
LIFELINE



Salt Lake City
Central Office
Newsletter

November 2007

Prayer

Be praised my lord with all your creatures
But especially with Brother Sun
Because he shows us light and day through him
And he is lovely glowing with great shine
And from you my lord: his definition.

Be praised my lord for Brother Wind
And for the air and cloudy days
And bright and all days else because
Through these you give your creatures
Sustenance.

Be praised my lord for Sister Water
Because she shows great use and humbleness in
Her preciousness
And depth.

Be praised my lord for Brother Fire
Through whom you light all nights upon the earth
Because he too is lovely
Full of joy and manly strength.

Be praised my lord because our sister
Mother Earth sustains and rules
Us and because she raises
Food to feed us: colored flowers, grass

Be praised my lord for those who pardon by your love
And suffer illness and grief
And bless those who undergo in silence
The poor for whom you hold a crown

Be praised my lord for Sister Death-of-body
Whom no man living can escape
And pity those who die in mortal sin
Any everyone she finds who minds you
Bless: no second death to bring them hurt.

Oh praise my lord and bless my lord and thank
And serve my lord with humbleness Triumphant.

— St. Frances of Assisi —

**CENTRAL OFFICE
STATEMENT OF PURPOSE**

The purpose of the Central Office is to provide the basic services listed, to include, but not limited to:

- To carry the A.A. message and help those individuals who suffer from alcoholism;
- to maintain a 24-hour Twelve-Step phone service;
- to answer phone inquiries as needed;
- to compile, update and print meeting lists;
- to maintain A.A.-approved literature for sale to members and the public;
- and to print and distribute a newsletter.

Specifically excluded shall be the operation of any club, clubhouse or drying-out place, and acts in violation of the Twelve Traditions of A.A.

Suiting up and Showing Up

**Groups Represented At the
Central Office Reps Meeting for:**

October 2007
VISION FOR YOU
MURRAY GROUP
SPIRITUAL QUEST
SIMPLY BIG
OFF THE CUFF
VALLEY VIEW
LIVING IN SOBRIETY
NON SENSE
BOUNTIFUL COMMUNITY
NEW LIFE
SOBER SISTERS
NORULES
FLYING HIGH
CITY AT SEVEN
FRIENDLY BUNCH
ONE SMALL STEP
AN A.A. GROUP
BYP

(This list
is not accurate)



Is Your Group Represented?

The next C.O. Reps Meeting is the second Tuesday of the month at 7:00 P.M. at Central Office, 80 West Louise Ave. (2680 West)

“Let us never be a closed corporation; let us never deny our experience, for whatever it may be worth, to the world around us. Let our individual members heed the call to every field of human endeavor. Let them carry the experience and spirit of A.A. into all these affairs, for whatever good they may accomplish. For not only has God saved us from alcoholism; the world has recieved us back into its citizenship.”

A.A. Comes of Age, pp. 232-233

LIFELINE

THE MONTHLY NEWSLETTER OF

CENTRAL OFFICE OF SALT LAKE CITY, INC.

We welcome your correspondence and will publish your material, space permitting, if it meets editorial criteria. *Share your experience, strength and hope with another alcoholic.* For a free subscription or to submit articles, suggestions or contributions, contact Central Office of Salt Lake City:

CENTRAL OFFICE OF SALT LAKE CITY, INC.

80 West Louise Avenue

Salt Lake City, Utah 84115

Central Office Board of Trustees(2006)

Chair	Jim G.
Co Chair	Ron L.
Secretary	Suzanne B.
Treasurer	Dave T.
Trustee at Large	Laurie C.
Trustee at Large	Joe M.

Central Office Staff & Volunteers

Central Office Manager	Ron K.
Employees	Sandy A.
	Jonnie S.
Lifeline Editors	Paul and Martia S.
Schedules	Marcia
Telephone Coordinator	Camille D.

To reduce our costs, Central Office would like to update our mailing list for the **LIFELINE**. If you have moved please contact C.O. at 484-7871
Thank you.

Please visit our website for meeting information.

www.saltlakeaa.org

Upcoming Events

Central Office Fundraiser

Spaghetti Dinner and Speaker Meeting

Father Tom from Oakland, CA, will be speaking at St. Ambrose Church on November 14th, 2007

Contact: Jan @ 801.440.6187

December 1st - Old Timers' Speaker Meeting - 7:00-9:00pm - 5056 So. 300 West

January 10—13, 2008; **18th Annual River Roundup**, Laughlin, NV.

visit the website: www.rcco-aa.org

A Service Announcement

Everyone wants to play. AA Central Office still needs help with the phones.

Remember service work helps with your recovery.

Interested? Call Camille @ 916.0831

Never talk down to an alcoholic from any moral or spiritual hilltop; simply lay out the kit of spiritual tools for his inspection. Show him how they worked with you. Offer him friendship and fellowship.

Alcoholics Anonymous, page 95

SCHEDULE INFORMATION

CORRECTIONS AND CHANGES TO THE OCTOBER, NOVEMBER, DECEMBER SCHEDULE

NEW MEETINGS:

The **CRESENT GROUP** will meet on Sunday at 7:00 p.m. in the treatment center at 11000 South and 617 East in Draper starting at 7:00 p.m. An open *book study*.

Corrections:

Monday Miracles should read 616 East 11000 South (house, Draper) at 7:30 p.m. An open meeting on Mondays. The **Sober Sisters** (woman's Big Book study) is held in the hospital cafeteria at 175 W 7200 South at 7:00 p.m. It is an open woman's meeting.

NAME CHANGES:

STUDY THE STEPS (a woman's group) that meets at 8074 South 1300 East on Thursdays at 7:00 p.m. has changed its name to **Women's 12 X 12**.

CANCELLED: Campus Group - Student Union Bldg. - Room 324 - Friday Noon

"Easy does it."

CONGRATULATIONS TO OUR BIRTHDAYS!



Improve the quality of your sobriety and get out of yourself! Central Office needs volunteers for service work. We need people for 12-Step calls, stuffing envelopes, answering the telephone, et cetera. If you are interested contact Central Office at 484-7871.



Things we cannot change . . .



The Twenty-Third Ps A.A.Im

The Lord is my sponsor. I shall not want. He maketh me to *go to many meetings*. He leadeth me to *sit back, relax, and listen* with an open mind. He restoreth my soul, *my sanity, and my health*. He leadeth me in the paths of *sobriety, serenity, and fellowship for mine own sake*. He teacheth me to *think, to take it easy, to love and let live, and to do first things first*. He maketh me honest, humble, and grateful; *He teacheth me to accept the things I cannot change, to change the things I can, and giveth me the wisdom to know the difference*. Yea though I walk through the valley of *despair, frustration, guilt and remorse* I will fear no evil: For thou art with me: *Thy program, thy way of life, thy twelve steps...* They comfort me. Thou prepared a table before me in the presence of mine enemies - *rationalization, fear, anxiety, self pity, and resentment*. *Thou anointed my confused mind and jangled nerves with knowledge, understanding, and hope*. *No longer am I alone, neither am I afraid, nor sick, nor helpless, nor hopeless*. My cup runneth over. *Surely Sobriety and Serenity* shall follow my every day of my life, *twenty-four hours at a time*. As I surrender my will to *Thine and carry thy message to others*: and I will dwell in the house of my Higher Power, *as I understand him*, daily, for ever and ever. Amen.

— Author unknown —

Open and Closed Meetings

Early mentions of A.A. meetings carried an almost idyllic tone, one that reflects the good feelings A.A.'s everywhere still get when walking into a meeting, whether it's a home group or a new meeting in a strange city. The Big Book (page 159) discusses a time when there were but 10 members in Akron: "Scarcely an evening passed that someone's house did not shelter a little gathering of men and women, happy in their release, and consistently thinking how they might present their discovery to some newcomer.

Others, those without alcohol problems, became interested in this little gathering of recovering alcoholics and their message. "In addition to these get-togethers," the book says of early meetings, "it became customary to set apart one night a week for a meeting to be attended by anyone or everyone interested in a spiritual way of life." Even then, it was known that alcoholics share a special bond, and that a meeting of alcoholics was something different than a meeting that could be attended by anyone.

The topic of all meetings, though, should relate to alcoholism. That is where the singleness of purpose and it's message by trying to be all things to all people, it can lose it's effectiveness with the alcoholic. That is why many groups read a singleness of purpose statement before meetings asking that discussion be confined to problems with alcohol. A.A. literature is also very specific about sharing by non-A.A. members, whether by nursing or medical students, professionals, friend or loved ones of alcoholics, even members of other twelve step groups.

"At open meetings" says The A.A. Group pamphlet, "non-A.A.'s may be invited to share, depending on the conscience of the group.' Non-A.A.'s are, of course, invited to attend Open meetings to observe and learn about the fellowship. The tradition that they do not speak at meetings relates to our preamble, which states in part, "A.A. is a fellowship of men and women who share their experience.." Since the experience we share is that of alcoholism, non-alcoholics are not usually in a position to share, since they don't have that experience.

At informational meetings, of course, set up for the purpose of shedding light on the A.A. program, there are often question-and-answer sessions at which non-alcoholics participate to learn more.

Reprinted from the Grapevine.

A newcomer was sitting in the back of the room before the meeting began, leafing frantically through the pages of the Big Book.

An old-timer came up to her and said, "What are you looking for?"

"Loopholes," the newcomer replied.

AA Grapevine, March 1998

PHONE

LIST

GOES

HERE!

CENTRAL OFFICE OF SALT LAKE CITY, INC.

80 WEST LOUISE AVENUE

SALT LAKE CITY, UTAH 84115-305

Return Service Requested

NON-PROFIT ORGANIZATION

U.S. POSTAGE PAID

SALT LAKE CITY, UTAH

PERMIT 1970

.....

NOVEMBER

