

# LIFELINE

Salt Lake City Central Office Newsletter

September 2012

## Ninth Step

All of my life I have cherished "that which was done to me". I have relived the harms my father, my mother and all those others, and you know who you are, have visited on me. What I did not do was spend any time on the harm I might have done to those who relied on me to protect and help them on the road we all trudge. I was a champ at finding fault in others 'out there'. I was a victim and deserved all the pity and booze I could get. The problem was out there, so I could do nothing to change the hell I found myself.

Nothing so concentrates the mind like pain. It is the only reason I'm here, the pain got so bad I was finally ready to listen, as only the dying can. Facing myself in steps four and five was horrific I was the problem. Six and seven lifted me to a new reality so when eight came I was ready. Without the drama I saw how I had harmed my wife, my children not always with my drinking but always with my alcoholism. Those I met as a NYC cop, those women I met in bars, my partners, my friends. No one escaped. The eight step showed me the exact nature of the harms I did to ALL of them.

The first thing I had to deal with was guilt. I remember going to my sponsor after another affair. Joe asked me if I was feeling guilty. I said, "yes of course." He said "Then you are going to do it again." "No", I said, "never again." Joe said, "if you are guilty all you are doing is thinking of yourself." He was right, I wasn't thinking of my wife or children just me.

So the ninth step's focus is on the persons I have harmed. When I looked up amends in my Webster's' one of the ways it's defined is 'to heal'. How could I heal the pain I had caused Elizabeth over the eleven years of our marriage? My behavior was spread over those years so my amends would have to also be a day by day effort. Little by little she began to see that this wasn't another fabrication to get out of trouble. I needed my sponsor to tell me that making a cup of tea for her was an act of love. Coming home after work, bringing my pay check un-cashed helped too.

The Grace of God as it revealed itself showed me how to be a husband and father to my two children. When my wife passed away in 1982 she was at home and surrounded by her family. To say all the scars were gone would be less than truthful but many were. I don't know if she forgave me but I have thanks in part to the ninth step.

~ *The New Yorker*  
Friday 6:40am  
48 Market Street, Salt Lake City

Come join us for the  
**All Group's Meeting**  
September 15, 2012

hosted by **5:15 Happy Hour**  
**Pot Luck Dinner 6:00pm**  
**Meeting 7:00pm**

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# LIFELINE

The Monthly Newsletter of  
Central Office of Salt Lake City, Inc.

We welcome your correspondence and will publish your material, space permitting, if it meets editorial criteria. *Share your experience, strength, and hope with another alcoholic.* To submit articles, suggestions or contributions, contact Central Office of Salt Lake City:

**Central Office of Salt Lake City, Inc.**  
80 West Louise Avenue  
Salt Lake City, Utah 84115  
lifeline@saltlakeaa.org

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## Central Office Board of Trustees

board@saltlakeaa.org

Chair .....	Nick R.
Co-Chair .....	Christy R.
Secretary .....	Kent S.
Treasurer .....	Adam U.
Trustee at Large .....	Alan L.
Trustee at Large .....	Kimmi S.
Trustee at Large .....	Jeremy C.
Alternate Trustee at Large .....	Rich W
Alternate Trustee at Large .....	Sean B.

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## Central Office Standing Committees

Activities (activities@saltlakeaa.org) .....	Shar C.
Archives (archives@saltlakeaa.org) .....	Meg G.
Bylaws (bylaws@saltlakeaa.org) .....	Linda B.
Hotline Telephone (hotline@saltlakeaa.org) .....	Tim H.
Literature (literature@saltlakeaa.org) .....	Chris H.
Newsletter (lifeline@saltlakeaa.org) .....	Doug R.
Outreach (outreach@saltlakeaa.org) .....	Wendy W.
Twelfth Step (12step@saltlakeaa.org) .....	Carl C.
Volunteer (volunteer@saltlakeaa.org) .....	Betty H.
Website (webservant@saltlakeaa.org) .....	Jonathan H.

### Central Office Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- to maintain a 24-hour Twelve-Step phone list;
- to answer phone inquiries as needed;
- to compile, update and print meeting lists;
- to maintain A.A. approved literature for sale to members and the public;
- and to print and distribute a newsletter.

Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.

# Groups Represented at the August 2012 Central Office Representatives Meeting

11th Step Meditation	Happy Destiny
5:15 Happy Hour	Highland Group
A Vision for You	Honey's Breakfast
A Way Out	Hot Topic
Big Ugliers	Living in Sobriety
Bountiful Men's	New Yorker's
By the Book	Nutbuckets
Came to Believe	Off the Cuff
Come as you are	Old Fashioned AA
Dog on the Roof	Salt Lake Group
Draper Group	South Davis Group
Early Beginnings	South Enders Group
Early Friendship	Spiritual Quest
Fresh Air Serenity	Sugar House Men's
Garden Variety	Sunday Breakfast
Grapevine Group	Survive & Serve
Grub Lunch	VA Welcome Home

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## 7<sup>th</sup> Tradition Contribution Addresses

### AA World Services

Box 459  
Grand Central Station  
New York, NY 10163

<https://ctb.aaws.org/Login.aspx>

### Central Office of Salt Lake City

80 West Louise Ave.  
Salt Lake City, UT 84115

### Area 69 Treasurer

PO Box 1422  
Salt Lake City, UT 84110

<http://utahaa.org/contributions.php>

### District 10 Treasurer

PO Box 57271  
Murray, UT 84157

### District 2 Treasurer

PO Box 615  
Salt Lake City, UT 84110

## Congrats to our Birthdays! It works — it really does!

### Hillcrest Group

Katrina	30 Days
Jeff	30 Days
Jamison	30 Days
Toby	30 Days
Kim	30 Days
Mark	30 Days
Cory	90 Days
Laurie	90 Days
Char	90 Days
Nina	90 Days
Nadia	6 Months
Eric	9 Months
David	1 Year
Craig	18 Months
Wendy	18 Months
Robert	18 Months
Christian	2 Years
Danika	4 Years
Janet	5 Years
Mark	5 Years
Carol	6 Years
Richard	7 Years
Tracy	10 Years
Soren	10 Years
Doug	11 Years
Derek	11 Years
Meta	14 Years
Vivian	17 Years

Teresa	28 Years
David	29 Years
Reed	31 Years

### Fresh Air Serenity

Jenny	30 Days
Ray	30 Days
Maggie	60 Days
David	60 Days
Tom	60 Days
Diane	90 Days
Karen	6 Months
Jessie	9 Months
Denny	6 Years
Judy	9 Years
Lee	15 Years
Brian	17 Years

### The Serenity Group

Lois L.	42 Years
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### Big Uglies

Josh	60 Days
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Casey	60 Days
Savannah	6 Months
Maggie	1 Year
Carol	18 Months
Jenny	18 Months

### Nomadic Lunch

Wendy	60 Days
Donna	19 Years
Barbara	22 Years

### New Yorker

Danny	1 Year
Mike W.	5 Years

*Please submit your Group's Birthday and news before the 15th*

*Please e-mail them to  
LIFELINE@saltlakeaa.org or bring  
them into the office.*

**The First Step House is looking for donations of Big Books. If you or your group Would like to help out you can drop them off at Central Office.**

## From: The Char in the Corner

I guess the first thing on the agenda is to apologize for last month's column. Apparently what I sent to our poor editor was the one I did for August a year ago. Not realizing that I have been writing this piece for over a year now I accidentally sent the first file I found titled August. With a little editing of names and places Doug managed to make it look like this year's story. No doubt under the impression that I had finally gone over the cliff and not wanting to bother me in my delicate condition he felt it would be better to just take care of it for me.

Okay now that that is taken care of what has happened since last month. Central Office Picnic! Were you there? I was for a couple of days it felt like. Why? I'm glad I asked. Saturday August 25 started like any other Saturday, up around 6 am, goof off in the garage for a couple of hours, and then off to find a 153 pound porker and a couple of dozen chickens along with 100 ears of

sweet corn and 60 plus pounds of potatoes, carrots, onions and several garlic cloves. Along with Doug C. a fork lift and a poor customer that stopped by to see why his car wasn't getting fixed the pig was soon ready for the Dean H. custom built roaster. The plan was to start the coals around 8 pm and all would have gone as expected had someone (that would be me) remembered to grab the wheel and belt for the spit. After a mad dash back to Sandy old porcky was spinning by 9 o'clock. You may not know but watching a pig you can't spin around without a keg of good beer to keep you company is about as exciting as watching the grass get watered both of which would put most people to sleep if it weren't for the fact that about every hour you need to add 2 shovels of charcoal to the roaster to maintain the correct temp in the roaster. What does all this mean? About the time you fall asleep on the too small back seat of the truck it's time to get up and put more charcoal in the roaster. This repeats itself every

## From: The Chair, *continued*

hour all night and half the morning until the pig reaches the perfect temperature of 170 degrees and begins to fall apart all by itself.

Finally we can get some rest, I don't think so. Those chickens, vegetables and corn are not going to cook themselves. Back to the roaster for another 3 hours getting a short break to cut up the pork and before you know it everybody shows up, eats all the food, wins some great raffle prizes a nice chat with Murray's finest who want to know where all those cars came from and could we park a little better or submit to breathalyzer tests it's 4 in the afternoon and all that is left is a mess to clean up and a stray overfed dog. With a lot of help from a few very good friends the pavilion is soon better than when we got there, its 7:30 I somehow managed to get home alive and about 2 minutes later its 6 am Monday morning and the picnic is just a fond memory.

Seriously it was a grand time and I want to personally thank everyone that helped plan and make it happen. I would also like to thank all those that told us how good it was and everyone that came and helped make it a success. And big thanks to the groups that donated prizes for the drawing and especially I would like to thank Kim and his band for showing up and keeping us entertained while we ate. For having a new venue and a new menu I think it all went pretty smoothly. We made a few notes and I am sure next year will be even better.

What's next? Once again I'm glad you asked. How about the chili cook off November 10 at St. Ambrose Church, maybe a different movie or a good speaker. Mark it on your calendar and plan on being there. More will be revealed.

What else, oh yea elections for open positions on the board will be held in November and new members will start in January. Let's keep the ball rolling and maybe even take it to the next level. Elections for committee chairs will be held in December and all positions will be open. Want to help, we could use your help. It's, it feels good and we have a great group. Remember it belongs to you so take care of it.

Lastly are you aware that we were able to lower the cost of literature across the board by 20 percent? Our new cash register is up and operational and it came in over 1,000 dollars under budget. When you see someone from the board or one of our committee members at a meeting remember to thank them for doing such a great job for us. Remember that you are always welcome at Central Office and the coffee is usually fresh or can be made so in just a minute. Hope to see you there.

Your humble servant,

Nick R.

Chairman of the board Central Office

## Tradition 9: Focus on Service

The most important person that walks into a group of Alcoholics Anonymous, is the newcomer, without him we will surely die as an individual and as a whole. If we try to organize him, he will flee, after all his life is already unmanageable.

How then can we structure him into becoming a recovering AA who will be responsible for reaching out to the still suffering alcoholic?

When I first came into the rooms of AA over 18 years ago, it was the tail end of what used to be, and can only speak for a large area of Long Island, NY, where we had steering committees.

Steering Committees where old timers in the group who didn't have an on-the-surface commitment, such as coffee maker, chairman, literature, secretary etc. They were the voice that carried the message via of experience, strength and hope, to help the group stay focused on the principles and traditions in various areas. They would share their knowledge at a meeting, business meeting or sometimes one-on-one to let a person know why the traditions were so important, and if not followed, could harm or relapse a newcomer's sobriety.

The years of experience in AA of those who keep coming back is where the value is of what works in AA and what does not -- all those years of seeing things proven over and over again. If all the old timers have left and a group is in trouble, GSO would send a GSR to help restructure the group.

Today there are many, many groups in my area where the old timers have left. There are no steering committees. New members are taking commitments too soon, such as a person with under a year being a GSR and going out and drinking before they have two years sober, because they got right into the politics of AA rather than personal recovery and had no foundation.

Most people in this area do not know that a GSR would come out and help restructure a group. There aren't many who are willing to lead a tradition meeting and not many who want to attend one. The membership of old timers has declined more and more with the new thinking: I have my sobriety, I did all the work already, I did all my steps, I only need 1 or 2 meetings a week (sometimes you hear a month), I am fine, I don't need to go, I. I. I. Opps! Where is the **we**?

Alethea

"There will also be seen in these Concepts a number of principles which have already become traditional to our services, but which have never been clearly articulated and reduced to writing. For example: the "Right of Decision" gives our service leaders a proper discretion and latitude; the "Right of Participation" gives each world servant a voting status commensurate with his (or her) responsibility, and "Participation" further guarantees that each service board or committee will always possess the several elements and talents that will insure effective functioning. The "Right of Appeal" protects and encourages minority opinion; and the "Right of Petition" makes certain that grievances can be heard, and properly acted upon. These general principles can of course be used to good effect throughout our entire structure."

*From the Introduction to "Twelve Concepts for World Service" by Bill W*

## Concept IX

***"Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous."***

Concept Nine is about the leadership of A.A. Some members of A.A. may think that since A.A. has a very different structure than other organizations there are no "leaders" in A.A. Nothing could be further from the truth! Leaders in A.A. are those who, through their actions and their example, inspire us to follow them. It is true that no one can lead if there is no one who will follow them.



In A.A. the service structure rests on the dedication and ability of the General Service Representatives – those people we choose to represent our groups as G.S.R.'s – then on the committee members and Delegates. These are the link between the group conscience and our world services.

At the General Service Conference the Delegates, acting as the effective voice of the group conscience, choose the General Service Trustees who form the General Service Board of Alcoholics Anonymous. This Board is entrusted with operational leadership and oversight of A.A. World Services and the Grapevine.

Where do these Trustees come from? The Areas choose the candidates for Regional Trustee and Trustee at Large and submit the names through their Delegates. Sometimes these nominees are chosen based on personal and professional accomplishments, but most often they are chosen based on their record of service within their groups, districts and areas. As GSR's and Area Committee Members when we choose a nominee for Trustee we are participating directly in choosing the leadership of Alcoholics Anonymous!

What about those "Class A" trustees? These are non-alcoholics who volunteer to serve A.A. on our General Service Board. They, too, are nominated from within the fellowship. These nominations most frequently come from Area Delegates who have learned of their unique qualifications and willingness to serve. These are most often members of professions with whom A.A. cooperates (medical, legal, financial, or religious leaders) who have demonstrated their willingness to lend their time and talents to A.A.

Trustees serve for a limited term, as do all the trusted servants of Alcoholics Anonymous. Therefore, there is always a need for continuous action in providing our fellowship with good and effective leadership. Our future effectiveness depends upon developing ever-new generations of leadership. This spirit of rotation ensures that A.A. leadership will not become stagnant and will continue to reflect the true group conscience.

This is the bottom line – our leaders carry the effective conscience of the A.A. groups! It is our responsibility to provide them with the information and support that will enable the group conscience to be expressed throughout Alcoholics Anonymous.

Yours in service,  
Mickey H.  
Past Delegate, Panel 49, Utah Area 69

## Beaten into a State of Reasonableness

At twenty-years old, by my own decision, I walked into my first treatment center and my first A.A. meeting. I had found myself in a hopeless, desperate place. Alcohol and other substances, once my savior and the solution to my problems, had begun to fail me. Unaware of just how far I had already crossed the point of no return; I felt I would be able to dry out, do some therapy, become self-actualized (in all of six-weeks) and be on my way and able to drink. I was a drug addict, I thought. Not being serious about remaining sober and knowing that the dogmatic speech I heard in meetings about the seriousness of my condition didn't apply to me, I followed through with my plan to complete treatment and get my family off my back so I could drink once more. My drinking had certainly created some minor problems for me at this point, but was still too much fun, and even though I couldn't stop obsessing about a drink, I still felt I wasn't an alcoholic.

I completed treatment and immediately resumed drinking as planned, and successfully I felt, until shortly afterward, to my surprise, I learned that I had a warrant for my arrest and was facing felony charges; enter the problems. I drank until I went to court to be sentenced. Luckily, I avoided jail or prison time, due to completing a treatment program before knowing of my impending legal issues and was placed on probation. The threat of drug testing sobered me for a few months. I went to meetings, but was sure I wasn't really alcoholic and didn't get a sponsor or work any sort of program. Eventually I decided I could drink and not get caught. I drank and got away with it for a bit, but eventually couldn't stop for the few days I needed to; I found myself violating probation several times in rapid succession and thrown in jail. I repeated these shenanigans again, however this time I ended up in handcuffs after fleeing from officers whilst in a blackout. This event frightened and

humbled me; that morning as I sobered up I felt complete demoralization, and for the first time I knew "alcohol was my master."

I could not go on drinking any longer and came to the either/or decision to get sober or commit suicide when released; It was a difficult decision, more difficult than it should be, but I resolved that from that moment I would do whatever it took for me to stay sober. I prayed honestly for the first time right then; I prayed for help and direction, because alone I was nothing and knew nothing. To this day, since I muttered that prayer lying on my side in that grimy drunk-tank I have stayed sober and received the help and guidance I asked for, provided I've been willing to do the work. I don't always want to do the work and I often reclaim an ego and feel I know how things ought to be done, sometimes for considerable periods, but pain and the reminders I hear from my fellow alcoholics in meetings about the simple program of recovery help put me back on the beam. Humility and willingness are, for me, often a bruise; I try things my way and get smacked down. Over the two-years since I was in that cell I have found that when I'm doing the work that the program of recovery insists I do, when I'm attending meetings, and when I'm being of service, especially working with other alcoholics, my life is grander and more full than I had ever, even as a child, imagined it could be; I get to have a pretty incredible life today.

~ T.H. - Salt Lake City

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"We can achieve no liberation from the alcohol obsession until we become willing to deal with those character defects which have landed us in that helpless condition . . . fear, anger, and pride . . . rebellion and self-righteousness . . . laziness and irresponsibility . . . foolish rationalization and outright dishonesty . . . wrong dependencies and destructive power-driving."

*AA Co-Founder, Bill W., November 1960  
From: "Freedom Under God: The Choice Is Ours"  
The Language of the Heart*

## Archives Committee

Thanks to the fellowship for passing a budget to allow the Archives Committee the opportunity to organize the large collection of past Grapevines. We have purchased binders that will hold an entire year subscription of the meeting in print. The committee is working on getting all the issues cataloged and accounted for. Once that process is done we will be reaching out to find the issues we are missing to make our entire collection complete. If you or friends have extra copies we encourage you to reach out to us for any of them you are willing to donate to the Central Office's library.

The committee is also very excited to update that many of the speaker tapes on cassettes and VHS tapes left in the office have been transferred to digital for review. We will work in the next couple of weeks to review these files and eventually get them to the point where the fellowship can come into the office and download/listen to those speaker tapes free of charge. Stay tuned for when that development has come to fruition.

Throughout the next month we will be continuing to organize the items that have found their way to Central Office.

Anyone with archival experience or passion is encouraged to join our little committee. Please feel free to email me with your interest, suggestion or additional item donations at [megmriggs@gmail.com](mailto:megmriggs@gmail.com)

Thank you for letting me be of service,

Meg G.

Archive Committee Chair

## Calendar of Events

### September

**Pacific Regional Forum**, Fairbanks, Alaska, September 14-16, 2012;

**All Group's Meeting** hosted by 5:15 Happy Hour, September 15, 2012, dinner at 6 p.m., meeting at 7 p.m., at Central Office;

**CC + H<sub>2</sub>O—Men's Spiritual Retreat**, Lava Hot Springs, ID, Sept 14—16, 2012

**Archives Committee Meeting**, Central Office, September 16 4:00pm

**Area 69 Fall Elections Assembly**, District 6, Richfield, Utah, September 21-23, 2012.

**"Newsletter Party"**, Fold/label/sort/mail the October LIFELINE, Central Office, September 28 10:00am

**Literature Committee Meeting**, Central Office, September 29 10:00am—Noon

**Outreach Committee Meeting**, Central Office, September 29 10:00am—11:00am

### October

**The Fellowship of the Spirit Conference**, Park City., October 5—7, 2012

**"Newsletter Party"**, Fold/label/sort/mail the November LIFELINE, Central Office, October 26 10:00am

**Literature Committee Meeting**, Central Office, October 27 10:00am—Noon

**Outreach Committee Meeting**, Central Office, October 27 10:00am—11:00am

### November

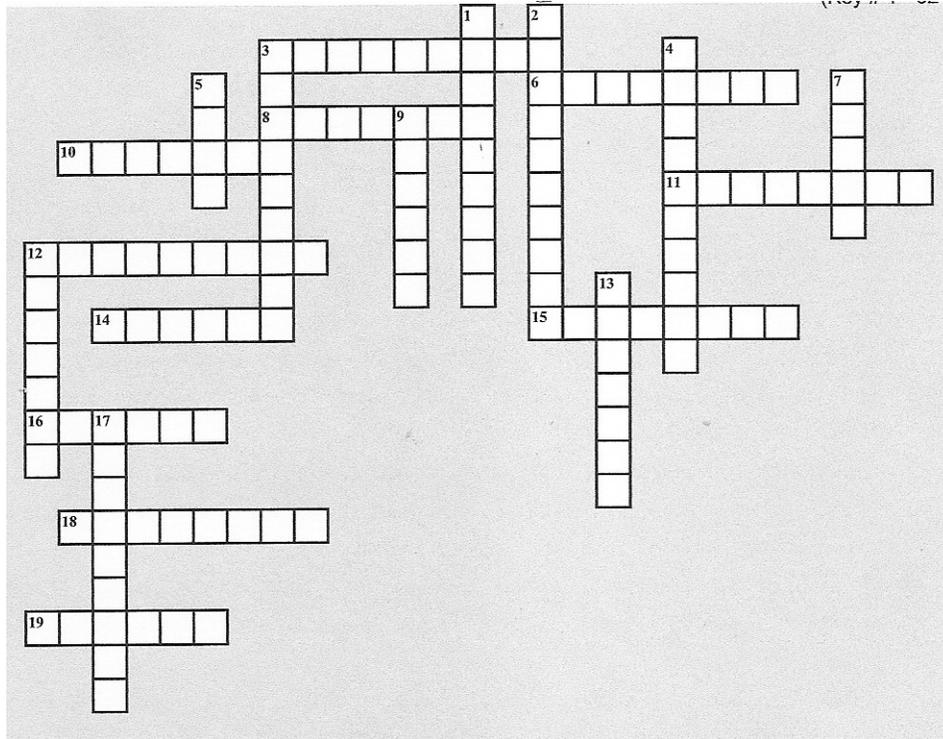
**CO Rep Meeting - Trustees Elections**, Central Office, November 13 6:30 - 7:30pm

**Literature Committee Meeting**, Central Office, November 24 10:00am—Noon

**Outreach Committee Meeting**, Central Office, November 24 10:00am—11:00am

**"Newsletter Party"**, Fold/label/sort/mail the December LIFELINE, Central Office, November 30 10:00am

# Recovery Cross Word Puzzle



## Across

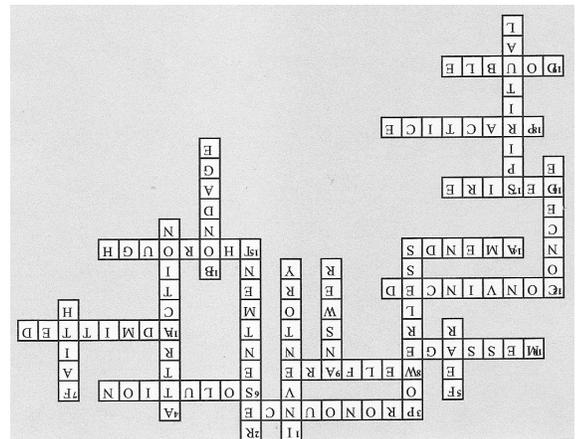
- 3 We do not like to \_\_\_ any individual as alcoholic
- 6 There is a \_\_\_
- 8 Our common \_\_\_ should come first
- 10 Carry this \_\_\_ to other alcoholics
- 11 \_\_\_ to God, to ourselves and to another human being
- 12 We are \_\_\_ to a man that alcoholics of our type
- 14 Became willing to make \_\_\_
- 15 If we have been \_\_\_ about our personal inventory
- 16 The only requirement . . . is a \_\_\_ to stop drinking
- 18 \_\_\_ these principles in all our affairs
- 19 More than most people, the alcoholic leads a \_\_\_ life

## Down

- 1 Continued to take personal \_\_\_
- 2 \_\_\_ is the "number one" offender
- 3 We admitted we were \_\_\_ over alcohol
- 4 Our public relations policy is based on \_\_\_ rather than promotion
- 5 We are driven by a hundred forms of \_\_\_
- 7 \_\_\_ without works is dead
- 9 The right \_\_\_ will come, if we want it
- 12 We had to fully \_\_\_ to our innermost selves
- 13 Relieve me of the \_\_\_ of self
- 17 We have had deep and effective \_\_\_ experiences

"I do not need to make amends on my hands and knees; I need to walk tall, without false pride. When I go in humility and sincerely ask people to forgive me, this will remove the burden from my shoulders."

*Reynoldsburg, Ohio, September 1979  
From: "Persons We Had Harmed"  
AA Grapevine*



Answer Key

Central Office Salt Lake City

## Financial Summary July, 2012

### Income Statement

#### Revenue

PR Fund Income	\$	225.26
Group Donations	\$	3,986.43
Merchandise Sales	\$	4,698.91
<b>Total Revenue:</b>	<b>\$</b>	<b>8,910.60</b>

Cost of Goods Sold	\$	3,356.26
<b>Gross Profit</b>	<b>\$</b>	<b>5,554.34</b>

Archive Project Expenses	\$	930.87
Operating Expenses	\$	3,715.73

(Rent, Bookkeeper, Utilities, Printing & Copies, Answering service)

<b>Total Expenses</b>	<b>\$</b>	<b>4,646.60</b>
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<b>Net Income:</b>	<b>\$</b>	<b>907.74</b>
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## This is your Central Office!

There's free Wi-Fi so you can check your e-mail and join in for a cup of coffee and some great fellowship!

*Central Office is open  
10:00am - 5:00pm M-F  
10:00am - 2:00pm Saturday*

### Bank Accounts

Prudent Reserve - Fund	\$	23,150.00
Prudent Reserve - Savings	\$	5,968.90
Operating Capital - Checking	\$	13,677.13
<b>Total</b>	<b>\$</b>	<b>42,796.03</b>

## Available times to volunteer for answering the Central Office Phone line

**Saturday** - Second Saturday 2:00 PM to 6:00 PM, Third Saturday 6:00 PM to Midnight

**Sunday** - Fourth Sunday 6:00 PM to Midnight

**Monday** - Every Monday 5:00 PM to 9:00 PM

**Tuesday** - Fourth Tuesday 5:00 PM to 10:00 PM

**Thursday** - Every Thursday Midnight to 10:00 AM, Second Thursday 10:00 PM to Midnight

**Friday** - First, second and third Fridays Midnight to 10:00 AM, First, second and fourth Fridays 10:00 PM to Midnight

Volunteer to answer phones individually, or get your whole group together and throw a party.

Times continue to open up, so if you don't see a convenient time check back next month.

The overnight shifts don't get many calls, so you can usually still get a good nights rest.

Tim H.

E-mail [hotline@saltlakeaa.org](mailto:hotline@saltlakeaa.org) to volunteer

[www.saltlakeaa.org/phones](http://www.saltlakeaa.org/phones)

"My job is to achieve enough humility to see myself in others and to accept both myself and others, by identifying. The willingness to make amends will grow from this act of love."

*Bowling Green, Ky., October 1986*

*From: "8-1/2"*

*Best of the Grapevine, Volume 2*

## Group Contributions

	Jan - Jul			Jan - Jul			Jul 12 Jan - Jul 12	
	Jul 12	12		Jul 12	12		Jul 12	Jan - Jul 12
17th x 17th	129.55	129.55	Greater Kearns	0.00	3.50	Richard Street	189.31	189.31
5-15 Happy Hour	0.00	117.00	Grub Lunch Bunch	56.00	400.00	Right Stuff	25.00	25.00
90th and 32nd	0.00	50.00	Happy Destiny	0.00	11.75	Round Table Group	120.00	120.00
974 Group	132.45	481.53	Happy Group	0.00	212.83	Salty Paa	14.65	14.65
A Way Out	0.00	91.00	High & Dry	0.00	137.50	Sat Nite Speakers	0.00	223.82
An AA Group	0.00	45.42	Highland Group	160.00	329.00	Sat Beginners	0.00	50.00
Area 69	0.00	15.00	Hilcrest	0.00	600.00	Sat Morning Hot Topics	23.00	23.00
As Bill Sees It	0.00	65.00	Holladay	0.00	300.00	Sat Morning SOTS	0.00	111.50
Back to the Basics	20.00	28.00	Honey's Breakfast	300.00	500.00	Sharing N Caring	0.00	271.00
Basic AA	0.00	65.50	How It Works	0.00	215.50	SLCYPAA	0.00	21.50
Basic Young Peoples	0.00	247.00	Individuals	273.80	667.30	South Davis AA	0.00	40.00
Bog Irish	0.00	154.76	Into Action	0.00	63.00	South Enders Davis	0.00	301.00
Bountiful Community	0.00	120.00	Island Misfit Toys	0.00	125.00	South Valley Lunch	150.00	476.00
By the Book	0.00	185.00	Jackson Hole Ladies	0.00	15.00	Speak Easy Women	91.20	394.91
Came to Believe	50.00	100.00	Jaywalkers	0.00	100.00	Spiritual Quest	0.00	200.00
Chapter Five	0.00	104.00	Keep It Simple	0.00	73.75	Starting The Day	20.00	140.00
Closed Meeting	192.00	574.75	Living in Sobriety	0.00	75.00	Stonewall Group	0.00	203.50
Come As You Are	0.00	262.30	Magna Friendly	50.00	330.00	Sugarhouse	0.00	250.98
Contributions Other	0.00	1,016.94	Midvale Lunch	0.00	100.00	Sunday Get AA	0.00	75.00
Corrections	0.00	5.00	Morning Breakfast	0.00	122.00	Survive & Serve	0.00	130.00
Cottonwood Group	76.45	526.14	Murray Group	0.00	194.00	Tenth Step Group	0.00	45.60
Crazy Ladies	0.00	25.00	New Life	0.00	129.00	Thunder Heart AA	0.00	40.00
District 10	0.00	748.00	No Nonsense	0.00	30.85	TRY AGAIN	22.79	22.79
DNS Group	0.00	750.00	Nomadic Lunches	0.00	732.00	Unity Lunch Bunch	0.00	25.00
Downtown	0.00	36.00	Non Smoking Sober	220.00	330.00	Vision For You	116.88	116.88
Draper Group	0.00	90.00	Not A Glum Lot	0.00	55.00	Wake Up Call	600.00	1,200.00
Early Friendship	280.14	493.25	Nut Buckets	84.40	226.40	WJ Big Book Study	0.00	56.81
Every Night Firelight	150.00	300.00	Off the Cuff	170.50	428.50	Women In Sobriety	0.00	91.00
Eye Opener	0.00	100.00	Old Fashioned AA	75.00	75.00	Women in Solution	0.00	22.94
Fresh Air Serenity	0.00	737.00	Park City Group	0.00	350.00	Women Step Up	0.00	200.00
Friendship Group	0.00	124.87	PC Men's Group	0.00	300.00	Women's 12X12	0.00	222.00
G/C Women	0.00	75.00	Primary Purpose	32.00	60.00	Young and Alive	0.00	40.00
Garden Variety	0.00	167.00	Quiet Time	0.00	84.33	Young People PC	81.88	81.88
Grapevine	79.43	79.43					3,986.43	20,911.72

When sending your Group's contribution to Central Office be sure to include your GSO # and Group name.

# Your Central Office Committee Updates

Activities Committee. Kimmi S. reported on the Central Office Picnic to be held at Germania Park on August 26, 2012, 11-5 p.m. There is no charge to attend. Volunteers are needed. Prizes and donations for the opportunity drawing are needed. The Picnic is designed to be a "FUNRAISER" and that is what it is going to be.

Archives Committee. Meg G. presented the Archives Committee report. The Archives Committee has ordered and received forty eight binders within which to store the back issues of *Grapevine*. The Committee will create an inventory of *Grapevines* that Central Office has, and duplicates of issues we don't have. The Committee will discuss and present a plan to sale or dispose duplicate *Grapevines* and old audio-visual materials. A digital conversion of Central Office cassette and VHS tapes is in process. The Archives Committee will meet on August 15, 2012 at 4:00 pm to put the *Grapevine* issues in the purchased binders for future use and display. More shelving is needed.

By-Laws Committee. Linda B. reported that the new Amended By-Laws had been printed up showing the changes in the responsibilities of the Standing Chairs with respect to providing reports of their activities. The latest Amended By-Laws (May 8, 2012) were passed out to the CO Representatives. Anyone interested in getting a copy of the newly amended By-Laws can get a hard copy from Central.

Hotline Telephone Committee. Tim H. reported that the Committee has two new volunteers. Tim is in the process of putting together a plan to evaluate the strengths and weaknesses for replacing the answering service with Central Office volunteers.

Literature Committee. Central Office now has new *Grapevine* materials: *Emotional Sobriety*, *Young and Sober*, and *The Story of AA*. Chris H. reported that we have a good stock of materials. The Literature Committee will be doing the monthly inventory on August 25, 2012 at 10:00 am

Newsletter Committee. Doug R. presented the Newsletter Report. Doug is seeking volunteers for the Newsletter Committee. The Committee will next meet on August 25, 2012 at 10:00 am at Central Office. Doug reported that 581 copies of the August, 2012 LIFELINE was circulated; 207 mailed and 131 e-mailed. Articles on the Steps, Traditions and Concepts will continue to be published. Committee Reports, Calendar of Events and information on Central Office activities and operations will continue to be regular features. Articles on experience strength and hope

are always welcome. Contact Doug R. if you are interested having an article published in LIFELINE or if you have any information of interest that you would like to have included in the next publication.

Outreach Committee. Wendy W. presented the Outreach Committee's Report and activities. Wendy W., on behalf of Salt Lake Central Office, will host a conference call between the Utah Central Office/Intergroup and the Area Delegate to share ideas and experiences in the operation of Central Offices throughout the State. The July All Groups Meeting was hosted by the Midvale Lunch Bunch. Step Two was the topic. Volunteers are still needed to visit meetings that do not have Central Office representatives or otherwise are not participating in Central Office activities. Please contact Wendy Wand sign up for a good adventure.

Twelfth Step Committee. Carl C. presented the Twelfth Step Committee Report. Calls from the alcoholic who still suffers continue to come in. Carl is in the process of determining how to set up a system Twelve Step Representatives from each Group to take Twelve Step calls. If you are interested in serving on the Twelfth Step Committee, contact Carl.

Website Committee. Jonathon H. presented the Website Committee Report. The Website Committee is looking for a volunteer to maintain the Central Office calendar of events. Rich W. and Meg G. have volunteered to help out on the Website Committee. Traffic is steady. The Website Committee will discuss for presentation to a future CO Committee meeting the suggested criteria for including A.A. and A.A. related events on the Central Office Website.

Volunteer Committee. Betty H. was excused as she will be spending some well-deserved time off. The Central Office Volunteer Experiment is no longer an experiment. IT IS A REALITY! Thanks to Betty, her Committee and all the Central Office Volunteers who "Worked to Make it Work." Special thanks to Susan for her many, many hours of time in serving and supporting the Central Office volunteer program.

Old Business. Sean B. was elected as an Alternate Trustee for Central Office. Sean will be filling the remainder of Justin H.'s term which will end this coming December. Welcome Aboard, Sean B!

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You may also sign up to have the LIFELINE e-mailed to you on the Salt Lake Central Office website at [saltlakeaa.org](http://saltlakeaa.org)

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