober without a belief in God, but it just didn't seem right to have a door knob, or a chair as a Higher Power, so my search continued for something that was conceivable and made more sense.

I read, asked questions and shared my thoughts and frustrations at meetings, but could never come up with the answers I needed. To my surprise, the more I shared my reservations, the more I found people who had the same thoughts, feelings, and doubts about the God concept as I had. This didn't do much for helping me find the answers I needed but it did give me the confidence to continue my search. Most importantly, it also gave me the comforting feeling that I wasn't alone.

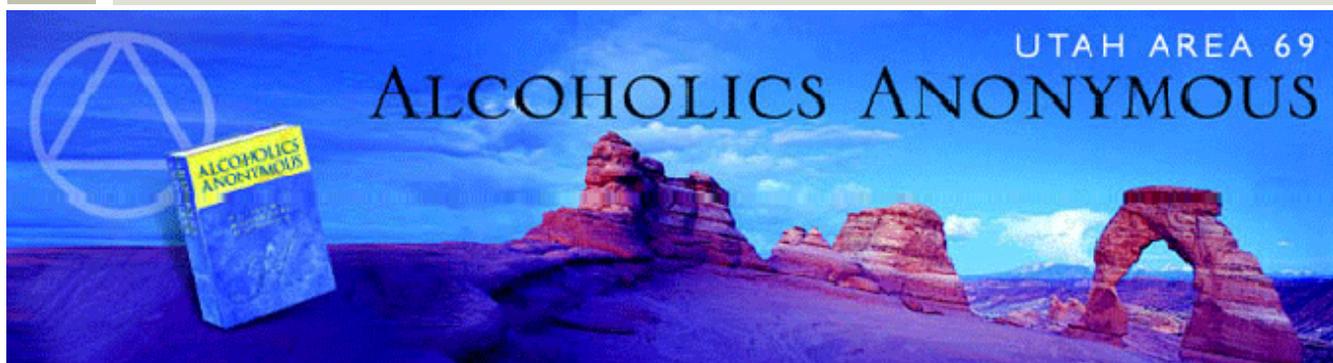
How many times have I read something in the Big Book and on the last reading it was as if I have never seen it before? On page 46 there is an example. It says we need not consider another's conception of God. Our own conception, however inadequate, was sufficient and as soon as we admitted the possible existence of a Creative Intelligence or Spirit of the Universe, we would have the support of a new power. Somehow I managed to grasp that power and I believe it is with that power that I have been able to continue my search for the answers I needed.

*To be continued...*

# ANNOUNCEMENTS

- **Corrections Committee Meetings** held on the 3rd Tuesday each month from 7-8pm at Central Office. All are welcome! Please contact Dave R. at [corrections@saltlakeaa.org](mailto:corrections@saltlakeaa.org) or call Central Office for more details.
- **Outreach Committee Meetings** held on the 4th Tuesday of each month from 6-7pm at Central Office All are welcome! Please contact Charlie T. at [outreach@saltlakeaa.org](mailto:outreach@saltlakeaa.org) for more details.
- **Newsletter Committee Meetings** held on the 4th Saturday of each month from 10-11am at Central Office. All are welcome! Please Jennie S. at [lifeline@saltlakeaa.org](mailto:lifeline@saltlakeaa.org) or call Central Office for more details.

## AREA 69 2014 FALL ASSEMBLY \* SEPT 26-28TH



### Hosted by District 10

[http://www.utahaa.org/flyers/Area69-2014\\_Fall-Assy-b.pdf](http://www.utahaa.org/flyers/Area69-2014_Fall-Assy-b.pdf)

### Where:

Hampton Inn  
425 South 300 West  
Salt Lake City, 84101  
tel: 801.741.1110

### Contact:

Chair: 801.651.1480  
Co-Chair: 801.706.7025



AREA 69 PASS THE GAVEL EVENT

UTAH  
AREA 69  
WELCOMES  
YOU!!



March 6-8, 2015  
LAYTON, UTAH

**Location:** St. James Episcopal Church  
7486 Union Park Ave  
Midvale, UT 84047  
**Date:** Dec 6th, 2014  
**Time:** 8:30am-4:30pm

**Registration:** 8:00am  
**Suggested donation:** \$5.00  
*Snacks and Coffee served*



December  
18 - 21th  
2014  
Kona,  
Hawaii

# CALENDAR OF EVENTS

## September 2014 .....

- Sept 6**            3 Legacies BBQ hosted by District 2: Fairmont Park. Check back for more details.
- Sept 12–14**      Women’s 25th Annual Big Book Retreat: Trefoil Girl Scout Camp, Provo Canyon. Call Heather at 801.687.7644 for details.
- Sept 12–14**      CC + H<sub>2</sub>O (Conscious Contact and Water): Men’s Spiritual Retreat @Lava Hot Springs, ID. Contact the Committee Chair, Ben S: 801.913.5360 / chronicbeard@gmail.com for details
- Sept 20**            All-Groups Meeting hosted by Survive and Serve: Central Office from 6–8 pm.
- Sept 26–28**      Area 69 Fall Assembly hosted by District 10: Salt Lake City Hampton Inn (425 S. 300 W.) Call 801.651.1480 or 801.706.7025 for details.

## October 2014 .....

- Oct 3-5**            The Fellowship of the Spirit Utah 2014: The Lodge @ Mountain Village in Park City, UT. Register online at: [www.fotsutah.com](http://www.fotsutah.com)
- Oct 10–12**        OcSoberFest 2014: Pueblo Convention Center, Pueblo, Colorado. Call Kevin W 719.242.5235 or Cyndi M 719.250.5286 for more information.
- Oct 16-19**        1st Annual Okt-Sober Fest Fundraiser hosted by Dixie Central Office: Lexington Hotel/ Convention Center in St. George
- Oct 18**            Chili Cook-Off : St. Ambrose Catholic Church from 7–9:30 pm (tentative)
- Oct 18**            All-Groups Meeting at office from 6-8 pm

## November 2014.....

- Nov 1-2**            Fall Workshop Hosted by District 4 : Fillmore, Utah
- Nov 15**            All-Groups Meeting at Central office from 6-8 pm

## December 2014 .....

- Dec 6**            Pass the Gavel --Area Committee Meeting : St James Episcopal Church 7486 Union Park Ave Midvale UT from 8:30am to 4:30pm Registration at 8am. Lunch from 12-1pm
- Dec 20**            All-Groups Meeting at Central office from 6-8 pm

## March 2015 .....

- March 6-8**        PRAASA 2015 at the Davis Conference Center in Layton

## July 2015 .....

- July 2-5**            International Convention of Alcoholics Anonymous in Atlanta, GA

## 2014 GROUP CONTRIBUTIONS—YTD THROUGH JULY

| Contributions GROUPS         | Jul 14 | Jan - Jul 14 | Contributions GROUPS              | Jul 14          | Jan - Jul 14     |
|------------------------------|--------|--------------|-----------------------------------|-----------------|------------------|
| 11th Step Meditation         | 0.00   | 25.00        | Midvale Lunch                     | 100.00          | 325.00           |
| 12 O"Clock High              | 0.00   | 200.00       | Murray Group                      | 0.00            | 100.00           |
| 1444 Group                   | 0.00   | 81.00        | New Life                          | 90.00           | 312.00           |
| 17th x 17th                  | 0.00   | 256.27       | New Way                           | 0.00            | 0.90             |
| 5-15 Happy Hour              | 0.00   | 648.60       | No Nonsense                       | 0.00            | 87.30            |
| 90th and 32nd @ 600          | 0.00   | 200.00       | Nomadic Lunches                   | 97.58           | 491.03           |
| 974 Group                    | 0.00   | 224.49       | Non Smoking Sobriety Hour         | 0.00            | 398.50           |
| A Vision for You             | 0.00   | 116.00       | Not So Secret Service             | 0.00            | 17.50            |
| A Way Out                    | 37.30  | 108.80       | Nut Buckets                       | 0.00            | 121.00           |
| Acceptance                   | 0.00   | 192.17       | Off the Cuff                      | 111.15          | 291.47           |
| An AA Group                  | 387.59 | 421.60       | Park City Men's Group             | 0.00            | 652.00           |
| Area 69                      | 0.00   | 33.00        | Park City Step Study              | 0.00            | 400.00           |
| Basic Young Peoples          | 0.00   | 172.50       | Prassa Committee                  | 0.00            | 13.00            |
| BBT&T                        | 0.00   | 100.00       | Recovery Way                      | 0.00            | 40.00            |
| Bog Irish                    | 0.00   | 127.09       | Red Eye Group                     | 30.19           | 107.16           |
| Bountiful Community          | 0.00   | 40.00        | Richard Street Lunch              | 0.00            | 148.86           |
| By the Book                  | 0.00   | 275.00       | Right Stuff                       | 0.00            | 84.00            |
| Came to Believe              | 100.00 | 271.00       | Salt Lake Group                   | 0.00            | 59.00            |
| Closed Meeting of Alcoholics | 0.00   | 405.26       | Salt Lake Men's                   | 0.00            | 155.00           |
| Coffee and A Big Book        | 128.20 | 128.20       | Saturday Beginners                | 0.00            | 350.00           |
| Come Around                  | 0.00   | 20.00        | Saturday Morning SOTS             | 0.00            | 139.75           |
| Come As You Are              | 13.00  | 198.00       | Sharing N Caring                  | 0.00            | 85.00            |
| District 2                   | 0.00   | 3.35         | South Davis AA                    | 0.00            | 50.00            |
| DNS Group                    | 0.00   | 662.54       | South Enders                      | 0.00            | 100.00           |
| Early Bird Special           | 0.00   | 779.00       | South Valley Lunch                | 0.00            | 220.00           |
| Early Friendship             | 235.47 | 645.52       | Speak Easy Women                  | 0.00            | 315.76           |
| Every Night Firelight Group  | 0.00   | 225.00       | Starting The Day                  | 20.00           | 60.00            |
| Fresh Air 12 & 12            | 0.00   | 110.00       | Sugarhouse at Seven               | 289.05          | 289.05           |
| Fresh Air Serenity Seekers   | 0.00   | 295.00       | Sunday Morning Breakfast          | 0.00            | 120.00           |
| Friday Night Young and Alive | 0.00   | 50.00        | Survive & Serve                   | 0.00            | 77.00            |
| Friendship Group             | 0.00   | 48.13        | Tenth Step Group                  | 0.00            | 28.95            |
| G/C Women                    | 0.00   | 29.00        | Thunder Heart AA                  | 0.00            | 50.00            |
| Garden Variety               | 0.00   | 177.00       | Thursday Night Book Study         | 0.00            | 100.00           |
| Granger Group                | 0.00   | 282.59       | Tooele Beginners                  | 76.51           | 194.93           |
| Grapevine                    | 34.68  | 148.15       | Tuesday Tribe                     | 0.00            | 50.00            |
| Greater Kearns               | 35.00  | 60.00        | Unity Lunch Bunch                 | 25.00           | 120.00           |
| Growing Pains                | 130.00 | 255.00       | Up Group                          | 20.00           | 60.00            |
| Grub Lunch Bunch             | 73.00  | 471.00       | Valley View Group                 | 50.00           | 50.00            |
| Happy Destiny                | 23.70  | 60.00        | Wake Up Call                      | 575.00          | 1,725.00         |
| Happy Group                  | 0.00   | 300.00       | We Are One.                       | 30.00           | 30.00            |
| High on a Hill               | 0.00   | 480.00       | We Care                           | 0.00            | 35.00            |
| Highland Group               | 46.00  | 143.00       | Welcome Home Group                | 25.00           | 25.00            |
| Hilcrest                     | 0.00   | 342.00       | West Valley Group                 | 20.00           | 29.00            |
| Honey's Breakfast Club       | 0.00   | 300.00       | Women In Sobriety                 | 20.50           | 115.89           |
| Hot Topics                   | 0.00   | 78.00        | Women Stepping Up                 | 0.00            | 80.00            |
| How It Works                 | 100.00 | 300.00       | Women's 12X12                     | 0.00            | 315.00           |
| Into Action                  | 0.00   | 55.00        | Women's Reflections               | 0.00            | 105.00           |
| It's in the Book             | 0.00   | 57.82        | Young People's Meeting            | 0.00            | 80.96            |
| Magna Friendly Bunch         | 50.00  | 475.00       | <b>Total Contributions GROUPS</b> | <b>2,973.92</b> | <b>19,881.10</b> |

## GROUP BIRTHDAYS— JULY & AUGUST

|  |   |   |  |  |
|--|---|---|--|--|
| <p><b>Hillcrest</b><br/>                 Arthur 30 days<br/>                 Justin 30 days<br/>                 Julie 30 days<br/>                 Trevor 90 Days<br/>                 Casey 90 Days<br/>                 Teresa 90 days<br/>                 Brandon 1 yr.<br/>                 Sam 1 yr.<br/>                 Ran 1 yr.<br/>                 Melissa 18 mos<br/>                 Paul 2 yrs.<br/>                 Tarol 2 yrs.<br/>                 Steve 6 yrs.<br/>                 Dwaine 7 yrs.<br/>                 Carol 8 yrs.<br/>                 Susan 8 yrs.</p> | <p><b>Hillcrest (cont)</b><br/>                 Sean 10 yrs.<br/>                 Soren 12yrs.<br/>                 Derek 13 yrs.<br/>                 Alicia 17 yrs.<br/>                 Pablo 23 yrs.<br/>                 Meg 27 yrs.<br/>                 Reed 33 yrs.<br/>                 Marcel 35 yrs.</p> <p><b>Living in Sobriety</b><br/>                 Lisa 30 days<br/>                 Phil 30 days<br/>                 Casey 6 months<br/>                 Ricky 1 year<br/>                 Andrea 2 years<br/>                 John 10 years<br/>                 Terri 30 years</p> | <p><b>Life Elevated<br/>Lone Peak/Utah State<br/>Prison</b><br/>                 John 1 yr.<br/>                 Jesse 2 yrs<br/>                 Joe 30 days<br/>                 J. C. 28 yrs</p> <p><b>City At Seven</b><br/>                 Sam 18 mos<br/>                 Katy 3 yrs<br/>                 Martin 4 yrs<br/>                 Steve 6 yrs<br/>                 Aaron 7 yrs<br/>                 Patricia 10 yrs<br/>                 Dennis 27 yrs</p> | <p><b>An AA Group</b><br/>                 Lauren B 3yrs<br/>                 Katie M 3yrs<br/>                 Ryan H 11yrs<br/>                 Brad 27yrs</p> <p><b>Nomadic Lunch<br/>Bunch</b><br/>                 Adam 6 mo<br/>                 Josh 9 mo<br/>                 Tammy 5 yrs<br/>                 Nicole 5 yrs<br/>                 Kathy 6 yrs<br/>                 Shelia 9 yrs<br/>                 Tery 10 yrs<br/>                 Gina 12 yrs</p> | <p><b>Speak Easy Ladies</b><br/> <u>July</u><br/>                 Stacey 30 days<br/>                 Alivia 90 days<br/>                 Rachel 1 year<br/>                 Anne 1 year<br/>                 Pat 5 years<br/>                 Monique 6 years<br/>                 Rachel 7 years<br/>                 Sheila 9 years<br/>                 Sally 26 years</p> <p><u>August</u><br/>                 Lindsey 30 days<br/>                 Jessica 30 days<br/>                 Frankie 30 days<br/>                 Natia 30 days<br/>                 Jan 60 days<br/>                 Amra 2 years<br/>                 Claudia 2 years<br/>                 Barbara 24 years<br/>                 Julie 24 years<br/>                 Toni 25 years</p> |
|--|---|---|--|--|

## ORIGINS OF COMMON DRINKING PHRASES

### Hangover

According to the Online Etymology Dictionary, the first documented use of hangover (or hang-over) was in 1894, and it meant "a survival, a thing left over from before." That sounds about right. The alcohol (or alcohol sickness) hangs over from the night before. Get it?

*\*We will publish a phrase every month so stay tuned!*

## HOME GROUPS REPRESENTED @ AUGUST CENTRAL OFFICE MEETING

|                                |                         |                    |
|--------------------------------|-------------------------|--------------------|
| 5:15 Happy Hour                | Life Elevated Group     | Saturday Sots      |
| 10th Step Group                | Magna Friendly Bunch    | Sharing and Caring |
| 11th Step Meditation           | Midvale Lunch Bunch     | Spiritual Quest    |
| 90th and 32nd                  | No Nonsense             | Stepping Stones    |
| Bountiful Men’s Group          | Nomadic Lunch Bunch     | Sugarhouse Men’s   |
| A Closed Meeting of Alcoholics | Non-Smoking Sobriety Hr | Survive and Serve  |
| City at Seven                  | Nutbuckets              | Tooele Beginners   |
| Coffee and a Big Book          | One Small Step          | Up Group           |
| Happy Destiny                  | Park City Men’s Stag    | Welcome Home       |
| Happy Group                    | Primary Purpose         | Women in Sobriety  |
| Honey’s Breakfast Club         | Salt Lake Group         |                    |



## THERE IS SERENITY IN STURGIS



**M**y first Sturgis trip was a follow-up to the annual AA Serenity Run in Cedaredge, Colorado, in 1992. I had met a man there who was heading to Sturgis following the Serenity Run, so I asked to join him. That part was easy. But as I rode the 640 miles from Cedaredge to Sturgis, South Dakota, I started to become overwhelmed with fear and anxiety. It had been conveyed to me by my fellow AA brothers that I had to be very careful and cautious during bike week in Sturgis—it could be very dangerous. Well, after hearing those messages and having the wonderful pleasure of riding 640 miles, you can imagine what I was thinking.



74th Anniversary Sturgis Rally 2014, South Dakota

After a long ride beset with fear, I arrived about 12:00 pm and landed almost on the doorstep of the Sturgis Serenity Club House on the main drag. As we all know, there are no coincidences. I immediately went in and retrieved the meeting schedule for bike week. To my surprise, meetings were held every three hours. That was my first day of my first Sturgis Motorcycle Rally.

This year marked my 22nd Sturgis Rally, and I have become very comfortable with my sober experience over the years. I have met and created many long-term sober friendships with sober riders. I discovered in the meetings at Sturgis that the bikers I was so afraid of

were just like me—garden variety drunks who had to do the same things that I do to stay sober.

Today, my wife, who is sober and rides, and I go to meetings every day and share our experience strength and hope with other alcoholics. But we also love to ride through the Black Hills, which for us is an extremely spiritual experience—which means Sturgis has become a very important part of our program, rejuvenating our spiritual connection each year.

If you're new to AA and like to ride but are afraid to go to Sturgis, I would encourage you to take the risk. It is safe if you take your AA program with you and, if you do, I know you will have the same experience that I did. So keep the rubber down and Happy Trails!

Gordo C.

Park City UT



Sturgis Group of Alcoholics Anonymous Meeting

*\*\*The Sturgis Motorcycle Rally is an American motorcycle rally held annually in Sturgis, South Dakota usually during the first full week of August. It began in 1938 and was originally held for stunts and races, but has evolved into being a meeting for motorcycle enthusiasts from around the world—Wikipedia: [http://en.wikipedia.org/wiki/Sturgis\\_Motorcycle\\_Rally](http://en.wikipedia.org/wiki/Sturgis_Motorcycle_Rally)*



## THERE IS SERENITY IN STURGIS



Riding a motorcycle was something I never thought of. At 5 years sober, I met a guy in the rooms of AA, and after a long motorcycle ride on the back on his bike in April 2002, I knew I had to learn how to ride. Not only had I fallen in love with him (and married him), I fell in love with riding! I took the Riders Edge course through the Harley Davidson Shop in Salt Lake, got my first bike, and began to ride. By the time the Sturgis Motorcycle Rally rolled around, I had a few hours under my belt, so off we roared on an adventure of a lifetime. At first I was scared, thinking about 500,000 bikes and me in the Black Hills of Sturgis, South Dakota, but my guy assured me I was ready.

We rode 625 miles from Park City to Sturgis, and as we got closer to Sturgis, the energy started to build. It was so exciting as more and more bikes joined us along the way.

When we arrived, the streets were lined with bikes and bikers, vendors, and all sorts of people. The roar of all those bikes can be a bit overwhelming at first, but I loved the feeling and the thrill of being with that many people and being a part of the largest biker party on earth! Still, not for one minute did I forget that I'm an alcoholic in recovery. I knew that meetings were going to be a big part of our Sturgis experience, but I didn't realize that right in the middle of it all was The Serenity Clubhouse. My guy and I dropped into a meeting to get some Serenity. You could truly feel the peace as we walked through the door. I began to relax the moment I heard them start reading "How It Works." You see, meetings during an event like this don't only in-

sure that I'm not going to drink but also insure that I'm going to have an amazing time! To be connected to my people is being connected to my spirit! It is the air I breathe, it is what lights me up! It is truly one of the greatest parts of Sturgis. I found that people who go to meetings while in Sturgis often have long-term sobriety, and the meetings in Sturgis just ROCK!!

I recently attended my 13th Sturgis Rally. Best Sturgis ever! They keep getting better and better as I grow in my sobriety. I'm a daily meeting goer and when in Sturgis I don't take a vacation from AA.

We've met lifelong riding buddies, and we see

familiar faces in the clubhouse each year. There are two meeting halls in Sturgis with meetings all day and into the night.

WHAT A PARTY! Just because I gave up drinking doesn't mean I've given up having fun. I truly have more fun now than I ever had in my whole drinking career. Riding all day, my husband on his bike and me on mine, through the Black Hills

where the roads were made for motorcycles, eating great food, checking out all the vendors, going to meetings—it's all more fun than any one human being should be able to have. Thank God for AA, which allows me to go anywhere and have a GREAT time.

Laurie C.

Park City UT

Serenity Group Meetings in Sturgis, South Dakota



## JULY 2014 COMPARATIVE FINANCIAL SUMMARY

### Income Statement

|  | <u>2014</u>               | <u>2013</u>               |
|--|---------------------------|---------------------------|
| <b>Revenue</b>   |                           |                           |
| Group Contributions  | \$ 2,973.92               | \$ 2,263.56               |
| Copy, Individual & News letter dona-<br>tions                | \$ 100.21                 | \$ 54.05                  |
| Sales - Literature   | \$ 6,340.13               | \$ 3,178.34               |
| Sales - Awards & Misc  | \$ 1,620.00               | \$ 1,976.50               |
| Total Revenue:   | <u>\$ 11,034.26</u>       | <u>\$ 7,472.45</u>        |
| <br>   |                           |                           |
| COGS - Literature  | \$ 5,947.83               | \$ 3,085.40               |
| COGS - Awards & Misc   | \$ 849.35                 | \$ 973.14                 |
| Total COGS   | <u>\$ 6,797.18</u>        | <u>\$ 4,058.54</u>        |
| <br>   |                           |                           |
| Gross Profit   | <u>\$ 4,237.08</u>        | <u>\$ 3,413.91</u>        |
| <br>   |                           |                           |
| Operating Expenses   | \$ 3,221.42               | \$ 2,838.63               |
| (Rent, Wages, Utilities, Office Supplies, Printing & Copies) |                           |                           |
| Other Expenses   | \$ -                      | \$ 1,052.79               |
| Total Expenses   | <u>\$ 3,221.42</u>        | <u>\$ 3,891.42</u>        |
| <br>   |                           |                           |
| <b>Net Income:</b>   | <u><b>\$ 1,015.66</b></u> | <u><b>\$ (477.51)</b></u> |
| <br>   |                           |                           |
| <b><u>Bank Accounts</u></b>                                  |                           |                           |
| Checking   | \$ 12,660.06              | \$ 21,657.95              |
| Money Market - PR  | \$ 24,063.53              | \$ 24,011.32              |
| Total  | <u>\$ 36,723.59</u>       | <u>\$ 45,669.27</u>       |
| <br>   |                           |                           |
| Inventory Balance As Of 06/30/14                             | \$ 39,079.15              | \$ 29,601.07              |
| Inventory Balance As Of 07/31/14                             | \$ 43,269.58              | \$ 29,023.12              |
| Change in Inventory  | <u>\$ 4,190.43</u>        | <u>\$ (577.95)</u>        |

## CENTRAL OFFICE COMMITTEE MEETING HIGHLIGHTS - AUG 12, 2014

**Financial Report:** Martin C. presented the June Financial report. Donations were up from last month. Literature sales were up compared to last year.

**Activities Committee.** Joel R. Picnic Report: Attendance estimated at 150, which would be down from last year. Joel expressed appreciation for all those who helped and for the raffle donations. Chili Cook-off scheduled for October 18, 2014.

**Archives Committee.** John N. Requested that anyone who makes copies of announcements, activities, etc., to leave a copy for the "historical record." Request for back issues of the Grapevine for the Central Office library.

**Cooperation with Professional Community (CPC) Committee.** Open

**Corrections.** Dave R. Announced the need for additional volunteers.

**Hotline Telephone Committee.** Danny R. Available slots are covered and the program is running smoothly. Requests to volunteer should be made at least 24 hours in advance, either by email or phone.

**Literature Committee.** Chris H. Presented the "Pamphlet of the Month": "The Twelve Concepts for World Service" Announced that an order was misplaced and a new one would need to be made.

**Newsletter Committee.** Jennie S. The August Lifeline is available in print and online. (Report given by a committee member since Jennie was absent.)

**Outreach Committee.** Charlie T. [no information available]

**Public Information (PI) Committee.** Open

**Treatment Facilities (TF) Committee.** Open

**Twelfth Step Committee.** Allison F. [no information available]

**Volunteer Committee.** Susan L. Appreciation expressed for all the volunteers and the work they do. A volunteer is needed for Mondays from 4–5 pm. A chair and two coordinators are needed. Contact Susan to add items to the online calendar. Note: Central Office can only accept donations/contributions that are expressly intended for Central Office.

**Website Committee.** Jonathan H. Jonathan was absent, but those who have been on the website recently report that it appears to be up and current.

**District/Area Updates** The Area 69 pre-assembly workshop will be held Saturday and Sunday at the Bountiful Elks Lodge. Admission is \$10 and all are welcome.

### **Old Business**

Secretary: No volunteers. Appreciation expressed to those who have served in positions that have been phased out by the new bylaws. Trustee: Laura volunteered for the remainder of the year. Sobriety date is May 31, 2009. Nomination accepted by the group.

### **New Business**

Open Positions:

Public Information: Jacqueline volunteered, nomination accepted by the group. Sobriety date is December 22, 1998.

Cooperation with Professional Community (CPC) Committee Chair. No volunteers.

Treatment Facilities (TF) Committee Chair. No volunteers.

Note: It was suggested that those who want to serve should research the position beforehand.

### **Discussions**

- Purchase of the Television Currently at Central Office. The television has been loaned to Central Office and a request was made by the owner that Central Office either buy it or return it. The asking price was \$500. After considerable discussion, the decision was made to purchase it with a majority ruling. [more details are available if needed]
- New Carpet for Central Office. After a considerable amount of discussion, the motion to approve up to \$4,000 to carpet various rooms at Central Office was accepted. [more details are available if needed]

Central Office of Salt Lake City, Inc.  
80 West Louise Avenue  
Salt Lake City, Utah 84115-3514

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You may also access /sign up to receive the LIFELINE via email on the Salt Lake Central Office website: [saltlakeaa.org](http://saltlakeaa.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Amount donated: c \$3.00      c \$5.00      c \$10.00      c Other \$ \_\_\_\_\_

Comments or suggestions for Lifeline?