

LIFELINE

Salt Lake City Central Office Newsletter

October 2012

Continued . . .

“Continued to take personal inventory and when we were wrong promptly admitted it.”

Earlier in my recovery I was told that Steps 10, 11, and 12 were the ‘maintenance steps’. I’ve come to understand that they really are the “acceleration steps”. I fumbled around with 1 through 9 learning how to implement the spiritual principles behind them. Now I get to implement all those principles in all areas of my life always and in all ways.

One of the biggest concepts that I have received from continually taking my inventory and continually practicing the principles of this program to the best of my ability is what it talks about in the 12 x 12. That is the “spiritual axiom that every time we are disturbed, **no matter what the cause**, there is something wrong with us.” When I first read that I could not comprehend it at all. When I was drinking I was not only the victim of the world, but I knew the entire universe was out to get me! Through working this program and some very good sponsorship I now know that you can’t hurt me, period! That doesn’t mean that I’m not going to be hurt, it just means that when my feelings are hurt I know full well that it’s me doing it to me. Which is good news because if it really was you I would be totally up a creek, no hope whatsoever. I’m not responsible for your actions, what I am responsible for is my reaction to your behavior. That I can do something about.

I used to think that when I got through the 12 steps I would never get angry, upset, fearful or disturbed. What planet would that be? Certainly not this one! What I have discovered is that I no longer get as insane over things. I’ve discovered that I can get angry at something or someone, pause before reacting and deal with the situation in a much calmer, civil manner. I can then look at my anger, discover the underlying beliefs that I’m holding onto and heal them. With the help of my Higher Power I can see and therefore experience life differently.

We are such blessed people to have gone through the things we’ve gone through. Not only to say that we’ve survived but that we have found a program, a way of life that really does work. It continues to amaze me that the spiritual principles of these steps have no limits. The only limits they have are the ones I put on them by my unexamined concepts and beliefs. This step gives me another tool to look at every concept or belief that I still have that stands in the way of my usefulness to God and my fellows.

I remember when I first saw the 12 Steps of recovery. They were the most foreign sounding concepts I had ever heard. Today they are a way of life that brings me the joy, peace and happiness that I wanted from the very beginning. That’s what I wanted the alcohol and drugs to do for me, and at times they did bring a certain amount of happiness and joy. But it was always fleeting and shallow. What I have today is an unshakable foundation for life.

~ The New Yorker Group
48 W Market St , Salt Lake City
Fridays 6:40am

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LIFELINE

The Monthly Newsletter of
Central Office of Salt Lake City, Inc.

We welcome your correspondence and will publish your material, space permitting, if it meets editorial criteria. ***Share your experience, strength, and hope with another alcoholic.*** To submit articles, suggestions or contributions, contact Central Office of Salt Lake City:

Central Office of Salt Lake City, Inc.
80 West Louise Avenue
Salt Lake City, Utah 84115
lifeline@saltlakeaa.org

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board@saltlakeaa.org

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Central Office Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- to maintain a 24-hour Twelve-Step phone list;
- to answer phone inquiries as needed;
- to compile, update and print meeting lists;
- to maintain A.A. approved literature for sale to members and the public;
- and to print and distribute a newsletter.

Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.

Groups Represented at the September 2012 Central Office Representatives Meeting

90th & 32nd	Hot Topics Meeting
974 Group	Midvale Lunch Bunch
An AA Group	Murray Holiday
Basis Young People's	New Way
Big Ugliers	New Yorker
Came to Believe	Nomadic Lunch Bunch
Closed Meeting of A.A.	Nutbuckets
District 2	Off the Cuff
Cottonwood Group	Primary Purpose
Early Friendship	South Enders
Fresh Air Serenity Seekers	Spiritual Quest
Garden Variety	Sugarhouse Men's
Happy Destiny	Survive and Serve
Happy Group	Up Group
Highlander Group	VA Welcome Home
Honey's	West Valley Group

7th Tradition Contribution Addresses

AA World Services

Box 459

Grand Central Station

New York, NY 10163

<https://ctb.aaws.org/Login.aspx>

Central Office of Salt Lake City

80 West Louise Ave.

Salt Lake City, UT 84115

Area 69 Treasurer

PO Box 1422

Salt Lake City, UT 84110

<http://utahaa.org/contributions.php>

District 10 Treasurer

PO Box 57271

Murray, UT 84157

District 2 Treasurer

PO Box 615

Salt Lake City, UT 84110

Congrats to our Birthdays! It works — it really does!

Nomadic Lunch

Pete	30 Days
Deane	30 Days
Karen	9 Months
Scott	12 Years
Mike	18 Years
Pat	22 Years
Kathy	27 Years

Ashley
Kayleen
Hulio
Pam
Todd
Amy
Dave P.
Kathy
Amy
Heather

60 Days
60 Days
60 Days
90 Days
90 Days
6 Months
6 Months
9 Months
9 Months
18 Months

*Please submit your Group's Birthday
and news before the 15th*

Please e-mail them to

*LIFELINE@saltlakeaa.org or bring
them into the office.*

Fresh Air Serenity Seekers Group

Joe	30 Days
Mark	60 Days
Pamala	60 Days
Rob	60 Days
Alex	60 Days
Melanie	60 Days

Brenda
Dave
Mike V.
Dec
Jordan
Ryan
Nikos
Lance
Mike R.

2 Years
2 Years
3 Years
4 Years
4 Years
5 Years
17 Years
20 Years
23 Years

"Let us continue to take our inventory as a Fellowship, searching out our flaws and confessing them freely. Let us devote ourselves to the repair of all faulty relations that may exist, whether within or without."

*AA Co-Founder, Bill W., February 1961
From: "The Shape of Things to Come"
The Language of the Heart*

Now about sex

Like a lot of aspects of my life, sex and relationships were something that I really didn't think much about until I got sober. I mean, of course I thought about them...all the time. But to really take a look and see what behaviors I had in relationships and what types of people I was attracted to was something I just didn't do.

When I did my first 4th step, my sex/relationship inventory really wasn't that long or sordid. I had always just kind of floated from girlfriend to girlfriend. My biggest reason for whether or not I was with someone was that they wanted to be with me. If they showed me attention, I was theirs. I also used alcohol to deal with all the emotions that go along with dating...I used it for courage to talk to women, I used it to have a good time when I was out with them, and I used it to cover up my insecurities and the pain that went along with losing them.

Pages 68-70 in the Big Book gave me directions for sex and relationships that I never had before. One of the things it says is to "Ask God to mold our ideas and help us to live up to them." This has helped me to take a look at what type of person I want to be with and see how I really want to be living my life. The second piece of advice that has guided me is to watch my motives. It is a completely natural thing to want companionship or sex, but I have to be honest with others about what my intentions are or I won't be able to live a happy, sane life.

I have had a lot of growth in the area of relationships and sex since I've been sober, but I am still far from perfect. My ideal has turned out to be a loving, committed relationship built on kindness and spiritual principles. My intent for dating includes being a man who treats women with respect and showing other men what appropriate behavior towards women looks like.

Now about sex, *continued*

Since venturing out into the world of sober dating I have been able to learn how to call a girl and ask her out without taking a shot first. I can be present and experience the awkwardness that goes along with going out on a date without needing a beer to get me through it. I've also experienced pain and loss in relationships like I've never felt before, but was able to walk through it with the support and guidance of friends in the program...without taking a drink.

I was recently struggling with trying to decide whether or not I should end a relationship, and a friend said this to me: "I'd rather be at the bottom of a ladder that I want to climb, then

half-way up one I don't." This immediately brought my ideals back into my mind, and I saw clearly that I shouldn't be in this relationship. It wasn't in line with my ideals, it was getting in the way of my contact with my higher power, and it was really messing with my serenity! Today, I would rather be at the bottom of the right ladder, then repeat the craziness of past relationships and stay on the wrong one. As hard as it is to let go of relationships, I can do it knowing that my higher power has something better in store for me.

~ Anonymous

"If we follow our Traditions, we will survive and, I hope, grow. The Traditions tell us to serve--not govern; to attract-- not promote; to carry the message--not force it on anyone; to keep the three legacies alive: recovery, unity, and service. These are our lifelines."

Raleigh, N.C., January 2000
From: "Keeping Recovery Alive"
I Am Responsible: The Hand of AA

Tradition 10

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

What stood out for me about Tradition 10 is that Bill W. is writing about lessons learned from the Washingtonians. They were a group that had a large membership devoted to helping alcoholics. However, the Washingtonians were also involved with prohibition and the abolition of slavery. These issues created discord among the members which lead to the Washingtonians demise.

Since I have been in AA, I have heard people say "that is an outside issue". Here in Utah the topic most likely is about the dominate religion in the state. I was chairing a meeting in December and I made disparaging remarks about Christmas. After my share, someone else spoke up about their belief system which made me aware that I may have offended him. What if that was a newcomer would he or she have stayed?

What about holding a meeting in a place where there are signs promoting one particular politician? What if an AA member is wearing clothing that promotes various politicians? I was

having a conversation with my sponsor just before an AA meeting about politics and he suggested that we stop the discussion because he was aware that there was someone there who disagrees with his views.

I remember an incident at a spiritual retreat that I was attending. A group of us went out for ice cream. I was talking with a friend who was a democrat. He was remarking about how the President at that time was bad for the country and should be removed. Well there was someone at the table who strongly disagreed with what he was saying and abruptly got up and left the table.

The big question for me is what is an outside issue? This brings me back to AA's Primary Purpose to help the suffering alcoholic. I believe that anything that does not help the suffering alcoholic is an outside issue. For example, a discussion of religion and politics does not help the suffering alcoholic.

~ Walter C.
Area 69 Panel 61
Alternate Delegate

"There will also be seen in these Concepts a number of principles which have already become traditional to our services, but which have never been clearly articulated and reduced to writing. For example: the "Right of Decision" gives our service leaders a proper discretion and latitude; the "Right of Participation" gives each world servant a voting status commensurate with his (or her) responsibility, and "Participation" further guarantees that each service board or committee will always possess the several elements and talents that will insure effective functioning. The "Right of Appeal" protects and encourages minority opinion; and the "Right of Petition" makes certain that grievances can be heard, and properly acted upon. These general principles can of course be used to good effect throughout our entire structure."

From the Introduction to "Twelve Concepts for World Service" by Bill W

Concept X

Every service responsibility should be matched by an equal service authority – the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and by-laws.

Our service structure cannot function effectively and harmoniously unless, at every level, each operational responsibility is matched by a corresponding authority to discharge it. This requires that authority must be delegated at every level – and that the responsibility and authority of every entity are well defined and clearly understood.

Let's begin with the group. Concept I states the "final responsibility and ultimate authority" resides with the A.A. groups, and they *delegate* this authority to the Conference (Concept II). The detail of which topics for discussion or items of concern are forwarded to the Conference by the Groups via the GSR is discussed at our District meetings and at our Area Assemblies.

The Conference, in turn, *delegates* to the General Service Board the authority to manage A.A.'s affairs (Concept III) in its behalf. The detail of what topics and /or items are forwarded by the Conference to the General Service Board are reported to the Fellowship via a printed Final Report distributed to the Fellowship following the annual meeting of the General Service Conference.

The General Service Board is in authority over its subsidiary operating conditions – A.A. World Services, Inc. and the A.A. Grapevine Inc. The General Service Board *delegates* to the directors of those corporations the authority necessary to run these service entities.

The directors of AAWS and the AA Grapevine are in authority over the executives of these corporations, but *delegate* to these

officers the authority needed to carry out their administrative responsibilities.

And lastly, the executives of AAWS and the AA Grapevine *delegate* to the General Service Office and Grapevine staff members and other employees the *authority* necessary to carry out their important service jobs.

The benefit to the Fellowship of this *delegation* of responsibility and authority is immense.



Many of our members receive their monthly edition of the AA Grapevine with news and stories of and by our members. The Grapevine also provides books, CD's, and an abundance of informative materials used by our members on their journey.

Our service entities receive service materials (pamphlets, guidelines, displays, etc.) vital to their efforts to carry the A.A. message to the still suffering alcoholic.

Our groups have access to the books, pamphlets, displays, wallet cards, etc., etc. used in our scheduled meetings to achieve our primary purpose as defined by Tradition 5.

I hope this brief look at Concept 10 has been helpful. I am forever grateful for the experience I have enjoyed in my service to the Fellowship. I know I've been guided by the hand of God through the application of these Twelve Concepts for World Service in my endeavors. And I would like to say Thank You for allowing me to share a little of what I've learned in the process.

Mike O.
Past Delegate, Panel 55,
Area 69 – State of Utah

I used to blame everything on God

My name is TC, I was born in Vietnam 01/01/1983. My reason for writing my story is to share my experience, strength, and hope. I'll be jumping from one subject to another as I reveal to you my journey. Don't take anything personal if I say something that offends your religion or beliefs. Just remember that we do have the same disease despite our differences.

I came with my mother from Vietnam to Utah in 1993. On the airplane I asked her 100 times why are we leaving and why can't the family come with us? She told me that we're going to a place where I can have a better future and she promised me that our family will come to live with us one day. Well the promise of that one day never came and little did she know about my future of being a crack head and a tweaker from hell. Growing up without any of my family around me made it even easier for me to isolate myself in later years because I have always been a loner. At 13 I met some friends and through them I came in contact with beer, cigarettes, and marijuana. Later on I joined a Vietnamese gang and unfortunately they were all crack heads. We should have called ourselves the "crack head gang" that's how bad it was. I also had some meth but was not hooked yet.

At 18 I was arrested for arson, and did three years. Got out, but got back with my girl and was right back on meds again. People often speak greatly of this thing called spirit or soul within us that never dies. I also wonder where the hell my spirit was when I was getting high. What kind of spirit stay up all night fixing a bike or cut grass at 4 a.m.

One day my friend, my drug dealer, asked me if I wanted to make some money. I expected it to be something illegal, instead he handed me a sheet of paper telling me that he was court ordered to go to AA meetings and that he would hook me up with the 20 sack if I went to the meetings for him. He also convinced me that to white people all Asians look alike so no one would ever know. So I found myself sitting in my very first meeting at Fellowship Hall. After being there I felt like these people needed to get a life. What made it worse was when guys tried to hold my hand to pray at the end.

After getting paid to go to these meetings I heard lots of stories and I thought to myself what a bunch of spoiled brats that get together and talk about how much they drank, and how much they smoked. But for me I have to come to these meetings just so my dealer would get me high. Even though people were pouring their hearts in the meeting my heart and ears were still hard and I couldn't relate at all.

I thank God later in life for having my dealer pay me to go to meetings. One time while tweaking in my backyard two missionaries came to tell me that God loves me and he knows how many hairs I have on my head. I asked them, "How much do you get paid to do this?" I admired their selfless act for their God. I told them to keep coming back to visit with me. Even though I no longer believed in Mormonism, I will always thank

God for sending those missionaries to plant the seed in my heart which motivated me to seek for truth and at last find the true living God of grace, full of mercy and abundant in love. If God never took me out of Vietnam for sure I would have become a Buddhist or some type of legalism where men are trying to earn heaven by doing good works in keeping the law. I used to kneel for hours in front of the statue until my knees went numb just to show my devotion. Not until I had a son of my own that I truly understood the relationship between me and God. I don't want my son to go through some crazy ritual in order to come to me and neither did God.

After knowing and believing in the existence of God I got a little taste of true sobriety before I relapsed. I cut off all my old friends but didn't make new ones. I was sober but still isolated. I thought about A.A. but I asked myself, "Why do I need meetings?" What can men teach me that God can't? Of course I was wrong about that because obviously God does work through people. I went to church each Sunday, shaking hands and had some superficial conversations then went home. Without the support of true Fellowship of any kind I soon relapsed. I expected God to perform some magical sign to take away my addiction. I asked pastors to pray for me, I read spiritual books, I prayed to God for help. But there was one thing I couldn't do, and that is letting the pipe go or say no when it came my way.

It's funny how I used to blame everything on God as though he made me chase after the dope or something. It was not until I completely let go and checked myself in the rescue mission drug treatment program that I truly understood that it was not God abandoning me or that he didn't hear my prayers. It is because I never gave him a chance because my days and nights were spent doing or getting drugs. He gave me a free will so of course he can't come down from heaven to slap the pipe out of my mouth or take the bottle away. But ever since I let go I witnessed miracles in my life. If you ever feel like God has forsaken you and your prayers are in vain, cheer up. It's not true!

God is waiting for you to let go of whatever it is that you are doing and give him some room to work in your life. Let go for one hour one day or whatever you can. I have learned that gratitude is the key to sobriety and I can't make it alone. Just like the African buffalo in order to survive they must stand together with their horns facing the enemy, which are the lions. Lions sleep for only hours but the buffalo only sleep minutes at a time and they don't all sleep once. Some sleep and some watch always staying alert. Some of us are sleeping and some of us are praying for each other. Some of us do the 12 steps and some of us are slacking but we must stick together if we want to live, at least soberly. I encourage you to drop your pride, get a sponsor, and get into service work because even if you are on the right track you will get run over if you only sit there. May God bless you in your journey!

~ T.C. - Salt Lake City

When is Breaking Your Anonymity Not an Anonymity Break?

While much has been written in A.A. literature about anonymity, including in a General Service Conference approved pamphlet called "Understanding Anonymity," communications coming into the General Service Office from members of the Fellowship suggest that there remains a great deal of misunderstanding about this "spiritual foundation of all our Traditions." What follows are just a few examples of the types of inquiries that arrive through phone calls, e-mails and letters, and some of the responses from A.A. literature.

Q. "We have a member who moved here from somewhere else and he is using his last name in meetings. What should we say to this person who is breaking the Tradition of anonymity?"

A. A.A. co-founder Bill W. wrote in *The Language of the Heart* (p. 15) that "It should be the privilege of each individual A.A. to cloak himself with as much personal anonymity as he desires. His fellow A.A.s should respect his wishes and help guard whatever status he wants to assume." It is thus up to each individual to decide how anonymous he or she wishes to be, at any level below that of the public level. Giving your last name in an A.A.

meeting is not "breaking" A.A.'s Tradition of anonymity. In fact, the author of an article in the February 1969 Grapevine magazine attributed the following to A.A.'s other co-founder, Dr. Bob, regarding personal anonymity and the Eleventh Tradition: "Since our Tradition on anonymity designates the exact level where the line should be held, it must be obvious to everyone who can read and understand the English language that to maintain anonymity at any other level is definitely a violation of this Tradition.

"The A.A. who hides his identity from his fellow A.A. by using only a given name violates the Tradition just as much as the A.A. who permits his name to appear in the press in connection with matters pertaining to A.A. "The former is maintaining his anonymity above the level of press, radio, and films, and the latter is maintaining his anonymity below the level of press, radio and films — whereas the Tradition states that we should maintain our anonymity at the level of press, radio, and films." (Dr. Bob and the Good Oldtimers, pp. 264-65)

Continued on Page 8

Calendar of Events

October

The Fellowship of the Spirit Conference, Park City, October 5-7

Fall Fellowship Weekend, 2250 South 1200 West, Ogden, October 5-7

Service Workshop "Stay Sober - Get Service", Central Office, October 13 Noon-1:30

Newsletter Committee Meeting, Central Office, October 20 10:00am

"Newsletter Party", Fold/label/sort/mail the November LIFELINE, Central Office, October 26 10:00am

Literature Committee Meeting, Central Office, October 27 10:00am-Noon

Outreach Committee Meeting, Central Office, October 27 10:00am-11:00am

November

Area 69 Fall Workshop, Bountiful, November 3-4

CO Rep Meeting - Trustees Elections, Central Office, November 13 6:30 - 7:30pm

Newsletter Committee Meeting, Central Office, October 24 10:00am

Literature Committee Meeting, Central Office, November 24 10:00am-Noon

Outreach Committee Meeting, Central Office, November 24 10:00am-11:00am

"Newsletter Party", Fold/label/sort/mail the December LIFELINE, Central Office, November 30 10:00am

December

Area 69 Committee Meeting (Pass the Gavel) District# 10 Salt Lake, December 1

CO Rep Meeting - Committee Chair Elections, Central Office, December 11 6:30 - 7:30pm

Newsletter Committee Meeting, Central Office, December 22 10:00am

Literature Committee Meeting, Central Office, December 29 10:00am-Noon

Outreach Committee Meeting, Central Office, December 29 10:00am-11:00am

"Newsletter Party", Fold/label/sort/mail the January 2013 LIFELINE, Central Office, December 28 10:00am

When is, *Continued*

Q. “What if I see public figures at a meeting, such as an actor or actress, or the local chief of police?”

A. “Like everyone else, public figures should have the protection of anonymity to the extent that they desire it.” (“Understanding Anonymity,” p. 9)

Q. “I saw an ad in the paper for an A.A. group. It told where the group was meeting and everything. Shouldn’t you contact that group about breaking their anonymity at the public level?”

A. “Suppose a sick alcoholic never has the good fortune to meet an A.A. How is such a person going to find us? The search will be difficult if the local group thinks it should be anonymous, too. The (Eleventh) Tradition is talking about ‘personal anonymity,’ remember? Alcoholics will not be attracted to A.A. if they don’t know that it exists....” (“The Twelve Traditions Illustrated”)

Q. “I’m not ashamed of my alcoholism and don’t feel any need to keep my A.A. membership a secret. In fact, I think that my story will be able to help lots of others. I think that I should be able to use my full name in my book (or television interview, blog, Web site, etc.) when I share my A.A. experience. Why should anyone else have a problem with that?”

A. Disclosing your A.A. membership at the public level, in any

publicly accessible medium, is considered a break of the A.A. Tradition of Anonymity. Bill W. wrote, in an article in *The Best of the Grapevine*, Volume 1, p. 278, “The old files at A.A. Headquarters reveal many scores of...experiences with broken anonymity. Most of them point up the same lessons. They tell us that we alcoholics are the biggest rationalizers in the world; that fortified with the excuse we are doing great things for A.A. we can, through broken anonymity, resume our old and disastrous pursuit of personal power and prestige, public honors, and money — the same implacable urges that when frustrated once caused us to drink....”

Q. “Why do we say that ‘anonymity is the spiritual foundation of all of our Traditions?’”

A. “. . . anonymity is real humility at work. It is an all pervading spiritual quality which today keynotes A.A. life everywhere. Moved by the spirit of anonymity, we try to give up our natural desires for personal distinction as A.A. members both among fellow alcoholics and before the general public. As we lay aside these very human aspirations, we believe that each of us takes part in the weaving of a protective mantle which covers our whole Society and under which we may grow and work in unity.” (Twelve Steps and Twelve Traditions, p. 187)

Big Book Named by Library of Congress as one of the “Books That Shaped America”

(NEW YORK) — It’s never been on *The New York Times* Best Seller list. Yet the “Big Book,” A.A. members’ fond name for the book *Alcoholics Anonymous*, is now designated by the Library of Congress as one of the 88 “Books That Shaped America,” and is included in the library’s new exhibition.

While we cannot know what impact A.A.’s basic textbook, *Alcoholics Anonymous*, has had in shaping America, we do know that the Big Book has helped millions of men and women throughout the world, and in all walks of life, find a new and satisfying way of life without alcohol. The Big Book describes the A.A. program of action for recovery from alcoholism. It has offered convincing evidence to relatives and friends that alcoholics can recover; and has furnished revealing insights to physicians, psychologists, members of the clergy and other professionals who work with alcoholics.

Although no author is listed, it is common knowledge that the initial draft of the Big Book was written by A.A. co-founder Bill W. when he was not quite four years sober. But he did not complete it alone. *Alcoholics Anonymous* was a collective creation, since each chapter was “edited” by A.A. members in Akron, Ohio and New York City—all of them sober less time than

Bill. This cooperative effort, reflecting the shared experience and consensus of the small Fellowship as a whole, set in motion the democratic process of decision-making that characterizes A.A. today.

The book provided the name for a small movement with nearly 100 members. It took 36 years to sell the first million copies. Yet today, every year approximately one million copies of the Big Book are distributed in the English language alone (it is translated into 67 languages), and A.A. membership has grown to over two million with a presence in more than 170 countries. In 2010, the thirty-millionth copy was presented to the American Medical Association, which declared alcoholism an illness in 1956.

The fourth edition of *Alcoholics Anonymous* is available in a variety of formats and can be read online at www.aa.org. For copies of the book and information about Alcoholics Anonymous, please look for A.A. in your local community at the following link: http://www.aa.org/lang/en/central_offices.cfm?origpage=373.

For Media, contact: Public Information Desk at the General Service Office of Alcoholics Anonymous at 212-870-3119 or publicinfo@aa.org.

Central Office Salt Lake City Financial Summary August, 2012

Income Statement

Revenue

PR Fund Income	\$ 265.25
Picnic	\$ 1,258.59
Group Donations	\$ 3,953.41
Merchandise Sales	\$ 5,999.96
Total Revenue:	\$ 11,477.21

Expenses

Cost of Goods Sold	\$ 4,739.31
Picnic Expenses	\$ 907.04
Operating Expenses	\$ 3,988.76

(Rent, Bookkeeper, Utilities, Printing & Copies, Answering service)

Total Expenses	\$ 9,635.11
Net Income:	\$ 1,842.10

Bank Accounts

Prudent Reserve - Fund	\$ 23,415.00
Prudent Reserve - Savings	\$ 5,969.15
Operating Capital - Checking	\$ 13,333.86
Total	\$ 42,718.01

**"Regardless of
worldly success or
failure, regardless
of pain or joy,
regardless of
sickness or health
or even of death
itself, a new
life of endless
possibilities can be
lived if we are
willing to continue
our awakening,
through the
practice of AA's
Twelve Steps."**

*AA Co-Founder, Bill W., Dec 1957
From: "The Greatest Gift of All"
The Language of the Heart*

Available times to volunteer for answering the Central Office Phone line

Saturday - Second Saturday 2:00 PM to 6:00 PM, Third Saturday 6:00 PM to Midnight

Sunday - Fourth Sunday 6:00 PM to Midnight

Monday - Every Monday 5:00 PM to 9:00 PM

Tuesday - Fourth Tuesday 5:00 PM to 10:00 PM

Thursday - Every Thursday Midnight to 10:00 AM, Second Thursday 10:00 PM to Midnight

Friday - First, second and third Fridays Midnight to 10:00 AM, First, second and fourth Fridays 10:00 PM to Midnight

Volunteer to answer phones individually, or get your whole group together and throw a party.

Times continue to open up, so if you don't see a convenient time check back next month.

The overnight shifts don't get many calls, so you can usually still get a good nights rest.

Tim H.

E-mail hotline@saltlakeaa.org to volunteer

www.saltlakeaa.org/phones



Want back issues of the LIFELINE? They are available at
<http://www.saltlakeaa.org/lifeline-archive/>
 or by scanning this barcode

Group Contributions, August 2012 & Year to August 2012

	Aug	YT Aug		Aug	YT Aug		Aug	YT Aug
17th x 17th	0.00	129.55	Grub Lunch Bunch	75.00	475.00	Salt Lake Men's	225.00	225.00
5-15 Happy Hour	91.50	208.50	Happy Destiny	0.00	11.75	Salty Paa	0.00	14.65
90th and 32nd @ 600	0.00	50.00	Happy Group	0.00	212.83	Sat Nite Speakers	0.00	223.82
974 Group	0.00	481.53	High & Dry	0.00	137.50	Sat Beginners	0.00	50.00
A Way Out	17.00	108.00	Highland Group	20.00	349.00	Sat Hot Topics	0.00	23.00
An AA Group	40.06	85.48	Hilcrest	0.00	600.00	Sat Morning SOTS	0.00	111.50
Area 69	0.00	15.00	Holladay	75.00	375.00	Sharing N Caring	0.00	271.00
As Bill Sees It	0.00	65.00	Honey's Breakfast	0.00	500.00	SLCYPAA	0.00	21.50
Back to the Basics	0.50	28.50	How It Works	126.50	342.00	Sobriety Hour	1.00	1.00
Basic AA	0.00	65.50	Individuals	1,166.50	1,833.80	South Davis AA	0.00	40.00
Basic Young Peoples	0.00	247.00	Into Action	0.00	63.00	South Enders Davis	600.00	901.00
Bog Irish	0.00	154.76	Island of Misfit Toys	0.00	125.00	South Valley Lunch	0.00	476.00
Bountiful Community	0.00	120.00	Jackson Hole Ladies	0.00	15.00	Speak Easy Women	0.00	394.91
By the Book	0.00	185.00	Jaywalkers	0.00	100.00	Spiritual Quest	200.00	400.00
Came to Believe	0.00	100.00	Keep It Simple	0.00	73.75	Starting The Day	20.00	160.00
Chapter Five	0.00	104.00	Living in Sobriety	0.00	75.00	Stonewall Group	154.00	357.50
Closed Meeting	0.00	574.75	Magna Friendly	50.00	380.00	Sugarhouse	0.00	250.98
Clouds & 11th Step	20.00	20.00	Midvale Lunch	0.00	100.00	Sunday Get AA	0.00	75.00
Come As You Are	0.00	262.30	Morning Breakfast	0.00	122.00	Survive & Serve	0.00	130.00
Contributions - Other	0.00	1,016.94	Murray Group	0.00	194.00	Tenth Step Group	0.00	45.60
Corrections	4.50	9.50	New Life	0.00	129.00	Thunder Heart AA	0.00	40.00
Cottonwood Group	0.00	526.14	No Nonsense	57.59	88.44	Thursday Womens	90.00	90.00
Crazy Ladies	0.00	25.00	Nomadic Lunches	303.88	1,035.88	TRY AGAIN	7.39	30.18
District 10	0.00	748.00	Non Smoking	0.00	330.00	Unity Lunch Bunch	25.00	50.00
DNS Group	260.00	1,010.00	Not A Glum Lot	0.00	55.00	Up Group	32.00	32.00
Downtown	0.00	36.00	Nut Buckets	0.00	226.40	Vision For You	0.00	116.88
Draper Group	0.00	90.00	Off the Cuff	0.00	428.50	Wake Up Call	0.00	1,200.00
Early Friendship	0.00	493.25	Old Fashioned AA	11.49	86.49	WJ Big Book Study	0.00	56.81
Every Night Firelight	0.00	300.00	Park City Group	0.00	350.00	Women In Sobriety	0.00	91.00
Eye Opener	0.00	100.00	PC Men's Group	0.00	300.00	Women in the Solution	0.00	22.94
Fresh Air Serenity	0.00	737.00	Primary Purpose	0.00	60.00	Women Stepping Up	110.00	310.00
Friendship Group	0.00	124.87	Quiet Time	0.00	84.33	Women's 12X12	0.00	222.00
G/C Women	0.00	75.00	Richard Street Lunch	17.32	206.63	Young and Alive	0.00	40.00
Garden Variety	0.00	167.00	Right Stuff	0.00	25.00	Young People's PC	0.00	81.88
Grapevine	0.00	79.43	Round Table Group	0.00	120.00		3,953.41	24,808.95
Greater Kearns	0.00	3.50	Salt Lake Group	96.00	96.00			

When sending your Group's contribution to Central Office be sure to include your GSO # and Group name.

Your Central Office Committee Updates

Activities Committee. No report furnished.

Archives Committee. Meg G. presented the Archives Committee report. The Archives Committee continues to work on organizing past Grapevines and Central Office documents. The Archives Committee will meet on September 16, 2012 at 4:00 pm to put the Grapevine issues in the purchased binders for future use and display.

By-Laws Committee. Linda B. reported that there was nothing new in the way of the By-Laws.

Hotline Telephone Committee. No report furnished.

Literature Committee. Chris H. reported that we have a good stock of materials. Chris passed out the A.A. approved pamphlet entitled "A Member's View" for the CO Representatives to read and take back to their respective Groups. Under Chris' guidance the price of A.A. literature that may be purchased at Central Office has been reduced twenty percent. GOOD JOB CHRIS! Contact Chris at chelmers@comcast.net to serve on the Literature Committee or if you or your Group has any literature needs.

Newsletter Committee. Doug R. presented the Newsletter Report. Doug continues to need three or four more volunteers for the Newsletter Committee. The Committee will always meet on the Saturday before the last Friday of the month at 10:00 am at Central Office. Doug reported that 450 copies of the September, 2012 LIFELINE was circulated; 200 mailed and 171 e-mailed. Articles on experience strength and hope are always welcome. Contact Doug R. at Lifeline@saltlakeaa.org if you are interested in volunteering to help out on the LIFELINE Committee or interested in having an article published in LIFELINE. He could really use your help in folding and mailing each month's LIFELINE.

Outreach Committee. Wendy W. presented the Outreach Committee's Report and activities. The Utah Central Office/Intergroup conference call is scheduled to take place September 26, 2012 at 8:00 pm. The purpose of the conference call between the Utah Central Office/Intergroup and the Area Delegate will be to share ideas and experiences in the operation of Central Offices throughout the State. The September All Groups Meeting was hosted by the 5:15 Happy Hour and the October meeting will be hosted by Early Friendship Group. November and December are open, so consult with your Groups to see if they are interested in hosting one of these meetings. E-mail Wendy W. at wwhite56@comcast.net if your Group would like to sponsor an All Groups meeting. Groups need to be visited. There are still 70 meetings we need to contact that we need to visit. These Groups do not have Central Office representatives or otherwise are not participating in Central Office activities. Please contact Wendy W. at wwhite56@comcast.net and sign up for a good adventure. If you are interested in working on the Outreach Committee,

their next meeting is scheduled at Central Office on September 25, at 6:00 pm. A BIG THANKS to Wendy for her service.

Twelfth Step Committee. No report furnished. Carl would like some help from those who are interested in working with the "fresh" and newcomer alcoholic who still suffers. If you are interested in serving on the Twelfth Step Committee, contact Carl at kennyspapa@gmail.com.

Website Committee. Jonathon H. presented the Website Committee Report. There is nothing new to report. The Website Committee is looking for a volunteer to maintain the Central Office calendar of events. Contact Jonathon at Jonathon.haglund@gmail.com. Traffic is steady. The Website Committee is developing suggested criteria for including A.A. and A.A. related events on the Central Office Website.

Volunteer Committee. Nothing to Report.

Old Business.

Pamphlet of the Month. Chris H. at the previous CO Committee meeting proposed that a budget of \$20 per month be established to hand out one pamphlet to each CO Representative in attendance at the monthly CO Representative Meeting. Chris H.'s proposal was unanimously adopted.

New Business.

Preparations for Trustee and Standing Committee Elections - 2012. Kent S. prepared a summary description of the service positions and corresponding duties of all upcoming Board (November) and Standing Chair (December) positions that come up for election this year. See attached Summaries that were passed out to the CO Representatives in attendance. Elections for Chair, Co-Chair, two Trustees, one Alternate Trustee and all Standing Committee Chairs will be held.

Recruiting Members for Service. Central Office needs you. With several positions coming up for election the CO Representatives were asked to spread the word to their Groups. Central Office will be holding a Service Workshop at Central Office from noon to 1:30 pm. All who are interested in A.A. Central Office service are invited. A pot-luck lunch will be served. A brief description of the respective roles and responsibilities of the Board and Standing Committee Chairs will be made along with a similar presentation from the District. We want to encourage everyone from all Groups to participate and become better informed about the service opportunities offer by Central Office. Wendy W. and Christy R. will invite the District people. STAY SOBER- GET SERVICE.

Building Lease. The Central Office building lease is up for renewal in October. On motion made and seconded the CO Committee authorized the Board to renew the lease for two years at the rate of \$950 per month with the same terms that exist in the present lease.

Central Office of Salt Lake City, Inc.

80 West Louise Avenue
Salt Lake City, Utah 84115-3514

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If you would like to receive the LIFELINE through the mail please fill out this form and send it to the Salt Lake Central Office, 80 West Louise Ave, Salt Lake City, UT 84115. Your donation is appreciated!

You may also signup to have the LIFELINE e-mailed to you on the Salt Lake Central Office website at saltlakeaa.org

Name: _____

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Amount donated: ☐ \$3.00 ☐ \$5.00 ☐ \$10.00 ☐ Other _____