
LIFELINE



Salt Lake City
Central Office
Newsletter

June 2008

HELLO

The majority of people who call A.A. central office after hours phone line have a drinking and drugging problem. I know this because I have answered the after hours phones for our central office and identification is the key. I have to admit that when I answered the phones it was all about me. I was full of fear and excitement when I heard the voice on the other end of the line, and I was filled with the singleness of purpose. My purpose was to be a vessel of A.A. information and experience in being sober today. Getting out of my self is definitely credited to my Higher Power. Not once has anyone called and asked me to share about myself. This is a gift in my life and I seem to receive this gift through doing service.

There is no question that with the explosion of treatment centers the number of 12 step calls has dropped, but I don't believe for a moment that the number of people who need help has dropped. If you have ever gone to treatment try and recall the difference of being in treatment and then going to the required A.A. meeting at the end of the day. Why was it so different? Being in an A.A. meeting with others like me suggested a possible future of sobriety, if I lived in today. I am grateful today for treatment, but recovering with my A.A. fellows has taught me how to live with peace and joy.

There is a reason why Dr. Bob could not stop drinking despite trying everything his friends in the Oxford Group suggested. He read extensively, participated in morning meditation (called seeking guidance), he prayed, he went to meetings. It was not until he sat down at the gatehouse with another alcoholic that he began his recovery from alcoholism. What would have happened if he had sat down with a non-alcoholic? He would have kept drinking and none of us would be reading this. It is hard to read when you are dead.

Most of the calls are asking about information regarding meetings, and a non-alcoholic could answer these calls., but only a person in recovery would meet them at the meeting. Imagine what a message that would send. A phone call turned into action that is truly a miracle and a responsibility that we perceive as living in the day. Our payoff is love for others; something that alcoholism and drug addiction fight with every fiber of it's existence.

[continued on page 5]

LIFELINE

THE MONTHLY NEWSLETTER OF

CENTRAL OFFICE OF SALT LAKE CITY, INC.

We welcome your correspondence and will publish your material, space permitting, if it meets editorial criteria. *Share your experience, strength and hope with another alcoholic.* For a free subscription or to submit articles, suggestions or contributions, contact Central Office of Salt Lake City.

**CENTRAL OFFICE
STATEMENT OF PURPOSE**

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- to maintain a 24-hour Twelve-Step phone service;
- to answer phone inquiries as needed;
- to compile, update and print meeting lists;
- to maintain A.A.-approved literature for sale to members and the public;
- and to print and distribute a newsletter.

Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.

CENTRAL OFFICE OF SALT LAKE CITY, INC.

80 West Louise Avenue
Salt Lake City, Utah 84115

Central Office Board of Trustees(2008)

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Alternate Trustees at large	John B and Bill L.

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	Jonnie S.
Lifeline Editors	Paul and Martia S.
Schedules	Marcia
Telephone Coordinator	Camille D.

Suiting up and Showing Up

Groups Represented At the
Central Office Reps Meeting for:

May 2008

VISION FOR YOU	FOOTHILL
BOUNTIFUL COMMUNITY	CITY AT SEVEN
AN A.A. GROUP	SOBER SISTERS
NONONSENSE	CAME TO BELIEVE
SATURDAY SPEAKER	BY THE BOOK
HAPPY GROUP	HOLLIDAY
MIDVALE LUNCH	SPIRITUAL QUEST
974 GROUP	AFTERNOONERS
ACLOSED GROUP	COME AS YOU ARE
HONEY'S	OFF THE CUFF
NOT A GLUM LOT	GARDEN VARIETY
5:15 HAPPY HOUR	HILLCREST GROUP
SHARING AND CARING	10 TH STEP GROUP
YOUNG AND ALIVE	A WAY OUT
120° CLOCK HIGH	SUNDAY BREAKFAST
BIGUGLIES	A NEW LIFE
OLD FASHION A.A.	

Is Your Group Represented?

The next C.O. Reps Meeting is the second Tuesday of the month at 7:00 P.M. at Central Office, 80 West Louise Ave. (2860 South)

To reduce our costs, Central Office would like to update our mailing list for the **LIFELINE**. If you have moved please contact C.O. at 484-7871
Thank you.

Please visit our website for meeting information.
www.saltlakeaa.org

“Let us never be a closed corporation; let us never deny our experience, for whatever it may be worth, to the world around us. Let our individual members heed the call to every field of human endeavor. Let them carry the experience and spirit of A.A. into all these affairs, for whatever good they may accomplish. For not only has God saved us from alcoholism; the world has received us back into its citizenship.”
A.A. Comes of Age, pp. 232-233

Upcoming Events

and **SCHEDULE CHANGES**

June 6th — 9th; **Fellowship of the Spirit**, Snowbird, UT.

Who you gonna call?

484-7871 for info.

July 3rd — 6th; 50th Annual ICYPAA, Oklahoma City, OK.

Info: Call James B. @ 405.308.9626 or

registration chair Steve W. @ 405.314.0743

July 11th — 13 th; **26th Annual Great Outdoors Campout**, Defa’s Ranch, UT.

Info; Laura Lee Hulsey @ 801-388-7078

August @4th; **Central Office Picnic**, Murray Park Pavilion #5

August 29th—31st: **2008 Pacific Regional Forum**, Doubletree Hotel, Spokane, WA.

Info: General Service Office @ 212-870-3400,

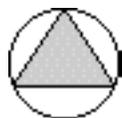
www.aa.org, or,

mikemc2@comcast.net.

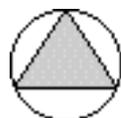


This comes from Jamie Y (298-0788) at the **Backstreet Club** (576 South 2600 West, Bountiful) They will be holding their 5th Annual “Cell to Well” 9.5 mile walk / run-athon on September 13th. For information, call 397-0450.

An Invitation
Central Office will provide refreshments at it’s
Spring Cleaning Party
on
June the Fourteenth at 2:00 pm.
to clean the tops of everything,
including windows and blinds.



The **No Nonsense Group** will be celebrating it’s 20th Anniversary in July.



—> Everyone wants to play. **AA Central Office** still needs help with the phones. Remember service work helps with your recovery. Interested? Call Camille D. @ 916.0831

Changes to The April, May, June 2008 Schedule

Rocketing to the 4th Dimension and **Altaholics** have been cancelled.

Location Changes:

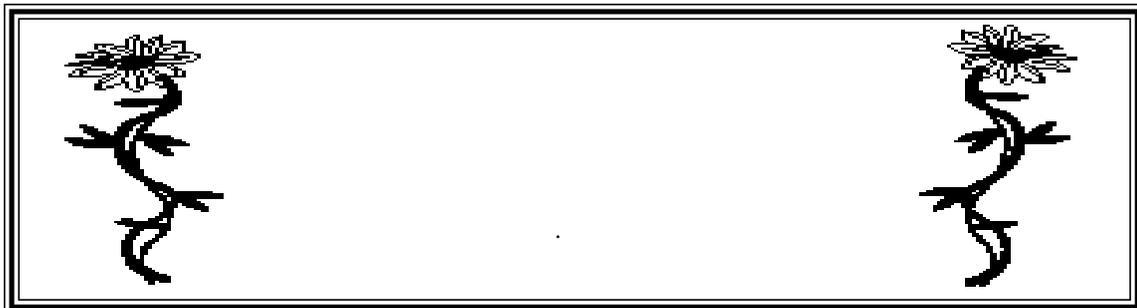
Serenity View used to be held at 630 Medical Drive in Bountiful. It’s now meeting at 150 N. 400 E. in the Bountiful Community Church. Wednesdays at 7:00 pm.

**The schedule corrections
are continued on page 6**

CONGRATULATIONS TO OUR BIRTHDAYS!



Improve the quality of your sobriety and get out of yourself! Central Office needs volunteers for service work. We need people for 12-Step calls, stuffing envelopes, answering the telephone, et cetera. If you are interested contact Central Office at 484-7871.



Hello, from page one

I am only responsible to keep myself sober (thank God) but I have never been able to do it alone and giving back to those who gave it to me (A.A.) was the beginning. It is the goal of Central Office to provide a 24 hour phone line for alcoholics answered by alcoholics in recovery. Our local fellowship has done a great service to each other answering after hours phones. Thank you so very much to all of the home groups and individuals for making time to help. There are always time slots available in two, four and six hour shifts. Some even take the phones all night!!! The calls that are received are never forgotten and always a blessing especially to us. And for those who want to hear it from an expert, I will let Bill W. finish this article.

“All A.A. progress can be reckoned in terms of just two words, humility and responsibility. Our whole spiritual development can be accurately measured by our adherence to these magnificent standards. Ever deepening humility, accompanied by an even greater willingness to accept and act upon clear-cut obligations - These are truly our touchstones for all growth in the life of the spirit. They hold up to the very essence of right being and right doing. It is by them that we are enabled to find and do God’s will.”

Talk; 1965

(Reprinted from the *AA Grapevine*, Jan. 1966)

Submitted by Camille D.

Toward Partnership

When the distortion of family life through alcohol has been great, a long period of patient striving may be necessary. After the husband joins A.A., the wife may become discontented, even highly resentful that A.A. has done the very thing that all her years of devotion had failed to do. Her husband may become so wrapped up in A.A. and his new friends that he is inconsiderately away from home more than when he drank. Each then blames the other.

But eventually the alcoholic, now fully understanding how much he did to hurt his wife and children, nearly always takes up his marriage responsibilities with a willingness to repair what he can and accept what he can't. He persistently tries all of A.A.'s Twelve Steps in his home, often with fine results. He firmly but lovingly commences to behave like a partner instead of like a bad boy.

Twelve and Twelve, pp.118 — 119
As Bill See It, page 292.

Location Changes continued;

It's in the Book (women's Big Book Study) was held at 1810 S. Main. It is now being held at 19 West Gregson Avenue. (3050 S.) Mondays at 7:00 pm.

Welcome Home at the Veteran's Hospital (500 Foothill Boulevard has moved from Building 47 to Building 3, 2nd floor room 2B06H. Tuesdays at 7:00 pm.

Candlelight Young and Alive has moved from 5056 S. 300 W. to 831 S. 700 E. (Salon T). Sunday at 9:45 pm.

Time Changes:

Nomadic Lunch Bunch (2265 S. Main in the bowling alley, NE door) has changed the start of it's meeting to 12:15 p.m. instead of 12 p.m.

New Meetings:

Day by Day is meeting in the Grace Mary Manor , 19 West Gregson Avenue (3050 S) in the community room. An open meeting beginning at 7:00 p.m.

Women's 12 x 12 & Big Book Study is being held at 8074 S 1300 E in the Health South Building. This is a closed meeting starting at 7:00 p.m.

Sugarhouse at 7 is meeting in the "garage behind Arby's" at 1500 E. 2100 S. on Saturday at 7:00 p.m.
NEW: Grantsville Good news - 151 Cooley St. - (VFW) - Grantsville - Tues. - 7:00pm - O

Other Schedule Notes

Simply Big Book held at 1070 S. Foothill Boulevard has not been cancelled.

The Unity Lunch Bunch needs support The group meets at 615 S. 300 E. in the community center. The meeting startts at 12 p.m. Mondays through Friday. There's plenty of parking.

Part-time Position Available

- Central Office needs a part-time administrative assistant for fifteen hours a week.
- Proficiency with QuickBooks and other office programs a must.
- Must also play well with others and be able to vacuum as well as dust.

Email resume to Bradyvalues@msn.com or fax it, 801-468-8467.

June 2008							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 9-12 pm OPEN 12-6p An AA Grp 7-9p 974 Grp 9-11p Dave W	2 5:30-10:30 NNS 11-12a Jeff R	3 12-9:30a Jeff R 5:30-10p 10 th Step 10-12a OPEN	4 5:30-7p Aftermooneer's 7-12a Todd K	5 12-7a Todd K 5:30-12a Denise G	6 12-7a Denise G 7-9:30a Andrea 6-12a Grtr Kms	7 2-6p Andrea 6-12a Darlene B	
8 9-12 pm OPEN 12-6p An AA Grp 6-11p Melissa B	9 5:30-10:30 NNS 11-12a Jeff R	10 12-9:30a Jeff R 5:30-10p 10 th Step 10-12a OPEN	11 5:30-7p Aftermooneer's 7-12a Todd K	12 12-7a Todd K 6:30-10p Hillcrest	13 7-9:30a Andrea 6:30-12a Basic Young Peoples	14 3-7p Its in The Book 7-12a Darlene B	
15 9-12 pm OPEN 12-6p An AA Grp 6-8p OPEN 8-11p Dave W	16 5:30-10:30 NNS 11-12a Jeff R	17 12-9:30a Jeff R 5:30-10p 10 th Step 10-12a OPEN	18 5:30-7p Aftermooneer's 7-12a Todd K	19 12-7a Todd K 5:30-12a John S	20 7-9:30a Andrea 6:30-12a Non Smoking Sbrty Hr	21 2-7p OPEN 7-12a Magna Friendly Bunch	
22 9-12 pm OPEN 12-6p An AA Grp 6-8p OPEN 8-11p Dave W	23 5:30-10:30 NNS 11-12a Jeff R	24 12-9:30a Jeff R 5:30-10p 10 th Step 10-12a OPEN	25 5:30-7p Aftermooneer's 7-12a Todd K	26 12-7a Todd K 5:30-12a Dave S	27 7-9:30a Andrea 5-10p Honey's Breakfast Bunch	28 2-6p Billy S. 6-10p Grapevine 10-12a OPEN	
29 9-12 pm OPEN 12-6p An AA Grp 6-8p OPEN 8-11p Dave W	30 5:30-10:30 NNS 11-12a Jeff R						

CENTRAL OFFICE OF SALT LAKE CITY, INC.

80 WEST LOUISE AVENUE

SALT LAKE CITY, UTAH 84115-305

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June

