

# LIFELINE

## Salt Lake City Central Office Newsletter

April 2013

Happy Spring!

### *Step Four...Moral Inventory?*

*Made a searching (fact-finding) and fearless (fact-facing) moral inventory of ourselves (Releasing Shame, Blame and Guilt). My grievances had darkened my mind. All I could see as I looked out was a darkened world which distorted my perceptions of everything around me (my relationships with others and my relationship with who I really am).*

My sponsor, my spiritual guide, helped me to “fearlessly” set down on paper a list of characteristics that made up my moral fiber and seemingly “good and bad” behaviors in my interaction with my fellows. He explained it was to be a moral inventory and not an immoral one, showing me I was to take stock of my assets as well as what could be called my deficits (i.e., the negative thinking and actions that were cutting me off from “the Sunlight of the Spirit”).

What I found first was that I had to face my fear of God that I had come to experience through my misperceptions of the teachings of the moral guides and spiritual leaders in the faith I was brought up in. Through taking Steps 2 and 3 I was able to freely love a “Loving God” and trust that a Power greater than myself would help straighten out my mind and restore me to sanity. I became aware that to love myself was the good and right thing that God intended. These feelings set me free, where my previous thoughts held me in bondage.

The following words gave me courage to take action on Step 4 on a continual basis in my sobriety. “The achievement from fear is a lifetime undertaking, one that can never be wholly completed...only the self-deceived will claim perfect freedom from fear.” As Bill Sees It, p 263.

Through Step 4 I am learning to see my part in my interactions with others and the acceptance of circumstances in my life as they are. So I am able to enjoy more peace of mind. I have become less a victim of others in the world around me; and I take stock of my expectations, choices and dishonesty through this step and all sequential steps. I am able to see the capacity for good in every person and in myself.

Jay B.

### *Voice of the Volunteers. . .Carrying the Message*

I have a small badge at home that says “Don’t yell at me... I’m a volunteer.” It seems that in some areas of our society, volunteers are looked upon as somewhat less than. It baffles some people that anyone could or would provide any service or perform any task without reasonable compensation, typically monetary.

I have known for many years now that the sobriety I cherish is a gift. And to keep this gift I must give it away. And when I give away this gift, I must do so without any expectation of receiving something in return.

Carrying the message is the basic service the A.A. Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, A.A. is more than a set of principles; it is a society of alcoholics in

action. We must carry the message else we ourselves can wither and those who haven’t been given the truth may die.

Serving at our Salt Lake Central Office as a volunteer has given me the opportunity to carry our message and to insure my own sobriety by contributing the most valuable thing I have in life, my time.

Our 1st Tradition states “Our common welfare must come first; personal recovery depends upon A.A. unity.” By being a volunteer at our Central Office, I can contribute to the welfare of others by assisting in providing information and direction to those in need of a meeting, by assisting in the sale and distribution of our literature and best of all, I can be an example of *SERVICE*, AA’s Third Legacy.

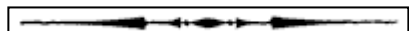
Mike O.

## LIFELINE

The Monthly Newsletter of  
Central Office of Salt Lake City, Inc.

We welcome your correspondence and will publish your material, space permitting, if it meets editorial criteria. **Share your experience, strength, and hope with other alcoholics.** To submit articles, suggestions or contributions, contact Central Office of Salt Lake City:

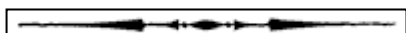
Central Office of Salt Lake City, Inc.  
80 West Louise Avenue (2850 South)  
Salt Lake City, Utah 84115-2860  
801-484-7871  
lifeline@saltlakeaa.org



### Central Office Board of Trustees

board@saltlakeaa.org

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### Central Office Standing Committees

Activities (activities@saltlakeaa.org) .....	Joel R.
Archives (archives@saltlakeaa.org) .....	John N.
Bylaws (bylaws@saltlakeaa.org) .....	Linda B.
Hotline Telephone (hotline@saltlakeaa.org) .....	Melinda A.
Literature (literature@saltlakeaa.org) .....	Chris H.
Lifeline Newsletter (lifeline@saltlakeaa.org) .....	Gina F.
Outreach (outreach@saltlakeaa.org) .....	Charlie T.
Twelfth Step (12step@saltlakeaa.org) .....	Al L.
Volunteer (volunteer@saltlakeaa.org) .....	Susan L.
Website (webservent@saltlakeaa.org) .....	Jonathan H.

### Central Office Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- To maintain a 24-hour Twelve-Step phone list;
- To answer phone inquiries as needed;
- To compile, update and print meeting lists;
- To maintain A.A. approved literature for sale to members and the public;
- To print and distribute a newsletter.

Specifically excluded shall be the operation of any club, clubhouse or drying -out place, and acts in violation of the Twelve Traditions of A.A.

80 W 2850 S SLC, UT 84115

## VISIT CENTRAL OFFICE

Drop by for a visit and you could:

\*Read any edition of the Grapevine  
dating back to 1953

\*Share a cup of coffee

\*Read a Big Book in one of  
50 languages

\*Share stories with a Volunteer

\*Sign-up to volunteer

\*Use the Wi-Fi

Office Hours:

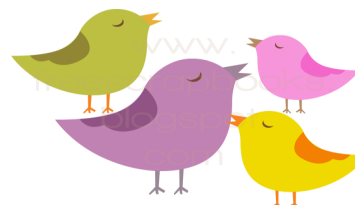
Monday-Friday 10am to 5pm

Saturday 10am to 2pm

Closed on Sundays

For HOLIDAY hours call

801-484-7871



### 7th Tradition Contribution Addresses

#### A.A. World Services

Box 459  
Grand Central Station  
New York, NY 10163  
<https://ctb.aaws.org/Login.aspx>

#### Central Office of Salt Lake City

80 West Louise Ave.  
Salt Lake City, UT 84115

#### Area 69 Treasurer

PO Box 433  
Salt Lake City, UT 84110  
<http://utah.aa.org/contributions.php>

#### District 10 Treasurer

PO Box 57271  
Murray, UT 84157

#### District 2 Treasurer

PO Box 615  
Salt Lake City, UT 84110

This Month in A.A. History

April 1939

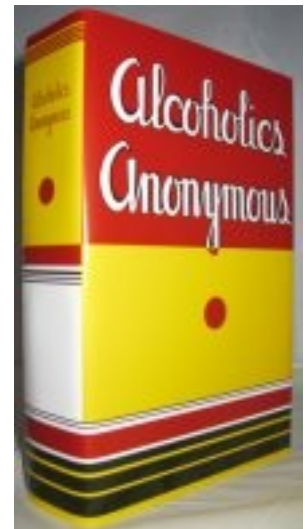
## The Big Book is Published

April celebrates the anniversary of the book Alcoholics Anonymous published in 1939. I will relate some of my experiences on the various Big Books that I have seen and not so much about "The Book" itself. There is little I could add to the tremendous amount of investigation, interpretation and explanations that has been published about our well-loved "Guide for Living".

My 30 year old AA book is a well-loved book that has been read and re-read, underlined, studied, scribbled in, and used as a coaster. It is dear to me and would not bring anything on the collector market. I am a dealer/collector of antiques & rare books, an amateur historian, as well as a member in good standing of Alcoholics Anonymous. I have had experiences with local books and local old-timers and their books. Hundreds of 1st and 2nd edition AA books have gone through my hands. I was active in this endeavor in the 80s and 90s. Many of these books were inscribed by and attributed to early Utah AA members. I've donated items to Area 69, Alanon and GSO.

The earliest book I had with the Utah provenance was a 1946 9th printing 1st edition that belonged to a woman from Leeds, Utah. Can you imagine a woman sobering up in a small southern Utah town in 1946?

In 1948 a member of the of Salt Lake's 2nd earliest group, The Altrum Group, worked for Deseret Publishing. He re-bound four 12th printing 1948 1st editions in red leather and gold applied lettering for the officers: assistant secretary, secretary, vice chairman, and chairman. I was lucky to find two of these books. One was presented to Clyde Gooderham, Utah's very first delegate. Not only was Gooderham Utah's first delegate but he also founded the Utah Alcoholism Foundation and the prestigious University of Utah School on Alcoholism. The UAF donated several books of Alcoholics Anonymous to local libraries around the state, started the House of Hope for Women, and the Alcohol Recovery Center for Men in the 1940s. The UAF has continued to be a productive force of nonprofit treatment in Utah for over 65 years.



I learned how to bind books and I did so for many old timers. Clyde's wife, Marie, took one to the South High School Auditorium in the early 1950s when Bill Wilson came to Utah to deliver a talk to our members. She managed to get Lois Wilson's and Marty Mann's signatures. Mann was the first successful female member of AA and founder of the National Alcoholism Foundation. The other re-bound AA book belonged to the co-chairman of the Altrum Group and was signed and dated by Bill Wilson in Salt Lake, probably at his South High School appearance.

Early Salt Lake AA had many wealthy members. I have a book inscribed by Thomas Kearns Jr., son of the Senator and mining, banking, railroad and newspaper magnate. Thomas Kearns Jr. was instrumental in helping many of his wealthy friends get sober and establish early Utah AA with enthusiasm and finances.

*Continued on page 5*

## *Congratulations to Our Birthdays! It works — it really does!*

### **Came to Believe**

Jo P 15 yrs  
Laura B 9 yrs

### **City at Seven**

Meg 3 yrs  
Matt 3 yrs  
Jill 7 yrs  
Elizabeth 9 yrs  
Jim 26 yrs

### **Fresh Air**

#### **Serenity Seekers**

Gerad 30 days  
Spencer 30 days  
Ramona 30 days  
William 30 days  
Rob 30 days  
Robert 30 days  
Alexander 30 days  
Mike 30 days  
Erin 60 days  
Dave 60 days  
Adreen 90 days  
Sara 1 yrs  
Cary 1 yrs

Chad 90 days  
Jason 90 days  
Kay 9 mos  
Scott 9 mos  
Sheldon 1 yrs  
Len 18 mos  
Shanesse 18 mos  
Lee 2 yrs  
Tammy 3 yrs  
Jan B 3 yrs  
Adrienne 4 yrs  
Kevin 7 yrs  
Suzy 21 yrs  
Fred 27 yrs  
John P 38 yrs

### **Grapevine**

Ray E 6mos

### **Hillcrest Group**

Melissa 30 days  
Donavan 30 days  
Tiffany 30 days  
Lamelle 90 days  
Rod 90 days  
Katrina 9 mos  
Jill 9 mos

Knotia 1 yr  
Pam 1 yr  
Skylar 1 yr  
Teresa 1 year  
Sarah 18 mos  
Shane 6 yrs  
John 7 yrs  
Erin 11 yrs  
Karen 15 yrs  
Donna 22 yrs  
John 23 yrs

### **Midvale Lunch Bunch**

Brooke E 30 days  
Troy O 30 days  
Alexander D 30 days  
Bruce B 60 days  
Robert C 6 mos  
Roy H 18 mos

### **Nomad Lunch Bunch**

Arielle 30 days  
Eric 30 days  
Bill 60 days  
Bob 60 days  
Eric 9 mos  
Landon 9 mos

Chrystina 18 mos  
Jeff 3 yrs  
Bruce 4 yrs  
Joel 4 yrs  
Kurt 21 yrs  
Rusty 21 yrs

### **5:30 Sobriety Hour**

Jeff 6 mos  
Alex 6 mos  
Gina 5 yrs  
Hal 15 yrs  
Anna Ruth 25 yrs

### **Sugar House Men's Group**

Wade 3 yrs  
Courtney 9 yrs  
Keith 12 yrs  
Josh 17 yrs  
John 23 yrs  
Mike 28 yrs

### **Thursday Night Women's Reflections Group**

Tiffany 1 yr  
Jacque 2 yrs  
Colleen 2 yrs  
Linda 8 yrs  
Shelly 9 yrs

### **Attention!**

Please email your birthdays and group news to [Lifeline@saltlakeaa.org](mailto:Lifeline@saltlakeaa.org), or bring them to Central Office by the 15th of each month. Be sure to provide your name, group name and how to contact you on your list. Thank you.

## *The Chair in the Corner*

### *Happy Spring!*

Spring is my favorite time of the year. We get to come out of hibernation and turn off the heater. Baseball and softball are starting up again and I love to watch my kids play ball. It's also a time to do some spring cleaning. There's renewed energy all around.

I think the same is happening at Central Office. First, there is a motion to add committees to serve as liaisons between Central Office and District/Area committees. Central Office receives many calls for AA's needs in hospitals, doctor's offices, treatment centers, jails and prisons. Although our Districts do a great job sometimes they don't have enough volunteers to address the needs. We have an immediate need to help the person that is calling Central Office. This vote has been/will be brought to your home group by your Central Office representative.

Another motion before the Central Office representatives is a reduction in literature pricing. We are experiencing increased income due to your 7th tradition contributions as well as a

decrease in expenses due to your volunteer run Central Office. The motion asks to set literature pricing at a level that is in sync with our income and expenses. Once again, be on the lookout for that discussion in your home group.

Central Office is successful because you see a need for its services. Your participation in our monthly representative meeting and support at functions reveals your desire to carry the AA message.

Thank you for your support,

Christy R.



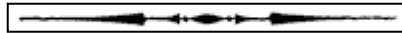
*Con'd from page 3*

In 1952, the Sugarhouse Men's Group (my home group) was formed. I have a 12th printing 1st edition with the original member's signatures of that group. There is another one, very similar, in Salt Lake. The How It Works Group, now called the Foothill Group, used to read the 5th Chapter from a 2nd edition that was inscribed by Marty Mann, "To the How it Works group, thanks for letting me sit in, Marty Mann." I remember when it was stolen along with the substantial "kitty".

The Trappist Monastery in Huntsville used to have a 1st edition in their library. I noticed on one of my visits that it had been replaced with a 3rd edition. I am guessing that somebody's ethics were bent enough that it allowed them to trade the book and not feel like it was stealing.

Here is a story: In the late 1980s and through the 1990s I was an active dealer in AA memorabilia with somewhat of a national presence. On a Wednesday, I attended the noon "Up Group". There, Brad C. met me with some urgency. "What's your dad's name?" he queried. "Gene Phelps" I said "Why?" With some frustration he threw a 12th printing 1st edition at me. Inscribed on the flyleaf it said "stolen from Gene Phelps" in my dad's hand writing. My father joined AA in 1948. I was blessed to live sober with him for 15 years. Brad had bought it at the flea market just three days earlier, and was willing to give it to me. He was pleased when I offered him a better an older replacement. How great is that?

Clark P.



## *Tradition Four*

*"Each group should be autonomous except in matters affecting other groups or AA as a whole."*

The word autonomous means acting independently or having the freedom to do so. Being autonomous and sitting in a meeting always confused me. When talking about the AA group as a whole it just means that no one person speaks for AA or for how the group is run. Almost every group that I have gone to is run differently but has the same message, and loving welcoming feeling. AA groups run independently from other groups such as Cocaine, Heroin, Nearly Anything, Crystal Meth, or Sex Anonymous this is because they want to keep the group conscious separate. But if there is an issue in neighboring groups they can consult with each other. When talking about affecting other groups or AA as a whole this was hard for me to understand as well but broken down for me it just means that one person and/or group doesn't speak for AA. If a group or person were to go onto a public venue such as radio and break the autonomy of the group that would affect that group and could have an effect on AA as a whole.

That is what the 4th tradition means to me and I got to learn about a tradition I didn't know much about. I do know this AA, the steps and traditions, and the fellowship saved my life. I take suggestions from my sponsor, I rely on my higher power that I call Big, and I do as much service as I can, and that ultimately is what has kept me clean and sober. Thank you for helping me learn about the 4th tradition and I hope that you learned something as well.

Melinda A.

## For Someone's Sake, Please Answer the Phone!

A desperate drunk calls Central Office. Who should answer the phone, another alcoholic or the answering service? It's up to all of us!

Saturday - 2:00pm-6:00pm, 10:00pm-Midnight  
 Sunday - 6:00pm-10:00pm, 10:00pm-Midnight  
 Monday - 5:00pm-9:00pm, 9:00pm to Midnight  
 Tuesday - 5:00pm-10:00pm  
 Wednesday - 5:00pm-Midnight  
 Thursday - 10:00pm-Midnight, Midnight-10:00am  
 Friday - 10:00pm-Midnight, Midnight-10:00am

*Times and days are subject to change.*

*For current availabilities contact:*

*Melinda A.*

*E-mail [hotline@saltlakeaa.org](mailto:hotline@saltlakeaa.org) to volunteer*

*[www.saltlakeaa.org/phones](http://www.saltlakeaa.org/phones)*

*Will train for sobriety!*

*We provide a super easy "how to" sheet*

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

## calendar of Events

### April

**CO Board of Trustees Meeting** at Central Office on Tuesday, April 2 at 6:00pm

**Area 69 Pre-Conference Assembly** in Park City on April 5, 6 & 7. Hosted by District 10

**CO Reps Meeting** at Central Office on Tuesday, April 9 at 6:30pm

**All Groups Meeting** at Central Office on Saturday, April 20. Hosted by the Central Office Volunteers . Potluck 6-7pm, Meeting 7-8pm

**Newsletter Committee Meeting** at Central Office on Saturday, April 20 at Noon

**"Newsletter Party,"** Fold/label/sort/mail the May 2013 LIFELINE at Central Office on Friday, April 26 at 10:00am

Everyone is welcome to come to the newsletter party for some fun fellowshiping, a cuppa joe and some edibles!

**General Service Conference**, April 21-27, New York City,

**District 10 Public Information Committee Meeting** at Central Office on Saturday, April 27 at 10:00am

### May

**CO Board of Trustees Meeting** at Central Office on Tuesday, May 7 at 6:00pm

**CO Reps Meeting** at Central Office on Tuesday, May 14, at 6:30pm

**Area 69 Post-Conference Assembly** in Provo on May 17, 18 & 19. Hosted by District 3

**All Groups Meeting** at Central Office on Saturday, May 18. Hosted by **to be announced**. Potluck 6-7pm, Meeting 7-8pm

**Newsletter Committee Meeting** at Central Office on Saturday, May 25 at Noon

**"Newsletter Party,"** Fold/label/sort/mail the June 2013 LIFELINE at Central Office on Friday, May 31 at 10:00am

Everyone is welcome to come to the newsletter party for some fun fellowshiping, a cuppa joe and some edibles!

**District 10 Public Information Committee Meeting** at Central Office on Saturday, May 25 at 10:00am



# MY HOME GROUP

By Karen B.



I would like to introduce all of you to my home group, The Nomadic Lunch Bunch (aka the Bowling Alley Meeting). We meet Monday - Friday at 12:15 pm at the Ritz Classic Bowling Center, in South Salt Lake. The groups' roots are in several meetings: Harmon's, Honey's Restaurant (circa 1984) and others. Sometime in the nineties Honey's was sold and torn down and the 'Bunch' began their nomadic search for a permanent home. They met in many places: The Pearl on State Street a hotel bar on 300 West, Dee's Restaurant, the Capri Restaurant, the Ramada Inn, David's Kitchen and even a strip mall. Somehow the group managed to hang together as an entity.

Once again, in 1994, they were searching for a meeting place and one of their new members, Rusty J., secured Rancho Lanes, where they met for several years. Plans to tear down Rancho Lanes set them adrift once again until Rusty found Bonwood Bowl and they had a home for several years - first in a locker room, then a nursery. The Nomads have been at the Ritz since 2007 and hope we can stay for many more. Several of the 'Honey's' alumni are still with us.

I personally started to try AA in 2004 or 2005 (I can't remember-'wet brain' I guess) and was lucky enough to stumble across the Nomads at Bonwood Bowling. What attracted me to these people was the humor. Every meeting someone shared something we could all laugh about.

Like many others, I didn't stay long. When I got in trouble with my professional licensing board, I was required to attend meetings. I returned more regularly in 2008 and 2009, but was still drinking. The group was always friendly and welcomed me back, without judgment.

When I hit my bottom in Nov. 2011, I ended up in the hospital; jaundiced, my liver enlarged and a case of alcoholic hepatitis. The liver specialist looked at me and said, "If you drink again, you will die." He then asked if I had heard of AA and recommended that I 'look into them'. I told him I had.

Although I already had a belief in a Higher Power, which I choose to call God, at that moment I thought of the Nomadic Lunch Bunch and felt immediate hope. They became my Higher Power. I had been telling myself I would 'taper off', every day for months and continued to drink the same large quantities. I knew I could not stop on my own and decided right there in the hospital that I had to surrender and put my trust in my Higher Power and the Nomadic Lunch Bunch. This group and these people have been like a life preserver for me and I'm still clinging to them.

The first month I was sober I was very yellow and swollen and too embarrassed to attend any AA meetings. Good old Pride and Ego. As I said, I had always been treated with kindness but I was still nervous to return to Nomads. In my head, where I had no business being, I imagined a few of the old timers saying, "When is she going to get it?". What I actually heard was, "Welcome back" and "Glad you made it back". Several members remembered me and spoke to me afterwards. I have felt at home and 'a part of' ever since.

The chairperson for each meeting is randomly chosen or volunteered and our topic usually comes from one of the readings from various AA literature. Tuesdays are a 12 and 12 meeting, with sharing based on whatever step, tradition or promise being studied. One of the things I like the best is, after announcements are done, the chairperson asks if anyone is in danger of drinking today and then asks any member who is willing to talk after the meeting, to raise their hand. This gives the newcomer, or anyone else who is struggling, a person to identify as willing to help. Many hands are raised at every meeting.

The chairperson chooses the meeting format. Sometimes we play tag, sometimes we go around the room or just have open sharing. The last 10-15 minutes are always reserved for open sharing. At the close of the meeting, the chair urges anyone with a 'burning desire' to speak with another member after the meeting. We also have Newcomer Packets, Big Books and speaker CD's available.

Typically we have a wide, diverse group at each meeting. Newcomers are especially welcomed. We have members with 30+ years of sobriety, on down to people with one day. Nomads also has a varied age range. Wednesdays we celebrate AA birthdays, which is always lively and fun.

As I mentioned, humor is always a part of the meeting. Laughing at ourselves and with each other is never malicious or hurtful. We share our experience, strength and hope and are never afraid to talk about a Higher Power or the spiritual aspect of the Program. We genuinely try to stay in the solution. It is a safe place. Tears are shed at times. There is a feeling of honesty and trust. We take care of each other. Thanks to Clark P. and Rusty J. for the historical information. Any errors are my own.

## Reports on Regional and National AA Events

**PRAASA – the Pacific Region Alcoholics Anonymous Service Assembly** - is a yearly assembly held in different parts of the Pacific Region of Alcoholics Anonymous. The Pacific Region consists of the following states: Alaska, Arizona, California, Hawaii, Idaho, Nevada, Oregon, Utah, and Washington.

The purpose of PRAASA is to develop greater unity among the members, groups, and areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of A.A. The Assembly and the PRAASA Committee should always foster the Recovery, Unity and Service legacies of Alcoholics Anonymous."

I had the pleasure of attending this year's PRAASA as your area's Alternate Delegate. It was held in Boise this year. As one of our past Trustees put it, "PRAASA is the graduate school for service to this Fellowship." There were over 1,000 attendees and anytime you get that many passionate alcoholics together for a common goal it can't be anything less than amazing. And it was! They always are! Next year's PRAASA will be held in San Diego. Then in 2015 it will be held right here in Utah. Please plan on attending. It's an incredible experience, ALL are welcome to attend.

One of my favorite panels is the last one held on Sunday. It's the past Trustees. If you don't know what an A.A. Trustee is ask your sponsor, if they don't know it's in our literature. At this last panel there was over 250 years of sobriety and nearly 40 years of service experience. The passion these people have for this Fellowship amazes me, their experience and willingness to share it is so impressive and inspiring. We are truly blessed to be a part of this incredible program! A.A. is so much bigger than our home group, so much bigger than our local district or area.

I would also like to invite you to a newly formed meeting. The Not So Secret A.A. Service Manual Study Group. We meet every Sunday night 5:30pm at Fellowship Hall (2060 Windsor).

Doug R.



**The 49th Annual International Woman's Conference** was hosted in Reno, Nevada. The Legacy Sands Casino held over 2,000 women from all over the world on February 14-17, 2013. A multicultural mix of every imaginable age and sobriety range was represented in this shared experience of conference style recovery.

Beginning at 8am each day, the conference featured panels, workshops, discussions and a 7:30pm speaker meeting. Four simultaneous panel sessions were in the mammoth conference facility across the street from the actual casino. Navigating through two floors of noise making slot machines, hideous carpet, ringing bells and gamblers proved challenging. Luckily volunteers guided wayward conventioners through the maze of distractions to the light of day and meetings across the way.

Registration and general socializing took place in the main ballroom on the second floor. Free coffee, snacks and scrapbooking were provided. At any given time dozens of woman could be found mingling, sharing experience, strength and hope over a strong cup of coffee.

Early morning yoga was available at the start each day. Meditation sessions starting at 7 am helped open the mind to hear the message of each speaker. Discussion groups held in smaller rooms on selected topics provided a smaller group atmosphere to explore topics ranging from "Ego" to "HALT."

As promised the language of the heart was spoken. Friendships were forged and next year is eagerly anticipated. The 50th Annual International Woman's Conference will be held in Honolulu, Hawaii. For more information go to: <http://www.internationalwomensconference.org>

Sara H



# Central Office Salt Lake City Financial Summary

## Income Statement

### Revenue

Group Donations	\$	4,156.66
Other Donations	\$	821.00
Sales - Literature	\$	4,089.45
Sales - Awards & Misc	\$	2,260.50
<b>Total Revenue:</b>	<b>\$</b>	<b>11,327.61</b>

COGS - Literature	\$	3,536.61
COGS - Awards & Misc	\$	1,078.16
Inventory Adjustment	\$	224.77
<b>Total COGS</b>	<b>\$</b>	<b>4,839.54</b>

**Gross Profit** **\$** **6,488.07**

Operating Expenses	\$	3,496.68
(Rent, Bookkeeper, Utilities, Printing & Copies, Answering service)		
Other Expenses	\$	444.95
(Snow Removal, QB & POS Tech support)		
<b>Total Expenses</b>	<b>\$</b>	<b>3,941.63</b>

**Net Income:** **\$** **2,546.44**

### Bank Accounts

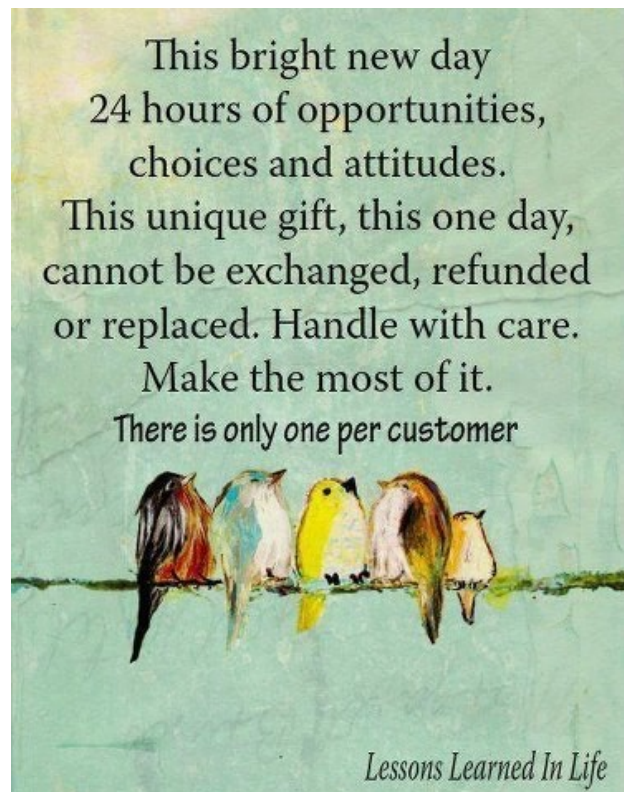
Prudent Reserve - Fund	\$	24,105.00
Prudent Reserve - Savings	\$	5,870.60
Operating Capital - Checking	\$	18,565.68
<b>Total</b>	<b>\$</b>	<b>48,541.28</b>

## Groups Represented at the March 2013 Central Office Representatives Meeting

974 Group  
 90th & 32nd  
 A Way Out  
 An AA Group  
 Big Uglies  
 Bountiful Men's  
 By the Book  
 Came to Believe  
 City at Seven  
 Early Beginnings  
 Early Friendship  
 Eye Opener  
 Fresh Air Serenity Seekers  
 Grub Lunch  
 Happy Destiny  
 High on the Hills  
 Highland Group  
 Keep It Simple  
 Midvale Lunch Bunch  
 Murray Group  
 New Life  
 Nomadic Lunch Bunch  
 Nut Buckets  
 Round Table  
 Salt Lake Group  
 Saturday SOTS  
 SELG Women's  
 Sugar House Men's Group  
 Survive and Serve  
 South Enders  
 Spiritual Quest  
 Sun Morning Breakfast  
 Tooele Group  
 Up Group  
 We Care  
 Welcome Home

# Group Contributions for February, 2013

	Feb 2013	YTD		Feb 2013	YTD
<b>Contributions GROUPS</b>					
12 O'Clock High	73.40	73.40	Survive & Serve	0.00	40.00
17th x 17th	0.00	361.20	Tenth Step Group	0.00	11.93
974 Group	0.00	189.64	Thursday Night Womens Reflectio	90.00	90.00
A Vision for You	195.89	195.89	Tooele Beginners	184.59	184.59
Acceptance	0.00	248.00	TRY AGAIN	0.00	6.64
An AA Group	45.42	143.71	Up Group	12.00	12.00
Bountiful Mens	0.00	200.00	Valley View Group	0.00	25.00
By the Book	200.00	200.00	Wake Up Call	0.00	400.00
Closed Meeting of Alcoholics	0.00	140.00	Women Stepping Up	95.00	95.00
Cottonwood Group	195.25	195.25	<b>Total Contributions GROUPS</b>	<b>4,156.66</b>	<b>7,248.54</b>
DNS Group	275.00	275.00			
Early Bird Special	771.50	771.50	<b>Contributions OTHER</b>		
Early Friendship	0.00	223.36	Area 69	68.00	68.00
Eye Opener	226.50	226.50	District 10	701.00	701.00
Fresh Air Serenity Seekers	107.00	107.00	Individual	32.00	266.75
Grapevine	0.00	79.52	<b>Total Contributions OTHER</b>	<b>801.00</b>	<b>1,035.75</b>
Greater Kearns	0.00	35.00			
Grub Lunch Bunch	70.00	150.00			
Happy Group	40.00	40.00			
Highland Group	45.00	81.00			
How It Works	400.00	400.00			
Into Action	0.00	51.50			
Jaywalkers	65.00	65.00			
Lake Point Layover	0.00	2.53			
Lighten Up Group	80.00	80.00			
Magna Friendly Bunch	25.00	100.00			
Midvale Lunch	100.00	100.00			
Murray Group	0.00	104.40			
Nomadic Lunches	165.11	339.21			
Off the Cuff	0.00	111.50			
Old Fashioned AA	0.00	29.55			
Park City Men's Group	0.00	150.00			
Primary Purpose	0.00	25.00			
Richard Street Lunch	0.00	25.47			
Saturday Beginners	100.00	100.00			
Sharing N Caring	0.00	68.25			
South Enders	500.00	500.00			
Spiritual Quest	0.00	100.00			
Starting The Day	30.00	30.00			
Sugarhouse	65.00	65.00			



# Your Central Office Committee Updates

## CO Rep Meeting

Tuesday, March 12, 2013, 6:30pm

Activities Committee. Nothing to report.

Archives Committee. John N. reported copies of flyers handed out at the Central Office meeting would be placed in a three ring binder. Group Representatives were encouraged to inform A.A. members that there is free Wi-Fi access at the Central Office and that everyone is welcome to drop by Central Office for fellowship and fun. John N. also asked the Group Representatives to place any flyers dealing with A.A. activities or matters of historical significance in the drop box at C. O. to be archived in binders.

By-Laws Committee. Linda B. Nothing to report.

Hotline Telephone Committee. Melinda A. (excused) asked Meg G. to give the Hotline Telephone Committee Report.. Meg G. reported that the Committee was looking for volunteers to fill empty time slots. The Group Representatives were asked to take back the message to their Groups that volunteers are needed. E-mail Melinda at [hotline@saltlakeaa.org](mailto:hotline@saltlakeaa.org).

Literature Committee. Chris H. handed out the Pamphlet of the Month entitled "Questions & Answers on Sponsorship." Chris reported that we have a good stock of materials. Chris is looking for volunteers to help take inventory of Central Office literature which is conducted at 9:30 a.m. on the last Saturday of each month. If you are interested in serving on the Literature Committee or if your Group has any needs contact Chris H. at [literature@saltlakeaa.org](mailto:literature@saltlakeaa.org).

Newsletter Committee. The March *Lifeline* has been published and mailed out. Copies are available at Central Office. There is a new feature entitled "My Home Group." The Group Representatives were asked to encourage their Groups to contribute to this new section of the *Lifeline*. Also needed was help in folding and mailing the monthly *Lifeline*. Contact Gina F. at [lifeline@saltlakeaa.org](mailto:lifeline@saltlakeaa.org).

Outreach Committee. Charlie T. reported that he is putting the Outreach Committee together. Group Representatives were encouraged to let their Groups know of the need for volunteer service on the Outreach Committee. Contact Charlie T. at [outreach@saltlakeaa.org](mailto:outreach@saltlakeaa.org). He also announced that the next All Groups meeting will be sponsored by the Central Office Board at 6:00 p.m. on March 16, 2013.

Twelfth Step Committee. Al L. reported that two requests were covered. The Group Representatives were encouraged to recruit volunteers to Twelve Step needs. The Group Representatives were encouraged to send their thoughts and ideas to [conrailal@gmail.com](mailto:conrailal@gmail.com) or call Alan L. directly at (801) 641-8401 or (801) 819-7277.

Volunteer Committee. Susan L. asked the Group Representatives to thank everyone from their Groups for responding to the most recent call for new volunteers at Central Office. The Volunteer Committee will be sponsoring the April All Groups Meeting. The topic will be "Service."

Website Committee. Jonathon H. reported that all is well for now on the Central Office Website. Jonathon H. needs someone to work on Central Office schedules. Contact Jonathon at [webservant@saltlakeaa.org](mailto:webservant@saltlakeaa.org).

## Old Business

District and Area Report. Meg G. prepared and handed out the summary report of the District 11 GSR meeting of February 7, 2013 attended by Jeremy C., the District 2 GSR meeting of February 28, 2013 attended by Meg G. and the Area 69 meeting of February 23, 2013 attended by Wendy W. Positions for DCMs Treasurer, Secretary and Standing Committees are open for Districts 2, 10 and 11. See Attached Report. See Flyer on District 10's Workshop to be held at Central Office on March 23, 2013 from 11:00 a.m. to 4:00 p.m. Everyone is invited. Also, there are many open opportunities for service in Area 69. The Group representatives were asked to take this information back to their Groups and encourage A.A. members to get involved in service work.

Ad Hoc Committee Update. Chris H. reported on the recommendation of the Central Office AD Hoc Committee to Explore the Feasibility of Forming Service Committees. The Committee recommends that Central Office form the following Standing Committees: Public Information (PI), Cooperation with Treatment Facilities (CTF), Corrections and Cooperation with Professional Community (CPC). These Committees would cooperate with similar Committees on the District and Area levels.

Prudent Reserve Recalculation. Adam U. reported that the Central Office Prudent Reserve is currently set at \$24,000 based on six months of operating expenses (\$4,000) for six months. The Prudent Reserve amount and Central Office expenses will be reviewed every six months and reported to the CO Committee.



## New Business

Formation of New Standing Committees. Chris H. presented a motion that Central Office form the following Standing Committees: Public Information (PI), Cooperation with Treatment Facilities (CTF), Corrections and Cooperation with Professional Community (CPC). There would be an estimated budget cost of \$2,000 for the four committees. These Committees would function so as to cooperate with similar Committees on the District and Area levels. The motion was duly received and seconded. See Attached Motion which was tabled until the April 9, 2013 Central Office Committee Meeting so the Group Representatives would have an opportunity to discuss the Motion with their Groups.

Temporary Reduction of Literature Prices to Actual Cost. Chris H. presented a motion that was duly received and seconded to temporarily reduce the price of Central Office Literature to actual cost. The price impact is estimated to be \$9,000 per year based upon an average of \$750 per month profit that Central Office receives. See Attached Motion which was tabled until the April 9, 2013 Central Office Committee Meeting so the Group Representatives would have an opportunity to discuss the Motion with their Groups.

Adjourn and Close with Serenity Prayer

## Central Office of Salt Lake City, Inc.

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