AA Meeting Schedule

SALT LAKE CITY
80 W Louise Ave
Salt Lake City, UT
(801) 484-7871
Monday-Friday 10AM-5PM
Saturday 10AM-2PM
Call For Holiday Hours

Last Updated: 10 Nov 2026
This schedule lists in-person meetings only.
Online meetings can be found here:
https://www.saltlakeaa.org

O: Open to anyone interested in AA
C: Closed to non-alcoholics
@: Wheelchair-accessible
+: LGBTQ+
W: Women | **M**: Men
Y: Young people
S: ASL interpreter present

Daily Meetings

Time	Name	Location	Days	Types
6:30 AM	Souhegan Sunrise	Fellowship Hall: 2060 Windsor St, SLC	Mon - Fri	
6:30 AM	Early Beginnings	Murray Alano Club: 5056 S 300 W, Murray	Daily	O
7:00 AM	Wake Up Call	Park City Community Church: 4501 UT-224, Park City	Daily	O
8:00 AM	Eye Opener	Murray Alano Club: 5056 S 300 W, Murray	Mon - Sat	O
Noon	Midvale Lunch Bunch	El Farol: 115 W 7200 S, Midvale	Mon - Fri	O
Noon	Unity Lunch Bunch	Fellowship Hall: 2060 Windsor St, SLC	Mon - Fri	O
Noon	Fresh Air Serenity Seekers	Murray Alano Club: 5056 S 300 W, Murray	Mon - Fri	O
Noon	12 O'Clock High	South Davis Recovery Club: 25 N 200 W, Bountiful	Mon - Fri	O
Noon	Park City Nooners	St. Luke's Church: 4595 Silver Springs Dr, Park City	Daily	O
Noon	Tooele Beginners	Tooele Masonic Temple: 22 Settlement Canyon Rd, Tooele	Daily	O
2:15 PM	2:15 Newcomers	Liberty Park: 900 S / 600 E (WB), SLC	Daily	O
3:00 PM	Island Of Misfit Toys	Murray Alano Club: 5056 S 300 W, Murray	Mon - Fri	O
5:30 PM	The 5:30 Sobriety Hour	Fellowship Hall: 2060 Windsor St, SLC	Daily	O @
5:30 PM	Park City Happy Hour	Park City Community Church: 4501 UT-224, Park City	T,W,Th,F	O
7:00 PM	Magna Friendly Bunch	Magna Alano Club: 9087 2700 S, Magna	Daily	O
8:00 PM	Tooele Beginners	Tooele Masonic Temple: 22 Settlement Canyon Rd, Tooele	M,T,Th,F,S,Su	O
9:00 PM	Every Night Firelight	Community of Grace Presbyterian Church: 2015 Newcastle Dr, Sandy	Daily	O
9:15 PM	Candlelight	Murray Alano Club: 5056 S 300 W, Murray	Daily	O Y

* Daily meetings are not repeated in the individual days below.

Sunday

Time	Name	Location	Types
8:00 AM	Weekend Get AA Too	Fellowship Hall: 2060 Windsor St, SLC	O @
8:00 AM	Eye Opener	Murray Park: 207 Constitution Cir, Murray	O
8:30 AM	Garden Variety	Anna's Restaurant #1: 4700 S 900 E, Millcreek	O
8:45 AM	Moab Group	Triangle House: 84 W 100 S, Moab	O
9:00 AM	Big Book Bunch	Renaissance Ranch: 829 Pioneer Rd, Draper	O @
10:00 AM	S.O.S. Sober on Sunday	Community Center, Brighton Recovery: 4925 S 900 E, SLC	O
10:00 AM	New Way	Huntsman Mental Health Institute: 501 Chipeta Way, SLC	O @
10:00 AM	Magna Friendly Bunch	Magna Alano Club: 9087 2700 S, Magna	O
10:00 AM	Sunday Breakfast	Murray Alano Club: 5056 S 300 W, Murray	O
10:00 AM	The Upper Room Group	Palmer Court: 999 S Main St, SLC	
10:00 AM	Cottonwood Speaker/Step Discussion	Phoenix recovery center: 489 South Jordan Pkwy Ste 400, South Jordan	O
10:00 AM	Happy Group	South Davis Recovery Club: 25 N 200 W, Bountiful	O
10:00 AM	Moab Group	Triangle House: 84 W 100 S, Moab	O
10:00 AM	Sunday Morning Big Book Study	USARA: 180 E 2100 S #100, SLC	O
Noon	Old Fashioned AA	Fellowship Hall: 2060 Windsor St, SLC	C @
Noon	The Solution	Murray Alano Club: 5056 S 300 W, Murray	O
1:15 PM	Back To Basics	Murray Alano Club: 5056 S 300 W, Murray	O
3:00 PM	Acceptance	All Saints Episcopal Church: E 1700 S & Foothill Dr, SLC	+ O S
5:00 PM	Tooele Beginners - Back to Basics	Tooele Masonic Temple: 22 Settlement Canyon Rd, Tooele	O
6:00 PM	Seventh Street After party	Fellowship Hall: 2060 Windsor St, SLC	O
6:00 PM	Wasatch Hollow Sunday Night Big Book	First Unitarian Church: 569 S 1300 E, SLC	O
6:00 PM	Tooele Beginners Women's Meeting	Tooele Masonic Temple: 22 Settlement Canyon Rd, Tooele	W
6:30 PM	Highland Group	Highland High School Seminary Building: 2221 S 1700 E, SLC	O @
7:00 PM	Coalville Care Group	Coalville City Hall: 10 N Main St, Coalville	O
7:00 PM	Thunder Heart AA	Granger Christian Church: 3232 W 4100 S, SLC	O @
7:00 PM	Bountiful Community	South Davis Recovery Club: 25 N 200 W, Bountiful	O
7:00 PM	Park City Group (Birthday Meeting)	St Mary's Old Town Chapel: 121 Park Ave, Park City	O
7:30 PM	Bog Irish Big Book Study	First Presbyterian Church: 12 C St E, SLC	O
8:00 PM	4th Dimension	Creekside Christian Fellowship: 1314 Bitner Rd, Park City	O
8:00 PM	Sharing & Caring	Murray Alano Club: 5056 S 300 W, Murray	O

Monday

Time	Name	Location	Types
10:00 AM	Starting The Day	Fellowship Hall: 2060 Windsor St, SLC	O @
Noon	Hole In One	All Saints Episcopal Church: E 1700 S & Foothill Dr, SLC	O @
Noon	Monday Noon No Nonsense Group	Good Shepherd Lutheran Church: 8575 S 700 E, Sandy	O
Noon	Draper Lunchtime Step Study	Jim's Family Restaurant- Sandy: 9236 Village Shop Dr, Sandy	O
5:30 PM	Park City Happy Hour	Park City Community Church: 4501 UT-224, Park City	O
5:30 PM	Original Way Group	South Davis Recovery Club: 25 N 200 W, Bountiful	C
5:30 PM	The Big Cottonwood Canyon	The Inn at Solitude: 12000 Big Cottonwood Canyon Rd Building 5, Brighton	O
5:45 PM	Night Light	Congregation Kol Ami: 2425 E Heritage Wy, SLC	W
6:00 PM	How It Works	Adventure Church: 352 W 12300 S, Draper	O
6:00 PM	Monday Hope on 90th Big Book 164	Mountain Vista United Methodist Church: 8931 3200 W, West Jordan	O
6:00 PM	11th Step Meditation	St. Luke's Church: 4595 Silver Springs Dr, Park City	O
7:00 PM	SLC Men's Meeting	All Saints Episcopal Church: E 1700 S & Foothill Dr, SLC	C M
7:00 PM	Our Primary Purpose	Church of the Nazarene: 455 Rosewood Ln, Layton	C @
7:00 PM	Monday Night Book Study	Community of Grace Presbyterian Church: 2015 Newcastle Dr, Sandy	O
7:00 PM	Daybreak Mens Stag	Daybreak Community Center: 4544 Harvest Moon Dr, South Jordan	C M
7:00 PM	Big Book Babes	Good Shepherd Lutheran Church: 8575 S 700 E, Sandy	O W
7:00 PM	West Jordan Basic AA	Joseph the Worker -- Sister Fabian Hall: 7405 S Redwood Rd, West Jordan	C
7:00 PM	The Broad Highway	Mt Tabor Lutheran Church: 175 S 700 E, SLC	O
7:00 PM	No Nonsense Group	Penecostals of Salt Lake: 1235 California Ave, SLC	C
7:00 PM	Moab Group - Rotary Park	Rotary Park: Rotary Park, 680 S Mill Creek Dr, Moab	O
7:00 PM	Fly-N-High	South Davis Recovery Club: 25 N 200 W, Bountiful	O
7:00 PM	No Laurels (Women-only meeting)	St John's Lutheran Church: 1030 500 E, SLC	O S W
7:00 PM	U Sober	Student Union "Treehouse" Room 294: 200 S Central Campus Dr, SLC	
7:00 PM	Greater Kearns	Trinity Methodist Church: S 4400 W & 3610 S, WVC	C @
7:15 PM	Sugar House Mens Step Study	Mt. Olympus Presbyterian Church: 3280 E 3900 S, SLC	M O @
7:30 PM	Balkers Big Book Study	Congregation Kol Ami: 2425 E Heritage Wy, SLC	
7:30 PM	An AA Group	Murray Park Church of Christ: 494 E 5300 S, Murray	O
7:30 PM	974 Group (Men's)	The Haven: 974 E S Temple St, SLC	M O
8:00 PM	We Agnostics	Fit to Recover: 1331 Major St, SLC	O
8:00 PM	Stepping Stones	Murray Alano Club: 5056 S 300 W, Murray	O
8:00 PM	Monday at a Time	South Davis Recovery Club: 25 N 200 W, Bountiful	O Y
9:00 PM	Nine PM Nightlight	Fellowship Hall: 2060 Windsor St, SLC	O @

Tuesday

Time	Name	Location	Types
10:00 AM	Park City Big Book Women's Study	Creekside Christian Fellowship: 1314 Bitner Rd, Park City	C W
Noon	DNS Group	First Presbyterian Church: 12 C St E, SLC	O
Noon	Moab Group	Triangle House: 84 W 100 S, Moab	
6:00 PM	AA Women's Meeting	USARA Building: 91 E Main St, Price	W
6:30 PM	Rule 62	Holy Trinity Lutheran Church: 13249 S Redwood Rd, Riverton	O
6:30 PM	The Salt Lake Group	Murray Park Church of Christ: 494 E 5300 S, Murray	C @
6:30 PM	Rise Above	Phoenix Recovery Center: 489 South Jordan Pkwy Suite 400, South Jordan	O
6:45 PM	Come Around Group	Tooele Masonic Temple: 22 Settlement Canyon Rd, Tooele	O
7:00 PM	Primary Purpose	Black Sheep Coffee: 95 E Main St, Duchesne	O
7:00 PM	No Nonsense Group	Blessed Sacrament Church: 9757 S 1700 E, Sandy	C
7:00 PM	Kiss	Bountiful Community Church: 150 N 400 E, Bountiful	O
7:00 PM	Southenders	Daybreak Community Center: 4544 Harvest Moon Dr, South Jordan	O
7:00 PM	No One Left Behind (Veterans Meeting)	Fellowship Hall: 2060 Windsor St, SLC	C @
7:00 PM	Quiet Time Meditation	First Presbyterian Church: 12 C St E, SLC	O
7:00 PM	Intermountain Healthcare Group	Intermountain Medical Center, Building 5, Patient Tower, Floor 1, Meditation Room: 5121 S Cottonwood St, Murray	O @
7:00 PM	Gratitude in Grantsville	Lakeview Church: 163 UT-112, Grantsville	O
7:00 PM	In The Solution	Layton Hills Baptist Church: 1332 N Hill Field Rd, Layton	C M
7:00 PM	Live And Let Live	Mt Tabor Lutheran Church: 175 S 700 E, SLC	+ O
7:00 PM	Off The Cuff	Mt. Olympus Presbyterian Church: 3280 E 3900 S, SLC	O
7:00 PM	Hillcrest Group	Saint James Episcopal Church: 7486 Union Park Ave, Midvale	O
7:00 PM	By The Book	Salt Lake County Complex: 2001 S State St, SLC	O @
7:00 PM	Not A Glum Lot	South Davis Recovery Club: 25 N 200 W, Bountiful	O
7:00 PM	Candlelight Discussion	St Mary's Old Town Chapel: 121 Park Ave, Park City	O
7:30 PM	Happy Destiny	Granger Christian Church: 3232 W 4100 S, SLC	O @
8:00 PM	Basic Young Peoples Group	Baptist Church: 777 S 1300 E, SLC	O Y
8:00 PM	Shivering Denizens	Risen Life Church: 2780 E 3900 S, SLC	C M
8:30 PM	974 Group	Fellowship Hall: 2060 Windsor St, SLC	O @ Y

Wednesday

Time	Name	Location	Types
7:00 AM	Social Hall Serenity Hour	Harmons Grocery: 135 E 100 S, SLC	C
Noon	Moab Group	Triangle House: 84 W 100 S, Moab	
Noon	Up Group	Anna's Restaurant #1: 4700 S 900 E, Millcreek	O @
Noon	South Valley Lunch Bunch	Joy Luck Restaurant: 10745 State St, Sandy	O
6:30 PM	Vincent's Friends	1565 E 3300 S, South Salt Lake: 1565 E 3300 S, SLC	O
6:30 PM	Chapter 5	All Saints Episcopal Church: E 1700 S & Foothill Dr, SLC	O @
6:45 PM	Back To The Basics Beginners	Fellowship Hall: 2060 Windsor St, SLC	O @
7:00 PM	Bountiful Mens Group	American Baptist Bountiful church: 1915 Orchard Dr, Bountiful	C + M
7:00 PM	Orangeville Meeting	Food Ranch: 355 UT-29, Orangeville	
7:00 PM	Serenity Now	Good Shepherd Lutheran Church: 8575 S 700 E, Sandy	O
7:00 PM	The Right Stuff	Mt Tabor Lutheran Church: 175 S 700 E, SLC	O
7:00 PM	Draper Group	Renaissance Ranch Outpatient Facility: 829 Pioneer Rd Unit 101a, Draper	O
7:00 PM	Survivors Group	Shepherd of the Mountains Lutheran Church: 4051 UT-224, Park City	O
7:00 PM	Serenity Sisters	South Davis Recovery Club: 25 N 200 W, Bountiful	O W
7:00 PM	Wednesday Serenity Happy Hour	St Peter's Church: 1579 State St, Clearfield	
8:00 PM	Salt Lake Young People	All Saints Episcopal Church: E 1700 S & Foothill Dr, SLC	O Y
8:00 PM	John Heap's RTFB Group	Beacon House: 60 S Main St, Tooele	
8:00 PM	Murray Group	Christ Lutheran Church: 240 E 5600 S, Murray	C
8:00 PM	We Are One	Murray Alano Club: 5056 S 300 W, Murray	O
8:00 PM	Moab Group	Triangle House: 84 W 100 S, Moab	

Thursday

Time	Name	Location	Types
Noon	Moab Group	Triangle House: 84 W 100 S, Moab	
Noon	Speak Easy Ladies	All Saints Episcopal Church: 1710 Foothill Dr, SLC	C W
Noon	Crazy Ladies	Cottonwood Presbyterian Church: 1580 Vine St, Murray	C W
Noon	The Drunk Squad	Los Garcia Restaurant: 8745 S 700 E, Sandy	C @
5:30 PM	Hogan Creek Meeting	UNHS Behavioral Health: UT-162, Montezuma Creek	O
6:00 PM	Newbies	First Step House Outpatient Service: 434 500 E, SLC	O @ Y
6:30 PM	13th East A.A. Meditation Meeting	First Unitarian Church: 569 S 1300 E, SLC	
6:30 PM	Solution Group	USARA: 180 E 2100 S #100, SLC	
6:45 PM	Come Around Group	Tooele Masonic Temple: 22 Settlement Canyon Rd, Tooele	O
7:00 PM	Not A Glum Lot	South Davis Recovery Club: 25 N 200 W, Bountiful	O
7:00 PM	BBT&T	Blessed Sacrament Church: 9757 S 1700 E, Sandy	C @
7:00 PM	South Davis	Bountiful Community Church: 150 N 400 E, Bountiful	O
7:00 PM	Primary Purpose	Fellowship Hall: 2060 Windsor St, SLC	C @
7:00 PM	Grapevine	Hilltop United Methodist Church: 985 E 10600 S, Sandy	C @
7:00 PM	We Keep it Simple	Life Church Utah: 3818 W 4700 S, SLC	O @
7:00 PM	Park City Men's Stag	Shepherd of the Mountains Lutheran Church: 4051 UT-224, Park City	M
7:00 PM	This Too Shall Pass	South Davis Recovery Club: 25 N 200 W, Bountiful	O
7:00 PM	Moab Group	Triangle House: 84 W 100 S, Moab	W
7:30 PM	West Valley Group	Granger Christian Church: 3232 W 4100 S, SLC	O @
7:30 PM	Another 24	Herriman High in Portable Classroom 3: 11917 Mustang Trail Way, Herriman	O
8:30 PM	Fireside	Fellowship Hall: 2060 Windsor St, SLC	O @ Y
8:30 PM	Downtown Bunch	Lady of Lourdes catholic Church: 670 1100 E, SLC	O

Friday

Time	Name	Location	Types
7:00 AM	New Yorker's	The Coffee Shop at Little America Hotel: 500 S Main St, SLC	
8:00 AM	Practice These Principles	First Unitarian Church: 569 S 1300 E, SLC	O
10:00 AM	Starting The Day	Fellowship Hall: 2060 Windsor St, SLC	O @
Noon	DNS Group	First Presbyterian Church: 12 C St E, SLC	O
Noon	Hilltop AA	Jim's Family Restaurant- Sandy: 9236 Village Shop Dr, Sandy	
Noon	Weekend Warriors	Jim's Family Restaurant- Sandy: 9236 Village Shop Dr, Sandy	O
5:15 PM	5:15 Happy Hour	Mt Tabor Lutheran Church: 175 S 700 E, SLC	O @
5:30 PM	Last Run with Bill W (Ski Season Only)	Alta Library: 10351 E Hwy 210, Alta	O
5:30 PM	Spreading the Message	Full Circle Yoga and Therapy: 1719 S Main St, SLC	
6:00 PM	Hope on 90th	Mountain Vista United Methodist Church: 8931 3200 W, West Jordan	O
6:00 PM	Women In Sobriety	Murray Alano Club: 5056 S 300 W, Murray	O W
6:30 PM	In The Sunlight of The Spirit	Private Residence: S 300 E, Murray	O @
7:00 PM	Fly-N-High	South Davis Recovery Club: 25 N 200 W, Bountiful	O
7:00 PM	Stone Of Sisyphus Group	Clearfield Community Church: 525 E 200 S, Clearfield	O
7:00 PM	Davis Group Layton	Layton Hills Baptist Church: 1332 N Hill Field Rd, Layton	O
7:00 PM	Stonewall Group	Mt Tabor Lutheran Church: 175 S 700 E, SLC	+ O
7:00 PM	Friday Night Discussion	St Mary's Old Town Chapel: 121 Park Ave, Park City	O

Friday

Time	Name	Location	Types
7:15 PM	Sugar House Mens Birthday	Mt. Olympus Presbyterian Church: 3280 E 3900 S, SLC	M O @
8:00 PM	Moab Group	Triangle House: 84 W 100 S, Moab	
8:00 PM	No Nonsense Group	Good Shepherd Lutheran Church: 8575 S 700 E, Sandy	C @
8:00 PM	Young and Alive	Murray Alano Club: 5056 S 300 W, Murray	O Y

Saturday

Time	Name	Location	Types
8:00 AM	Moab Group	Triangle House: 84 W 100 S, Moab	
8:30 AM	Early Friendship Group	1320 East 500 South, SLC: 1320 E 500 S, SLC	O
8:30 AM	17 & 17	All Saints Episcopal Church: E 1700 S & Foothill Dr, SLC	O
8:30 AM	Sugarhouse Step Study at 17th &17th	Wasatch Presbyterian Church: 1626 S 1700 E, SLC	O
9:00 AM	Hot Topic	Mountain Vista United Methodist Church: 8931 3200 W, West Jordan	O @
10:30 AM	A Vision For You	Murray Alano Club: 5056 S 300 W, Murray	O W
11:00 AM	Saturday Morning Sots	Mt. Olympus Presbyterian Church: 3280 E 3900 S, SLC	O @
12:30 PM	A.A. Beginners Luncheon	Murray Alano Club: 5056 S 300 W, Murray	O
2:00 PM	Salt Lake Alcoholics Group (SLAG)	Fellowship Hall: 2060 Windsor St, SLC	C + @ Y
3:00 PM	11th Step Meditation	Murray Alano Club: 5056 S 300 W, Murray	O
4:00 PM	Women Stepping Up	Baptist Church: 777 S 1300 E, SLC	O W
5:00 PM	Clearfield Group	Clearfield Community Church: 525 E 200 S, Clearfield	O @
5:00 PM	Come As You Are	Good Shepherd Lutheran Church: 8575 S 700 E, Sandy	O
6:00 PM	Park City Big Book Study	St Mary's Old Town Chapel: 121 Park Ave, Park City	O
7:00 PM	Admitted We Were Powerless	Elevation Church: 1659 E 1400 S, Clearfield	O
7:00 PM	AA Saturday Speakers	Fellowship Hall: 2060 Windsor St, SLC	O @
7:00 PM	City At Seven	Fit to Recover: 1331 Major St, SLC	O @
7:00 PM	Gift of Desperation in Tooele	Harris Community Village: 251 N 1st St, Tooele	O
7:00 PM	Hope Group	Murray Alano Club: 5056 S 300 W, Murray	O Y
7:00 PM	Old Timer's Speakers	Murray Alano Club: 5056 S 300 W, Murray	O
7:00 PM	Saturday Night Speaker Group	South Davis Recovery Club: 25 N 200 W, Bountiful	O
Midnight	Midnight Miracles	Fellowship Hall: 2060 Windsor St, SLC	O @ Y

General Service and Central Office

Time	Name	Location	Types
6:00 PM	District 13 GSR Meeting (3rd Monday)	Good Shepherd Lutheran Church: 8575 S 700 E, Sandy	O @
6:00 PM	District 10 GSR Meeting (1st Monday *)	Murray Alano Club: 5056 S 300 W, Murray	
6:30 PM	District 2 GSR Orientation (2nd Monday)	Fellowship Hall: 2060 Windsor St, SLC	C @
7:00 PM	District 2 Committee Meeting (2nd Monday)	Fellowship Hall: 2060 Windsor St, SLC	
6:30 PM	Central Office Board Meeting (1st Tuesday)	Salt Lake AA Central Office: 80 W Louise Ave, South Salt Lake	
6:30 PM	Central Office Rep. Meeting (2nd Tuesday)	Salt Lake AA Central Office: 80 W Louise Ave, South Salt Lake	
6:30 PM	District 11 GSR Meeting (2nd Wednesday)	South Davis Recovery Club: 25 N 200 W, Bountiful	

Español

Time	Name	Location	Day	Types
7:30 PM	Grupo Fe y Esperanza	3646 S Redwood Rd #302, WVC	Mon - Fri	O
7:30 PM	Grupo Hispano	717 S 300 W, Unit A: 717 S 300 W A, SLC	Mon - Sat	O
7:30 PM	Despertar Feliz	8537 S. Redwood Rd. Unit C3, West Jordan: 8537 S Redwood Rd c3, West Jordan	Daily	O
7:30 PM	Rompiendo Cadenas	Rompiendo Cadenas: 4100 S W Temple St #2, Millcreek	Mon - Fri	
7:30 PM	Ave Fenix Utah	Suite A: 4980 W Amelia Earhart Dr, SLC	Daily	O
8:00 PM	Grupo Serenidad	2860 W 4700 S, SLC	Mon - Fri	O
8:15 PM	Despertar Espiritual	Magna Alano Club: 9087 2700 S, Magna	Daily	O
6:00 PM	Hay Una Solución	Murray Alano Club: 5056 S 300 W, Murray	T	O
7:30 PM	Grupo Un Nuevo Dia	3555 3200 W #101, WVC	Tue - Sat	O
Noon	Un Paraiso Nuevo	Fillmore Rec Center: 45 W Center St, Fillmore	S	O
Noon	Despertar Feliz	8537 S. Redwood Rd. Unit C3, West Jordan: 8537 S Redwood Rd c3, West Jordan	Su	
4:00 PM	Grupo Hispano	717 S 300 W, Unit A: 717 S 300 W A, SLC	Su	O

All meetings are self-reported. Central Office doesn't verify or endorse meetings. * Holidays may affect some meetings.