

# LIFELINE

Salt Lake City Central Office Newsletter

APRIL 2014

## THE BIG BOOK (CLUB)

### Chapter 4: We Agnostics

Having been raised in a religious family, I was, like so many of us were, told what God was. After years of praying as I was educated to pray, of believing I should have visions and conversations with God, and failing to make that sort of contact with It (I'll refrain from using gender related terms about God, as I don't believe It's a "He" or a "She") I had given up on my premature spiritual quest and grew into an agnostic myself. A lover of all sciences, I was quick to point out the fallacies in other's logic behind their faith and assert that evolution, the Big Bang Theory, etc... were the forces at work in the Universe, and not a Supreme Being. Ironically, my belief in God today finds no contention in my belief in evolution or science, but rather the opposite; these are forces, greater than myself, which I believe are part of the totality of God.

I wasted a lot of energy and time looking for visual and tangible evidence of God's existence. I had certain false ideas about what God was, and required the type of miracles written about in the Old Testament for proof of God's existence. I also fancied myself exceptional, and fantasized that I would be given super powers, like Herculean strength, or at least be fire proof, as I was a budding pyromaniac and amateur bombologist in my youth. Needless to say I was never given the ability to walk on water, or even part my glass of milk like young Moses in the Far Side cartoon.

Shortly after leaving my church and losing my feeble faith I found alcohol, and God wasn't as important to me. I had found a power greater than myself which seemed to solve my problems. I could feel alcohol in my veins, giving me the sensation of power I'd always wanted. I felt like Samson. Both Samson and I were vulnerable to untrustworthy women (that's another story), and sobering up was the equivalent of cutting off my hair, so drinking as often as possible had its attractions. I drank as much as I could, as often as I could, for as long as I could. My drinking lifestyle soon became problematic, leading to DUI's, several arrests, ER visits, loss of jobs, failed relationships, and so on. I tried as many forms of solving the alcohol problem as I could invent. Most of them relied upon me and my insufficient will power. I feared asking for help, and didn't see how AA, which I'd found in my few halfhearted attempts, unsuccessful.

My bottom was when I finally admitted the futility of my controlling alcohol and the imagined impossibility of living sober the rest of my life. I experienced a nervous breakdown and destroyed my Dad's basement. The following morning I received a call from my Dad, who'd been out of town at the time I broke into his house, stole his booze, and had a big boy temper tantrum. He told me he wasn't angry, but rather concerned, and that it was time for me to get help again. I was so relieved to hear that he was offering the help I couldn't ask for. He was willing to pay for my treatment. That day I called a treatment center and made an appointment for what would be an extended stay. My last two days of drinking were somber times, and not the debauchorous farewell I'd romanticized about when I would finally say good bye to alcohol and grow up. I'd accepted my hopeless situation and was willing to do, at that time, whatever it took to get sober. I'm able to look back on my bottom and interpret it as the moment when I allowed God to enter my life. Something had changed in me that night I broke down. I was graced by God, in the form of unbearable self inflicted pain, to the point where I was then willing to do what was necessary. I caused all that pain, but God made it so it was too uncomfortable to live that way any longer. That was the force that got me sober. To me that is Grace.

The most important line to me in this chapter, and one of the most helpful to me in my growing spirituality, is that "God is either everything, or else He is nothing. God either is, or He isn't." This simplified my complicated way of looking at God, and summed it up perfectly. God is everything to me today. God is present in all life and matter, and is an unlimited force, available to me whenever I seek it. It's taken me all of these past 2000 or so days of continuous sobriety for my conception of God to be what it is. I doubt I'll ever understand what my Higher Power really is, but my faith continues to grow. I didn't believe in God when I first came to AA. I had extreme difficulty in praying and practicing the suggestions and steps. I'm sober today, and I haven't obsessed about alcohol in a very long time. I believe that God is responsible for this, as God is responsible for everything in my life today. I'm grateful to be a member of Alcoholics Anonymous, which was my first effective Higher Power, and I owe my life to this life changing program.

Patrick R.

## LIFELINE

The Monthly Newsletter of  
CENTRAL OFFICE of Salt Lake City, Inc.

We welcome your correspondence and will publish your material, space permitting, if it meets editorial criteria. **Share your experience, strength, and hope with other alcoholics.** To submit articles, suggestions or contributions, contact CENTRAL OFFICE below.

**Central Office of Salt Lake City, Inc.**  
**80 West Louise Avenue (2850 South)**  
**Salt Lake City, Utah 84115-2860**  
**801-484-7871**  
**lifeline@saltlakeaa.org**

### CENTRAL OFFICE Board of Trustees

board@saltlakeaa.org

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### CENTRAL OFFICE Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- To maintain a 24-hour Twelve-Step phone list;
- To answer phone inquiries as needed;
- To compile, update and print meeting lists;
- To maintain A.A. approved literature for sale to members and the public;
- To print and distribute a newsletter;

Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.



**The Central Office Grapevine library is incomplete.**

If you have a copy of any issues below, please consider serving the fellowship by giving them to the library. Thank you.

2012: January, July, September, October, November, December  
2011: All 12 months  
2010: March  
2009: February, March  
2006: May  
2005: November  
2004: May, June  
2003: All 12 months  
2002: October  
2001: All 12 months  
2002: October  
2001: All 12 months  
2000: All 12 months  
1999: July, August, September, October, November, December

Central Office Hours:  
Monday-Friday 10am to 5pm  
Saturday 10am to 2pm  
Closed Sundays  
OPEN MOST HOLIDAYS  
Call for holiday hours  
801-484-7871

### 7th Tradition Contribution Addresses

#### A.A. World Services

Box 459  
Grand Central Station  
New York, NY 10163  
<https://ctb.aaws.org/Login.aspx>

#### Central Office of Salt Lake City

80 West Louise Ave.  
Salt Lake City, UT 84115

#### Area 69 Treasurer

PO Box 433  
Salt Lake City, UT 84020  
<http://utah.aa.org/contributions.php>

#### District 10 Treasurer

PO Box 57271  
Murray, UT 84157

#### District 2 Treasurer

PO Box 615  
Salt Lake City, UT 84110

## Step Four

*"Made a searching and fearless inventory of ourselves"*

For me, the Fourth Step is not just a list between the pages of a well-hidden journal, but the Fourth Step is a continuous, yet imperfect practice of empathy. Although I completed an exhaustively detailed Fourth Step, one that extended back to childhood events that had occurred before I had acquired the language to articulate them, and extended forward to fears of impossible and distant somedays, new fears and resentments—or seemingly new configurations thereof—arise on a daily basis.

In my Fourth Step, perennial patterns emerged, a consistent calculus of character defects, which are not the result of my uniquely dark soul, but are merely human. And, when resentments emerge, as they so often do, I must remember that other people, too, are human, and try to extend to them the same tolerance, pity, and patience that has been so cheerfully and gracefully granted to me. When I am actively practicing the Fourth Step, I need to look at other human beings, in all their fragility and fallibility, and think, "You must feel a pain that I, too, have felt." We are told that we must ask ourselves in what ways we are similar to others, where are we to blame? Although I might not identify with someone else's particular action, or in other situations, I might feel blameless, I can identify with the entrenched insecurities, the deep emotional wounds, and the fears that gnarl us and cause us to make the mistakes that I once thought only I could make.

I remember reading my Fourth Step to my sponsor—in my backyard, at coffee shops, at her kitchen table—and what I remember most are not the things I told her, but how she gently empathized with nearly every item in my inventory. And how what once felt so sinister and secret no longer separated me from others. If she could identify with what seemed to be the worst parts of me, perhaps I could learn to identify with others. The cruelest thing I could ever do is to disregard the emotional complexities of others, thereby denying them their humanity. And to truly be human is to empathize with everyone, absolutely everyone.

Tasha M.

## Tradition Four

*"Each group should be autonomous except in matters affecting other groups or A.A. as a whole."*

Because of Tradition Four, each group can be autonomous. This means that each group has the right to run a meeting in any format that they wish and because of this if you explore enough meetings I believe you can find one that is right for you. Salt Lake has about 55 meetings a day of Alcoholics Anonymous. Most meetings I have attended are similar in format. Some meetings start off the meeting by having someone read from the big book, most meetings last an hour and then usually end by the group circling up and saying the serenity prayer. Although this is the majority basic format for most meetings I have attended, it hasn't been for all. I found comfort in a young peoples meeting. It was a meeting that majority of my friends did not like, but it was a meeting that I appreciated and attended regularly. The format was structured different than that of my home group, it was more rambunctious and I loved the free spirit of the young alcoholic. Just because a large portion of people I knew did not like this meeting did not mean it was harmful to AA as a whole.

My home group is a Twelve and Twelve step study meeting. The group reads through the Twelve and Twelve and then discusses the step that was just read. The second Friday of the month the group reads then discusses the tradition that corresponds with whatever month it is.

If you're new to Alcoholics Anonymous and haven't found a meeting that's right for you, I encourage you to seek out other meetings. We have beginner meetings, traditions meetings, meditation meetings, young people meetings, discussion meetings, open meetings, speaker meetings etc. And if you still haven't found a meeting that is right for you, I encourage you to take advantage of this tradition and start your own meeting, format it any way you'd like. But please keep in mind the rest of the traditions.

Damian T.

# The Non-Alcoholics Who Helped Us

A drunk is lying on a bed in a hospital.  
A doctor is sitting beside the bed.

The drunk wails in earnest, "...a wave of depression came over me. I realized that I was powerless, hopeless, that I couldn't help myself, and that nobody else could help me. I was in black despair. And in the midst of this, I remembered about this God business...and I rose up in bed and said, 'If there be a God, let him show himself now!' Tell me doctor. Am I insane, or not?"

Fortunately for Bill, and A.A., the doctor was Dr. Silkworth. Very possibly, the future of A.A. hung on the doctor's answer to that question. "These people do not want to do the things they do. They drink compulsively, against their will." One of the early drunks whom Dr. Silkworth treated, a big husky six-foot man, dropped to his knees, tears streaming down his face, and begged for a drink. "I said to myself then and there, this is not just a vice or habit. This is compulsion, this is pathological craving, this is a disease!"

It was there that Dr. Silkworth made the first of his indispensable contributions to A.A. He knew, by insight, what no amount of medical training can give a man; that what had happened to Bill was real, and important.

"I don't know what you've got," he told Bill, "but whatever it is, hang on to it. You are not insane. And you may already have the answer to your problem."

The encouragement of the man of science, as much as the spiritual experience itself, started A.A. on its way. Although he died on March 22nd, 1951, Dr. Silkworth is yet with us. Because of his profound personal modesty, disarming gentleness, his unassuming skill, he accomplished his daily miracles of medical and spiritual healing, which continue in every room where two drunks meet. He was a prodigious and relentless worker, having spoken with over 51,000 alcoholics. This gentle doctor, with his white hair and soft blue eyes, was a man of immense personal courage. He went much farther than merely encouraging Bill's faith in his spiritual experience; he saw to it that Bill was permitted to come back into Towns Hospital to share his discovery with other alcoholics.

Today, when "carrying the message to others" has become a very respectable part of an effective program, it is easy to forget that carrying the message undoubtedly found its genesis in Dr. Silkworth's gentle hands.

Our technique has been mellowed and refined by the wisdom of experience. We know that the blinding light and overwhelming rush of God-consciousness are not necessary; that they are indeed very rare phenomena and the great majority of recoveries among us are of the much less spectacular, and lean toward the more educational kind.

Why did he do it?

The answer to that is the answer to Dr. Silkworth's whole career: he loved drunks. Early in his career, at a time when alcoholism was almost universally regarded as a willful and deliberate persistence in a nasty vice, Dr. Silkworth came to believe in the essential goodness of the alcoholic. He loved drunks. But there was nothing in the least degree fatuous or sentimental about that love. It was an almost surgical love. There was the warmest of light in those blue eyes, but still they could burn right through to the bitter core of any lie, any sham. He could see through egotism, self-pity and similar miseries we drunks so cleverly use to hide our fear and shame. All this he did, while insisting rigorously that recovery was possible only on a moral basis; "You cannot go two ways on a one-way street" he never preached, never denounced, nor criticized. He allowed you, rather, to make your own judgments. "It's a gift," he would say.

Dr. Silkworth not only had vision, he gave vision.

Jeremy B.

# My Story

Without it we have nothing! As I began to put together the words that would make up this piece I didn't know exactly what it was I was going to say or even how I would say it. However, after a plethora of prayer & a maelstrom of meditation I began to believe that I would be able come up with something that, by a recent experience, indeed give someone else a bit of something which for so long I had been completely out of.

After having distanced myself from my father through irresponsibility, irrationality and inescapable fear, I was unable to get/cause myself to reconnect with a man whom I admire a great deal, love very much and have disappointed more than my share. I felt as though I had begun to exist within a circle of light that, as time passed, began to grow even darker and ever smaller. I felt like there wasn't any and there was little chance of it there ever being any as the days became weeks, months, years and eventually decades.

Fear frolicked in my "magnifying mind" as I created scenario after scenario of what his reaction might be, words he might say and how, if at all I would be able to handle myself after doing something I've needed/wanted to for so long now. (As if I was handling it well at all.) LOL

Daily a desire to re-establish a contact burned within me. Despite this, however, I remained unable (unwilling,) to bring myself to initiate contact with the man who brought me into this world (with my mother's help). Friends and relatives would suggest that I just pick up the phone (the 100 lb. one) and call him.

My Mom (divorced 40 yrs.) would always ask me if I had called him. More than once I had told her I planned on calling him as soon as I was finished talking with her. (Actions speak louder than words) Yet she too had been left wondering about me for almost two years and knew that she'd believe it IF she SAW it!

It seems rather ironic to me that I had volunteered for this "assignment" (writing this - not calling him) when in fact I had little of it but knew there was some so I agreed to do my best at getting it done.

Christmas Day, at about two o'clock, I called my Mom to wish her a Merry X-Mas and to ask her if she had gotten the poem I had sent via e-mail to her earlier that day. I'd been unable to get and send her even a card so I did my best at putting my love for her into words and BELIEVED she'd appreciate it. She, after some resuscitation of her "dinosaur" tablet, said she thought it was there and after a short time she read it aloud back to me. After she was done reading it she said "Thank you it's adorable. Have you called your father yet?"

Once again I told her that I planned to (remember God shows his sense of humor when I make plans) as soon as we finished our talk.

This time however was different. I DID CALL!!! Lo and behold he even answered this time. I'd called him a few weeks earlier (believe it or not), and come to find out he was out of the country. Here I thought he just didn't want to speak with me (he would often tell me "that's what you get for doing your own thinking).

After wishing him a Merry X-Mas and telling him how much I loved him I asked him how the weather was in Huntington Beach on Christmas. He said he didn't know 'cause he was out at his brother's house in WVC. I asked him if he had the means to come pick me up from Fellowship Hall and he said yes! WOW!

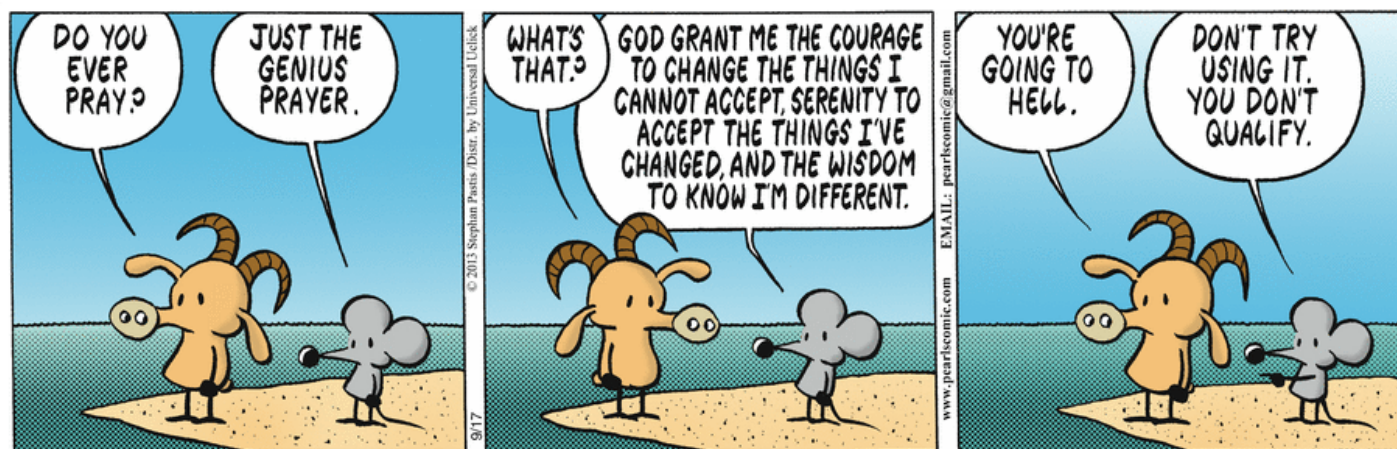
After enduring more than twenty years of being afraid to tell my own Dad that I was in fact gay he began to tell me that his uncle "PAT-sy" was also gay. He said he didn't give a damn if I was gay, straight or what have you. His ONLY concern was that I was happy being who I really was!

Wow! What a relief! Just as it was as I first came into A.A. I had little of it if any, now by the grace of God I have more HOPE than ever.

I am an alcoholic who happens to be gay & when ANYONE anywhere reaches out for help I want the hand of A.A. to be there for that I am responsible.

Alan B.

# Pearls Before Swine by Stephan Pastis



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\*A special thanks to Gina F. for corresponding with Stephan Pastis for reprint of the above comic!



## Humor: Rule #62

### Confession Again

A drunk staggers into a Catholic Church, enters a confessional booth, sits down, but says nothing. The Priest coughs a few times to get his attention, but the drunk continues to sit there. Finally, the Priest pounds three times on the wall. The drunk mumbles, 'Ain't no use knockin, there's no paper on this side either.'

### You are probably an Alcoholic if:

- a) Your doctor finds traces of blood in your alcohol stream.
- b) You believe that alcohol is the elusive 5th Food Group
- c) You have named your sons Barley and Hops, your daughters Sherry and Brandy, & your pets Whiskey and Jack Daniel

### How can you tell the difference between a moderate drinker, a heavy drinker and an alkie?

- A moderate drinker goes in the bar, orders a drink and goes to the bathroom. He comes out and there is a fly in his drink. He pushes the drink back to the bartender and orders another.
- A heavy drinker goes in the bar, orders a drink and goes to the bathroom. He comes out and there is a fly in his drink. He picks the fly out of the drink and drinks his drink.
- An alkie goes in the bar, orders a drink and goes to the bathroom. He comes out and there is a fly in his drink. He picks the fly up and tells him to spit it out, SPIT IT OUT!!!

"All right, brain, I don't like you and you don't like me - so let's just do this and I'll get back to killing you with beer."  
--Homer Simpson

Compiled from various sources on the web, including:

<http://www.aalondon.org/Humour1.html>

[http://www.jeffersonalcoholicfoundation.org/Jokes\\_Stuff.html](http://www.jeffersonalcoholicfoundation.org/Jokes_Stuff.html)

<http://www.recovery-world.com/Drunk-Jokes-6.html>



## For Someone's Sake, Please Answer the Phone!



Shifts available on week days after 5pm, on Saturdays after 2pm, and on Sundays for all 24 hours  
For available shifts, contact: [hotline@saltlakeaa.org](mailto:hotline@saltlakeaa.org) or go to [www.saltlakeaa.org/phones](http://www.saltlakeaa.org/phones)  
for volunteer information. Will train for sobriety! We provide a super easy "how to" sheet.

*"When anyone, anywhere, reaches out for help, I want the hand of A.A. to always be there. And for that: I am responsible"*

## Calendar of Events



### April 2014

**CO Board of Trustees Meeting** at CENTRAL OFFICE on Tuesday, April 1 at 6pm

**SWACYPAA Meetings** at CENTRAL OFFICE on Sunday, April 6, 13, 20, 27 at 6pm

**CO Reps Meeting** at CENTRAL OFFICE on Tuesday, April 8 at 6:30pm

**All Groups Meeting** at CENTRAL OFFICE on Saturday, April 19. Hosted by Happy Destiny. Potluck from 6-7pm, Meeting from 7-8pm

**SWACYPAA Game Night** at 650 E. Wilmington Ave, Salt Lake City on Saturday April 19 at 6pm. Email for more info: [swacypaa1@gmail.com](mailto:swacypaa1@gmail.com)

**Outreach Committee Meeting** at CENTRAL OFFICE on Tuesday, April 22 at 6pm. Help get groups connected and involved with Central Office!

**SWACYPAA Fundraising Prom** on April 26, location tbd. Email for more info: [swacypaa1@gmail.com](mailto:swacypaa1@gmail.com)

### April/May 2014

**General Service Conference** in New York City Sunday April 27 - Saturday, May 3

**Post Conference Assembly** in St George Friday - Sunday, May 16 -18

**SWACYPAA Game Night** at 650 E. Wilmington Ave, Salt Lake City on Saturday May 17 at 6pm. Email for more info: [swacypaa1@gmail.com](mailto:swacypaa1@gmail.com)

### June 2014

**SWACYPAA (Southwestern Area Conference of Young People in AA)** June 19-27 at the Sheraton Hotel: 150 W 500 S. More info at: [www.swacypaa1.org](http://www.swacypaa1.org)

**Breakfast Kick-Off Meeting** at Sugarhouse Park, Parley's Creek Pavilion on June 8 from 10-2pm. Park opens at 8am for set-up/cooking

### July 2014

**Great Outdoors Camp Out, aka GOD Camp Out** at Defa's Dude Ranch on July 11-13 .

### August 2014

**Annual Picnic** at Germana Park on August 10 from 11-3pm

**Rainbow Roundup Conference** at Red Lion Hotel, 161 W 600 S, Salt Lake City on August 15-17.

### October 2014

**Chili Cook-Off** at St. Ambrose Catholic Church on October 18 from 7-9:30pm (tentative)

\*For details regarding Area 69 events and service meetings go to: <http://www.utahaa.org/>

\*Please submit your AA spring and summer events/outings for the calendar at [lifeline@saltlakeaa.org](mailto:lifeline@saltlakeaa.org)

## PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) 2015 UPDATE

Welcome to 1,830. That is the number of people who registered for PRAASA 2014 in San Diego, California March 7,8,9 2014. 1830 sets a new attendance record for PRAASA. Everyone reading this article is invited to join the Utah Area as we host PRAASA 2015 in Layton, Utah at the Davis Conference Center. Our dates are March 6, 7, & 8 2015.

Our PRAASA 2015 host committee has been quietly working behind the scenes to help make PRAASA happen in our area. Many of the chair people for 2015 were able to meet with their counterparts in San Diego and share experience, strength and hope as we prepare for a Twelfth Step call from our Region. We will need many more volunteers during the PRAASA weekend to help our guests find their way around and answer questions. There will be signup sheets circulating so we can find out who is available to help. Everyone who volunteers will have to plan on registering for PRAASA. Right now registration information is under development & more will be revealed. In the meantime take some of the post card invitations that are being circulated at Area events and hang them on bulletin boards and other sites where our Fellowship may see them. You can photograph the invitation with your Smart Phone and send our invitation virtually everywhere. The front of the post card gives event location, the back is hotel information.

Please help us announce this PRAASA opportunity and invite our Fellowship by writing notices for your local Newsletters, web postings, or other methods within the Fellowship from now through February 2015. We won't get another chance to host PRAASA for 15 years.

In gratitude with love and service,  
Monte S. Chair PRAASA 2015

## CALL FOR INTERPRETERS FOR THE DEAF

On March 6-8, **2015** Utah Area 69 will host the PACIFIC REGION AA SERVICE ASSEMBLY in Layton Utah. There are AA Deaf Members planning to come. I have been volunteered to be the Accessibilities Chairman for this Committee and want to find Professional Level Interpreters that are members of 12 Step Organizations willing to help with this event. You can reach me by email: outreach@saltlakeaa.org or tel:385-695-9181 (please leave a message). Charlie T.

## CALL FOR VOLUNTEERS TO SPREAD THE MESSAGE

- The Fortitude Treatment Center (Utah State Department of Corrections facility) is looking for men in the AA community to facilitate an AA meeting at their facility. Tentative times are Friday: 9-10pm, Sat 2-3pm, Sun 6:30-7:30pm (determined by volunteer availability). Volunteers will need to obtain clearance with the Utah Dept of Corrections, a relatively easy process. Please contact Preston R. at tel 801.717.8383 (v/m or text) or email:pradradford@gmail.com for details.

## NEW MEETINGS

- New men's meeting—**Free at Last** on Tuesdays at 7:30-8:30pm on 12299 S. 4000 W.
- New open meeting—**Saturday Serenity** on Sat from 3-4pm on 9160 S 300 W Sandy, 84070
- New open meeting—**South Jordan Big Book Study** on Mon 8-9pm at the Lutheran Church: 10318 S. Redwood Rd, South Jordan



## Group Contributions for February 2014

	Feb 14	Jan - Feb 14
12 O'Clock High	0.00	80.00
5-15 Happy Hour	0.00	234.50
90th and 32nd @ 600	0.00	100.00
A Way Out	0.00	43.30
Acceptance	0.00	70.90
An AA Group	33.11	33.11
Area 69	33.00	33.00
By the Book	150.00	150.00
Closed Meeting of Alcoholics	0.00	299.00
Come Around	10.00	10.00
DNS Group	0.00	320.00
Early Bird Special	0.00	779.00
Early Friendship	0.00	235.57
Every Night Firelight Group	0.00	225.00
Fresh Air 12 & 12	0.00	110.00
Fresh Air Serenity Seekers	0.00	150.00
Grapevine	0.00	88.47
Grub Lunch Bunch	73.00	160.00
Happy Destiny	0.00	31.30
Highland Group	0.00	67.00
Hillcrest	0.00	342.00
Hot Topics	0.00	42.00
How It Works	0.00	200.00
Into Action	0.00	55.00
Magna Friendly Bunch	50.00	125.00
Murray Group	50.00	50.00
New Life	132.00	132.00
No Nonsense	0.00	87.30
Nomadic Lunches	109.00	333.20
Not So Secret Service	0.00	17.50
Nut Buckets	0.00	75.00
Off the Cuff	0.00	105.54
Park City Men's Group	0.00	350.00
Park City Step Study	200.00	200.00
Prassa Committee	0.00	13.00
Red Eye Group	0.00	46.46
South Davis AA	50.00	50.00
South Enders	0.00	100.00
South Valley Lunch	0.00	100.00
Speak Easy Women	158.16	158.16
Survive & Serve	0.00	77.00
Tenth Step Group	0.00	14.95
Thunder Heart AA	0.00	50.00
Thursday Night Book Study	75.00	75.00
Tooele Beginners	0.00	61.18
Unity Lunch Bunch	0.00	25.00
Up Group	0.00	25.00
Wake Up Call	0.00	550.00
West Valley Group	4.00	4.00
Women In Sobriety	0.00	75.95
Women's 12X12	0.00	111.00
Total Contributions GROUPS	1,127.27	6,871.39

## Home Groups Represented at the March 2014 Central Office Meeting

Welcome Home  
 Acceptance  
 Friendship Group  
 Highland Group  
 Stepping Stones  
 Eye Opener  
 A Vision For You  
 By the Book  
 Garden Variety  
 Come As You Are  
 Fresh Air Serenity Seekers  
 5:15 Happy Hour  
 Survive and Serve  
 Sobriety Hour  
 Draper Group  
 Round Table  
 Hillcrest Group  
 City at Seven  
 Midvale Lunch Bunch  
 Old Fashioned AA  
 A Closed Meeting of Alcoholics  
 90th and 32nd @6  
 Honey's Breakfast Club  
 Crazy Ladies  
 No Nonsense  
 High on the Hills  
 Bog Irish Big Book Study  
 Bountiful Men's Group  
 Bountiful Happy Group  
 Sugarhouse Men's Group  
 Tooele Group  
 A Way Out  
 Basic Young Peoples  
 South Davis Group

## Central Office Salt Lake City Financial Summary

February 2014 (comparison with Feb 2013 included)

<b><u>Income Statement</u></b>			
	<b><u>2014</u></b>	<b><u>vs</u></b>	<b><u>2013</u></b>
<b>Revenue</b>			
Group Contributions	\$ 1,127.27		\$ 4,156.66
Copy, Individual & News letter donations	\$ 328.60		\$ 821.00
Sales - Literature	\$ 5,668.59		\$ 4,089.45
Sales - Awards & Misc	\$ 2,426.80		\$ 2,260.50
Total Revenue:	<b>\$ 9,551.26</b>		<b>\$ 11,327.61</b>
COGS - Literature	\$ 5,655.10		\$ 3,536.61
COGS - Awards & Misc	\$ 1,188.20		\$ 1,078.16
Total COGS	<b>\$ 6,843.30</b>		<b>\$ 4,839.54</b>
Gross Profit	<b>\$ 2,707.96</b>		<b>\$ 6,488.07</b>
*This value includes an inventory adj. of \$224.77			
<b>Operating Expenses</b>			
(Includes QB Renewal Fee)	\$ 3,803.32		\$ 3,496.68
(Rent, Bookkeeper, Utilities, Printing & Copies, Answering service)			
Other Expenses	\$ 256.10		\$ 444.95
(Corrections Workshop, Super Bowl Party, Literature Handouts, Inventory Adjustments)			(Snow Removal, QB & POS Tech support)
Total Expenses	<b>\$ 4,059.42</b>		<b>\$ 3,941.63</b>
<b>Net Income:</b>	<b>\$ (1,351.46)</b>		<b>\$ 2,546.44</b>

### **Bank Accounts**

Checking	\$ 11,243.53
Money Market - PR	\$ 24,043.34
Total	<b>\$ 35,286.87</b>

Inventory Balance As Of 01/31/14	\$ 38,984.65	\$ 29,292.74
Inventory Balance As Of 02/28/14	<b>\$ 44,496.37</b>	<b>\$ 29,953.30</b>
Change in Inventory	<b>\$ 5,511.72</b>	<b>\$ 660.56</b>

## *Your CENTRAL OFFICE Committee Meeting Highlights: Tuesday, March 11, 2014*

**Activities Committee**—Joel R. reported that this year's Breakfast in The Park will be at Sugarhouse Park on June 8th from 10am – 2pm. He's also scheduled the Summer Picnic for August 10th at Germania Park from 11am – 3pm. The Chili Cook Off will be on 10/18 at St Ambrose Church.

**Archives Committee**—John N. encouraged everyone to continue to drop off the fliers and other information in the basket by the copy machine at Central Office. He also mentioned that they are looking to complete their Grapevine collection and if anyone has any they would like to donate they can bring them down to Central Office. Any issues that aren't used will be distributed to new Grapevine reps or others in the fellowship.

**By-Laws Committee.** No chair, no report was given.

**Cooperation with the Professional Community (CPC) Committee.** Jeff M. reported back on his experience at PRAASA. He was excited to learn about all the resources available to him and other CPC reps. He was able to meet with the District 2 CPC chair as well as the Area 69 CPC chair.

**Corrections Committee**—Dave R. mentioned that the correction groups are starting a new meeting for people coming out of the jail. He will give us information as soon as he gets it.

**Hotline Committee**—No chair, no report was given.

**Literature Committee**—Chris H. was no present. However Nick R. handed out the Pamphlet of the Month, "The Twelve Concepts of World Service."

**Newsletter Committee**—Gina F. has resigned from the position. No report given.

**Outreach Committee**—Charlie that the All Groups Meeting for March will be hosted by the Nomadic Lunch Bunch. See attached flier. Also he is hoping to have more people attend the Outreach Committee meeting on Tuesday March 25th at 6pm at Central Office. Passed a signup sheet around for the All Groups Meeting in coming months. A question was asked if the All Groups Meeting is open or closed, it was answered as Open.

**Public Information Committee**—Karen S. was absent because she was recently in an accident. She is in rehabilitation up at the U of U.

**Cooperation with Treatment Facilities (CTF) Committee.** – Gary reported that he has found another individual to help him with the committee. They will be dividing up the treatment centers and how they will approach them.

**Twelfth Step Committee**—Andrea reported that she is just getting involved with the committee. Requested if anyone would like to be put on the list for the 12th Step calls to let her know. If anyone is interested in working on the Twelfth Step Committee should contact Andrea at 12step@salklakeaa.org.

**Volunteer Committee**—Susan L reported that they are looking for some time slots to fill for volunteers at Central Office as well as if you have any meeting changes to please let her know so she can have them updated on the schedule.

**Website Committee**—Jonathan H. provided another month of analytics for the group on the website. Anyone interested in helping Jonathan with the Central Office Website or who wishes to have any A.A. related information posted on the website can contact Jonathan H. at 801-228-0090 or by e-mail at webservant@salklakeaa.org.

### Old Business.

Open positions elections:

**Co Chair** – No one stood, **position still open.**

**Hotline Chair** – Three members stood, one had less than the 2 yr sobriety requirement so a motion was made to waive. That motion was not passed. After 2 rounds of voting and taking it to the hat, Danny R. was elected.

**Newsletter Chair** – Clark S. stood for his wife Jennie S., she was elected.

**PI Chair** – No one stood, **position still open** in Karen S.' absence.

Susan L's motion from the month before was brought back up for vote. The motion was for the Central Office to have made and sell a prayer card for the fellowship. After much discussion the motion was passed.

### New Business.

Charlie T. brought up a discussion topic that he would like to see more done for deaf members of our fellowship. Didn't request a motion or action, just introduced the discussion.

**Central Office of Salt Lake City, Inc.**

80 West Louise Avenue  
Salt Lake City, Utah 84115-3514

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Comments or suggestions for Lifeline?