

LIFELINE

Salt Lake City Central Office Newsletter

November 2010

Sought through Prayer and Meditation . . .

One day while I was in the Navy, I decided to meditate. I found a secluded office and brought my meditation equipment, a candle and a bottle of Scotch. When I got no further than lighting the candle and drinking the booze I thought it must be because I was still smoking and cursing too much. When I began to practice this Step in my early years of sobriety I didn't get much deeper. Mostly because of my intent. I still wanted magic, powers to separate me from all of you lesser beings. I thought meditation would release some unused abilities. I can say after over a long period of time that when I sit on my cushion and following my breath I quiet my mind with the INTENT to listen rather than give my opinion to my Higher Power. It is then that something changes in me. It is usually un-dramatic, and if I can use this word, I am gently tweaked.

Bill Wilson and his wife Lois would have a "quiet time" with their morning coffee. This they got from the "Oxford Groups" to whom we owe so much. They were taught to use the phrase from Psalms "Be still and know that I Am God" (Ps 46). I have started many 11th. Step Meetings and listened to the experiences members have had during meditations and they blow me away. This has not been my expe-

rience, mine has been tiny insights into my condition and an over whelming knowing that I am loved and that my purpose is to extend that love.

Prayer is not far from this experience. For most of my sobriety I have asked my Higher Power for things, mostly good things but things never the less. I know what the Step says, ". . . asking only for His Will and the power to carry that out." But I wasn't there yet. I was afraid and I wasn't sure He had all the information He needed to get it right. I don't easily trust and it took me a long time to trust God. Just within the last five years I have started to not ask my Higher Power to come down into my drama but to lift me into His Grace instead. I pray today in a state of "no thought" trusting that my God hears my soul's fear and doubt, its love and hope. I am a finite being reaching for an Infinite Being we are on two levels of reality, yet I know that I am loved. I know that because I have seen the results of His Love. I have sponsored men whose lives were shattered beyond hope and yet they were healed. I have been a part of miracles and all I can say is it has been an interesting adventure.

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The Monthly Newsletter of
Central Office of Salt Lake City, Inc.

We welcome your correspondence and will publish/ your material, space permitting, if it meets editorial criteria. *Share your experience, strength, and hope with another alcoholic.* For a free subscription or to submit articles, suggestions or contributions, contact Central Office of Salt Lake City:

Central Office of Salt Lake City, Inc.
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Salt Lake City, Utah 84115
manager@saltlakeaa.org



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Groups Represented at the October 2010 Central Office Representatives Meeting

- 5:15 Happy Hour
- Bog Irish
- Caring and Sharing
- City at Seven
- Fly N High
- Hillcrest Group
- Lakepoint Layover
- Living Sober Provo (Visitor)
- New Life
- New Way
- No Rules
- Nomatic Lunch Bunch
- Off The Cuff
- Salt Lake Group
- Stepping Stones
- Surgarhouse Mens Meeting
- Up Group
- Valley View
- Vision For You
- We Are One
- We Care
- Whippersnappers



7th Tradition Contribution Addresses

AA World Services
Box 459
Grand Central Station
New York, NY 10163

Central Office of Salt Lake City
80 West Louise Ave.
Salt Lake City, UT 84115

Area 69 Treasurer
PO Box 40
Washington, UT 84780-0040

District 2 Treasurer
PO 615
Salt Lake City, UT 84110

District 10 Treasurer
PO Box 57271
Murray, UT 84157

District 11 Treasurer
1065 North 400 West
Bountiful, UT 84140

Central Office Statement of Purpose

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- to maintain a 24-hour Twelve-Step phone list; to answer phone inquiries as needed;
- to compile, update and print meeting lists;
- to maintain A.A. approved literature for sale to members and the public;
- and to print and distribute a newsletter.

Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.

Please observe a moment of silence
In Loving Memory of our friend who recently passed on

Tony L.
1967 ~ 2010

Congrats to our birthdays It works, it really does!

No Nonsense

Kim	30 Days
Krista	30 Days
Brock	90 Days
Terry	90 Days
Bartholomew	9 Months
Lucy	4 Years
Ben B.	7 Years
Pamela S.	21 Years
Marcell	31 Years

Rico	30 Days
Rachelle	30 Days
Dallin	60 Days
Mike	60 Days
Brandi	60 Days
Danielle	60 Days
Justin	90 Days
Patti	90 Days
Shawn	90 Days
Ryan	90 Days
Stephanie	6 Months
September	6 Months
Deanna	2 Years
Felipe	4 Years
Dave	7 Years
Kim	27 Years
Richard	33 Years

Michael	1 Year
Kevin	18 Months
Matt	2 Years
Jaunita	5 Years
Lisa	8 Years

Fresh Start Newcomers

Bryce	30 Days
Gary	30 Days
Amanda	60 Days
Mike	90 Days
Dave D.	21 Years

Living in Sobriety

Chris	30 Days
Marsh	30 Days
Cory	30 Days
Brandi	60 Days
Angela	60 Days
Mike	60 Days
Chelsie	90 Days
Steve	90 Days
Cameron	9Months
Dee	2 Years
Skip	2 Years
Fliepe	4 Years
Tony	16 Years

Nomadic Lunch

Courtney	30 Days
Jeff	6 Months
Stephen L.	13 Years

City @ Seven

Philip	30 Days
Lance	60 Days
Joe	60 Days
Peter	60 Days
Rich	90 Days
John	6 Months
Jess	9 Months

Speak Easy Ladies

Pat	1 Year
Emma	1 Year
Carrie	18 Months
Heidi	18 Months
Monique	2 Years
Sheila	5 Years
Susan	5 Years
Polly	20 Years
Julie	20 Years
Heather	23 Years

Sharing & Caring

Carla	30 Days
Gary	30 Days
Bryan	30 Days

Came to Believe

Kris S.	60 Days
Jeannie	90 Days

Have you heard?

As you can imagine, GSO has received numerous inquiries concerning the original A.A. manuscript. Our Area 69 Repository Archivist was one of those who inquired.

Reply from the A.A.W.S. archivist: *"We have been aware of its existence and of its provenance for some time. I was present at the first auction at Sotheby's in 2004 when the manuscript was sold for 1.5 million dollars – the room was filled to capacity!"*

"A.A.W.S. does not have any rights to the copyright of the manuscript and therefore, since it was published by an outside entity, we offer no further comments."

"Hazelden's publication is presumably a final draft, or "printer's copy" that was used to publish the First Edition. This draft also holds its own inherent value as an original document."

We have in our Area 69 archives an original manuscript that is available from the GSO Archives. It was the manuscript sent out for review to the early members and friends of A.A.

It holds its own inherent value as an original, there were at least two more editing's of this draft.

For our historical records the Area 69 archives has purchased and received the new publication from Hazelden, "The Book That Started It All" it will be on display in archival displays at the area.

Following is the article that was sent out over the web.

Treesa J. ~ Area 69 Archivist

AA original manuscript reveals profound debate over religion

By Michelle B.

Washington Post Staff Writer

Wednesday, September 22, 2010; 10:59 AM

For millions of addicts around the world, Alcoholics Anonymous's basic text - informally known as the Big Book - is the Bible. And as they're about to find out, the Bible was edited.

After being hidden away for nearly 70 years and then auctioned twice, the original manuscript by AA co-founder Bill Wilson is about to become public for the first time next week*, complete with edits by Wilson-picked commenters that reveal a profound debate in 1939 about how overtly to talk about God.

The group's decision to use "higher power" and "God of your understanding" instead of "God" or "Jesus Christ" and to adopt a more inclusive tone was enormously important in making the deeply spiritual text accessible to the non-religious and non-Christian, AA historians and treatment experts say.

The editors softened Step 7 of AA's renowned 12 Steps for example, by deleting a phrase that evoked church worship. "Humbly, on our knees, asked Him to remove our shortcomings - holding nothing back," became "Humbly asked Him to remove our shortcomings."

In the first chapter, a sentence that read "God has to work twenty-four hours a day in and through us, or we perish," was

edited to replace "God" with "faith," and a question was added: "Who are we to say what God has to do?"

In the years since the Big Book was first published, AA's 12-step program has been adopted by millions of people battling a wide range of addictions, from drugs to food to sex to e-mail. It has been embraced by the authorities in the Islamic republic of Iran and the former Soviet Union and retooled by groups ranging from Chabad (for Jews) to Rick Warren's Celebrate Recovery (for evangelical Christians).

"If it had been a Christian-based book, a religious book, it wouldn't have succeeded as it has," said Nick Motu, senior vice president of Hazelden Publishing, the world's largest purveyor of materials related to addiction. Hazelden is publishing the 4.5-pound, \$65 manuscript, titled "The Book That Started It All" (the original was called, simply, "Alcoholics Anonymous").

But the crossed-out phrases and scribbles make clear that the words easily could have read differently. And the edits embody a debate that continues today: How should the role of spirituality and religion be handled in addiction treatment?

They also take readers back to an era when churches and society generally stigmatized alcohol addicts as immoral rather than ill. The AA movement's re-framing of addiction as having a physical component (the "doctor's opinion" that opens the book calls it "a kind of allergy") was revolutionary, experts say.

"We didn't have any knowledge then about the brain. Today we know there is a neurological component, we know there are spiritual, psychological and environmental components," said Joseph Califano, founder of the National Center on Addiction and Substance Abuse at Columbia University.

Califano said "virtually every rehabilitation program" in the country today includes a requirement to join an AA group. "The concept of the 'higher power' was important because it made the whole spiritual aspect available to Catholics, Jews, others," he said.

Much remains unknown about how the manuscript was edited - and by whom. Hazelden said it hasn't had the resources to analyze the handwriting in the margins. Historians of AA and addiction treatment will not begin analyzing the scribbles and de-

bating who wrote each one until the manuscript is published next week*.

Motu said Wilson sent his original book to about 300 recovering addicts, religious leaders and doctors, among others, but some think the writing visible in the margins belonged to a small number of commenters.

The Big Book was first published in 1939, and the only things that have changed through four editions are the personal stories of recovery added to the end. The manuscript - which Hazelden says is the only one in existence - was stored for nearly 40 years in the New York home of Lois and Bill Wilson.

In the late 1970s, Lois Wilson gave the book as a gift to a friend in Montreal, who kept it private for decades. It was put up for auction in 2004 at Sotheby's, who sold it for \$1.56 million. At the time, there was a flurry of criticism from historians who said it was a major document that should be available to scholars.

* "The Book That Started It All" was published and is available from Hazelden Publishing.

Calendar of Events

Fall Workshop

November 6,7 2010

Hosted by District 12

2029 N. Main Street Sunset, Utah

47th International Women's Conference "The Last Frontier"

February 10-13, 2011

Anchorage, AK

www.internationalwomensconference.org

Pass-the-Gavel, Area 69 Committee Meeting

December 4, 2010

Hosted by District 9

Moab, Utah

February Area 69 Committee Meeting

February 26, 2011

Hosted by District 5

Price, Utah

Delegates Report Fall Election Assembly

“We are Responsible for A.A.’s Future – Let it Begin with Us”

The 60th General Service Conference Final Report is here. Just like companies publish an annual report to inform shareholders, we publish the Final Conference report so that each of us can be informed about what happened at the General Service Conference and the status of A.A.

The first thing you can do as you decide how to share the Conference Report with your group is to become familiar with what’s in here. You can start at the Table of Contents and get a good overview of the report.

The first section contains a summary of the entire meeting and transcriptions of the greetings and keynote addresses. Then there is a complete list of Advisory Actions that came out of the Conference, arranged by Conference Committee.

Next is a section entitled Presentations and reports. Here you have all of the reports that were given at the Conference. It includes the Finance report given by the Treasurer of the General Service Board, Terrence B. Each Trustee’s Committee gives a report at the Conference and those reports are included here also. There are reports from A.A.W.S. our publishing company; The A.A. Grapevine and LaVina our magazine publishing company; The World Service Meeting and information about worldwide A.A. activity and presentations on the theme of the Conference.

There are reports on how much literature was distributed over the year and how much Grapevine literature was distributed, including LaVina.

Each of the first-year Delegates gives a report on their Area and those reports follow the literature and magazine distribution reports.

After the Area reports, the Additional Committee considerations are listed. These are items that the Conference Committees discussed, but upon which no action was taken. It is good to review these periodically because some of them will likely become agenda topics in the following year.

Finally, after the full financial reports, there are listings of all of the people that participated in the Conference.

Luckily, the layout of the report doesn’t change from year to year, so once you become familiar with where things are in the report you will be able to find what you need pretty quickly each year.

So, what do you do with your new knowledge of the Final Report? Again, this is where some knowledge of your group comes

in. Some groups like financial information particularly information about contributions and literature sales. They love to have discussions about whether we are truly self-supporting or not. Find what your group enjoys and share it with them.

Get a few copies of the report; highlight the different sections in the Table of Contents in different colors, then place matching colored tabs in the books. Over 4-5 weeks, you can review the final report with your group in some detail.

Some discussion groups use the sharing session material as leads for their meetings. They will read one of the sharing sessions and then hold discussions on that topic.

To summarize, get to know your group and what is in the report itself. Figure out what your group will accept in terms of hearing the information from the Final Report and then figure out a way to stretch the to accept a little bit more.

Thank you District 6 for hosting our Utah Area election assembly. We always appreciate the hospitality and warm reception we receive here in central Utah. Welcome to any new members to General Service, especially G.S.R.’s. You are the voice of your Home Group and your participation in this process is vital to Alcoholics Anonymous. Please use this weekend to introduce yourselves, ask questions and share your ideas. In my case a Service sponsor has been a most important tool in my General Service tool kit. May you find your answers to General Service as we have found ours? Excitement and adrenaline run high during our elections and the process is often a spiritual experience for those who participate.

The Conference Theme - **“We are Responsible for A.A.’s Future – Let it Begin with Us”** - serves as a wonderful reminder of the importance of our efforts to carry our message of hope and recovery. The work we do is only as effective as the leaders we choose. Concept - 9 emphasizes the importance of electing qualified and willing leaders. Choosing our leadership, from Delegate all the way up to G.S.R. is the most important responsibility we have in Alcoholics Anonymous not only those we serve but to the still suffering alcoholic. Our gratitude goes out to those who are here today with a desire to serve Alcoholics Anonymous. We pray that God will guide and direct us during our Assembly today.

Thank you Area 69 for this extraordinary opportunity to serve.

Monte S.
Delegate Panel 59
Area 69 Utah

November 2010

Sun	Mon 1	Tues 2	Wed 3	Thurs 4	Fr 5	Sat 6
	12a-930a OPEN 530p-1030p No Nonsense 1330p-12a Clark	12a-6a Bethanne 6a-930a OPEN 530p-10p Primary Purpose 10p-12a Ally	12a-930a Ally C 530p-12a Eddie	12a-7a Eddie 7a-930a Andrea 530p-10p Primary Purpose 10p-12a OPEN	12a-6a Bethanne 7a-930a Andrea 530-10p Saturday SOTS 10p-12a OPEN	12a-10a Troy 2p-12a OPEN
7 12a-7a OPEN 7a-12p Bill J 12p-6p An AA Group 6p-9p 974 Group	8 12a-930a OPEN 530p-1030p No Nonsense 1030p-12a Clark	9 12a-6a Bethanne 6a-930a OPEN 530p-10p Primary Purpose 10p-12a Ally	10 12a-930 Ally C 530p-12a Eddie	11 12a-7a Eddie 7a-930a Andrea 530p-10p Hillcrest Grp 10p-12a OPEN	12 12a-6a Bethanne 7a-930a Andrea 530p-8p Early Beginnings 8p-12a OPEN	13 12a-10a Troy 2p-6p Its in the Book 6p-12a Basic Young P.
14 12a-7a OPEN 7a-12p Bill J 12p-6p An AA Group 6p-12a OPEN	15 12a-930a OPEN 530p-1030p No Nonsense 1030p-12a Clark	16 12a-6a Bethanne 6a-930a OPEN 530p-10p Primary Purpose 10p-12a Ally	17 12a-930a Ally C 530p-12a Eddie	18 12a-7a Eddie 7a-930a Andrea 530p-10p Primary Purpose 10p-12a OPEN	19 12a-6a Bethanne 7a-930a Andrea 530p-10p 515 Happy Hour 10p-12a Karrie	20 12a-10a Troy 2p-7p Sharing & Caring 7p-12a OPEN
21 12a-7a OPEN 7a-12p Bill J 12p-6p An AA Group 6p-12a OPEN	22 12a-930a OPEN 530p-1030p No Nonsense 1030p-12a Clark	23 12a-6a Bethanne 6a-930a OPEN 530p-10p Primary Purpose 10p-12a Ally	24 12a-930a Ally C 530p-12a Eddie	25 THANKSGIVING OFFICE CLOSED 12a-7a Eddie 7a-930a Andrea 930a-530OPEN 530p-12a Dave S	26 12a6a Bethanne 7a-930a Andrea 530p-10p Garden Variety 10p-12a Troy J	27 12a-10a Troy 2p-6p-OPEN 6p-10p Grapevine 10p-12a We Care
28 12a-7a OPEN 7a-12a Bill J 12p-6p An AA Group 6p-12a OPEN	29 12a-930 OPEN 530p-1020p No Nonsense 1030p-12a Clark	30 12a-6a Bethanne 6a-930a OPEN 530-10p Primary Purpose 10p12a Ally				
	Total Hrs office Closed-574 Total Hrs covered-444					
			AFTER-HOURS AA SLC CENTRAL OFFICE PHONE VOLUNTEER CALENDAR CENTRAL OFFICE BUSINESS HOURS MON - FRI 930AM - 530PM SATURDAY 10AM - 2PM		IF YOU OR YOUR GROUP WOULD - LIKE TO HELP OUT, PLEASE CONTACT ROB J. (OUR PHN COORD.) AT 801.647.2411 OR EMAIL: rob.j.phones@gmail.com	

List of Currently Open times and days to Volunteer for After-Hours Phones:

- Sundays-12a 7a & 6p-12a EXPT the 1st
- Mondays 12a-930a
- Tuesday-6a-930a
- Thursdays- 1st& 2nd10p -12a
- Fridays- 1st10p-12a, the 2nd 8p-12a
- Saturdays- 1st 2p -12a, 3rd 9p-12a,4th 2p-6p

Name/Group	Phone Number	Time and Day