

THE MONTHLY NEWSLETTER OF CENTRAL OFFICE OF SALT LAKE CITY, INC.

Salt Lake Central Office | 80 W Louise Ave. Salt Lake City, UT 84115 | 801.484.7871 | www.saltlakeaa.org

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Central Office of Salt Lake City, Inc.
 80 West Louise Avenue (2850 South)
 Salt Lake City, Utah 84115-2860
 801-484-7871

Hours of Operation

Monday-Friday
 10am to 5pm
 Sat 10 am to 2 pm
 Closed Sundays

Open most Holidays
 (Call for holiday hours)



The Chair in the Corner

Greetings Salt Lake Central Office! Warmth has generated some activity around the CO, including an exterior shrubectomy by the landlord. There's been another spate of chairectomies as well, our open positions include Public Information, Cooperation with the Professional Community, Twelfth Step and Bylaws. These positions will all rotate in December, so if you'd like a service test run, now's the opportunity.

A big Thank You to Shelly G for striding into the Secretary position. Her skills will be well appreciated, especially by the trustees who have been taking Secretary duty, thanks Mike O and Jason R for filling in.

The Bylaws ad hoc Committee has submitted their recommendation for changes, it's a sleek, efficient model with a few big changes and lots of little

ones. It's available online along with the old version, and will be discussed and voted on at the June 10, 2014, CO Committee meeting.

The Annual Breakfast will be in Sugar House park this year on Sunday, June 8, looking forward to that. The best parts of the event are the meeting before and after, so come out and help set up and take down, all the cool kids are doing it.

I'm loving the energy at the CO when I come in on Saturday, there's a sense of ownership by the members, which is as it should be. We serve together to help those not yet reached, and those fortunate enough to be here. Gratitude is an action, not a feeling. If you're grateful to be living a sober life, come on down to the CO and express it.

—See you there, ww



AAGRAPEVINE
 The International Journal of Alcoholics Anonymous



The Central Office Grapevine library is incomplete! If you have a copy of any issues below, please consider serving the fellowship by giving them to the library. Contact: archives@saltlakeaa.org

- | | |
|---|--------------------------------|
| 1988: Jan, Apr, Jun, Jul, Aug, Sept, Nov, Dec | 2002: Oct |
| 1989: Jan — Sept, Dec | 2003: Jan — May, Sept, Dec |
| 1990: Feb, May, Jun, Jul, Sept, Oct, Dec | 2004: May |
| 1991: Feb, Mar, May, Jul, Aug, Sept | 2009: Feb, May |
| 1992: Feb | 2010: Mar |
| 1997: Jun, Jul, Aug, Sept, Nov | 2011: All 12 months |
| 1998: Jan, Feb, Apr, Dec | 2012: Jan, Jul, Sept, Oct, Nov |
| 1999: Jul — Dec | 2013: Feb, Mar |
| 2000: Jan — Jul, Dec | |
| 2001: Feb, Mar, Aug, Oct — Dec | |

Central Office Board of Trustees

board@saltlakeaa.org

Chair	Wendy W.
Co-Chair	Chris H.
Immediate Past Chair	Nick R.
Secretary	Shelly G.
Treasurer	Martin C.
Trustee at Large	Doug C.
Trustee at Large	Ray J.
Trustee at Large	OPEN
Alternate Trustee at Large	Jason R.
Alternate Trustee at Large	Mike O.

Central Office Standing Committees

Activities activities@saltlakeaa.org	Joel R.
Archives archives@saltlakeaa.org	John N.
Bylaws bylaws@saltlakeaa.org	OPEN
Cooperation wProfessional Community cpc@saltlakeaa.org	OPEN
Cooperation w Treatment Facilities ctf@saltlakeaa.org	Gary S.
Corrections corrections@saltlakeaa.org	David R.
Hotline Telephone hotline@saltlakeaa.org	Danny R.
Literature literature@saltlakeaa.org	Chris H.
Lifeline Newsletter lifeline@saltlakeaa.org	Jennie S.
Outreach outreach@saltlakeaa.org	Charlie T.
Public Information Committee pi@saltlakeaa.org	OPEN
Twelfth Step 12step@saltlakeaa.org	OPEN
Volunteer volunteer@saltlakeaa.org	Susan L.
Website webservant@saltlakeaa.org	Jonathan H.

SALT LAKE CENTRAL OFFICE

Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

1. To carry the A.A. message and help those individuals who suffer from alcoholism
2. To maintain a 24-hour Twelve-Step phone list, and to answer phone inquiries as needed
3. To provide an A.A. listing in appropriate public sources
4. To function as a clearing house for the circulation and exchange of information among all of the A.A. Groups in the area
5. To compile, update and print meeting lists and other information about local A.A. services
6. To maintain A.A. approved literature for sale to members and the public
7. To print and distribute a newsletter
8. To be available to those in the community seeking information about alcoholism and A.A.
9. To maintain contact, refer inquiries and cooperate with General Service Committees and local groups
10. To arrange, delegate, or manage the details of all Central Office events or any other functions approved by the CO Committee
11. Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.
12. Such other activities that are consistent with the principles of the Twelve Traditions

7th Tradition Contribution Addresses

A.A. World Services

Box 459
Grand Central Station
New York, NY 10163
[https://ctb.aaws.org/
Login.aspx](https://ctb.aaws.org/Login.aspx)

Area 69 Treasurer

PO Box 433
Salt Lake City, UT 84020
[http://utah.aa.org/
contributions.php](http://utah.aa.org/contributions.php)

District 10 Treasurer

PO Box 57271
Murray, UT 84157

Central Office of Salt Lake City

80 West Louise Ave.
Salt Lake City, UT 84115

District 2 Treasurer

PO Box 615
Salt Lake City, UT 84110

Step Six: “Were entirely ready to have God remove all these defects of character”

“We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all, everyone? If we still cling to something we will not let go, we ask God to help us be willing.” A.A. Big Book p.76

Wow! What a tall order for a woman like me. How do I accomplish such a task?

Thank God the Steps are in order for a reason. Steps 1 - 3 were about my acceptance and belief. Steps 4 & 5 were about the discovery of the trend in my character defects. Now, in Step 6 - I have become “entirely willing” to have a God, of my understanding, help me to be rid of them entirely.

Really? How does this work in my crazy mind? My experience is I had to take a look at what was driving my character defects? Why was I angry? Why was I judging the people around

me? Why was I envious of my friends? Why did I want what others had to make me happy? For me, at the end of the day, it all came down to fear. I was an insecure little girl, scared to do life. Once I realized the root of my character defects, it was recommended to me, by my sponsor, that every morning when I wake up I should ask myself this question.... Am I Ready To Do Business Today? Am I ready to be “entirely willing” to have God, as I understand him, remove all my character defects? Thank God for me this is progress not perfection.

With this in mind, I believe I have two choices today:

1). To actively seek and practice in a new way of living and thinking or 2). To wait until I am in so much pain that the choice becomes obvious, and then choose to participate only enough to get the pain to stop for a while. I have had experience with both.

Today and on the days that I choose #1, something amazing happens! I am able to get quite, invite God into my day, ask him to remove my character defects, and for me to stay out of the way. Then, I get to enjoy a happy, joyous, and free day!

I am grateful that I can choose to take the best possible attitude each day towards becoming a better me. Step 6 is a lifetime job and I have the opportunity each day to work towards the woman God wants me to be.

My Heart Is Smiling today and I owe it all to God, the Steps of AA, and amazing sponsorship. I am truly blessed to have a super Awesome life!

So, What Step 6 is to me? It is the AA Spiritual Key – The Key to Willingness!

You Don’t Want To Miss It!

Much Love, Kimmi S

Tradition Six: *An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.*

Traditions Checklist

- Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
- Is it good for a group to lease a small building?
- Are all the officers and members of our local club for AAs familiar with “Guidelines on Clubs” (which is available free from GSO)?
- Should the secretary of our group serve on the mayor’s advisory committee on alcoholism?
- Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended pri-

ANNOUNCEMENTS

- The **Fortitude Treatment Center** (Utah State Department of Corrections facility) is still looking for men in the AA community to facilitate an AA meeting at their facility. Tentative times are Friday: 9-10pm, Sat 2-3pm, Sun 6:30-7:30pm (determined by volunteer availability). Volunteers will need to obtain clearance with the Utah Dept of Corrections, a relatively easy process. Please contact Preston R. at tel 801.717.8383 (v/m or text) or email:pradradford@gmail.com for details.
- The **University of Utah School on Alcoholism and Other Drug Dependencies**, held annually on the University of Utah campus runs from **June 16-20**. Come support Area 69 by visiting the booth and attending the nightly AA meetings. Contact: Rachael: 801.897.5958
- The **Central Office Newsletter committee** is still looking for volunteers to assist with various aspects of the newsletter. Please email: lifeline@saltlakeaa.org or contact Jennie S. at 801.557.6964 for details.
- **Backstreet Club Fundraiser** —The Cell to Well 15K & 5K Fun Run/Walk is **June 7**. The Backstreet Club (in Bountiful) is a safe place where anyone who has a desire to recover from addiction can join others of like mind and body, and discover the miracle of recovery through meeting attendance, sponsorship, 12-Step work, and fellowship. More info at: www.thebackstreetclub.com

Cell to Well
8th Annual Spring Fundraiser



The District 2 Corrections Committee needs your help raising money to keep the Big Book of Alcoholics Anonymous available to inmates in the Adult Detention Center (ADC) Metro Jail.

Will your group consider having the Pink Can available at your meetings or passing it around to help collections of monies to help this cause?

Call David R: 801-521-3875

Liking Hiking Group

Meets Mondays at 7 pm at Tanner Park: 2760 South 2695 East Heritage Way (Upper Parking Lot).
Sobriety, hiking, and Fellowship go hand-in-hand!

CALENDAR OF EVENTS

June 2014



SWACYCAA (Southwestern Area Conference of Young People in AA) **June 19-27** at the Sheraton Hotel: 150 W 500 S. More info at: www.swacycaa1.org

- Annual Central Office Breakfast Kick-Off Meeting at Sugarhouse Park, Parley's Creek Pavilion on **June 8** from 10-2pm. Park opens at 8am for set-up/cooking. Speaker: Dick G.
- Utah Valley Spring Fest at Balsam Campground up Springville Canyon Friday-Sunday, **June 6-8**. Registration \$10/person, kids free. Contact: Jim P. at 801.694.1993
- CO Representatives Meeting at Central Office on Tuesday **June 10** from 6:30-7:30pm
- Bridge the Gap Workshop at the Vernal City Office Building on Saturday, **June 14** from 8:30-3pm. Contact: j.marrs@encorelandservices.com
- All-Groups Meeting hosted by Happy Destiny at Central Office on Saturday, **June 21** from 6-8pm

July 2014

- Great Outdoors Camp Out, aka GOD Camp Out at Defa's Dude Ranch on **July 11-13**. Call Kathy W. at 801.631.6837 or email to: greatoutdoorscampout@yahoo.com for more information.
- 2014 Pacific Regional Forum at The Riverside Hotel in Boise, ID **July 11-13**. No registration fee
- All-Groups Meeting hosted by 5:15 Happy Hour at Central Office on Saturday, **July 19** from 6-8pm

August 2014

- Annual Picnic at Germania Park on August 10 from 11-3pm
- Rainbow Roundup Conference at Red Lion Hotel, 161 W 600 S, Salt Lake City on **August 15-17**.
- All-Groups Meeting hosted by Speak Easy Ladies at Central Office on **Saturday, August 16** from 6-8pm
- ICYPAA in San Antonio, Texas at the Grand Hyatt August 21-24 More info at www.56thicycaa.org

September 2014

- 3 Legacies BBQ hosted by District 2 at Fairmont Park on **September 6**. More details to come.
- All-Groups Meeting hosted by Survive and Serve at Central Office on **Saturday, September 20** from 6-8pm
- Fall Assembly at the Salt Lake City Hampton Inn (425 S. 300 W.) **September 26-28** hosted by District 10. Contact: 801.651.1480 or 801.706.7025

October 2014

- Chili Cook-Off at St. Ambrose Catholic Church on **October 18** from 7-9:30pm (tentative)

March 2015

- PRAASA 2015 at the Davis Conference Center in Layton **March 6-8, 2015**

GROUP CONTRIBUTIONS—YTD 2014 APRIL

	<u>Apr 14</u>	<u>Jan - Apr 14</u>		<u>Apr 14</u>	<u>Jan - Apr 14</u>
12 O"Clock High	0.00	80.00	Murray Group	0.00	50.00
1444 Group	81.00	81.00	New Life	90.00	222.00
17th x 17th	0.00	256.27	No Nonsense	0.00	87.30
5-15 Happy Hour	88.98	554.25	Nomadic Lunch Bunch	0.00	333.20
90th and 32nd @ 600	0.00	100.00	Not So Secret Service	0.00	17.50
974 Group	224.49	224.49	Nut Buckets	46.00	121.00
A Vision for You	0.00	116.00	Off the Cuff	74.78	180.32
A Way Out	28.20	71.50	Park City Men's Group	0.00	573.00
Acceptance	121.27	192.17	Park City Step Study	0.00	200.00
An AA Group	0.00	33.11	PRASSA Committee	0.00	13.00
Area 69	0.00	33.00	Red Eye Group	30.51	76.97
Bog Irish	0.00	127.09	Richard Street Lunch	0.00	117.55
Bountiful Community	0.00	20.00	Right Stuff	0.00	38.00
By the Book	0.00	150.00	Salt Lake Group	59.00	59.00
Came to Believe	171.00	171.00	Salt Lake Men's	0.00	155.00
Closed Meeting of Alcoholics	0.00	299.00	Saturday Beginners	200.00	350.00
Come Around	0.00	20.00	Saturday Morning SOTS	139.75	139.75
DNS Group	0.00	320.00	Sharing N Caring	0.00	85.00
Early Bird Special	0.00	779.00	South Davis AA	0.00	50.00
Early Friendship	174.48	410.05	South Enders	0.00	100.00
Every Night Firelight Group	0.00	225.00	South Valley Lunch	0.00	100.00
Fresh Air 12 & 12	0.00	110.00	Speak Easy Women	0.00	158.16
Fresh Air Serenity Seekers	145.00	295.00	Starting The Day	10.00	20.00
Friday Night Young and Alive	0.00	25.00	Survive & Serve	0.00	77.00
Friendship Group	48.13	48.13	Tenth Step Group	0.00	14.95
G/C Women	29.00	29.00	Thunder Heart AA	0.00	50.00
Granger Group	282.59	282.59	Thursday Night Book Study	25.00	100.00
Grapevine	25.00	113.47	Tooele Beginners	57.24	118.42
Greater Kearns	0.00	25.00	Tuesday Tribe	0.00	50.00
Grub Lunch Bunch	0.00	228.00	Unity Lunch Bunch	50.00	75.00
Happy Destiny	5.00	36.30	Up Group	15.00	40.00
Happy Group	0.00	300.00	Wake Up Call	600.00	1,150.00
High on a Hill	0.00	480.00	West Valley Group	5.00	9.00
Highland Group	0.00	67.00	Women In Sobriety	19.44	95.39
Hillcrest	0.00	342.00	Women Stepping Up	80.00	80.00
Hot Topics	0.00	42.00	Women's 12X12	113.00	224.00
How It Works	0.00	200.00	Women's Reflections	105.00	105.00
Into Action	0.00	55.00	Young People's Meeting	0.00	80.96
Magna Friendly Bunch	150.00	325.00			
Midvale Lunch	150.00	225.00	Total Contributions GROUPS	3,443.86	13,007.89

GROUP BIRTHDAYS—APRIL & MAY

N/S Sobriety Hour	N/S Sobriety Hour	Nomadic Lunch	Speak Easy	Life Elevated	City At Seven
30 days: Patrick	4 yr: John	Bunch	Ladies Group	Lone Peak/Utah State	1 yr: Shawn
60 days: Tommy	5 yr: Eric M	30 days: Kelly	3 mo: Tonya	Prison	1 yr: Sarah
60 days: Steve	6 yr: Gina S	60 days: Tom	6 mo: Tonya	6 Mo: Pete	1 yr: Shilo
60 days: Roman	9 yr: Larry	60 days: Andrew	9 mo: Anne	6 Mo : Francisco	2 yr: Kurt
90 days: Angel	16 yr: Hal N	90 days: Kris	9 mo: Rachel		2 yr: Bret
6 mo: Jerry	17 yr: Rose	23 Elizabeth	1 yr: Kara		2 yr: Gowan
1 yr: Jase	26 yr: Anna Ruth	23 yrs: Eddie	2 yrs: Annie		2 yr: John
18 mo: Kim	26 yr: Rose H.	26 yrs: Anna Ruth	21 yrs: Betsy		3 yr: Matt
2 yr: Kevin W	27 yr: Larry	30 yrs: Myrna	26 yrs: Donnie		3 yr: Willie
2 yr: Suzann M.	31 yr: Mel N.		30 yrs: Pat		4 yr: Christina
3 yr: Brode	33 yr: Doris B.				6 yr: Molly
3 yr: Willy G.					8 yr: Rebecca
					9 yr: Ruth
					23 yr: Tracy

Step Six Revisited: *“Were entirely ready to have God remove all these defects of character”*

In our 12 Steps and 12 Traditions book, the first thing it says on this matter is, "this is the step that separates the men from the boys." I can't tell you how frustrated I was upon reading that the first time. "How can these people judge me as not being a man?" I thought, "I've done so much work up to this point, there is no reason for this criticism. I'll do a Step 6 when I'm ready. This book doesn't have one up on me, and this motivation tactic is a flawed one."

Surely some of you old timers reading this can see the hilarity of this alcoholic irony. My thinking was still in a place where it needed DESPERATE help and love from the program of alcoholics anonymous. I had the character defect of pride dancing throughout my mind, and it was still preventing me from moving forward. I embraced it to an extent, because by holding on to it, and building a case against this step, I was able to have my will-power back. To a mind dealing with uncured alcoholism, what a treat this was!

We AA's have a tendency to live a double-life. Exercising our will in the shadows gives us a feeling of "living on the edge", an exciting place to be, but dangerously fatal. We feed our ego again this way, fueling the same beast that landed us in these rooms in the first place.

Up to this step, I had had a wonderfully freeing experience of raising the white flag and admitting I couldn't go on fighting, finding a power greater than myself, and committing my new

life to him, laying out my inventory in black and white, and sharing it with another human that I had trusted and well as God. It still wasn't until I did this Step that I realized how the nooks and crannies of my alcoholism were still glossed over as unwilling. Not because of a desire to not do the steps, but because of the sheer power of how badly this disease had locked me into selfishness.

By the grace of God, however, once this was pointed out to me, it was obvious how desperately I needed this 6th step, and how much I still needed, need, and desire to grow. By offering myself to this Higher Power, the good, the bad, and the ugly, I emerged on the other side a stronger individual, with a keener eye into the dark caverns of my own alcoholism. God makes this possible. The question posed in the Big Book: "Can He now take them all - every one?" is a simple answer. Yes. God also helps me use these character defects to light a path to ones I didn't know existed within me. The rabbit hole is deep, but with God's help, and willingness, it has a bottom that is not nearly as low as the one I used to live in. I am so grateful to share my experience with this step. I am truly blessed to have gone into Step 6 a boy, and to have emerged a man.

—Eric M

The Big Book Club: Chapter 6—*Into Action*

I sobered up in a small group in West Louisiana with six folks who were sober from 2 to 32 years and who believed that everything they needed to know to stay sober was contained in the first 164 pages of the Big Book of Alcoholics Anonymous. They also believed that “sponsorship” was essential and they quickly assigned a woman who had been sober ten years to be my “temporary” sponsor. She remained my sponsor until she died. She told me to show up at her house every Wednesday at 2:00 p.m. and we would “work” together. I had no idea what “work” meant, but I soon discovered that “working” meant that I read the Big Book to her and when the book instructed “action,” I was to take that “action.” If I was unwilling to take the “action,” I was to leave and return when I was “willing.”

There is a lot of “action” in Chapter Six! Chapter Six contains the instructions for taking Steps Five through Eleven. Instructions for taking seven of the twelve Steps are laid out beginning on page 72 and by page 88 I am ready to go out and “help others.”

My first sponsor said that Chapter Six contained “the nuts and bolts” of the program. She called the first three Steps the “Realization” Steps, Steps Four through Nine the “Clean Up” Steps and Steps Ten, Eleven and Twelve the “Growth Steps.” My gratitude that I walked into the Harbor Group of Many, Louisiana is boundless. They told me, quite frankly, that all AA had for me were these 12 Steps and that the fellowship alone could not and would not keep me sober, but could keep me afloat until I did the “work” and that the “work” would set me free. Because they all seemed to have done “the work” and

seemed “happy, joyous and free,”

I believed them and with more than a little trepidation, became willing to do the “work.”

In Step Five I deal with all the “mind debris” of my life. I find all the things that I have done that have haunted me and told me I was a “bad person.” I take all that out of my mind’s storage locker admit it to my Higher Power and myself, then tell it to “another human being.” I took my Fifth Step with that first sponsor and we discussed everything: my guilt, shame and regret. In Steps Six and Seven I became ready and willing to have all my character defects removed, I then asked my Higher Power to remove them. I learned that I do not have to pick and choose what is to be removed or when. I simply try to live in an attitude of “patience, tolerance, kindness and love,” which, for me was a tall order. In Steps Eight and Nine I “clean up the wreckage of my past” by making a list of all I have harmed and speaking to each one, setting things right and making financial restitution where owed.

Step Ten changed my life. I learned to take a “spot” inventory. If I am at odds with anyone or anything in my life I find my part in it, ask for help and set it straight by making amends. An unfailing commitment to Step Ten enabled me to change my behavior. Step Eleven gives instructions for asking for help each morning and reviewing my actions each evening.

In one sentence: Chapter Six lays out a course of action that has given me a “life beyond my wildest dreams.”

BETTY H.

"The foundation stone of freedom from fear is that of faith: a faith that, despite all worldly appearances to the contrary, causes me to believe that I live in a universe that makes sense."

*AA Co-Founder, Bill W., January 1962
From: "This Matter of Fear"
Best of Bill*

...And Into More Action!

Chapter 6, titled “Into Action”, is in my experience a guide for the steps 5 through 11 in the program we call Alcoholics Anonymous. This chapter, as its title suggests, is all about the recovering alcoholic physically reviewing his wrongdoings and setting them right. In other words, getting into action. While working the steps throughout this chapter with a sponsor I have experienced a freedom that, I believe, could not have been given me with any other means. These 7 sequential steps are where, for me, the real recovery of this program lies. It is about setting my past transgressions right and maintaining that standing. My higher power, with which I call God, allows me the strength and willingness to follow through with the actions suggested in this chapter. Step 5, admitted to God, to ourselves, and to another human being the exact nature of our wrongs, allowed me to look at myself, with the help of another person, and see who I truly was inside. After completing this step I moved to steps six, were entirely ready to have God remove all these defects of character, and step seven, humbly asked Him to remove

our shortcomings, which then allowed me to take the visual that I had learned of myself and change my character with the help of God. With my sponsor I then moved to step eight, made a list of all persons we had harmed, and became willing to make amends to them all, and nine, made direct amends to such people wherever possible, except when to do so would injure them or others, and set right the wrongs of my past emotionally and financially for those I had affected negatively. And then I moved to the final two steps of this chapter which were steps ten, continued to take personal inventory and when we were wrong promptly admitted it, and step eleven, sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of his will for us and the power to carry that out. These two allowed me then, and now, to help me keep my relationships free from harm that I am capable of causing.

—Alex J.

HOME GROUPS REPRESENTED AT THE CENTRAL OFFICE MEETING

479 Group	Happy Destiny	Nutbuckets	Sunday Breakfast
A Way Out	Highland Group	Park City Men's Group	Survive and Serve
A Closed Meeting of Alcoholics	Hillcrest Group	Saturday Sots	Tooele Groups
Come As You Are	Honey's Breakfast Club	Speak Easy Ladies Group	
Foothill Group	Hot Topic	Spiritual Quest	
Garden Variety	Midvale Lunch Bunch	Sugarhouse Men's	
	N/S Sobriety Hour		

Central Office Salt Lake City Financial Summary April 2014

Income Statement

	<u>2014</u>	<u>2013</u>
Revenue		
Group Contributions	\$ 3,443.86	\$ 5,231.31
Copy, Individual & News letter donations	\$ 306.75	\$ 97.14
Sales - Literature	\$ 9,132.83	\$ 4,459.00
Sales - Awards & Misc	\$ 2,210.00	\$ 1,582.50
Total Revenue:	\$ 15,093.44	\$ 11,369.95
COGS - Literature	\$ 9,050.22	\$ 3,867.25
COGS - Awards & Misc	\$ 1,069.63	\$ 752.00
Total COGS	\$ 10,119.85	\$ 4,619.25
Gross Profit	\$ 4,973.59	\$ 6,750.70
Operating Expenses	\$ 3,647.26	\$ 4,015.49
(Rent, Wages, Utilities, Office Supplies, Printing & Copies, Inv. Adj.)		
Other Expenses	\$ -	\$ 22.31
Total Expenses	\$ 3,647.26	\$ 4,037.80
Net Income:	\$ 1,326.33	\$ 2,712.90

Bank Accounts

Checking	\$ 13,200.99	\$ 20,572.32
Money Market - PR	\$ 24,047.43	\$ 24,028.29
Total	\$ 37,248.42	\$ 44,600.61
Inventory Balance As Of 03/31/14	\$ 44,496.37	\$ 29,524.13
Inventory Balance As Of 04/30/14	\$ 47,983.06	\$ 30,952.48
Change in Inventory	\$ 3,486.69	\$ 1,428.35

Your Central Office Committee Meeting Highlights: May 13, 2014

Financial Report Martin C. presented the April financial report. There were thirty-three groups that sent contributions to CO. The 75th Anniversary Big Book doubled the literature sales from last year. (See attached)

Central Office Committee Minutes A motion was made, seconded and passed for the April minutes. Any further comments or questions regarding these minutes can be directed to secretary@saltlakeaa.org

Committee Reports The following Committee Chairs, or their representatives, gave a report on the activities of their respective Committees.

- **Activities Committee.** Joel R. reported that this year's Breakfast in The Park will be at the Sugarhouse Park on June 8th from 10am to 2pm.
- **Archives Committee.** John N. encouraged everyone to continue to drop off the fliers and other information in the basket by the copy machine at Central Office. He also mentioned that they are looking to complete their Grapevine collection; if anyone has any they would like to donate they can bring them down to Central Office. Any issues that aren't used will be distributed to new Grapevine reps or others in the fellowship.
- **By-Laws Committee.** No chair, no report was given.
- **Cooperation with the Professional Community (CPC) Committee.** No chair, no report given.
- **Corrections Committee.** Dave R. would like volunteers to take meeting in the jails and to pass the pink can around the groups to get correction books to take into the jails.
- **Hotline Telephone Committee.** Danny R. No open slots currently available. Now have treatment center information available, when requested.
- **Literature Committee.** Chris H. handed out the Pamphlet of the Month, "Serving Alcoholics with Special Needs." 600+ 75th Anniversary Big Books have been sold so far.
- **Newsletter Committee.** Jennie S. reminded the body to submit information on birthdays one week prior to end of month. If your group is holding a function and would like it added to the Lifeline send to Jennie one week prior to end of month. A form was passed around to receive the Lifeline electronically.
- **Outreach Committee.** Charlie T. new phone number 385-695-9181. Looking for volunteers as the committee needs are growing.
- **Public Information Committee.** No chair, no report was given.
- **Cooperation with Treatment Facilities (CTF) Committee.** Gary S. no report given
- **Twelfth Step Committee.** No chair, no report was given.
- **Volunteer Committee.** Susan L no new information to report.
- **Website Committee.** Johnathon H there was 10893 page reviews with 3000 visitors to the website. Lifeline content is not on the website for all to see.
- **District Level volunteers are needed.** Alt DCM, and recording Secretary

Central Office of Salt Lake City, Inc.
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You may also access /sign up to receive the LIFELINE via email on the Salt Lake Central Office website: saltlakeaa.org

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Amount donated: c \$3.00 c \$5.00 c \$10.00 c Other \$ _____

Comments or suggestions for Lifeline?