

LIFELINE

Salt Lake City Central Office Newsletter

May 2013

It's May! The Lusty Month of May!

Step Five

"Admitted to God, to ourselves, and another human being the exact nature of our wrongs".

Working the Fifth Step was really my beginning in AA because I finally felt that I had done some work in Alcoholics Anonymous. I had been a habitual slipper in the rooms, and had been sitting in jail for six and a half months. Something changed that last time in jail - I decided to do the work.

I met with my sponsor for months. I did the Third Step prayer on my knees. I had a long inventory and was ready to go through with it.

The Big Book says, "We must be entirely honest with somebody if we expect to live long and happily in this world." I wasn't thinking about living long at all the way things were going. So the happiness was just going to be a bonus at that point. I was just trying to survive sober. After my sponsor suggested that we "invite God into this process" I got to it. I just simply read my inventory. I read resentments, fear, and my sexual conduct. I really expected to have some unique story; instead, I realized some truths about myself.

I realized that I was a hateful person even if I just bottled it up, and that I was quick to judge others for their behavior when I had done the same things. I also cared so much about what others thought of me. That is how I became the actor in my daily life.

Since doing my Fifth Step I have listened to the guys I sponsor do theirs. This is when I really feel a part of AA. Simply to help others!
Joel C.

Voice of the Volunteers

"This is a selfish program." "The alcoholic is selfish." This paradox was a great mystery to me until recently. Similarly, I heard service mentioned repeatedly in meetings but all I seemed to hear was, "Blah, blah, blah..." I have bigger fish to fry, getting my life in order... maybe later... Until... I lost my job... my confidence shaken... head down... my sobriety at stake...

My sponsor and I met at Central Office. "Would you like to volunteer?" I cocked my head. What did I have to give to anyone? I was filled with self-pity and rage, "Sure, I will be here Saturday." What did I have to lose?

My first task was to clean the refrigerator. I scrubbed until my arm ached and moved on to the sink, making certain crevices were spotless. I might not have felt love for myself but I loved AA. I can assure you my kitchen appliances have never been that clean. I spent the rest of the day laughing with the other volunteers. How long had it been since I had laughed?

This was a different kind of laughter...not the type heard in meetings.

As time went on I learned the register. They trusted...me? I have taken inventory (not yours) but of AA literature. I have folded pamphlets and Lifelines. I count chips (I hate IX and XI... That is 9 and eleven to you) and sell literature. I have learned how to make mistakes and ask for help. Imagine that! It is safe here! Now I need to point out, I am not entirely selfish and this is not ALL about me.

I help other alcoholics find meetings. I contribute to the program that saved my life. I make other's smile. I find that my service work has given me self-confidence, taught me humility, and purpose. I have made friends and am a better friend. Service is both selfish and selfless. It is the ever allusive balance I have been seeking.

Jessica W.

LIFELINE

The Monthly Newsletter of
Central Office of Salt Lake City, Inc.

We welcome your correspondence and will publish your material, space permitting, if it meets editorial criteria. **Share your experience, strength, and hope with other alcoholics.** To submit articles, suggestions or contributions, contact Central Office of Salt Lake City:

Central Office of Salt Lake City, Inc.
80 West Louise Avenue (2850 South)
Salt Lake City, Utah 84115-2860
801-484-7871
lifeline@saltlakeaa.org

Central Office Board of Trustees

board@saltlakeaa.org

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Volunteer (volunteer@saltlakeaa.org)	Susan L.
Website (webservent@saltlakeaa.org)	Jonathan H.

Central Office Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- To maintain a 24-hour Twelve-Step phone list;
- To answer phone inquiries as needed;
- To compile, update and print meeting lists;
- To maintain A.A. approved literature for sale to members and the public;
- To print and distribute a newsletter.

Specifically excluded shall be the operation of any club, clubhouse or drying -out place, and acts in violation of the Twelve Traditions of A.A.

80 W 2850 S SLC, UT 84115

VISIT CENTRAL OFFICE

Drop by for a visit and you could:

*Read any edition of the Grapevine dating back to 1953

*Share a cup of coffee

*Read a Big Book in one of 50 languages

*Share stories with a Volunteer

*Sign-up to volunteer

*Use the Wi-Fi

Office Hours:

Monday-Friday 10am to 5pm

Saturday 10am to 2pm

Closed on Sundays

For HOLIDAY hours call

801-484-7871



7th Tradition Contribution Addresses

A.A. World Services

Box 459
Grand Central Station
New York, NY 10163
<https://ctb.aaws.org/Login.aspx>

Central Office of Salt Lake City

80 West Louise Ave.
Salt Lake City, UT 84115

Area 69 Treasurer

PO Box 433
Salt Lake City, UT 84020
<http://utah.aa.org/contributions.php>

District 10 Treasurer

PO Box 57271
Murray, UT 84157

District 2 Treasurer

PO Box 615
Salt Lake City, UT 84110

This Month in A.A. History

May 1935

Bill Wilson and Dr. Bob Smith Meet for the First Time

This month's historical moment in A.A. History goes back before the beginning of our fellowship when our two co-founders first met. The story is summarized in the Big Book, pages 153–155.

Bill W. had been sober about six months. Before alcohol took him down, he had been a successful stock analyst and speculator. He still had a reputation on Wall Street – a mixed reputation by now! Nevertheless, a group of investors took a chance. They made Bill their agent in a bid to take over of a company in Akron, Ohio. He went to Akron, but there was a court fight, and Bill was unable to buy enough shares to gain control of the company. He had failed. He was broke.

Dr. Bob Smith and his wife Anne had lived in Akron a long time. He had built a good medical practice before alcohol took him down. They were church-goers and had joined a church group in an effort to get Bob sober.

Their group was part of a movement called The Oxford Groups. The idea was that by converting members of the upper-class, American society would improve – a spiritual “trickle down effect.” While the Groups were not part of any one denomination, the movement “took” in many Episcopal Churches. In fact, Bill's first spiritual guide after he got sober was an Episcopal priest in Manhattan, The Rev. Sam Shoemaker who played a prominent role in the Oxford Groups nationally.

Meanwhile, the Group in Akron had had some success with alcoholics. This was due, in part, to the Groups' six principles for dealing with any sort of personal problem. Those principles became a basis for of the Twelve Steps, although no one knew it at the time. But even then, an alcoholic of sufficient social standing could find acceptance and support. Bob was able to share his struggle to control his drinking – a sincere struggle that never succeed. It also seems Dr. Bob had never spoken with another alcoholic who really understood. Instead, he read spiritual books and knew the Bible, but nothing helped. Like Bill, Bob had failed and was just about broke.

When Bill got desperate after his Akron deal collapsed, the only resource he had was the church. “Seeking a church at random from the (hotel) directory, he stepped into the booth and lifter the receiver.” (p. 155) “At random” is not correct. Bill called the local Episcopal Church and spoke to the Rev. Walter Tunks. It turned out that Fr. Tunks, like Fr. Shoemaker, was “a strong Oxford Grouper.” He gave Bill ten phone numbers where he might find a “drunk to talk with.” One recommended calling Henrietta Seiberling. She was not an alcoholic but was a Group member trying to help a prominent Akron alcoholic – Dr. Bob Smith!

Henrietta called Anne Smith and invited them to meet Bill. She thought Bill W. might have brought an answer from New York. Although Dr. Bob was in no condition to make an extended social call that day, he told Anne they could visit the next day if they stayed only fifteen minutes. This meeting at Seiberling's house became the first private conversation between Bob and Bill. It lasted two hours. Many more conversations were to follow. Dr. Bob was less excitable than Bill and provided a good emotional balance for him until he died of cancer in 1950, shortly after the first International Convention. Because A.A. is a fellowship, not one leader's project, the start of A.A. is dated from Dr. Bob's last drink on June 10, 1935. Then there were two. We all descend from them.

[The quotes “a strong Oxford Grouper” and a “drunk to talk with” are on p. 134 of My Name is Bill by Susan Cheever, perhaps the best of the many biographies of Bill Wilson.]

Congratulations It works — it really does!

City at Seven

Tammy 1 yr
David 1 yr
Chris 5 yrs
Lorna 6 yrs
April 7 yrs
Rebecca 7yrs
Betsy 7 yrs
Claire 7 yrs
Esteina 8 yrs
Rick 9 yrs
Monique 10 yrs

Fresh Air

Serenity Seekers

Jim 30 days
Barbara 30 days
Monty 30 days
Elizabeth 30 days
Tim 30 days
Brittany 30 days
Andy 30 days
Bambi 60 days
Cori 60 days
Carrie 60 days
Marshall 60 days
Chris 60 days
Lacy 60 days
Michelle 90 days
Chris 6 mos
Demetria 9 mos
Amy 1 yr
Jody 1 yr
Brad 1 yr
Clyde 1 yr
Jordan 2 yrs
Megan 2 yrs
Trave 2 yrs
Phil 3 yrs
Joan 4 yrs
John 4 yrs
Jason 4 yrs

John 8 yrs

Leonard 12 yrs

Ron 27 yrs

Midvale Lunch Bunch

Jim S 30 days
Brook E 60 days
Bruce B 90 days
Dianne B 6 mos
Norma T 9 mos
Shane J 1 yr
Mel M 5 yrs
Gregg C 6 yrs
Joyce B 7 yrs
Tom F 12 yrs
Judy S 24 yrs

NonSmoking

Sobriety Hour

Scott A 6 mos
Karen H 6 mos
Eric B 9 mos
Kevin W 1 yr
Dave S 1 yr
Daniel F 18 mos
Cassie M 2 yrs

Nomad Lunch Bunch

Amanda 30 days
Billy 30 days
Bonnie 30 days
Shauna 30 days
Jeff 60 days
Eric 60 days
Bob 90 days
Sean 90 days
Sam 6 mos
Stormy 9 mos
Kim D 18 mos
Debbie 18 mos
Calvin 2 yrs
Porsha 2 yrs
Jeff 3 yrs
John 3 yrs
John 4 yrs
Joyce 7 yrs
Jonnie 20 yrs

Attention!

Please email your birthdays and group news to Lifeline@saltlakeaa.org, or bring them to Central Office by the 15th of each month.

Be sure to provide your name, group name and how to contact you on your list.

Thank you.

The Chair in the Corner

'Tis May!

Greetings,

I attended the monthly All Groups meeting last night. It was hosted by the Central Office volunteers. They really outdid themselves on the potluck dinner! Homemade macaroni and cheese, lasagna, a spicy sausage crockpot dish, fried chicken and desserts galore. After filling up on the delicious food we settled in for a meeting. The meeting was led by 4 volunteers that shared their experiences serving Central Office and other areas of their communities. Their stories were full of what service has done for their own personal recovery, as well as the effect on the people they serve. This kicked off an inspired sharing by others that attended the All Groups meeting. Service in AA has brought purpose and meaning to many alcoholics and is the foundation of many a spiritual experience.



All Groups is an old Salt Lake tradition revived because of a story Mike O. shared with the Board a couple of years ago. Its purpose is to bring together groups throughout the valley so that we may experience the unity and fellowship available to us. The All Groups meeting is held every third Saturday of the month beginning at 6pm with a potluck followed by a meeting led by the host group. Please come and check out this monthly event. If your group has not had the opportunity to host yet, please contact Charlie T., Outreach Committee chair, at reach@saltlakeaa.org.

Have a great month!

Christy R.

Report on the Pre-Conference Assembly for Area 69

The Assembly held in Park City, Utah on April 5-7, 2013 was fairly well attended with about 80 to 100 GSR's, DC M's, Area Committee members and some interested AA members crowded into the meeting room.

Friday evening activities consisted of a Delegates Panel discussion addressing how each member has a voice and a vote at Group, District, Area level and at the General Service Conference. Two Past delegates made a visual presentation of the communications link between the AA Groups and the Conference stressing the need to prevent the link from being broken. A speaker meeting concluded the evening.

Saturday activities included an Area 69 Committee business meeting in the AM and after lunch the afternoon was spent in discussions and "sense of the meeting voting" on most of the Agenda Items slated for the 63rd Annual Session of our General Service Conference. The discussions are vital to assuring our Delegate to the Conference has a well informed group conscience from Area 69. Following a dinner break, a speaker meeting was held. The key-note speaker was our Salt Lake Central Office Chairperson of the Board, Christy R.

Sunday morning roundtables for District Chair Members, District Chair Member Committees and Standing Committee Chairpersons took place from 8:00 to 9:00am and 9:00 to 10:00 am was set aside for ~~the~~ Pacific Region Alcoholics Anonymous Service Assembly reports from many that attended in Boise in early March. An Ask-It-Basket session was held 10:15am to 11:15am followed by a Spiritual Speaker to end the activities. The Assembly adjourned just after noon. Thank You for letting me represent Salt Lake Central Office at this Area 69 Event.

Mike O. – Alternate Trustee, Salt Lake Central Office and Past Delegate, Panel 55, Area 69 – State of Utah



Tradition Five

"Each group has but one primary purpose-to carry its message to the alcoholic who stills suffers."

The other day, while waiting for a bus with a friend I saw a guy approaching. He kept extending his arms out from his sides, as in confrontation. He was stumbling. Bandana on his head, folded wide, down low over his eyes, He stumbled up to about 10 feet away and stopped.

He skirted off to the side of a building behind me. A few minutes later he crossed the busy street, jaywalking through traffic in the dark! He was narrowly missed by cars in all four lanes. He actually slowed down, extending his middle finger. I said, "Wow! That guy is hammered!"

As the bus pulled up. I exclaimed to the driver, "That guy's wasted and he's wandering into the road !" The driver just shrugged her shoulders and hit the gas.

My friend and I continued on our ride and hung out for awhile at the end of the line. She caught the last bus back down, with the same driver. The next day she recounted the rest of the story to me as follows:

About a quarter of the way back, they saw a cat get hit by a car. The bus driver asked "Do you mind if I go and try to find that cat?" She stopped the bus and got out, returning about 10 minutes later, distraught. "No luck", she said, defeated. Human beings, in general, are willing to invest more effort in trying to help a wounded stray cat than a drunk stumbling in traffic at night. Maybe, in their eyes at least, the cat may learn its lesson.

We sober AA's must recognize our calling. We must recognize also, that our calling is our only salvation.

Eric F.

For Someone's Sake, Please Answer the Phone!

A desperate drunk calls Central Office. Who should answer the phone, another alcoholic or the answering service? It's up to all of us!

Saturday - 2:00pm-6:00pm, 10:00pm-midnight

Sunday - 6:00pm-10:00pm, 10:00pm-midnight

Monday - 5:00pm-9:00pm, 9:00pm to midnight

Tuesday - 5:00pm-10:00pm

Wednesday - 5:00pm-midnight

Thursday - 10:00pm-midnight, midnight-10:00am

Friday - 10:00pm-midnight, midnight-10:00am

Times and days are subject to change.

For current availabilities contact:

Melinda A.

E-mail hotline@saltlakeaa.org to volunteer

www.saltlakeaa.org/phones

Will train for sobriety!

We provide a super easy "how to" sheet

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Calendar of Events

May

CO Board of Trustees Meeting at Central Office on Tuesday, May 7 at 6:00pm

CO Reps Meeting at Central Office on Tuesday, May 14, at 6:30pm

Area 69 Post-Conference Assembly in Provo on May 17, 18 & 19. Hosted by District 3

All Groups Meeting at Central Office on Saturday, May 18. Hosted by Early Friendship Group. Potluck 6-7pm, Meeting 7-8pm

Newsletter Committee Meeting at Central Office on Saturday, May 25 at Noon

"Newsletter Party," Fold/label/sort/mail the June 2013 LIFELINE at Central Office on Friday, May 31 at 10:00am. Y'all come down!

District 10 Public Information Committee Meeting at Central Office on Saturday May 25 at 10:00am

June

CO Board of Trustees Meeting at Central Office on Tuesday, June 4 at 6:00pm

Annual Women's Retreat at Women's Retreat House in Ogden. June 7, 8 & 9. \$100 includes meals. No day passes. RSVP Miriam Slater at (540) 476-2195 or at harris.miriam.n@gmail.com by Wednesday May 29

CO Reps Meeting at Central Office on Tuesday, June 11, at 6:30pm

All Groups Meeting at Central Office on Saturday, June 15. Hosted by Nomadic Lunch Bunch ,Potluck 6-7pm, Meeting 7-8pm

University of Utah School on Alcoholism, June 16-21. Service opportunities, AA meetings. Call or text 801-897-5958 or email area69cpc@utahaa.org for more information

Newsletter Committee Meeting at Central Office on Saturday, June 22 at Noon

"Newsletter Party," Fold/label/sort/mail the June 2013 LIFELINE at Central Office on Friday, June 28 at 10:00am. Y'all come down!

District 10 Public Information Committee Meeting at Central Office on Saturday, June 29 at 10:00am

Watch for details about the Summer Breakfast Kick off, the Annual Summer Picnic in August and the Annual Fall Chili Cook-off!

MY HOME GROUP

5:15 Happy Hour

What good is a home group?

Like many of us, I began my sobriety with the support of a residential rehab program. I benefitted — and needed — the focus of time and place that rehab can provide. I was taken to my first AA meeting on my second day there. I was also given a healthy and generous portion of very good advice while there. Some of the best advice came from my group leader and counselor who recommended, “Go not only to many meetings, but go to different types of meetings. And choose a home group.”

At first, I was not too sure what to make of all the advice, and was even more concerned with what it would offer me. But I was willing to trust and follow directions. I chose my first meeting because of its name, 5:15 Happy Hour. I liked the idea that the name generated, and it has proven to be a happy and supportive place for many people.

I found that adopting and being adopted by a home group gives a member a great sense of belonging. There is a good feeling to arrive before a meeting and feel a part of the meeting and to be involved in its purpose. I hope that every meeting is welcoming, but a home group becomes a type of family in a very real way.

Having a home group has also taught me about service. Attending a meeting regularly helps a member understand the group's needs and ways of doing things. I notice when we are running low on chips, need some new schedules or have other group needs. I also have a sense of responsibility to my home group. I have developed a desire to be present at the meetings as an important part of having named it my home group. I find its regularity and routine appealing and that makes attending meetings easy. I feel responsible to be there.

My home group also gives me an opportunity to connect easily with others. The location of the Happy Hour meeting makes it very accessible to a large number of members. Visitors from out of town, downtown workers and dwellers, some sober living residences, and some shelters find themselves close to the Central City Community Center. The diversity of membership allows for many important connections. These connections help me in my sobriety.



I also benefit from the relationships that develop in a home group. Even after a few weeks of regular attendance, valuable relationships began to grow for me. The human care and concern that comes from others is a wonderful part of AA.

A sense of pride also accompanies having a home group. It is a pride that is associated with belonging to A.A. When traveling, nothing feels better than responding to the invitation for “out-of-town introductions” than being able to say, “My name is John, and my home group is the 5:15 Happy Hour group in Salt Lake City, Utah!”

John N

**The 5:15 pm Happy Hour Meeting meets Monday-Friday at 615 South 300 East (Community Center Room 134) SLC
It is an OPEN meeting.**

A.A. on the Road *On the Places You'll Go!*

My name is Sammy B, and I am a recovering alcoholic. I am now 26 and have four and a half years of sobriety. Out of the past 24 months I have spent fourteen of them in India studying yoga and spending time with the local orphan children. I come from an Irish Catholic family, and I grew up watching my father drink rather often, so I assumed that this was how it was to be done. Little did I know where it would take me.

I started drinking when I was 12 years old and it continued until I was 21. It's funny that when I was able to drink legally, I had already gone too far and had too much! These typical things happened: I lost friends, family, and significant others. From the ages of 18-20 I did somewhere around ten different types of treatment programs. Had my run-ins with the law, spent time in jail, and eventually wound up being homeless on the streets of Salt Lake City, Utah.

There was one treatment center I went to in Arizona where I had that moment of clarity. It really happened in only a moment. I met a man who became my sponsor. He worked the steps with me from the Big Book, and he taught me about God. I turned 21 in rehab that year. Upon putting a year of sober time together, I decided I was too young for this and went out to try my hand at drinking again. I thought this time I knew something about myself and how to manage my drinking. I didn't even make it a year before falling even deeper into the gutter than before.

Thankfully I knew of a place that had a solution, I contacted my sponsor and we got back to work. Being young in sobriety I already was feeling like I had wasted most of my life. I had not attended school like all of the other kids. Growing up as a member of AA, I still didn't know what to do with myself and hoped that a Higher Power had a plan for me. I remembered that in a treatment center we had done some yoga and I enjoyed how someone took the time to come in and share that with us. So I enrolled in a yoga program and started to volunteer to do classes at treatment centers and devotees.

Little did I know where it would take me. The spiritual principles of AA began to run my life. With giving back my life started to feel like it was going somewhere, and I was ready to learn more. Never being farther from home than California, and being 24 with two years of sobriety, I set off for a six month trip to India with the intent of studying yoga. India is a totally different place than the bubble of SLC. It was extremely different and by witnessing the poverty over there I appreciated my sobriety even more.

I continued to study yoga but found it difficult to find AA meetings, and especially English speaking meetings! Still, I sought out meetings, read my Big Book, listened to speaker tapes and talked with my fellow drunks back home. But I felt like something was missing again. The service! I wasn't giving anything back! I looked around and tried to find what my Higher Power would have me do. I found a local orphanage and started spending my afternoons there playing with the children and keeping them company. Things were great! We would go to the park and make arts and crafts, chant, and dance together. It felt so great to give back in this way! Seeing a little child smile, knowing where they came from, made me feel more whole than a bottle ever did.

I continue to teach yoga in the Salt Lake Valley as well as doing my best to be a member of AA in good standing. I have a life today that I don't understand; however, I don't need to as long as I continue to do what I'm supposed to. I don't deserve the life I have so I continue to try and earn it with what I have learned in AA.

Sammy B.



Central Office Salt Lake City Financial Summary March, 2013

*Groups Represented at the
March 2013 Central Office
Representatives Meeting*

Income Statement

Revenue

Group Donations	\$ 1,985.74
Other Donations	\$ 142.75
Sales - Literature	\$ 3,751.68
Sales - Awards & Misc	\$ 1,690.50
Income from Prudent Res Fund	\$ 317.00
Total Revenue:	\$ 7,887.67

COGS - Literature	\$ 3,299.76
COGS - Awards & Misc	\$ 847.41
Inventory Adjustment	\$ (567.22)
Total COGS	\$ 3,579.95

Gross Profit	\$ 4,307.72
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Operating Expenses	\$ 3,402.41
(Rent, Bookkeeper, Utilities, Printing & Copies, Answering service)	

Other Expenses	\$ 403.38
(Liability Insurance)	

Total Expenses	\$ 3,805.79
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Net Income:	\$ 501.93
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Bank Accounts

Checking - CU	\$ 18,399.05
Checking - Bank	\$ 4,791.15
Prudent Reserve - Fund	\$ 24,513.00
Total	\$ 47,703.20

Altrium Group
An AA Group
Basic Young People's Group
Bountiful Men's
By the Book
City at Seven
Crazy Ladies
Draper Group
Early Friendship
Fresh Air Serenity Seekers
Garden Variety
Grub Lunch
Happy Destiny
High on the Hills
How It Works
Keep It Simple
Midvale Lunch Bunch
Murray Group
No Nonsense
Nomadic Lunch Bunch
Non-smoking Sobriety Hour
Nut Buckets
Old Fashioned AA
Round Table
Sacred Healing
Salt Lake Group
Saturday SOTS
SELG Women's
South Davis AA/Alanon
Starting the Day
Sunday Breakfast at the Alano Club
Survive and Serve
South Enders
Tooele Group
Up Group
We Care

Group Contributions for March, 2013

Contributions YTD Comparison

March 2013

	Mar 2013	Jan-Mar		Mar 2013	Jan-Mar
Contributions GROUPS					
12 O'Clock High	0.00	73.40	Primary Purpose	0.00	25.00
17th x 17th	0.00	361.20	Richard Street Lunch	0.00	25.47
974 Group	0.00	189.64	Salt Lake Group	100.00	100.00
A Vision for You	0.00	195.89	Saturday Beginners	0.00	100.00
A Way Out	78.90	78.90	Saturday Morning Hot Topics	22.50	22.50
AA Saturday Night Speakers Meet	483.51	483.51	Sharing N Caring	0.00	68.25
Acceptance	0.00	248.00	South Enders	0.00	500.00
An AA Group	0.00	143.71	South Valley Lunch	113.50	113.50
Bog Irish	144.32	144.32	Spiritual Quest	0.00	100.00
Bountiful Community	60.00	60.00	Starting The Day	0.00	30.00
Bountiful Mens	0.00	200.00	Sugarhouse	0.00	65.00
By the Book	0.00	200.00	Survive & Serve	39.10	79.10
Closed Meeting of Alcoholics	0.00	140.00	Tenth Step Group	0.00	11.93
Cottonwood Group	0.00	195.25	Thursday Night Womens Reflectio	0.00	90.00
DNS Group	0.00	275.00	Tooele Beginners	0.00	184.59
Early Bird Special	0.00	771.50	TRY AGAIN	0.00	6.64
Early Friendship	0.00	223.36	Up Group	0.00	12.00
Eye Opener	156.00	382.50	Valley View Group	0.00	25.00
Fresh Air 12 & 12	60.00	60.00	Wake Up Call	0.00	400.00
Fresh Air Serenity Seekers	0.00	107.00	Women Stepping Up	0.00	95.00
Grapevine	0.00	79.52	Total Contributions GROUPS	1,985.74	9,234.28
Greater Kearns	0.00	35.00			
Grub Lunch Bunch	55.00	205.00	Contributions OTHER		
Happy Group	0.00	40.00	Area 69	30.00	98.00
Highland Group	45.00	126.00	District 10	56.25	757.25
How It Works	0.75	400.75	District 2	20.00	20.00
Into Action	0.00	51.50	Individual	26.50	293.25
It's in the Book	27.38	27.38	Total Contributions OTHER	132.75	1,168.50
Jaywalkers	0.00	65.00			
Lake Point Layover	0.00	2.53			
Lighten Up Group	0.00	80.00			
Magna Friendly Bunch	0.00	100.00			
Midvale Lunch	0.00	100.00			
Murray Group	0.00	104.40			
New Life	170.00	170.00			
Nomadic Lunches	229.78	568.99			
Off the Cuff	0.00	111.50			
Old Fashioned AA	0.00	29.55			
Park City Attitude Adjustment	200.00	200.00			
Park City Men's Group	0.00	150.00			

The Recovery Paradoxes

We surrender to win
 We forgive to be forgiven
 We give it away to keep it
 From weakness comes strength
 We suffer to get well
 From darkness comes light.
 From dependence comes independence
 We die to live.

Your Central Office Committee Updates

CO Rep Meeting

Tuesday, April 8, 2013 6:30pm

Committee Reports. The following Committee Chairs, or their representatives, gave a report on the activities of their respective Committees.

Activities Committee. Joel R. reported that the Summer Picnic is scheduled for August 18, 2013 at Germania Park. Volunteers are needed. The activities Committee is also planning a Summer Kick-off Breakfast event and a Fall Chili Cook-off event.

Archives Committee. John N. reminded everyone that copies of flyers handed out at the Central Office meeting would be placed in a three ring binder at Central Office. John N. also asked the Group representatives to place any flyers dealing with A.A. activities or matters of historical significance in the drop box near the printer at Central Office. Those materials will be archived in three ring binders.

By-Laws Committee – Linda B. Nothing to report.

Hotline Telephone Committee. Melinda A. reported that there are still spots needed to cover the phones. More volunteers are needed. Anyone interested in serving on the Hotline Telephone Committee is encouraged to e-mail Melinda at hotline@saltlakeaa.org.

Literature Committee. Chris H. handed out the Pamphlet of the Month entitled "Bridging the Gap." Chris reported that we have a good stock of materials. Anyone interested in serving on the Literature Committee or helping out with the monthly inventory is encouraged to contact Chris H. at literature@saltlakeaa.org

Newsletter Committee. The April Lifeline has been published and mailed out. Copies are available at Central Office. There is a new feature entitled "My Home Group." The Lifeline Committee is working on developing a "Letters to the Editor" section. Gina requested that all hand written birthday lists be turned in on 8.5 x 11 sheets. If you would like to serve on the Lifeline Committee contact Gina F. at lifeline@saltlakeaa.org.

Outreach Committee. Charlie T. reported that the Outreach Committee will be meeting April 23 at 6:00 p.m. at Central Office. See attached Flyer. Contact Charlie T. can be contacted at outreach@saltlakeaa.org. The next All Groups meeting will be sponsored by the Central Office Volunteer Committee at 6:00 p.m. on April 20, 2013. The topic will be "Service."

Twelfth Step Committee. Al L. reported that seven requests were covered. See attached Report. The Group Representatives were encouraged to recruit Twelfth Step volunteers. For those interested in being a Twelfth Step Group Representative, e-mail Al L. at contrailal@gmail.com or call Al L. directly at (801) 641-8401 or (801) 819-7277.

Volunteer Committee. Susan L. announced that a new printer was installed as an upgrade to the copier which is being leased. All Groups are encouraged to bring A.A. related materials in to Central Office for copying and printing. Jessica will be the new Tuesday coordinator. There is a workshop that is being planned for all Central Office volunteers. There are still plenty of volunteer spots that are needed.

Website Committee. Jonathon H. reported that the following materials are now available on the Central Office Website: Central Office Committee and Board meetings, Central Office financial information, and digitalized recordings of selected A.A. talks. Jonathon may be contacted at Web-servant@saltlakeaa.org.



Old Business.

District and Area Report. Meg G. presented the District and Area Report. District 2 was visited by Jeremy C. and District 11 was visited by Meg G. Both Districts are still in need of volunteers including DCMs, Alternate DCMs and Treasurer. Mike O. reported on the Area 69 Pre-conference Assembly held in Park City on April 5-7, 2013. Over one hundred recovering A.A.'s attended. The Saturday evening festivities were capped off with the key-note address from Central Office Chair, Christy R.

Outstanding Motion: Formation of New Standing Committees. Chris H. presented a motion that Central Office form the following Standing Committees: Public Information (PI), Cooperation with Treatment Facilities (CTF), Corrections and Cooperation with Professional Community (CPC). There is an estimated budget cost of \$2,000 for the four committees. However, all budgets are subject to approval by the Board and CO Committee. The newly formed Committees would function so as to cooperate with similar Committees on the District and Area levels. The By-Laws will need to be amended to include these Committees. The motion was duly received and seconded. The Motion which discussed and passed with thirty three voting for and six voting against the Motion.

Outstanding Motion: Temporary Reduction of Literature Prices to Actual Cost. Chris H. presented a motion that was duly received and seconded to temporarily reduce the price of Central Office Literature to actual cost. The price impact is estimated to be \$9,000 per year based upon an average of \$750 per month profit that Central Office receives. The Motion was discussed and passed with thirty voting for and twelve voting against the Motion.

New Business. There was no new business.

Adjourn and Close with the Serenity Prayer

Central Office of Salt Lake City, Inc.

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Comments or suggestions for Lifeline?