

LIFELINE

Salt Lake City Central Office Newsletter

July 2012

Humbly asked . . .

My wise and dedicated counselor in rehab insisted that when I returned home I find a Big Book Study and a 12 Step Study and to attend them regularly. I followed her terrific advise and I suggest it to others. My home group is the 5:15 Happy Hour and each Tuesday we read from the Big Book and each Thursday we read a Step or Tradition.

Frequently when studying and discussing a step, we in A.A. focus on a single word or phrase. I always find this a good starting point. Recently at the 5:15, when discussing Step Seven, we did just that. After reading the chapter, we focused on the word, "**Humbly**." It can be nice to agree on or establish a shared definition of the important word. How often have we heard an earnest and sincere class valedictorian use the phrase, "according to Webster's Dictionary . . . ?" Definitions bring clarity.

Searching for synonyms can also increase understanding and promote discussion. Some synonyms for humbly would be; sincerely, honestly, fearlessly, boldly, carefully, precisely, appropriately, openly, completely and without shame. Clearly, any one of these words is an important part of any understanding of the Seventh Step concept of humbly. Such descriptions can help us to focus and stay on task while working on a step.

At our recent meeting, we chose a third way to start our step study. We discussed what humility was not, rather than what it was. We shared that humility was not selfish nor self-seeking. It seems that to achieve some kind of humility, we had to put the overriding preoccupation with our own self-survival aside and allow concern for things and persons outside of ourselves to be of greater importance. Self-seeking leads to such a lack of concern for others that it makes isolation the only possible result. I hope to never return to that lonely place of isolation.

We also learn that selfishness is the polar opposite of service. My sobriety brought a renewed sense of the immeasurable value of service to others. Putting aside our own egos can give us an unexpected clarity of vision and perhaps the discovery of a path that had otherwise gone unnoticed.

It is such a humility, a stepping beyond self, that makes us ready to approach God as required by the step, asking God to remove our shortcomings. There is no room for God's presence within us when we are already full of ourselves. God needs some space to accomplish God's will for us. What a relief I felt when I finally looked away from me and looked more actively toward God. God can do for me what I cannot do alone.

Being aware of the connections between service to others, avoidance of selfishness, and trust in God has helped me each day as I try to be actively involved in this program of recovery. I have also remembered to make this idea part of daily prayer and reflection each morning as I ask "How will I give God more room today, and how will I be of greater service to others?"

Perhaps the next time we study this step, our focus will be on "**Shortcomings**."

~ 5:15 Happy Hour

615 South 300 East

Community Center Room 134

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LIFELINE

The Monthly Newsletter of
Central Office of Salt Lake City, Inc.

We welcome your correspondence and will publish your material, space permitting, if it meets editorial criteria. *Share your experience, strength, and hope with another alcoholic.* To submit articles, suggestions or contributions, contact Central Office of Salt Lake City:

Central Office of Salt Lake City, Inc.
80 West Louise Avenue
Salt Lake City, Utah 84115
lifeline@saltlakeaa.org

Central Office Board of Trustees

board@saltlakeaa.org

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Volunteer (volunteer@saltlakeaa.org)	Betty H.
Website (webservant@saltlakeaa.org)	Jonathan H.

Central Office Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- to maintain a 24-hour Twelve-Step phone list;
- to answer phone inquiries as needed;
- to compile, update and print meeting lists;
- to maintain A.A. approved literature for sale to members and the public;
- and to print and distribute a newsletter.

Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.

Groups Represented at the June 2012 Central Office Representatives Meeting

10th Step Meeting	Hot Topics
11th Step Meditation	Jaywalker's Roundtable
A Way Out	New Yorker
An AA Group	Nomadic Lunch
Basic Young People's Group	Nutbuckets
Bountiful Men's Group	Off the Cuff
By the Book	Salt Lake Group
Came to Believe	South Davis
Closed Meeting of Alcoholics	Spiritual Quest
Come as You Are	Sugarhouse Men's
District 2	The Big Ugliers
Fresh Air Serenity Seekers	VA Welcome Home
Grub Lunch Bunch	Wed Night Foothill
Highlander's Group	West Valley Group

7th Tradition Contribution Addresses

AA World Services
Box 459
Grand Central Station
New York, NY 10163
<https://ctb.aaws.org/Login.aspx>

Central Office of Salt Lake City
80 West Louise Ave.
Salt Lake City, UT 84115

Area 69 Treasurer
PO Box 1422
Salt Lake City, UT 84110
<http://utahaa.org/contributions.php>

District 10 Treasurer
PO Box 57271
Murray, UT 84157

District 2 Treasurer
PO Box 615
Salt Lake City, UT 84110

Congrats to our Birthdays!

It works — it really does!

Nomadic Lunch

Doram	60 Days
Troy	90 Days
Adam	90 Days
Karen	90 Days
Brad	6 Month
Jane	6 Months
Kim	6 Months
Karen	6 Months
Kim 9	Months
Sadie	9 Months
Sharon	2 Years
Alber	7 Years
John	7 Years
Carolyn	9 Years
Morris	13 Years
Eliza	15 Years
Bab	16 Years
Craig	20 Years
Eddie	21 Years

Fresh Air Serenity Seekers

Amy	30 Days
Dick	30 Days
Amanda	30 Days
Dawson	30 Days
Jimmy	30 Days
Rachel	30 Days
Maggie	30 Days
Karen	30 Days
Chris	60 Days
Aron	60 Days
Rob	60 Days
Chase	60 Days
Roger	90 Days
Robin	90 Days
Bill	90 Days
JoAnne	90 Days
Saundra	90 Days
Sally	90 Days

LaLa	6 Years
Mike	23 Years
Ken	24 Years
Mark	25 Years
Cindy	27 Years
Adrian	27 Years

Midvale Lunch Bunch

DelAnne	60 Days
Sandra	90 Days
Roy	9 Months
Michelle	3 Years
Jana	4 Years

*Please submit your Group's Birthday and news before the 15th
Please e-mail them to LIFELINE@saltlakeaa.org*

From: The Chair in the Corner

Wow can you believe it? Spring has come and gone. June has come and gone. The Founders Day Spring Kick Off has come and gone. By the time you read this and before you know it July will have come and gone.

I hope you were able to attend the Kick Off, Xtreme Yard Sale and Group Competitions. If not you missed a great time and chance to see people that have been missing in your life since the last get together. I ran into someone that I haven't seen for a couple of years and was happy to hear that they were still sober and things were good in their life. Also you could have become the proud owner of someone's previously owned treasure. I know that I made and missed some great deals. I even bought a chair that had been bought by another super deal shopper allowing him to make 50% profit on his investment in less than 10 minutes. You can't do that in the stock market or any place else I know of anymore! Many thanks to Joel and Penny for the tireless efforts on the BBQ's and to Shar and her group of volunteers for all that they did. Seems like there was someone else, oh yes Kimmi, as always, you were terrific. Our speaker Claude did a fine job and a special thanks to all those that came and made it work.

On a personal note both of my boys did make the Graduation Walk at Brighton and Jordan High Schools in June and one of them presented me with a 4.0 report card that caused serious carnage on my wallet. Money well spent.

July is freedom month. Be sure and take a minute and be grateful for yours both as an American and as a sober member of AA. Both are gifts that required much pain and suffering on the parts of others and have been freely given to most of us. If you get the chance maybe thank a Veteran or reach out to a new comer. Do something for someone and expect nothing in return. I am always amazed at the joy it brings.

The Great Central Office Volunteer Experiment is headed into its 7th month and all is going well. Betty is going to

From: The Chair, *continued*

Montana for most of the month of July but has arranged for daily coordinators to keep us in top form. If you have a couple of hours on any day of the week to volunteer at Central Office or if you just get a chance to stop in and thank those that give their time to keep the doors open please do so. It is nice to have several people here as many hands make light work. Besides new stories are always welcome.

Plans are underway for the annual Central Office Picnic. Don't tell anyone, but rumor has it that we may roast a pig this year for a little change. Get ready to purchase opportunity drawing (aka raffle tickets) from your C.O. reps and if you or your group would like to make available a prize

all donations will be greatly appreciated. Look for more info in next month's corner.

As always your comments and suggestions are welcome. Call me on my cell at 801-664-1206 and/or email me at nick7141@xmission.com and then call me to ask that I look at my email.

Yours In Service,

Nick R.

Chairman of the Board @ your Central Office

Tradition 7: Responsibility

There are so many benefits to this tradition for the alcoholic and for the group and for all AA as a whole. When we first come into AA we were at a bottom -- nothing was working for us. Many did not have a job or a place to stay, but most could still find the money for the next drink. We surrendered to the fact that we could no longer drink, because of the price it required of us, and that wasn't money.

So slowly we put in a basket what little we had and began to acquire a life worth living. It made us responsible for the first time (for many of us) to become a part of taking care of ourselves. The first part of Tradition 7 makes it clear that responsibility extends to the members of each local group as it passes the basket for contributions to pay the rent and maintain its literature library.

The second part of this tradition addresses the issue of the fellowship not becoming involved with outside issues or conflicts that could arise by accepting "outside contribu-

tions." If such contributions were accepted the group and its members might feel obligated to make some kind of concessions to the individual or organization making the donation. Declining these contributions keeps the fellowship independent from outside influences.

Tradition 7 (Long Form)

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

"If we follow our Traditions, we will survive and, I hope, grow. The Traditions tell us to serve--not govern; to attract--not promote; to carry the message--not force it on anyone; to keep the three legacies alive: recovery, unity, and service. These are our lifelines."

Raleigh, N.C., January 2000
From: "Keeping Recovery Alive"
I Am Responsible: The Hand of AA

"There will also be seen in these Concepts a number of principles which have already become traditional to our services, but which have never been clearly articulated and reduced to writing. For example: the "Right of Decision" gives our service leaders a proper discretion and latitude; the "Right of Participation" gives each world servant a voting status commensurate with his (or her) responsibility, and "Participation" further guarantees that each service board or committee will always possess the several elements and talents that will insure effective functioning. The "Right of Appeal" protects and encourages minority opinion; and the "Right of Petition" makes certain that grievances can be heard, and properly acted upon. These general principles can of course be used to good effect throughout our entire structure."

From the Introduction to "Twelve Concepts for World Service" by Bill W

Concept VII

"The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness."

Although it appears to be contradictory, Concept VII provides for a "Balance of Power" between the General Service Board and the General Service Conference.

In 1950, when the Conference Charter was drawn, there was a question of where the final authority ought to rest. Would the Conference have the last word, or would the Trustees? After considering many options, our present Conference

Charter was developed. This structure clearly gives the Conference a final and ultimate authority but which nevertheless legally preserves the right of the Trustees to function freely and adequately, just as any board of directors must. This means that the practical power of the Conference will nearly always be superior to the legal power of the Trustees.

Up to now, experience has shown this balance of powers between the Trustees and the Conference is thoroughly workable. We have taken great pains to reserve final authority to the Conference by practical and traditional means. By legal

means we have delegated functional and discretionary authority to the Trustees. We believe this balance can be maintained indefinitely, because the one is protected by tradition and the other by law.

Interestingly, when the Conference forwards a directive to the Trustees, the Trustees have the legal right to say 'no' to anything and everything the Conference wants. The Board of Trustees has veto power over any Conference action. This is legally necessary and right in principle, even though the veto will seldom if ever be used.

Concept VII provides three examples in which the Trustees should and could veto Conference action.

1. If the Conference should take an action or issue a directive to the Trustees in clear violation of its own Charter, or that of the General Service Board; or if the Conference were to pass any measure so ill-considered or so reckless as to seriously injure, in the judgment of the Trustees, A.A.'s public relations or A.A. as a whole, it would then be the duty of the Trustees to ask for a Conference reconsideration. If the Conference refused to reconsider, the Trustees could then use their legal right of veto.
2. Traditionally the Trustees never should substantially exceed a Conference-approved budget without consulting the Conference, they should feel entirely free to reduce the Conference budget figure during any fiscal year, even though such an action might curtail or cancel special plans or projects initiated and directed by the Conference itself.
3. If, by reason of unforeseen conditions, any particular plan, project or directive of the Conference should become impractical or unworkable during a fiscal year, the Trustees should without prejudice, be able to use their right of veto and cancellation.

It was our experience as a Panel 51 Delegate and as a Panel 55 Delegate that the influence of Concept VII, that being a respect for the "Balance of Power" between the Conference members and the Trustees, allowed us as Trusted Servants of the Fellowship to see grave issues resolved during our terms, with the spirit of harmonious cooperation our general rule.

Mike & Shirley O.



Finding a Spiritual Remedy

In the time and place I grew up alcohol was widely accepted. Having watched my family struggle with their addictions, I began to set boundaries believing this would protect me from suffering like them. As time passed and the disease took hold these boundaries got in the way of my drinking. So one by one they were dismissed until I had become indistinguishable from them. I was no longer a free man.

There came a time when the pain of being was so great I romanced ideas of ending it all. Thanks to God I was unable to seal the deal. So my intent was to go on to the bitter end. Another scrape with the law brought me to a professional treatment program. There and in the days to follow I experienced a small respite from my misery. My problem at that time was I had found no spiritual remedy. So the relief was short lived. I, being a real alcoholic drank again. In the days and years that followed, there was more treatment, failure and desperation than I thought I could endure.

Then whether through divine intervention or happenstance I landed in a meeting of alcoholics anonymous. In that room I heard that there was a solution. It was carried with such conviction I believed it wholeheartedly. I did what was suggested and after a period I found peace. The regret, remorse and hopelessness lessened. I began to live instead of endure life. I began to walk the way only a free man can.

I made choices being newly sober that made my journey dif-

ficult. 3 career changes and I became a father for the second time. My son was 3 days old when I assumed sole custody. At this time my daughter who lived with me as well was fifteen. The role of single parent was a tough adjustment. Just over a year sober and still unsettled emotionally, financially and spiritually. I had doubled my responsibility and halved my income. In the following years we cried, laughed and lived. By Gods grace we made it through.

Each day without a drink has been a gift. Some days are like the sweater with the reindeer on it your aunt gives you each year. Some are like waking up Christmas morning to that yellow stingray you have been wanting for so long. Yet they are all gifts Two Thousand One hundred and Eighty Nine so far.

I never dreamed this would work for me. I felt that A.A. would be just another failed attempt to curb my drinking problem. Today I have a life that is rich and full, but absolutely not what I expected 6 years of sobriety to look like. Which I am sure is a good thing for after all I have heard my thinking is suspect. Today I have faith in God, the program and fellowship of Alcoholics Anonymous. I have a host of friends and place to call home.

J.S. ~ Salt Lake City

"I no longer view the dishes as an unpleasant task. I see them as an opportunity to meditate ... I concentrate on washing the dishes and not on what I'm going to do next. The most important thing is what's in front of me now."

*Buffalo, N.Y., November 1995
From: "Letting the Spirit Join In"
Spiritual Awakenings*

Available times to volunteer for answering the Central Office Phone line

Tuesday - Every Tuesday midnight to 10:00 AM, 10:00 PM to midnight

Wednesday Every Wednesday midnight to 10:00 AM

Thursday - Every Thursday midnight to 10:00 AM, Second Thursday 10:00 PM to midnight

Friday - Every Friday midnight to 10:00 AM, First and fourth Fridays 10:00 PM to midnight, Second Friday 6:00 PM to Midnight

Saturday - First Saturday 2:00 PM to midnight, Second Saturday 2:00 PM to 6:00 PM, Third Saturday 6:00 PM to midnight, Fourth Saturday 2:00 PM to midnight

Volunteer to answer phones individually, or get your whole group together and throw a party.

Times continue to open up, so if you don't see a convenient time check back next month.

The overnight shifts don't get many calls, so you can usually still get a good nights rest.

Tim H.

E-mail hotline@saltlakeaa.org to volunteer

www.saltlakeaa.org/phones

Central Office Salt Lake City Financial Summary May, 2012

Income Statement

Revenue

Group Donations	\$ 2,363.33
Literature Sales	\$ 2,368.85
Awards & Misc Sales	\$ 1,668.00
Total Revenue:	\$ 6,400.18

Cost of Goods Sold	\$ 2,487.77
Gross Profit	\$ 3,912.41

Cash Register (one time)	\$ 1,572.99
Operating Expenses	\$ 3,303.67
Total Expenses	\$ 4,876.66

Net Income:	\$ (964.25)
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Balance Sheet

Assets

Bank - Investment Accounts	
Prudent Reserve - Fund	\$ 20,000.00
Prudent Reserve - Savings	\$ 5,968.40
Operating Capital	\$ 15,191.40
Petty Cash	\$ 55.41
Total	\$ 41,215.21

Other Current Assets	\$ 290.18
Miscellaneous	\$ 23,091.84
Inventory	\$ 23,382.02

Total Assets	\$ 64,597.23
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Liabilities

Accounts Payable	\$ 1,060.15
Credit Card	\$ 6,223.94
Payroll & Other	\$ 913.74
Equity	\$ 7.60
Retained Earnings	\$ 51,406.88
Net Income	\$ 4,984.92
	\$ 64,597.23

Volunteerism

"I don't know what your destiny will be, but one thing I know: the only ones among you who will be really happy are those who have sought and found how to serve." -Albert Schweitzer

Volunteer service opportunities exist that match up with any skill set and time schedule a member may have. As a volunteer in service I can experience benefits that I don't know exist until I discover them as I do the job!

Our Twelfth Step is the basic service that AA's Fellowship gives; this is our principal aim and the main reason I am in service. Therefore, an AA service is anything that helps us to reach a fellow sufferer ranging all the way from the 12th Step itself to a phone call and a cup of coffee or at AA Central Office to keep the phones answered and the schedules flying off the shelf. The sum total of all these services is our Third Legacy.

Service work is a vital part of A.A. life. In A.A. we call it service, the rest of the world calls it "volunteerism." Volunteerism is as American as apple pie. In the earliest days we had barn raisings and quilting bees in which we helped others get what they needed.

When I was growing up each member of our family of five children was expected to "help others." It was called "noblesse oblige," which meant that those who have much must help those who have less. Pretty much like A.A. – those of us who have benefitted by the service of others are expected to "pay it forward." Truly a small price for the gift I have received!

The volunteerism I did as a child taught me to look beyond myself and understand my place in the community. Today the service I do in A.A. is a meaningful activity that enhances my sobriety. I can't imagine a life without it!

My history of volunteerism and my training in an A. A. service based life brought me to Central Office and the attempt to run the office on a strictly volunteer basis. Many believed it could not be done, but we have been doing it for six months now and it is working just fine. I knew it could be done because of a life of volunteerism. I've witnessed volunteers turn negatives into positives. I've seen timid folks turn into confident folks just from the work they have done in service.

The question I am asked often is how did we change Central Office to what it is today. The answer is simple. My experience with volunteerism and the call to service in Alcoholics Anonymous taught me that all things are possible if I simply say "yes" to life! So, enough A.A. members said "yes" to volunteering at Central Office to keep it staffed six days a week and I told them that volunteers are cheerful folks who believe all things are possible. I told them that our job is to give service to all who call us and if we can't help a caller, we find someone who can. The volunteers are encouraged to be positive in all dealings with the public, to treat everyone as we would like to be treated and to help each customer to know that they are valuable and important to us.

I think we have turned Central Office into a place that folks are happy to visit. Our clients sometimes stay quite some time after their purchases are made and information received. Some even sign up to volunteer for a couple of hours each week.

All things are possible when we band together in service. Come volunteer at Central Office. Make a difference and be part of an endeavor greater than ourselves: carrying the message!

~ Betty H.

Why Public Information?

I got active in Public Information to give myself something to do other than be self-absorbed. I was welcomed at the District, PI hadn't been active there for a while. I read the workbook and chose the tasks that didn't seem too complicated or inconvenient. I began taking literature to hospital emergency rooms, asking the charge nurse where I could leave AA literature. I was always welcomed and felt AA was well received. I began to have a sense of usefulness.

I started talking about my experiences to people, home group members, sponsees, anyone I thought might find it interesting, and hopefully, inspiring. I'm still puzzled that this arm of our service is so unpopular.

A new sponsee was listening to me go on about how useful I felt when I delivered literature, how it's impossible to guess how many lives could be changed by this work. She rolled her eyes and said, "How hard can this be? Give me a packet and I'll drop it off at the hospital." I gave her some pamphlets and explained how to ap-

proach the desk, what I said and where I left the literature. I asked her to call me after she delivered it.

Later that evening, I got a call. She said, "Oh my God. I can't believe what happened. I went in like you said, went to the charge nurse, asked her where to leave the literature, she told me, I put it down and walked out the door. Once outside, I burst into tears. I realized I might have just saved someone's life."

It's impossible to guess how many lives are affected by the simple act of leaving an AA pamphlet in a public place. It's not so impossible to guess what happens for those who do the work. If only one person gets to experience the freedom from the bondage of self as I have as the result of carrying our message through Public Information, I would consider that a great success. If no one else but me has that experience, I would consider that a great blessing.

~ Wendy W.

May 2012 Women's Sponsorship Workshop

The first thought that usually comes to my mind when I think about a group of women getting together is drama (no offense ladies). At least that's what it used to be. But there was none of that at the last Women's sponsorship workshop held this past May in Altamont, Utah. Instead, the best way I can describe my experience at the retreat would be humbling, rejuvenating and well, just plain fun!

Betty did a fantastic job putting the whole thing together and as far as I know, everything went pretty smoothly. The lodge was peaceful and comfortable, perfect for the event. We had four great ladies in charge of the grocery shopping and the cooking and believe me, no one went hungry. We also had the privilege to hear from two very inspiring women that Betty had invited to speak. Most importantly, the 30 or so women that participated in the workshop were all very excited and eager to learn and grow.

Now, this was my first experience at an event like that and I wasn't quite sure what to expect. I certainly did not expect to be so overwhelmed by the amount of knowledge and wisdom that surrounded me. Come Saturday night, after listening to Cindy H. speak Friday night, going through the steps in the

book with Betty H. all day Saturday then listening to our second speaker, Betty A., Saturday night, I was having a hard time. I went there feeling pretty good about my program but now, I was starting to doubt myself. These ladies had something so beyond what I had and there is so much more to the steps than what I had done so far...

Fortunately, as I listened to the other ladies share I realized I wasn't the only one feeling a little down and overwhelmed. And as I talked with some of them, I also realized that the purpose of this retreat was not to beat myself up for the things I was not doing perfectly but to learn and grow in my own recovery so I can be ready to take somebody else through those steps and help them begin their own journey.

After all, who am I to think that I should have the same thing as those women with 20 or more years of sobriety? These women showed me that there is a season for everything and I am exactly right where I am supposed to be and extremely grateful for that, and for all the women at the conference that contributed to such a great experience!

~ V.L.

Calendar of Events

July

CENTRAL OFFICE WILL BE CLOSED JULY 4

30th Annual Great OutDoors (GOD) Campout, July 13-15, 2012, Defa's Ranch, contact Andy B at 801-891-5388 or greatoutdoorscampout@yahoo.com for info;

All Groups Meeting hosted by Midvale Lunch Bunch, July 21, 2012, dinner at 6 p.m., meeting at 7 p.m., at Central Office.

CENTRAL OFFICE WILL BE CLOSED JULY 24

August

Maple Grove Campout, August 10-12, 2012, Maple Grove Campground, Scipio, Utah, contact Ralph or Patsy at 801-597-0267 or 801-598-0732;

Area 69 Pre-Aspenby Workshop, hosted by District 8, Vernal, Utah, August 18-19, 2012;

All Groups Meeting hosted by 11th Step Meditation, August 18, 2012, dinner at 6 p.m., meeting at 7 p.m., at Central Office.

September

Women's Big Book 2012, September 7-9, 2012, Provo Canyon, Contact: Patti (801) 541-9901;

Pacific Regional Forum, Fairbanks, Alaska, September 14-16, 2012;

All Groups Meeting hosted by 5:15 Happy Hour, September 15, 2012, dinner at 6 p.m., meeting at 7 p.m., at Central Office;

Area 69 Fall Elections Assembly, District 6, Richfield, Utah, September 21-23, 2012.

"The history of AA shows that whenever a great need arises, that need is always met. In this respect, I'm quite sure that our history will go on repeating itself."

*AA Co-Founder, Bill W., April 1958
From: "Guardian of AA-Our General Service Conference"
AA Grapevine*

May 2012 Group Contributions and Year to Date

Contributions Income	May 2012	YTD		May 2012	YTD
90th and 32nd @ 600	0.00	50.00	Highland Group	44.00	169.00
Island of Misfit Toys	0.00	125.00	Hilcrest	0.00	600.00
Jackson Hole Ladies	15.00	15.00	Holladay	75.00	225.00
District 10	0.00	748.00	Honey's Breakfast Club	0.00	200.00
Area 69	15.00	15.00	Individuals	26.25	373.50
Every Night Firelight Group	150.00	150.00	Living in Sobriety	0.00	75.00
Corrections	5.00	5.00	Magna Friendly Bunch	50.00	230.00
Crazy Ladies	0.00	25.00	Midvale Lunch	0.00	100.00
Saturday Morning SOTS	0.00	78.50	Murray Group	115.00	194.00
Nut Buckets	70.00	142.00	New Life	129.00	129.00
How It Works	146.00	215.50	Newsletter	20.00	247.00
Draper Group	0.00	90.00	No Nonsense	0.00	18.80
Keep It Simple	0.00	73.75	Nomadic Lunches	0.00	552.00
SLCYPAA	0.00	21.50	Non Smoking Sobriety Hour	0.00	110.00
Women's 12X12	117.00	222.00	Not A Glum Lot	30.00	55.00
5-15 Happy Hour	67.00	117.00	Off the Cuff	0.00	122.00
974 Group	0.00	349.08	Park City Group	0.00	350.00
A Way Out	78.20	91.00	Park City Men's Group	0.00	300.00
An AA Group	0.00	9.42	Primary Purpose	0.00	28.00
As Bill Sees It	0.00	65.00	Round Table Group	0.00	100.00
Back to the Basics	8.00	8.00	Sat Nite Speakers	0.00	223.82
Basic AA	0.00	65.50	Saturday Beginners	50.00	50.00
Basic Young Peoples	0.00	222.00	Sharing N Caring	0.00	271.00
Bog Irish	0.00	154.76	South Davis AA	0.00	40.00
Bountiful Community	0.00	60.00	South Enders Davis	0.00	301.00
By the Book	185.00	185.00	South Valley Lunch	0.00	326.00
Came to Believe	0.00	50.00	Speak Easy Women	0.00	303.71
Chapter Five	0.00	104.00	Spiritual Quest	0.00	200.00
Closed Meeting of Alcoholics	0.00	382.75	Starting The Day	40.00	100.00
Come As You Are	262.30	262.30	Stonewall Group	0.00	203.50
Cottonwood Group	0.00	449.69	Sugarhouse	0.00	250.98
DNS Group	0.00	750.00	Survive & Serve	0.00	130.00
Early Friendship	0.00	213.11	Tenth Step Group	0.00	45.60
Eye Opener	0.00	75.00	Thunder Heart AA	0.00	40.00
Fresh Air Serenity Seekers	209.00	737.00	Unity Lunch Bunch	0.00	25.00
Friendship Group	54.25	124.87	Wake Up Call	0.00	600.00
Garden Variety	0.00	101.00	West Jordan Big Book Study	0.00	56.81
Greater Kearns	3.50	3.50	Women in the Solution	0.00	22.94
Grub Lunch Bunch	64.00	291.00	Women Stepping Up	0.00	200.00
Happy Group	212.83	212.83	Contributions Income - Other	315.50	1,348.02
High & Dry	0.00	137.50		1,449.25	6,847.23

Your Central Office Committee Updates

Activities Committee Kimmi S. reported on the preparations for the Spring Kick off Picnic scheduled for Germania Park 11:00 - 5:00 on June 24, 2012. Many games and activities will take place including basketball, volleyball, and shuffleboard. Help is needed, particularly those who have trucks, to pick up donated items for the garage sale. Each Group is encouraged to make a donation of a gift for the Raffle. There will be prizes galore! See Flyer.

Archives Committee Meg G. presented the Archives Committee budget requests to the Committee. See attached Report.

By-Laws Committee Linda B. reported that clerical changes needed to be made to the By-Laws. The By-Laws Committee is scheduled to meet July 15, 2012 as to this matter.

Hotline Telephone Committee Tim H. reported on the Committee's efforts in creating a calendar of open times. Tim encouraged everyone to go back to their Groups and encourage their members to get involved in signing up for a time to cover the Central Office Hotline telephone calls.

Literature Committee Chris H. reported on the inventory conducted on May 26, 2012. Chris reported that there is a good supply of AAWS and Grapevine, Inc. materials. If your Group would like to place a large order, please give Chris two weeks' notice. The monthly inventory will be conducted Sunday July 1 from 10:00 am until noon. Volunteers are needed.

Newsletter Committee Doug R. gave a report on the activity of the Newsletter Committee. The **LIFELINE** has been expanded to include four additional pages. Articles on experience, strength, hope or any topic of your choice are being sought out. Please contact Doug at lifeline@saltlakeaa.org if you are interested in submitting an article. Features dealing with the Twelve Steps, Twelve Traditions,, Twelve Concepts, "From the Chair in the Corner", Calendar of events, Financial Summary, the List of Contributing Groups and Reports of the Central Office Committees are being published each month. Doug would like each Standing Committee Chair to submit their written reports to him (lifeline@saltlakeaa.org) by the last Friday of each month so it can be included in the next monthly Newsletter. Over 212 hard copies of the **LIFELINE** are mailed out and 127 copies are e-mailed. You may sign up. to receive the **LIFELINE** online by contacting Doug at lifeline@saltlakeaa.org. Doug also reported on the link to access past **LIFELINEs**.

Outreach Committee The Outreach Committee is looking to improve upon the format of the Central Office Group's Schedule. People are still needed to visit meetings that do not have Central Office representatives or otherwise are not participating in Central Office activities. Jeff and Kim continue to visit meetings of Groups that normally do not attend Central Office activities to make them aware of Central Office's purpose and activities. There are still 70 meetings that need contacting. The Outreach Committee needs volunteers to visit these meetings. Please contact Wendy W. at outreach@saltlakeaa.org. The All Groups meeting is still going great with 37 people attending the May 19th affair. The next All Groups meeting is scheduled for June 16th.

Twelfth Step Committee Carl C. reported on the workings of the Committee. Calls from the alcoholic who still suffers continue to come in.

Website Committee Jonathon H. was not present and no report was received.

Volunteer Committee Betty H. reported on the activities and progress of the Volunteer Committee. The Volunteer Appreciation Barbecue on June 10, 2012 was a success. Thanks to all who participated. Betty H. is to appoint a person responsible for ordering supplies and merchandise. Betty H. will also commence to write a "Volunteer Manual." New volunteers are always appreciated.

Old Business. None

New Business.

Meg G. presented a proposed budget for the Archives Committee. The Committee voted to table consideration of the Archives budget in order to give the Group Representatives a chance to discuss the budget requests with their respective Groups. The Activities Committee, with the help of the Archives Committee are authorized to assemble and sell all old materials that are not AA approved at the "Extreme Yard Sale" event that will be part of the Summer Kick-off Picnic, June 24th.

Chris H. presented a proposal to reduce the price of AA approved literature. The Committee determined that the Motion could be voted upon as it was an administrative matter. The Committee proceeded to vote in favor of the Motion. The new prices will be in effect as of July 1, 2012.



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