

# LIFELINE

Salt Lake City Central Office Newsletter

March 2013

Happy St. Patrick's Day!

## Step 3

*We turned our will and our lives over to the care of God, as we understand Him.*

I have been a member of the Fellowship of Alcoholics Anonymous since November 3<sup>rd</sup> 1987. I did not come to AA either to stop drinking or to grow closer to God. I became enslaved to alcohol from my very first drink. I drank abusively since age 16 and had successfully alienated myself from family, friends, society and life. For the previous 1½ years my address had a Washington state license plate. My "home" was parked in a different location every night and most often at some remote location on the Puget Sound waterfront. I was completely alone and deathly afraid that my next visit to the mental ward would prove to be a permanent installment. I came to AA by divine intervention in the guise of insanity. I did not think that alcohol or drugs were my problem. I thought they merely exacerbated my depressions and hopelessness.

The 3<sup>rd</sup> Step was difficult for me. How, or why, would I trust my life to a God who was going to judge me and control me like all of the adults in my life (parents, priests, police ...)? I had misunderstood my spiritual upbringing and believed that God was sitting on high collecting evidence for my eventual demise. I was unable to trust anyone or anything! I think the most precious commodity in our Fellowship is \trust. At first I trusted that AA was not going to kick me to the curb. The Fellowship's behavior, as a whole, was the embodiment of our 3<sup>rd</sup> Tradition.

I eventually selected a Sponsor for myself. Ever so slowly I began to trust Gene. He was always at the same meetings. He made himself available to me whenever I called or stopped by. I would test him with little issues and hint at bigger ones.

*Cont'd on page 10*

## *Voice of the Volunteers . . . Voices, A True Pot of Gold*

Volunteering at the Salt Lake City Central Office has become a real joy in my life. I started about two years ago, working with Ron and Sandy and a variety of other volunteers. I was there for the evolution of a true "Volunteer" Central Office over the last 14 months. It has been a fascinating and sometimes frustrating experience, but one that I will never forget. What I will remember more than anything else is the voices. The voice on the other end of the telephone line asking for a meeting location because they are in town for the week. Or, the voice wondering if

their parent or spouse or employee may be an alcoholic. Or, the one asking how I got sober and if they can somehow find a way for themselves. And the voices of all the other volunteers working alongside of me, sometimes helping me, and sometimes letting me help them. I have been truly blessed by having had the opportunity to serve, and the opportunity to hear all of the voices.

Kathy G.  
Central Office Volunteer



## LIFELINE

The Monthly Newsletter of  
Central Office of Salt Lake City, Inc.

We welcome your correspondence and will publish your material, space permitting, if it meets editorial criteria. *Share your experience, strength, and hope with another alcoholic.* To submit articles, suggestions or contributions, contact Central Office of Salt Lake City:

**Central Office of Salt Lake City, Inc.**  
80 West Louise Avenue  
Salt Lake City, Utah 84115  
lifeline@saltlakeaa.org

### Central Office Board of Trustees

board@saltlakeaa.org

Chair .....	Christy R.
Co-Chair .....	Wendy W.
Immediate Past Chair .....	Nick R.
Secretary .....	Kent S.
Treasurer .....	Adam U.
Trustee at Large .....	Meg G.
Trustee at Large .....	Betty H.
Trustee at Large .....	Jeremy C.
Alternate Trustee at Large .....	Rich W.
Alternate Trustee at Large .....	Mike O.

### Central Office Standing Committees

Activities (activities@saltlakeaa.org).....	Joel R.
Archives (archives@saltlakeaa.org).....	John N.
Bylaws (bylaws@saltlakeaa.org).....	Linda B.
Hotline Telephone (hotline@saltlakeaa.org).....	Melinda A.
Literature (literature@saltlakeaa.org).....	Chris H.
Newsletter (lifeline@saltlakeaa.org).....	Gina F.
Outreach (outreach@saltlakeaa.org).....	Charlie T.
Twelfth Step (12step@saltlakeaa.org).....	Al L.
Volunteer (volunteer@saltlakeaa.org).....	Susan L.
Website (webservent@saltlakeaa.org).....	Jonathan H.

### Central Office Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- To maintain a 24-hour Twelve-Step phone list;
- To answer phone inquiries as needed;
- To compile, update and print meeting lists;
- To maintain A.A. approved literature for sale to members and the public;
- To print and distribute a newsletter.

Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.

## Groups Represented at the February 2013 Central Office Representatives Meeting

5:15 Happy Hour	Hillcrest Group
90th & 32nd	Honey's Breakfast
A Way Out	Keep It Simple
An AA Group	Midvale Lunch Bunch
Basic Young People	Murray Group
Big Uglies	No Nonsense
Came to Believe	Nomadic Lunch Bunch
City at Seven	PC Women's Reflection
Cowboy Grub	Sacred Healing
Crazy Ladies	SELG Women's
Early Friendship	Sobriety Hour Group
Eye Opener	Starting the Day
Fresh Air Serenity Seekers	Stepping Stones
Fri Night Young & Alive	Sun Morning Breakfast
Garden Variety	Thunder Heart AA
Happy Destiny	Tooele Group
High on the Hills	We Care



### 7th Tradition Contribution Addresses

#### A.A. World Services

Box 459  
Grand Central Station  
New York, NY 10163  
<https://ctb.aaws.org/Login.aspx>

#### Central Office of Salt Lake City

80 West Louise Ave.  
Salt Lake City, UT 84115

#### Area 69 Treasurer

PO Box 433  
Salt Lake City, UT 84110  
<http://utah.aa.org/contributions.php>

#### District 10 Treasurer

PO Box 57271  
Murray, UT 84157

#### District 2 Treasurer

PO Box 615  
Salt Lake City, UT 84110

## ***Congratulations to our Birthdays!*** *It works — it really does!*

Fresh Air Serenity  
Seekers Group  
John 30 days  
Adrian 30 days  
Chris 30 days  
Karen 60 days  
Josh 60 days  
Powell 60 days  
Eric 60 days  
John 6 mos  
Jackie 9 mos  
Chris 1 yr  
Madeline 1 yr  
Sue 1 yr  
Teesha 18 mos  
Scott 7 yrs  
Greg 10 yrs  
Dennis 12 yrs  
Sherry 20 yrs  
John E. 21 yrs

Nomadic Lunch Bunch  
Andrew 30 days  
Danny 30 days  
Shawn 30 days  
Kim 90 days  
Mike 90 days  
Patsy 18 mos  
Chris 18 mos  
Sara 12 yrs  
Russ 12 yrs  
Darrin 19 yrs  
Jim 25 yrs  
Big Al 33 yrs

Hillcrest Group  
Justin 30 days  
Camella 30 days  
James 30 days  
Dominic 60 days  
Tamera 90 days  
Alex 90 days  
Chanell 90 days  
Mario 1 yr  
Alexia 1 yr  
Chris 1 yr  
Brandon 18 mos  
Robyn 3 yrs  
Kagee 4 yrs  
Dewey 4 yrs  
Ashley 7 yrs  
Nick 23 yrs  
Von 30 yrs

***Please email your  
birthdays and group  
news to  
ifeline@saltlakeaa.org  
Or bring them to  
Central Office by the  
15th of each month.***

***Thank you.***

## ***The Chair in the Corner***



Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

We have Central Office's Board of Trustees meeting the first Tuesday of the month and then the Central Office representatives meeting held on the second Tuesday of the month. I was sitting in this month's Rep meeting and was struck by how much activity is going on right now in keeping with our primary purpose. Each standing chair gave a report on their committee with enthusiasm, I might add. **The one common theme was that they were asking for more people to get involved so that we could fulfill our primary purpose.** The Archives committee is asking for items from your groups or any AA related pictures or history to keep for posterity. The 12 step committee is looking for people to represent their groups on phone lists made available for 12 step calls. The Hotline committee is looking for groups or individuals to answer the Central Office phones after office hours, weekends and holidays to ensure that an alcoholic can talk to another alcoholic whether looking for a meeting or reaching out for help for the first time. The

Literature committee chair passes out a pamphlet of the month to share with their

groups and to inform the groups of the literature that is available at Central Office. The Lifeline Committee reported that they were in need of articles or information from groups about their groups. They are always in need of members for their committee in helping to see that all areas are represented in our newsletter. The Volunteer committee needs people to help staff the office. The Activities committee is on the move trying to find out ways to encourage fellowship among our community through social events throughout the year and an Ad hoc committee was formed to determine the need for more committees at Central Office such as Public Information, Hospitals and Institutions, Bridging the Gap, etc. Districts and Area 69 are holding their service meetings at Central Office and there is a conference call once a month with Central Offices from around the state of Utah. We are growing and reaching out!

If you are interested in getting involved, there is a list of contact names and email addresses in the Lifeline, on our website – [www.saltlakeaa.org](http://www.saltlakeaa.org), or you call Central Office at 801-484-7871.

## This Month in A.A. History

*March, 1941***JACK ALEXANDER OPENS THE DOOR**

A.A. has opened doors for me that I didn't know existed. I wasn't looking for them. My life was going the way it should, I believed. Everyone drank the way I did, I thought. Ok, maybe not everyone hauled a rented trailer full of booze 1500 miles across the country every year. That was because I had the chance away from the state controlled liquor stores, and I was a prudent shopper. So I didn't get to meet those other drinkers who all drank the way I did. Why should I when my stock was better than any bar I have attended, and the bartender at my house (me) didn't use a paltry shot glass to measure.

I got to see how insular was my view of the drinking world early in sobriety on a trip to New York. I arrived early on the red-eye and my first meetings were not until the afternoon, so I stopped in at the General Service Office then on Park Avenue. I was welcomed like a lost relative, given a tour and attended the in-house noon meeting. Posh, it was not. But it was a hive and thriving with Big Books in 30 languages at the entrance and cubicles in every direction. What a world from the walk-up for Bill Wilson with Ruth Hock that I read about on Vesey Street in Manhattan.

I owe my enlightenment to Jack Alexander the investigative reporter sent by Judge Bok in Philadelphia to check out A.A.. How Judge Bok heard about this little organization, I don't know. Two years earlier 5,000 copies of the first edition of Alcoholics Anonymous were ordered and fell flat. A year earlier John Rockefeller hosted a dinner where he told the drunks the money they wanted from him would ruin it. Somewhere Judge Bok heard rumors about the 2,000 members scattered in a few cities around the country.

Jack Alexander met with Bill and together they toured cities in the East and Mid-West. He gave the fictitious name of Dr. Armstrong to the Akron physician, and Griffith to the New York stock broker. He found that "transformation from cop fighters, canned-heat drinkers, and, in some instances, wife beaters ...startling. Only one note is found to be common to all alcoholics – emotional immaturity." It was only when he got to St. Louis, his hometown, that Alexander found the clincher to overcome his skepticism. The newspapermen whom Alexander had worked with were, "Once rollicking rum pots, [but] now they were sober."



The Saturday Evening Post published his article, “Alcoholics Anonymous: Freed Slaves of Drink, Now They Free Others” in March, 1941. [A copy is available in pamphlet form or on the A.A. website]. The doors burst open. In the first six years A.A. rose to 2,000, but now 6,000 letters came to The Saturday Evening Post, and Ruth Hock tried to answer the 918 that came through the door on Vesey Street in 12 days. Alexander describes the dedication of the “Alcoholic Anonymous workers” who “squat on another alcoholic’s chest for hours with the proper combination of discipline and sympathy.” I guess those letter writers were not as insular as I was. No one twisted my arm or sat on my chest. I went to an afternoon meeting at the old Fellowship Hall on Richards Street where a kindly grandmother chaired the meeting, and made me feel that I had arrived home. I’ve never seen her again.

Jack Alexander wrote a follow-up, The Drunkard’s Best Friend, nine years later in April, 1950. By that time, A.A. numbered 90,000. In that article Alexander described a drop in vanilla sales in Aroostock, Maine, and a more gentle approach which enticed me. He described sponsors and talked of regional variations like the “social cachet” of being an A.A. in Los Angeles with a “theatrical mass-meeting setting [of] 1000 or more...square dances and jewelry bearing the A.A. monogram, though frowned upon elsewhere.” Salt Lake meetings of 30 were big. I treasured my milestone plastic or metal chips. I didn’t wear the AA lapel pin.

There were only 800 follow-ups to Markey’s piece. Maybe the magazine, The Liberty, didn’t have the circulation of The Saturday Evening Post. It certainly didn’t have the cover paintings by Norman Rockwell. Maybe it was Markey’s title “Alcoholics and God” that scared off the drunks. Alexander doesn’t mention anything about spirituality until more than half-way through his first article. And then it was, “He is asked to believe in a Power that is greater than himself, or at least to keep an open mind on that subject while he goes on with the rest of the program. Any concept of the Higher Power is acceptable.”

Alexander didn’t mention it, but “We will not regret the past nor wish to shut the door on it.” The freedom and new happiness was behind a door that I didn’t know existed. Great events I didn’t know were possible have come to pass for me and for others along the Road of Happy Destiny that I’ve met at meetings here, at the International Conventions as in San Antonio in 2010, and near the Oconomowoc liquor store where I used to load up my rented trailer. Thank you, Jack Alexander.

Dick A

*Editor’s Note: An original copy of the Saturday Evening Post cover and story pages are on display at Central Office. While you’re there pick up the pamphlet of the entire article for a mere twenty-cents. Such a deal!*



## Available times to volunteer for answering the Central Office Phone line

Saturday - Second Saturday 2:00 PM to 6:00 PM, Third Saturday 6:00 PM to Midnight

Sunday - Fourth Sunday 6:00 PM to Midnight

Monday - Every Monday 5:00 PM to 9:00 PM

Tuesday - Fourth Tuesday 5:00 PM to 10:00 PM

Thursday - Every Thursday Midnight to 10:00 AM, Second Thursday 10:00 PM to Midnight

Friday - First, second and third Fridays Midnight to 10:00 AM, First, second and fourth Fridays 10:00 PM to Midnight

Melinda A.

E-mail [hotline@saltlakeaa.org](mailto:hotline@saltlakeaa.org) to volunteer

[www.saltlakeaa.org/phones](http://www.saltlakeaa.org/phones)

*Note from the Editor: Who was there when you surrendered?*

## Calendar of Events

### March

**CO Board of Trustees Meeting**, Central Office, Tuesday, March 5, 6:00pm

**16th Annual Dixie Winterfest "Fun in the Sun", Friday, Saturday & Sunday**, March 8-10. Lexington Hotel & Conference Center.

For information go to [www.dixieA.A.office.org](http://www.dixieA.A.office.org) or [www.dixiewinterfest.org](http://www.dixiewinterfest.org)

**CO Reps Meeting**, Central Office, Tuesday, March 12, 6:30pm

**All Groups Meeting**, Central Office, Saturday, March 16, Central office Board of Directors Potluck 6-7pm, Meeting 7-8pm

**Newsletter Committee Meeting**, Central Office, Saturday, March 23, 10:00am

**"Newsletter Party,"** Fold/label/sort/mail the April 2013 LIFELINE, Central Office, Friday, March 1, 10:00am

### April

**CO Board of Trustees Meeting**, Central Office, Tuesday, April 2, 6:00pm

**CO Reps Meeting**, Central Office, Tuesday, April 9, 6:30pm

**All Groups Meeting**, Central Office, Saturday, April 20, Central office Board of Directors Potluck 6-7pm, Meeting 7-8pm

**Newsletter Committee Meeting**, Central Office, Saturday, April 20, 10:00am

**"Newsletter Party,"** Fold/label/sort/mail the April 2013 LIFELINE, Central Office, Friday, April 26, 10:00am



# Happy St. Patrick's Day Everybody!

When I quit using, one of the best pieces of advice I received was to do something with all the spare time I would have on my hands.

Service work is a good thing. Making coffee, setting up chairs, being a GSR, calling newcomers, taking down chairs...these are some of the things I did when I first arrived; they helped make me feel a bit more comfortable in my own skin. And they helped me feel a part of, until I became a part of, the Fellowship.

I soon discovered I had still more time, even after attending meetings and being of service in the rooms of AA. After a meeting during which I had no doubt been whining about this, a friend came up to me and suggested I might look into doing some volunteering; that there were many nonprofit organizations looking for people like me.

To be honest, I really wasn't sure what I would have to offer, but I did what I always do and shared this new and somewhat intriguing prospect in meetings.

Another of the many useful pieces of information I picked up in meetings was to be careful what I ask for, because it wasn't long before I got a call from another friend to help with an event for the organization she was working with. Well, one event led to another, and another, then another organization, and another after that.

My higher power kept me alive long enough to get to Alcoholics Anonymous. AA gave me the tools I need to do life. And people I've met since I've been clean and sober, in and out of AA, have given me the many wonderful opportunities I now have to be of service to others. I could never have imagined the rich rewards I would receive in doing all that I am today.

I've gone back to work and started my own business, so you sure won't hear me

Today I have two organizations that are very dear to me. As an adult I've always had at least two dogs at a time. I really enjoy their company, and one of these organizations gives me the opportunity of sharing my hounds with people who are ill or struggling with life. The other gives me the opportunity to help save the lives of some of God's greatest little creatures.

My higher power kept me alive long enough to get to Alcoholics Anonymous. AA gave me the tools I need to *do life*. And people I've met since I've been clean and sober, in and out of AA, have given me the many wonderful opportunities I now have to be of service to others. I could never have imagined the rich rewards I would receive in doing all that I am today.

I've gone back to work and started my own business, so you sure won't hear me whining about having too much time on my hands anymore. (Still working on the balance in my life) But when I see the effects of my participation in these two groups, I can tell you it's a lot more rewarding than using ever was. I have a lot more fun today and find time to be in a parade ~ with a whole lot of my friends, two and four-legged!!

Oh, and thank you to my dear friend for giving me yet another opportunity to be of service and asking me to write this piece for the Lifeline!

Happy  
Joyous  
&  
Free



Margaret C.  
aka  
Peggy or Peg

# Group Contributions, January 2013

## Contributions

January 2013

### Contributions GROUPS

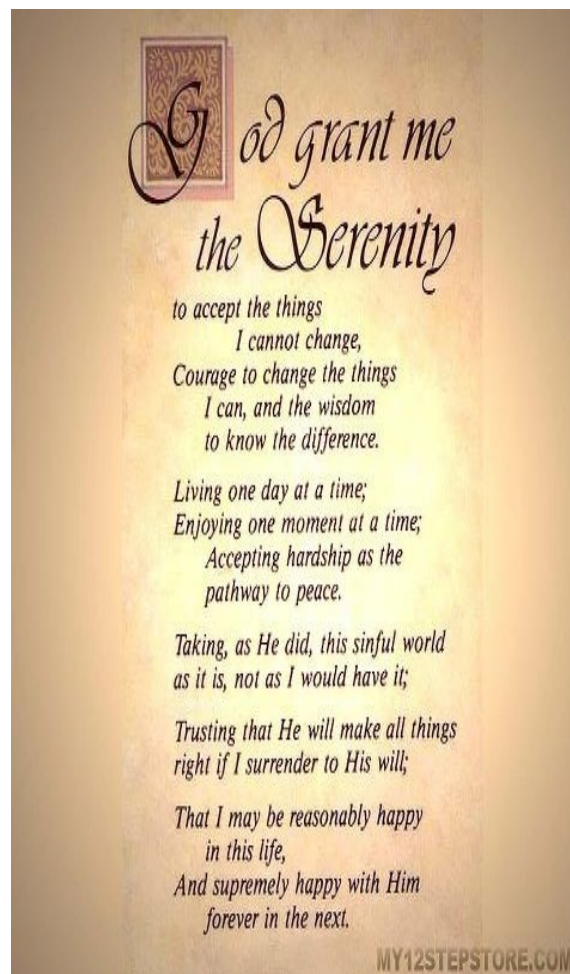
17th x 17th	361.20
874 Group	189.64
Acceptance	248.00
An AA Group	98.29
Bountiful Mens	200.00
Closed Meeting of Alcoholics	140.00
Early Friendship	223.36
Grapevine	79.52
Greater Kearns	35.00
Grub Lunch Bunch	80.00
Highland Group	36.00
Into Action	51.50
Lake Point Layover	2.53
Magna Friendly Bunch	75.00
Murray Group	104.40
Nomadic Lunches	174.10
Off the Cuff	111.50
Old Fashioned AA	29.55
Park City Men's Group	150.00
Primary Purpose	25.00
Richard Street Lunch	25.47
Sharing N Caring	68.25
Spiritual Quest	100.00
Survive & Serve	40.00
Tenth Step Group	11.93
TRY AGAIN	5.64
Valley View Group	25.00
Wake Up Call	400.00
<b>Total Contributions GROUPS</b>	<b>\$ 3,091.88</b>

### Contributions OTHER

Individual	234.75
<b>Total Contributions OTHER</b>	<b>\$ 234.75</b>

**TOTAL Contributions \$3,326.63**

## The Complete Serenity Prayer



Help us keep  
accurate records.  
Is your group's report  
correct?



## Central Office Salt Lake City Annual Report Profit & Loss Summary

Revenue	2012	2011
Event Income	\$3,643.06	\$5,698.70
Group Donations	\$31,944.18	\$36,727.40
Other Contributions	\$4,587.40	\$3,706.18
Sales - Literature	\$46,332.54	\$58,351.40
Sales - Awards & Misc	\$19,152.37	\$23,858.25
Miscellaneous Income	\$2,091.85	\$1,203.04
<b>Total Revenue</b>	<b>\$107,751.40</b>	<b>\$129,544.97</b>
<b>Costs of Goods Sold</b>	<b>\$46,234.24</b>	<b>\$53,124.85</b>
<b>Gross Profit</b>	<b>\$61,517.16</b>	<b>\$76,420.12</b>

We are  
self supporting  
through our own  
Contributions.

Expenses		
Event Expense	\$2,178.22	\$1,501.94
Cash Register/POS Project	\$1,524.99	\$ -
Archive Project	\$1,068.22	\$ -
Utilities	\$3,577.91	\$3,546.46
Accountant	\$1,749.25	\$495.00
Advertising	\$864.64	\$865.28
Answering Service	\$2,115.40	\$1,790.50
Bank Fees	\$929.37	\$1,058.02
Liability Insurance	\$910.62	\$913.22
Newsletter	\$1,178.73	\$801.81
Office Supplies	\$1,379.68	\$838.78
Payroll	\$10,315.27	\$57,990.08
Postage & Delivery	\$438.54	\$428.08
Rent	\$10,525.00	\$11,619.93
Printing & Reproduction	\$3,708.84	\$3,687.39
Telephone	\$1,535.98	\$1,377.70
Website	\$218.67	\$84.56
Other Expenses	\$1,483.95	\$569.37
<b>Total Expenses</b>	<b>\$45,703.28</b>	<b>\$87,568.12</b>

**Net Income:** **\$15,813.88 (\$11,148.00)**

## Central Office Salt Lake City Financial Summary January, 2013

Revenue	
Newsletter Donation	\$ 57.00
Group Donations	\$ 3,326.63
Sales - Literature	\$ 3,542.42
Sales - Awards & Misc	\$ 1,872.50
<b>Total Revenue:</b>	<b>\$ 8,798.55</b>
 COGS - Literature	 \$ 3,056.08
COGS - Awards & Misc	\$ 908.90
<b>Total COGS</b>	<b>\$ 3,964.98</b>
 <b>Gross Profit</b>	 <b>\$ 4,833.57</b>

<b>Operating Expenses</b>	<b>\$ 3,060.55</b>
(Rent, Bookkeeper, Utilities, Printing & Copies, Answering service)	
Inventory Adjustment	\$ 67.17
Other Expenses	\$ -
<b>Total Expenses</b>	<b>\$ 3,127.72</b>

**Net Income:** **\$ 1,705.85**

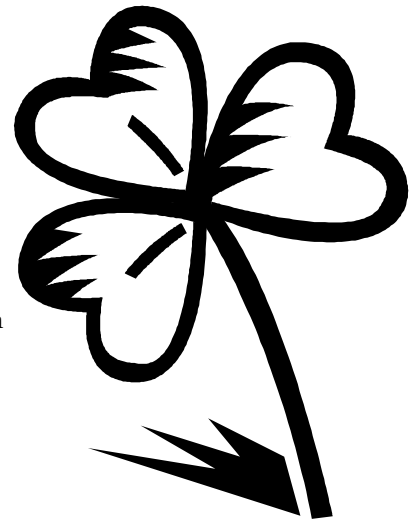
### Bank Accounts

Prudent Reserve - Fund	\$ 23,702.00
Prudent Reserve - Savings	\$ 5,869.88
Operating Capital - Checking	\$ 13,110.30

*Cont'd from page 1*

He never judged me nor forced an issue. He listened and shared his own experiences. Gene opened the door for me to begin to trust individuals in the Fellowship. Gene could see that I had encumbered God with human characteristics. He told me I could set aside all of my religious imagery. He told me I could place all of that on a shelf and that I was welcome to take it down at any time. But, for now, I was to get a God! I was to make sure that he was “loving, caring and forgiving ... period!” I could see that others in AA were getting well! I could see the dignity and respect that was so freely shared by the Fellowship! I could feel the unconditional love expressed at every gathering or chance meeting! I marveled at the healing grace that was evidenced in the Fellowship! How arrogant I was to chain God to my corrupt perception of him as a vengeful Judge of Humankind! My religion did not teach me this! I enslaved God all by myself!

As I tested this idea of a loving, caring God; as I embraced the notion that God had my best interests at heart; the bondage of fear, misunderstanding, arrogance and distrust fell away. I believe that God uses the Fellowship and each of us individually as a conduit for his love and grace. Therefore, “Turning my will and life over to the care of God ...” can be quite literally trusting in the Fellowship and the Steps of Alcoholics Anonymous.



Occasionally, as in the pioneering time of AA, changes in our membership requirements are proposed. These changes are usually cloaked in the form of character judgments or arbitrary differentiations. It is indeed an alarming prospect that any AA group would seek to close its doors to anyone with a desire to stop drinking. Tonight, after the “Brighton Up” meeting, I had the opportunity to ask several members of the Fellowship about their thoughts surrounding the 3<sup>rd</sup> Tradition. An Iraq war veteran, when asked how he would feel about an insurgent with a desire to stop drinking, stated “If he (the insurgent) is in a meeting I will support his sobriety, if he is on a battlefield ...”.

My sobriety, and more importantly my membership in the Fellowship of Alcoholics Anonymous have resulted in Freedom for me and many others. I am privileged to carry my experiences and the wisdom that was freely shared with me to others that are enslaved as I was. Today I have a sense of faith, love and usefulness. I have been given many extraordinary gifts and opportunities. The greatest of which is the opportunity to carry and share the “Keys to the Kingdom”.

*And, the way: n the early 5<sup>th</sup> century AD a 14-year-old Scottish boy named Pádraig was taken from his family, friends and childhood home and enslaved in Éire. Pádraig turned to God for solace during his enslavement. At 20 he had a dream that encouraged him to escape. Returning to Scotland, Pádraig was reunited with his family and community to much joy and celebration. Padrag's spiritual development continued and he later returned to his captors to carry the message of God's love for them. Pádraig's efforts resulted in his being declared a Patron Saint and Apostle of Ireland. In case you have not guessed who this obscure Pádraig was; we will celebrate the Feast Day of Saint Patrick on March 17<sup>th</sup>.*

***“Éirinn go brách!”  
Ireland Forever!***

**Mark P.**

# Your Central Office Committee Updates

CO Rep Meeting  
Tuesday, February 12, 2013, 6:30pm  
Chair: Christy

The following Committee Chairs, or their representatives, gave a report on the activities of their respective Committees.

**Activities Committee.** Joel R. reported the Committee's plan to hold the Chili Cook-off, Kick-off Picnic and Annual Picnic for 2013. The Committee continues to look for volunteers. Doug volunteered to serve on the Activities Committee.

**Archives Committee.** John N. reported copies of Central Office related flyers handed will be stored in a three ring binder. Copies of past Grapevine editions are in binders in the reading room. Group Representatives were encouraged to ask their Group members to bring to Central Office any materials that may be of historical significance.

**By-Laws Committee.** Linda B. Nothing to report.

**Hotline Telephone Committee.** Melinda A. reported that the Committee was looking for volunteers to fill empty time slots. The Group Representatives were asked to take back the message to their Groups that volunteers are needed. Send contact information and suggestions as to how to make the phones run more smoothly to Melinda A at [hotline@saltlakeaa.org](mailto:hotline@saltlakeaa.org).

**Literature Committee.** Chris H. reported that Central Office has a good stock of materials. Central Office goes through about 1,000 pieces of literature a month. Chris passed out the Pamphlet of the Month dealing with the Jack Alexander article. Chris is looking for volunteers to help take inventory of Central Office literature which is conducted on the last Saturday of each month. Contact Chris at [literature@saltlakeaa.org](mailto:literature@saltlakeaa.org) to serve on the Literature Committee or if you or your Group has any literature needs.

**Newsletter Committee.** Gina F. reported that volunteers were needed to help with graphics work. The Group Representatives were asked to get the word out that stories, editorials and articles to publish in the Lifeline newsletter were needed. The Group Representatives were encouraged to report Group birthdays for publication in the Lifeline. Also needed was help in folding and mailing the monthly Lifeline. Contact Gina F. at [lifeline@saltlakeaa.org](mailto:lifeline@saltlakeaa.org).

**Outreach Committee.** Charlie T. reported that he is putting the Outreach Committee together. Group Representatives were encouraged to let their Groups know of the need for volunteer service on the Outreach Committee. Contact Charlie T. at [outreach@saltlakeaa.org](mailto:outreach@saltlakeaa.org). The next All Groups meeting will be sponsored by Saturday Norming Sots Group and held at 6:00 p.m. on February 16, 2013.

**Twelfth Step Committee.** Al L. reported that three requests were covered. The Group Representatives were encouraged to recruit volunteers to service Twelve Step Committee activities and needs. Also, Al L. invited the Group Representatives and Group members to send their thoughts and ideas to [contrailAl@gmail.com](mailto:contrailAl@gmail.com) or call Alan L. directly at (801) 641-8401 or (801) 819-7277.

**Volunteer Committee.** Susan L. was excused due to illness. Christy R. presented Susan L's written Report. Betty H. will be serving as the new Tuesday coordinator. The daily coordinators continue to recruit new volunteers particularly for Monday between 3:00 – 5:00 p.m. An article will be written each month and published in the Lifeline regarding Central Office volunteer service opportunities.

**Website Committee.** Jonathon H. reported that Central Office financials and speaker tapes can now be found on the central Office Website.

## Old Business

**Ad Hoc Committee Update.** Chris H. The Central Office Ad Hoc Committee to Explore the Feasibility of Forming Service Committees will hold a meeting at Central Office on February 17, 2012 at noon to discuss needs for AA services in the Salt Lake AA community. Everyone is invited.

**Prudent Reserve Recalculation.** Christy R. reported that the Board was reviewing the Central Office operating expenses for 2012 and calculating projected financial needs for 2013. The study will also assist the Board and the Central Office Representatives in determining Central Office's six month prudent reserve. The Board will make its report to the Central Office Representatives at the March 12, 2013 Central Office Committee meeting.

## New Business

**Jonathon H.** Jonathon H. reported on the SLTYPAA meeting held every month and the SALTYPAA upcoming activities.

Patrick reported that District 2 positions for DCMs Treasurer, Secretary and Standing Committees are open. The Group representatives were asked to take this information back to their Groups.

Jonathon reported that the Bridging the Gap Committees needed volunteers. The Group Representatives were requested to take this information back to their Groups and ask for volunteers to fill these service positions.

No other new business.

Announcements were made about group events.

Motion to close.

Serenity Prayer.

Find your own pot of  
gold in sobriety!  
Volunteer what you have to  
offer, when you can on a Central  
Office committee.

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